



# i=kpkj iB; Øe

ekè; fed f'k{k e.My] eè; inškj Hkiky  
}kjk l okžekdj l jf{kr  
fMlykøk bu ,T; wšku ijh{k  
¼'k{k ea i=ki kèk½  
¼}rh; o"½

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fo"i; % l kekt d foKku ¼ kekt d i; kbj.k½ ,oa ml dk f'k{k.k  
ižu i=&, dkn'k

bdkbž % Øekd&, d

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fo"i; k{k % iktfrd Hkiky

fiž Nk=e; ki d]

I kekt d foKku ¼ kekt d i; kbj.k½ ,oa ml dk f'k{k.k ekuoh; l æakka dk 0; fDr] ml ds  
i; kbj.k] l lFkkvkvš miyfèk; ka ds ifjiš; ea0; ofLFkr rFkk fo'yšk.kkRed vè; ; u gA ; g , d , š k  
0; ki d fo"i; gŠtkš, d vjš rks iktfrd i; kbj.k }kjk ekuo vjš ml dsl kekt d i; kbj.k ij gkusokys  
i Hkkoka dksmn?kkfVr djrk gŠrksoghant jh vjš og ekuo }kjk viusgr l æ) ž dsfy, fd, x, fo fWu  
iz, kl ka dksHh jškkadr djrk gA ml dsbl iz, kl eækuo dsikjLi fjd l g; kx l smRi lu ukxfjd ,oa  
l kktfrd miyfèk; ka fEefyr dh tkrh gš oghant dh vkfFkd xfrfofek; karFkk fodkl kRed iz, kl ka dk  
l ekoš k Hkh ml eafd; k tkrk gA blghal Hkh ckrkadsQyLo: i bl fo"i; dsf'k{k.k dsfy, rRij Hkkoh  
f'k{k dka dks l keku; mnas; ka dh miyfèk; ka gkrh gA iktfrd Hkiky dsf'k{k.k dk mnas; gŠinRr  
'kFDr; kavš l a kekuka dh tkudkj nrs gq ; g crkuk fd osekuo l H; rk dsfodkl ,oa thou ; ki u  
ea dš srFkk dgard l eFkž, oa l g; kxh gA l kFk gh oseut; dh 'kkjhfjd ekuf d vjš l kempf; d  
{kerkvkads i Hkkfor djrsgq mudsoškfjd èkjry] vkfFkd miktž] i cak dšky vjš vfHk: fp; ka dks  
tš stxir djrh gA Nk=kavkb, ge bl mnas; dh ifrždsfy, iLrø iB dk vè; ; u dja

iLrø iB dks vè; ; u dh l øekk dh n"V l sge nksmi bdkb; ka eack/ yrs gš&

- 1- iFoh dh xfr; k] ml ds i Hkko rFkk v{kka k ,oans kkarj jškk, A
- 2- ¼½ ekš e] tyok; j i è[k gok, @0; ki kfjd] ekul w] i Nqk] gok, j pØokr vjš ifr pØokRA

3- ½ ekjkry dks ifjofr r djusokyh vkrfjd vksj ckg; 'kfDr; kaHkudEi Tokyke[ kh ty] gok vkfnA

## mi & bdkbz 1

### iFoh dh xfr

gekjh iFoh l ksj ifjokj dh , d egROI wkl nL; gA iFoh dsvykok l ksj ifjokj dsl Hkh l nL; cql 'kØ] eaxy] cgLifr] 'kfu] v: .k] o: .k vksj ; e gA l ksj ifjokj dsxg ea iFoh gh , d , d k xg gStgkaty vksj thou gA iFoh gh gekjh l H; rk vksj l dfr dh vfhkofRr gA Lej.k jgsfd gekjh ; g iFoh viusLFku ij fLFkj ughagA ; g l w Zdspkjsvksj pDdj yxkrh gA bl dsl kFk gh ; g viuh dFYi r ekjh ij geskk if'pe l si wZdh rjQ ?kærh jgrh gA l w Zdk pDdj yxkusrFkk yVvwdh rjg viusv{k ij ?kæusdksbl dh xfr; kadgk tkrk gA iFoh dh bl rjg nksxfr; kagA ¼ ½ nsud xfr & ft l si fjHkæ.k dgrsgA vksj ½ ½ okf"kd l xfr ft l si fjØe.k dgk tkrk gA

vkB, vc ge l e>sf d iFoh dh ; snksuka xfr; kaD; k gA \

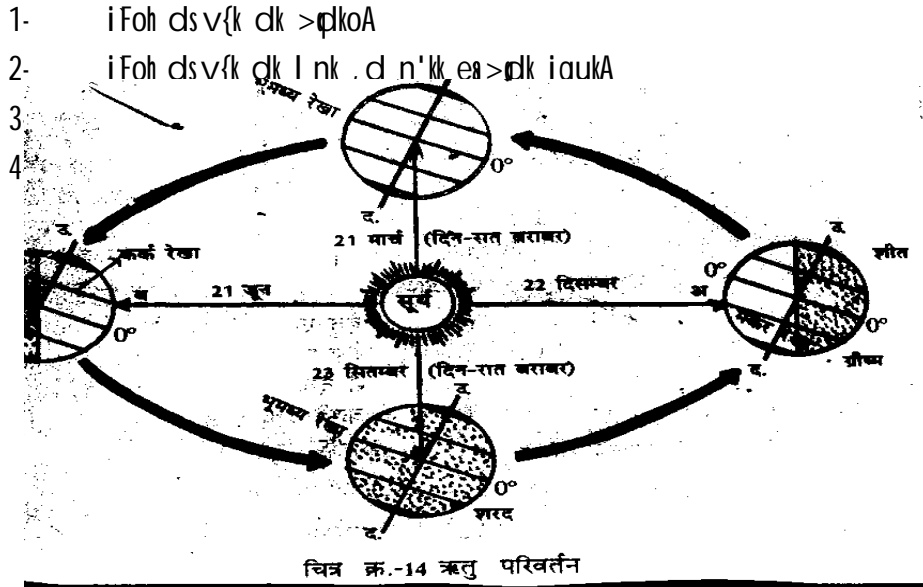
1- nsud xfr tS k fd vki dksKkr gSfd iFoh viuh ekjh ij if'pe l si wZdh vksj ?kærh gSvksj 24 ?kA/sea, d pDdj yxk yrh gA bl sge iFoh dh nsud xfr ; k ifjHkæ.k dgrsgA iFoh dh ekjh d k mRrjh fl jk mRrjh ekp rFkk nf{k.kh fl jk nf{k.k ekp dgykrk gA pDd iFoh if'pe l si wZdh vksj ?kærh gA bl fy, iFoh ij geal w Zjst kuk i wZl sfudydj vdk'k ea Åij tkdj fQj uhpsdh vksj vdkj] if'pe ea Mærk gvk fn [k kbZ i Mærk gA geskk ?kærsgusdsdkj .k iFoh nksuka ekp ka ij pi Vh rFkk Hkæe; j s k dsikl mHkj gh pZ gA iFoh dh ekp ka dsikl xfr 'kD; gA ; gka l stS & tS sc<Fh tkrh gA Lej.k jgsfd Hkæe; j s k ij bl dh ?kæusdh ifjHkæ.k xfr vfedre 1]671 fdykehVj ifr ?kA/s gA

2- okf"kd l xfr & iFoh viuh ekjh ij ?kæusds l kFk&l kFk l w Zdh Hkh ifjØek djrh gA bl siFoh dh okf"kd l xfr dgrsgA iFoh dks, d ifjØek djusea 365 fnu 5 ?kA/ 48 feuV dk l e; yxrk gA iFoh dh ifjØek dk ekZfuf'pr gA bl ekZdk d{k (Orbit) dgrsgA ; g nh?kZv.Mkdkj gA l wZbl d{k dsBhd dhnzeaugh oju-, d vksj dN gvDj fLFkr fn [krk gS ft l ds ifj.kkeLo: i ifjØek djrs l e; l w Zl siFoh dh njh geskk cjkcj ughajgrhA tw dseghusea iFoh dh njh l ; Zl l cl svfed vFkkZr -15 djkm+21 yk [k fdykehVj gkrh gA tcf d fnl Ecj dseghuseabl dh l w Zl snjh l cl sde vFkkZr 14 djkm+70 yk [k fdykehVj gh gkrh gA

vki tkursgSfd iFoh viusd{k ij 66½° dk dksk cukrsgq viuh ekjh ¼ v{k½ ij >qlh gPZ gA bl >qlko l sgh ; g l w Zdspkjsvksj Hkh pDdj yxk jgh gA bl dk ifj.kke ; g gkrk gSfd iFoh dh cnyrh fLFkr; kadsvud kj ml dsvyx vyx Hkxkaea l w kFki i kusdh ek=k ea ifjorZu gkrk jgrk gA bl l siFoh dsfofHku fgLI ka ea vyx vyx izdkj dsekS e o \_\_rq agkrh jgrh gA ns[k, fp= Øekd&1

\_\_r& iFoh dsv{k ij >qlsgkus rFkk ml dh ifjØe.k xfr l s \_\_rq agkrh gA l w Zdh fdj .ka tc dkQh l e; rd iFoh ij l hekhl Mærh gSrks ogkam l Hkx ea xehZ dk ekS e gkrk gSvksj tc l w Z dh fdj .ka frjNh vksj de l e; dsfy, i Mærh gSrks ml Hkx ea iFoh ij l nhZ dh \_\_rq agkrh gA

**\_\_rq ifjorZu ds dkj.k gA &**



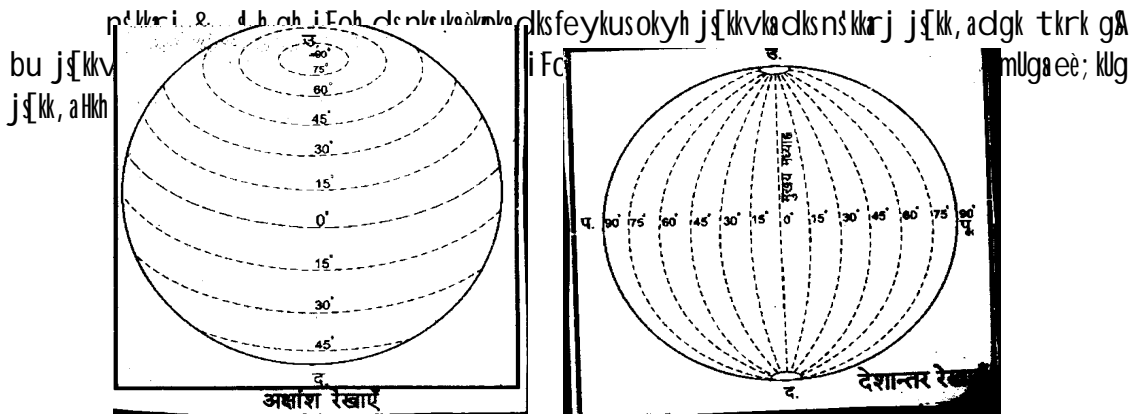
**fp=&1 iFoh dh ok'kd xfrn'kd j{kkp=**

iFoh dh ok'kd xfr ds fp= dks n{ kus ij ml dh pkj i ed[k fLFkr; kafn [kkbz nsh gA 1/2 21 ekpl 1/2 21 tu 1/3 21 fl rEcj v{ 22 fl rEcj 21 ekpl v{ 23 fl rEcj dks iFoh ij fnu&jkr l eku vofek ds jgrsgA bl fy, iFoh ij yxHkx l eku ekS e jgrk gSfdUrq21 tu mRrjh xkyk) Zeaxehz dks c<krk gA rksnf{k.k xkyk) Zeal nhzdk ekS e idV djrk gA bl dsfoi jhr 22 fnl Ecj dh fLFkr gksh gSrk mRrjh xkyk) Zea'khr o nf{k.kh xkyk) Zeaxehz gksh gA bl rjg iFoh dh ok'kd xfr dk ifj.kke gA iFoh dsfofHkuu Hkxka eafnu&jkr dk NkV/k cMk gkuk v{ bl dsdkj.k dHk xehz rks dHk B.M dh vfeckrk gksgg ekS e ; k \_\_rpkadk cnyukA iHko vc gekjsfy, ; g Li"V gksx; k fd iFoh vi us v{k ij ?kwerh gA bl dk , d pDdj 24 ?k/kae ij k gk tkrk gS v{ bl dsdkj.k fnu&jkr l a; k v{ iHkr gksgg vi us v{k ij 23&1@2 >ph g{ iFoh vi us d{k ij c<fsgg l w Zdspkjs v{ Hk pDdj yxkrh gSft l iFoh ij \_\_rpkadk ifjorZu gk gk jgrk gA fnu&jkr adk NkV/scMgkuk l nh&xehz dk ?kVuk c<uk gokv kadk pyuk v{ fn'kk, acnyuk l o"kkz dk gkuk cOZfxjuk ; k pOokr kadk pyuk vkfn ok; e.Myh; cnyko iFoh dh ok'kd xfr ds ifj.kke gA

**2- v{kak v{ n{karj j{kk, a %**

xky iFoh dsfd l h LFku fo'kSk dh l gh&l gh fLFkr dks v{ kuh l stku ysk l kkkj.kr% cMk dfBu dk; ZgA bl h dfBukbz dksnj djus ds fy, iFoh ij ftu dfVir vkMh v{ [kMh j{kkvka dh fLFkr dksekuk x; k gS v{ ftUgaekufp= eav{ iFoh ds xkyk; ij [kpk vFok n'kkz k tkrk gA ml gagh Oe'k% v{kak o n{karj j{kk, adgrsgA

v{kk&i Foh ij n'kkbz tkusokyh v{kk& j{kk, av{kk& j{kk, agksh g& vki tkursg&fd i Foh dsnsfuf'pr LFky g& mRrj o nf{k.k ek& budksfeykusokyh dFYi r v{k g& bl v{k e&; fclnqgh H&; g& i Foh dsbl Hkkx dksfeykusl s'10% fMxh v{kk& okyh j{kk gh H&; j{kk dgh tkrh g& bl dsmRrj dL Hkkx mRrjh xlyk) Zo nf{k.k dL Hkkx nf{k.kh xlyk) Zdgycrsg& bu nksukaxlyk) Zdks90&90 l eku Hkkxkaeacka/rsqg i Foh dspkjkavlj [kph g&ZORkdLj j{kk, aeku yh xbzg& blgagh v{kk& j{kk, adgrs g& ; sl & ; k eadcy 180 gksh g& budsmRrjh o nf{k.kh 100% fMxh v{kk& fclnqgksh g& tks& fclnqdg& tkrsg& i R; d j{kk 0 1/4& dgh tkrh g& tks& H&; j{kk dsmRrj v{kk& o nf{k.k eav& v{kk& t& s 1/25% fMxh m- ; k 50 fMxh nf{k.k&



**fp=&2 v{kk& o n&krj xM n'kd j{kkp=**

yllnu uxj dsfudV xhufcp LFky l sxq&jusokyh n&krj j{kk dks&; n&krj e&; n&kk& ; k e&; e&; klg j{kk dgk tkrh g& ftl s'10% fMxh n&kk& fy [kk tkrh g& bl dsBhd foijhr i Foh ds n&jh vlj tks&n&krj j{kk g&ml s'180% fMxh n&krj dgk tkrh g& fdUr&; n&krj dsfxursqg tc ge i&Zl sbl ij ig&rs&rk&bl s'180% fMxh i&Z; k if'pe l sxq&jrsqg 1/480% fMxh if'pe n&krj dgrsg&

**i qjkoy&du %**

- 1- gekjh i Foh l w Zifjokj dL egRo i w&Zl nL; xg g&svk& ; g l w Zdspkjk&v& pDdj yxkrh g&
- 2- l k& ifjokj dsl nL; xg uksg& c&kl 'k& i Foh e&xy] c&glifr] 'kfu] v: .k 1/4 j&ul 1/4 o: .k 1/4 sP; w 1/2 vk& e; 1/4 yw&k&
- 3- i Foh dh nks&xfr; kag&1/2 n&ud xfr bl si fjh&.k xfr dgrsg&vk& 1/2 ok'kd xfr ftl s ifj&.k xfr dgrsg&
- 4- i Foh vi usd{k ij 66 1@2 dL dks& cukrsqg vi usd{k ij >qth g& bl l si Foh dsfofH&lu fgLl ka&avyx&vyx i&Lkj ds&ks e o \_\_rq agksh g&

5- v{kka k vkš ns'karj jškk, ai Foh dsfdl h LFkku dh l gh l gh fLFkfr dksvkl kuh l sKkr djus eami ; ksch gkrh gA

**iBxr ižu 1-1**

ižu&1 i Foh dh fdruh xfr; ka gā\ nšud xfr dk l āki eamYyš[k dhft , A  
mRrj  
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ižu&2 i Foh dh okf"kd xfr D; k gš\ l āki ea l e>kb, A  
mRrj  
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ižu&3 l kš ifjokj eafdrusl nL; xg gā\ budsuke fyf[k, A  
mRrj  
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ižu&4 v{kka k vkš ns'karj eavlrj Li "V dhft , A  
mRrj  
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**mi&bdkb7 2**

**ekš e tyok; q vš ipfyr gok, a**

gekjh i Foh dksdkQh Åbkb7rd xš kadh , d ijr ?kšsgq gāftl sok; e. My dgk tkrk gA bl ok; e. My dh n'kk, al nš , d l eku ughajgrh gA osl wZl s i klr gksusokyh xehZ dh ek=k vkfn l scnyrh jgrh gA ok; e. My dh bulghan'kkvka dks ekš e vš tyok; qds: i eakuk tkrk gA vkb, budsckjseadn vš tkua&

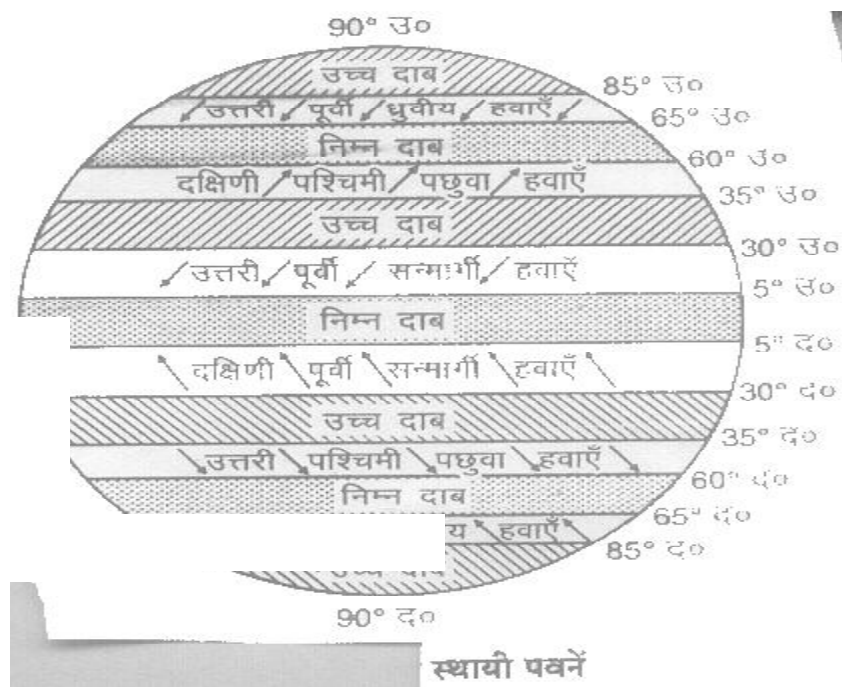
1- ekš e &ok; e. My dh Fkk&sl e; dh l nhZxeh] gok&i kuh] cny cjl kr dh cnyrh fLFkfr dks ekš e dgrsgA ; g vofek dN ?k. Vka dN fnukavš dN l l rkg rd gksl drh gA l epg vki eku l kQ ; k nki gj gkrsgkrscny Nkusyxš gok dh xfr rst gksxb] fctyh peduš valdkj vš cny xjtus

yxÅ rhl jsigj rd Hkkjh cjl kr gksxbÅ ok; ø. My dh bl rjg dh FkkM+I sl e; dh n'kkvka dksgh ekS e dgk tkrk gÅ ekS e yxHkx , d l eku n'kk, atc nkspkj eghukard pyrj jgrh gSrkmsl s\_\_rq dsuke l si pdkj rsgÅ tS sckny cjl krj xjtuk peduk vkfn dh yxkrkj pkj eghukard pyusokyh flFkfr dsdkj .k bl l Ei wkZvofek dks o"kkZ \_\_rqdgrsgÅ bl rjg , d fnu l syxkrkj pkj eghukard dh ok; ø. Myh; l eku n'kk, a; k \_\_rqdgh tkrh gÅ

2- **tyok; q &** fd l h LFkku fo'kSk vFkok {k= fo'kSk dsyEcs l e; dso"kkZ dsekS ekads l epp; ds vkekj ij ml LFky dsok; ø. My dh vkS r n'kkvka dk mYyS[k djuk tyok; qdgk tkrk gÅ tS s jktLFkku eao"kkZ ds vfekdka k eghuka eadMh xehzi M+h gÅ rst gok, apyrh gSo"kkZ cgr de vkS vfuf' pr gkrh gS; g flFkfr o"kkZ rd fujarj cuh jgrh gS bl hfy, ogkadh tyok; qdksm".k ; k jfLrkuh tyok; q dsuke l si pdkj tkrk gÅ

vc vki ekS e vkS tyok; qdsl cæk ea tku ppsgÅ bu nksuka dk vlurj eq; r% l e; kofek dk gh gÅ ekS e vYi dkfyd ok; ø. Myh; n'kk, agkrh gÅ ogh tyok; qnh?kZ dkyhuA ekS ekads i fjo rZu dk vkekj l w rki gS fdUrqi pfy r gok, aHkh bl ea egROI wkZ; kxnku djrh gÅ vkb, , d h egROI wkZ gokvka dsckj sea dN tkus tks iFoh ds foHkuu Hk&Hkxka dks l e; l e; ij iHkfor djrh jgrh gÅ

foHkuu xS kal sf?kjh gekjh iFoh rsth l si f'pe l si wZ dh vkS ?kæ jgh gÅ iFoh dh xfr ds ?k'kZ k vkS cnys l w rki dsdkj .k ok; ø. My dh xS srst xfr l s, d fn'kk fo'kSk dh vkS i okfgr gkus yxrh gÅ budksgh gok ; k iou dsuke l si pdkj tkrk gÅ



fp=&3

i Foh ij i okfgr gkus okyh gok, anks i djkj dh gđ ¼ ½ LFkklZ gok, avkđ ½ ½ i pfyr gok, A

(i) **LFkklZ gok, a&** i Foh ds ?k"lZ k ds djkj .k fo"kpř jđkk ij foLrkj dh vřekdrk gkus l s i Foh ds ?kneusdh xfr rst gkrh gřfdUrqmPp v{kkā kkaea tgkai Foh dk vkdkj de gkrk tkrk gđ ogka ok; qdh xfr i Foh dh xfr l svřekd gkrh tkrh gđ fn, gq jđkkřp= dks nř[k, bl eaf"kpř jđkk ds fudV dh gok, aif'pe dh vkđ eř/ř gđ tcfđ eē; orřz Hkkxka dh gok, a i wZ dh vkđ eř/ř gđZ gđ

(i) **0; ki kfjd gok, a&** 0; ki kfjd gok, aHkēē; jđkk Hkj l wZ dh o"lZ ij l hekh fdj .kafxjrs jgusdsdkj .k ogkadh gok, axelvkđ gYdh gkdj fujřj Āij mBrh jgrh gđ ft l eaok; ř. My eafjDrrk vkrh jgrh gđ bl h fjDrrk dh i řřZdjusdsfy, mRřj vkđ nř{k.k l sgok, afo"kpř jđkk dh vkđ cgus yxřh gđ i Foh dh xfr l sfi NM+tkusdsdkj .k osi'pe dh vkđ eř/ř tkrh gđ ; sgok, al kyHkj bl h řjg fn'kk ea/mRřjh xksyk) ZeamRřj&i wZ l snř{k.k&i f'pe nř{k.k xksyk) Z l snř{k.k i wZ l smRřj&i fpe½ pyrř jgrh gđ ; g gok, aeē; dky eapysokys0; ki kfjd ekynkj tgktds [kks tkuseal gk; d gkrh Fkh] bl fy, mlga0; ki kfjd gokvka dsuke l stkuk tkrk gđ ty Hkkxka l sxřj dj ; sgok tc egk}hi ka ds i wZ rVh; Hkkxka i j gprh gřksogkai ; křr o"kkZ djřh gřfdUrq tđ s tđ si f'pe dh vkđ c<řh tkrh gSo"kkZ dh ek=k de gkrh tkrh gđ ; gkardsfđ i f'peh Hkkx rd i gprřs i gprřs rks ; sbruh 'kkđ gks tkrh gđfd osHkkx fcYdy Hkh o"kkZ i křr ughadj i křsgđ bl hfy, egk}hi kads i f'peh Hkkx xeZvkđ l řks jřxLrku cusjgrsgđ

(ii) **i Nřk gok, a&** fo"kpř jđkk ds fudV orřz Hkkx ea gok, axelvkđ gYdh gkdj Āij mBrh gāogh Āij dh B.Mđ ikdj Bđ/ř gkrh gđvkđ ēkpka dh vkđ Āij gh Āij cgusyxřh gđ ; sgh gok, av; u jđkkvka ds vkl ikl Āij l suhpsmřjřh gđ dñ gok, arksHkēē; jđkk dh vkđ cgđj vkus okyh 0; ki kfjd gokvka l sfey tkrh gřfdUrq'křk gok, aēkpka dh vkđ c<eisyxřh gđ

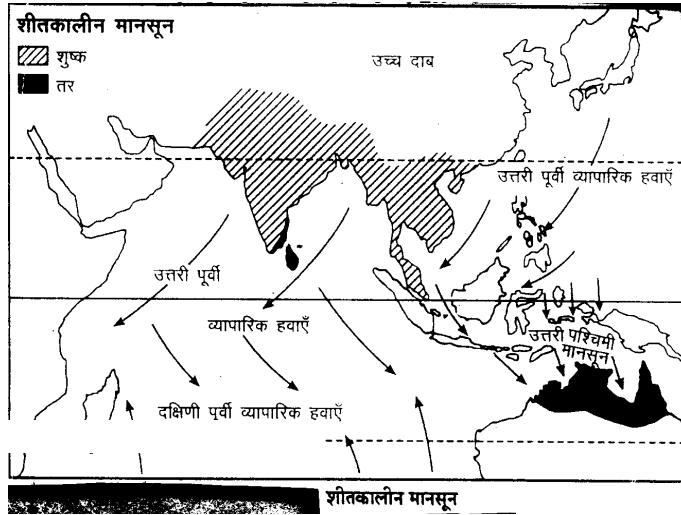
eē; orřz v{kkā kkaea; sgok, amRřjh xksyk) Z nř{k.k i f'pe eamRřj i wZ dh vkđ rFkk nř{k.kh xksyk) Z eamRřj i f'pe l snř{k.k i wZ dh vkđ cgrh gřpřđ ; sgok, aif'pe fin'kk l spyrh gřbl fy, blgai Nřk gok, adgrs gđ

; sgok, aHkh l epka l sxřj jusij ty ok'i ēkkj .k dj yrřh gřvkđ eē; orřz v{kkā kka ½ 30 fMxh l s 35 fMxh ½ fMxh dschp egk}hi kads i f'peh Hkkxkaea rV ds fudV orřz Hkkxkseao"kkZ djřh gđ přđ ; sgok, a o"kkj pyrř jgrh gđ bl fy, bu {ks=kaeaHkh yxHkh o"lZ Hkj gh o"kkZ gkrh jgrh gřtđ s i f'pe ; jki ds xđ fcV/s] gkySM] i f'pe telh vkřn nř kkaea ; sgok, aHkh egk}hi kads i f'peh Hkkxkaea rksi ; křr o"kkZ dj nřh gřfdUrq tđ s tđ si wZ dh vkđ c<řh gđ o"kkZ dh ek=k de gkrh tkrh gđ ; sgok, axel epř ty ēkkj kvka l s B.M fky Hkkxka dh vkđ pyrř gđ bl fy, rV ds fudV ds Hkkxka dh tyok; q l řkn gks tkrh gđ okrkoj .k l kyHkj LOřřh; d cuk jgrk gđ 0; fDr i fJeh vkđ l kgl h cuk jgrk gđ ; gh dkj .k gř fd , d l e; i f'pe ; jki ds fuokř l ; ka us l kjsfo'o dks vi us vekhu cuk fy; k FkkA

(iii) **/kph; gok; &** ; siouankuka xksyk) kaea/kph; mPp nkc dh i řV; ka eami/kph; fuEu nkc dh i řV; kadh vkđ pyrř gđ budh fin'kk řj i wZ l snř{k.k i f'pe dh vkđ rFkk nř{k.kh xksyk) kadh vkđ gkrh gđ

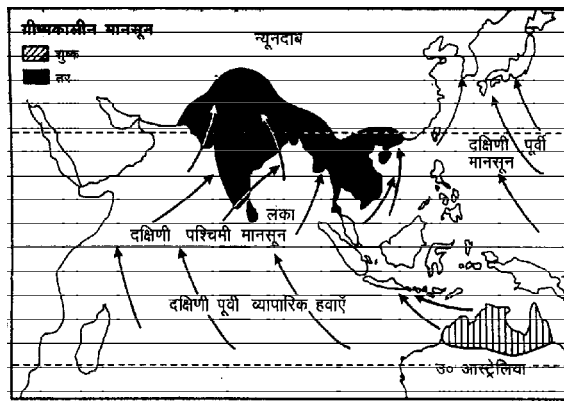
**ekul wh gok, a&** i Foh ds dñ Hkkxka ea fo'křr% ddZ vkđ edj jđkkvka ds eē; orřz Hkkxka ea xh'edky vkđ 'khrdky eaegk}hi kadsee; orřz fky Hkkxka ds rki eku eacgř vlnj gks tkrk gđ ; ghvUřj bu gokvka ds pyusdk dkj .k cukr gđ

xfez, kaeraegk }hi kaerafo'kSkdj , f'k; k egk }hi ka dk eè; Hkx cgr xezgk tkrk gSvkj Hkjr rFkk eè; , f'k; k eaU; u ok; qnkc dk {ks= cu tkrk gA ogkadg gok, axezrFkk gYdh gkdj Åij mBrh gA bl deh dh i firZdsfy, izkkr vkj fglh egkl xj dh vi {kkdr B.Mh vkj Hkki Hkjh gok, arsth l spyrh gA bl h dsl kFk o"kkZdjrh gq ; sgok, al; u ok; q{ks=kadh vkj i gpusyxrh gA ekul wh i ouagh?ku?kkj o"kkZdjrh gA ; sXMXMkgV fctyh dh ped&ned l sHkji j Hkh gkrh gA



1/2 'kjndkyhu 1/4 = & 4 1/2 1/4 1/2

1/2 'kjndkyhu ekul u 1/4 = & 4 1/2 1/4 1/2



**pØokr o ifrpØokr**

pØokr vkj ifrpØokr nksukavLFkkbz ; k l el kef; d iouagA budh xfr rhoz gksus ij ; sty eku dh gkfu dk dkj.k cursgA

1/2 pØokr & ; sgok, agok dsos l eg gA tksfd pDdj dkVdj pyk djrsgA ftl rjg fdl h unh eaHkøj mBrsgA vkj ml dsvkl ikl ikuh cM+ rsth l svkrk gSBhd ml h rjg gekjsok; ø. My ea Hkøj i shk gksrjgrsgA blghadksge pØokr dgrsgA budh xfr 96 fdeh l s2000 fdeh ifr ?k/srd gkrh gA



**ifrp00kr &** p00kr dk Bhd myVk ifr p00kr gkrk gA ftl rjg p00kr dseè; eade nkc gkrk gSBhd ml dsfoi jhr] ifr p00kr dseè; vfekd nkc gkrk gSrFkk gok, a dlnz ds pkjks vlsj pyk djrh gA budh xfr 30 fdeh l s50&60 fdeh ifr?k/s gkrh gA

**i qjkoykdu**

- 1- ok; e.My dh FkkMsl e; dh l nhz xehz gok i kuh] cknv o"kkZ dh cnvrh lLFkr dksekS e dgrsgA
- 2- fdl h LFkku fo'kSk ; k {ks= dso"kkZ ds l epp; ds vkekj ij Kkr fd, x, ok; e.Myh; n'kkvka dh vks r n'kk dks tyok; qdgg tkrk gA
- 3- gekjh iFoh ij iokfgr gksusokyh gok, anks i dki dh gA ¼½ LFkk; h ioua; k l ukru gok, ½ ½ l kef; d iouA
- 4- ekul wh iouaHkki Hkjh vlsj rsth l s>iVrh gpbZgkrh gA ; s?ku?kkj o"kkZ dsfy, mRrjnk; h jgrh gA
- 5- p00kr dh xfr cgr rst F16 fd-eh l s2000 fd-eh ifr?k/srFkk ----- ifr p00kr 30 l s60 fdeh ifr ?k/s pyrs gA

**iBxr itu 1-2**

izu&1 ekS e vlsj tyok; q l svki D; k l e>rsgA buds dkbZ nks vlrj crkb, A  
 mRrj -----  
 -----  
 -----

izu&2 tyok; qdk ekuo thou ij D; k iHko iMrk gS\ dkbZ pkj iHko fyf[k, A  
 mRrj -----  
 -----  
 -----

izu&3 ekul wh gok, aD; k gA\ Li"V dhft, A  
 mRrj -----  
 -----  
 -----

izu&4 p00kr vlsj ifr p00kr D; k gS\  
 mRrj -----  
 -----  
 -----

**mi bdkbz & 2 ½**  
**ekjkry ij ifjorúdkjh 'kDr; ka**

**fi z; Nk=lè; ki d]**

vHkh rd vki usi Foh dh xfr; kþ eks e vkfn dsckjseavè; ; u fd; kA vc ge bl mi bdkbz eai Foh dsvkarfjd vksj ckg; Hkx eækjkry fo |eku dh ifjorúdkjh 'kDr; kadk vè; ; u djæstuck ekuo thou ds Hkksrd vksj lkekftd thou ij 0; ki d i Hkko i Mæ k gA vkb, vc tkfu, fd ; s ifjorúdkjh 'kDr; kadks&dkd l h gð rFkk dS sifjorú djrh gA vksj budk D; k i Hkko gkrk gA

ekjkry ij ifjorú ykusokyh nks izdkj dh 'kDr; kagð& vkarfjd 'kDr; kavksj nþ jh ckg; 'kDr; kA

**1- vkarfjd 'kDr; ka&** ekjkry ij ifjorú ykusokyh ; svkarfjd 'kDr; kadbz rjg dh gypy i ñk dj nrh gA ; sgð HkwdEi vksj TokykefkhA

½ HkwdEi & i Foh ds vkarfjd Hkx eæxehz dh vfeckrk dsdkj .k pVVkusfudyus yxrh gsvksj i Foh dh Åijh ijr dgha i ryh i M+tkrh gS rksdgha vkarfjd Hkx eafLFkr ty dsok"i cuusdh ek=k c<+tkrh gA vkarfjd pVVkuka ea tc ncko ; k f[kpko c<+tkrk gSrc HkxHkZ dsfd l h Hkx eapVVkusf[kl dus; k VVustS h gypy gkrh gA bl h gypy dsdkj .k i Foh dk Åijh ekjkry Hkx dka mBrk gð ft l sge HkwdEi dgrsgA bl dsdkj .k ekjkry ij dbz ifjorú gkrsn[ks tkrsgA dgha pVVkus ekl d tkrh gA dgha Åij mB vkrh gð dghanjks i M+tkrh gA ufn; ka dsekZcny tkrsgA l Melkao jyekxkð dh gkfu gkrh gS rFkk tku&eky dh cgr gkfu gkrh gA

½ Tokykefkh & HkxHkZ dh xel vksj fi ?kyh pVVkuangdrs ykos ds: i eafdl h fNnz; k njkj l stc i Foh dh Åijh l rg l sfudyrh gS rks; gh Tokykefkh dgykrh gA

Tokykefkh mn; ds; gh dkj .k gA buea Åijh ncko dsdkj .k ; k vkarfjd gypy l spVVkuka dk f[kl duk rFkk vkarfjd Hkx ea tyok"i dh vfeckrk gkstkuk e[; dkj .k gA tc ?kuh tyok"i i Foh ds Åijh ijr ij ncko Mkyrh gSrc detkj ijr VV tkrh gA pVVkuka i j ncko l si Mh njkj eagkdj xelzykok ok"i] xS } jk[k pVVkuka ds VpMæ, d Hk; ædj foLQkV dsl kFk ckgj fudy i MæsgA Tokykefkh l sfudyusokysykos l suohu Hk&jpuk gkrh gA mi tkÅ feVVh dh i rZ tek gks tkrh gA HkxHkZ dh xebZ i fudy tkrh gA bl rjg Tokykefkh ekjkry ij ifjorú ykusokyh , d 'kDr ds: i eadk; Zdjrh gA

**2- ckg; 'kDr; ka&** i Foh ds ckgjh ekjkry ij ifjorú djusokyh vkarfjd 'kDr; ka brus cMæ i ekusea ifjorú ughadj i krh] ftruk ckgjh 'kDr; kadjrh gð ftueacgrk gþk i kuh] gok, afgeufn; ka v | kkkksed ½ Hkxæx ½ ty vksj l epn ygja i æ[k gA

½ cgrk gþk i kuh & i okfgr ty ekjkry dh Åijh l rg ij l cl sigys vfeckd ifjorú ykusokyk gA ; g Åps i gkMæ i Bjks l sfeVVh cgkdj fupys Hk&Hkxka vksj l epz dsrykaeam l s tek djds l Ei wkZ ekjkry dks l ery cukusdk dk; Zdjrk jgrk gA o"kkZ ty l scuusokyh Nk/h ufn; ka l sydj cMæ cMh ufn; ka rd l Hkx bl egRo i wkð dk; Zeayxsgg gA

½ kZgok, a& cgrsgg i kuh ds l eku gh gok, aHk Hkry ij ifjorú ykrh gA 'kDd vksj vekZ kDd

i n s k k a e a l w i l k r l s f c [ k a m r v k s i w k z p w k z g p z p v v k u a d s j r d . k k z d k s g o k v i u s l k f k m m k d j y s t k r h g a j r d . k k a d s v d j k u s l s n w j h p v v k u a v w r h Q w r h f ? k l r h j g r h g a

### e l s e v k s t y o k ; q d k s i h k f o r d j u s o k y s i e f k r R o %

Nk=kè; ki d ge ; g ckr Hkyh Hkkár tkursgáfd i Foh fd xfr; ka vkarfjd vks ckg; 'kFDr; ka gekjsi; kbj.k vks ml ds thou dksfdl h u fdl h : i eavo'; i Hkkfor djrsga bl l cdk eks e vks tyok; qij i Hkko i Mfk gsrFkk eks e vks tyok; qdk ekuo thou iJA vr%ge l e>sf d ; s d k s d k s l s r R o g a t k e s e v k s t y o k ; q d k s r F k k e k u o t h o u v k s m l d h x r f o f e k ; k a d k s i H k k f o r d j r s g a o k r o e a ; s r R o g a %

- 1- **Hkè; j f k l s n j h &** Lej.k jgsfd Hkè; j f k k d s l e h i o k y s l F k k u n j o k y s l F k k u d h v i f k k x e z g k s r s g a v r % H k è ; j f k k d h n j h d k i H k k o i M f k g a
- 2- **l e n z r y l s A p k b z &** t k s l F k k u l e n z r y l s f t r u s v f e k d A p s f l F k r g k s r s g a m u d h t y o k ; q m r u h g h B . M h g k r h g s D ; k i d i f r 1 6 5 e h V j d h A p k b z i j 1 f m x h l s - r k i e k u d e g k s t k r k g a
- 3- **l e n z r v l s n j h &** l e n z r v h ; { k s = k a e a f n u e a t y l e h j v k s j k r e a f k y l e h j p y r s f t l l s i k l d s i n s k x f e z k a e a d e x e z v k s t k m l a e a d e B . M s j g r s g a
- 4- **g o k , a &** l e n z l s v k u s o k y h g o k , a v i u s l e d k j h i H k k o k a d k s t y o k ; q d k s l e c u k r h g a b l d s f o i j h r l F k y l s v k u s o k y h ' k t d g o k , a ' k t d g k u s d s d k j . k t y o k ; q d k s f o ' k e c u k n r h g a
- 5- **l e n h e k j k , a &** l e n z e a c g u s o k y h e k j k , a l e h i d s { k s = l s ' k h r i z d k i d k s j k d d j t y o k ; q d k s i H k k f o r d j r h g a t s s b x y s m d h t y o k ; q x Y Q L V h e l s i H k k f o r g a
- 6- **i g m l a d h l F k r , o a H k e d k < k y &** f g e k y ; i o z ' k h r d k y e a e e ; , f ' k ; k l s v k u s o k y h B . M h g o k v k a d k s j k d d j H k k j r d h t y o k ; q d k s B . M k g k u s l s c p k r k g a l w z d s l k e u s < k y o k y s i n s k f o e f k < k y o k y s i n s k k a d h v i f k k v f e k d x e z j g r s g a
- 7- **o " k z d h l F k r &** f t u { k s = k a e a i ; k z r o " k k z g k r h g s m l d h t y o k ; q m u { k s = k a l s f t u e a o " k k z c g r d e g k r h g s v f e k d l g k o u h g k r h g a
- 8- **o u l i f r &** f t u { k s = k a e a o u l i f r l ? k u j g r h g s m u l F k k u k a i j t y o k ; q l e j g r h g a o u l i f r f o g h u { k s = k a d h t y o k ; q d e l s d e f n u e a x e z j g r h g a
- 9- **H k e d h i d f r &** j r h y h o i f k j h y h H k k e v f e k d x e z v k s v f e k d B . M h g k s t k r h g a b l f y , o g k a v f e k d x e z v k s B . M i M f h g a

### i q j k o y k d u



**y?kq mRrjh; izu**

izu&7 \_rqifjorZ D; kavksj ds sgksrk gS\

izu&8 fnu vksj jkr D; kagksrgS\

izu&9 v{kkak j{kkvka dh pkj fo'kSkrrk, acrkB, A

izu&10fnu jkr NkV&cMgkus dsD; k dkj.k gS\

izu&11ekul wuh gokvka l svki D; k l e>rs gS\

**fucalRed izu %o; agy djus grt**

izu&1 iFoh dh xfr; ka dk l {ki ea o.kZ dhft, A

izu&2 tyok; qdks iHkkfor djusokys rRoka dk fcln{pkj o.kZ dhft, A

%c% vkRe ij h{k.k izu %o; agy djus grt

**mi bdkbZ 1 ,oa 2**

izu&1 iFoh dh fdruh xfr; ka gS\ fnu jkr fdl xfr dk ij.kke gS\

izu&2 iFoh fdruh l e; ea l wZ ds pkj ks vksj pDdj yxk yrh gS\

izu&3 pOokr vksj ifr pOokr eaD; k varj gS\ %dkbZ nkS

izu&4 ekS e vksj tyok; qeaD; k varj gS\ %dkbZ nkS

izu&5 tyok; qdks iHkkfor djusokys rhu rRoka dk mYys{k dhft, A

**mRrj rkydk iBxr izu****mi bdkbZ 1-1**

mRrj&1 iFoh dh nks xfr; kagS nsud %kukZu% vksj okf"kd %i fjOe.k% nsud xfr dk o.kZ dhft, A

mRrj&2 iFoh viuh ekjh ij ?karsgq l wZ dh ijOek djrh gA bl ea 365 fnu 5 ?k/s 48 feuV dk l e; yxrk gA

mRrj&3 ukScqk] 'kO] exy] cGLifr] 'kfu] v: .k] o: .k] ; e] iFohA

mRrj&4 ; s%v{kkak %j{kk, al ekukUrj oRrkdkj j{kk, agS tksHkoe; j{kk l smRrj vksj nf{k.k dh njh dks iZV djrh gA ; s%ns'kkarj %v) ZorR j{kk, agS tksokpa ds l eku nksykRed njh okys LFkku dks feyrh gS vkfnA

**mRrj rkydk & iBxr izu****mi bdkbZ 1-2**

mRrj&1 ekS e vksj tyok; q& ok; eMy ea vLFkbbZ ijforZ tS l nhz gok ikuh] o"kkZ cknY ds cnyrh l LFkfr ekS e dgykrh gA tcfD tyok; qfd l h LFkku ; k {ks= fo'kSk dso"kkZ ds ekS e ds l epp; ds vkekkj ij ml LFky dh n'kkvka dh n'kk, a gA

mRrj&2 tyok; qdk ekuo thou ij 0; ki d iHkko gYk gA LokLF; dke djus dh {kerk] ekuf l d o 'kkjhfd n{krk [kku&iku jgu l gu vksj thou ; ki u dh i) fr bl ea iHkkfor gkrh gA

mngkj .k dsfy, B.Msnšk dsyxk pqr o egurh gkrsgstcfd xeznšk eal q r o vkyl hA  
bl idkj l Hkh rjg dh tyok; qdk ekuo thou ij 0; ki d i Hkko i Mf k gA

mRrj&3 ekul uh gok, ao gok, agš tksmPp nkc l sfuEunko dh vksj cgrh gA ; sl epz l so"kkZ dk  
ty ydij LFky dh vksj rsth l sc<rh gS rFkk xMxMkgV vksj fctyh dh ped ned l s  
l keld; l s?ku?kkj o"kkZ djrh gA

mRrj&4 pØokr dh xfr cgr rst gkrh gStcfd ifr pØokr 30 l s60 fdeh ifr ?k/spyrsgA  
**mi bdkbZ 2 ½**

mRrj&1 HkndEi & foLrkj l si"B Øekad 10 ean[ka ½mi bdkbZ 2 o½

mRrj&2 Tokyked[kh & foLrkj l si"B Øekad 10 ean[ka ½mi bdkbZ 2 o½

mRrj&3 ekš e vksj tyok; qdks i Hkfor djusokys rRo & i Ø 11 ean[ka ½mi bdkbZ 2 o½

**vkRe ijh[k.k ds izula ds mRrj dh rkfydk**

mi bdkbZ 1-1

mRrj&1 fnu jkr dk gksuk ekš e dk cnyukj ekuo thou dk l pkyu vkfnA

mRrj&2 v{kkak vksj ns kkrj j[kk, a; siFoh ij dFYir j[kk, atksfd l h LFkku fd lLFkr o n[ jsLFkku  
l snijh Kkr djuseal gk; d gkrh gA

mRrj&3 ekš e o tyok; qea varj gA ekš e cnyrk jgrk gS tyok; qughA

mRrj&4 gokvka dspyusdsdkj .k gS fuEu nkc vksj mPp nko l si dkg gksukA ekul uh gok, amPp nkc  
l sfuEu l snkc dh vksj idkfg gkdj o"kkZ djrh gA

mRrj&5 ekjkry dh ifjorZ dkjh vkrfjd o ckg; 'kDr; kagš HkndEi Tokyked[kh fgeun vkfnA

mRrj&6 ekš e vksj tyok; qdk ekuo thou ij 0; ki d i Hkko i Mf k gStkseut; dh xfr fofek; ka o  
dk; kš dksfu; i=r djrk gA tkMha ea yxs vfed o xehz o o"kkZ eade dke djrs gA

**y?kq mRrjh; izula ds mRrj**

mRrj&7 \_\_rqifjorZ iFoh dh okf"kd xfr ds ifj .kkeLo: i gkrk gA bl dk eq; dkj .k iFoh dh  
ekijh dk >pkol iFoh }kjk l wZdspkjks vksj pDdj yxkuk l wZrki vkfnA

mRrj&8 fnu vksj jkr iFoh dh nsud xfr ds ifj .kkeLo: i gkrsgA

mRrj&9 v{kkak j[kkvka dh fo'kškrk, A foLrkj l si"B Øekad 04 ij n[ka

mRrj&10 fnu jkr NkV/scMgk usdsdkj .k gš & iFoh dh ekijh ij >psgk us rFkk ml dh okf"kd xfr iFoh  
dsdk , d gh fn'kk ea >pk gksuk vkfnA

mRrj&11 ekul uh gok, avfedkakar%o"kkZ djrh gA ; sl epz LFky dh vksj pyrh gA ; sl epb i o r  
ekykvka Vdjrh oki l vkrh rFkk l Hkh lLFkr; ka ea o"kkZ djrh gA

bdkbZ Øekd % 2

I pdkd % Mh ,M-@11@2



## i=kpkj iK; Øe

ek;/fed f'k{k e.My] e;/ insk] Hki ky

}kj k l ok/kdkj l jf{kr

fMlyk bu ,T; msk i jh{k

¼'k{k ea i=ki k/k½

¼}rh; o"½

fo"k; % l keftd foKku ¼ keftd i; kbj.k½ , oam l dk f'k{k.k

i zu i=&, dkn'k

bdkbZ % Øekd&nk

fo"k; k k % l keW; Hki ky

fi z Nk=k/; ki d]

I keftd foKku ¼ keftd i; kbj.k½ , oam l dk f'k{k.k , d 0; ki d fo"k; g} tgka, d vkj og i kdfrd i; kbj.k }kj k ekuo ij gksokys i Hkkokadksmn?kkfVr djrk gSogkam] jh vkj og ekuo }kj k vi usfgr l j{k.kkFkZfd, iz; kl kadksHkh j{kkidr djrk gA bl dsbl iz; kl eaequo ds i jLi fd l g; k l smRi l u ukxfjd , oal kdfrd mi yfC/k; ka tgka ekfr gkrh gSoghaxfrfof/k; kadk vkoyu Hkh ml ea gkrk gA bl fy, bl fo"k; f'k{k.k l svki dh l keW; mnas; dh mi yfC/k gks l dakhA

mnas; %

- 1- Nk=k/; ki d dks vi us l keftd i; kbj.k dh tkudkj h nsukA l æd/kr {ks=ka l epk; ka vkj 0; fDr; ka dh l keftd l ef) ds; kxnku l si jfpr djuk rkfd ml eans k l ok o R; kx dh Hkkouk tkxr gks l dA
- 2- i kdfrd okroj.k dk Kku nsuk rkfd HkkSkfyd okroj.k dh fØ; k i frfØ; k vkfFkZd i xfr gsrq mRi l u l eL; kvkadsfuku dh {kerk mueamRi l u gks l dA
- 3- vk/kfud oSkfud o rdudh i xfr ds; æ eaxjhc o vehj NkV/so cMsl Hkh jk"Vradks, d ml js ij vkfJr cuk fn; k gA , d h i fjfLFkr ea i f'k{k.kkFkZ ea varj kZVh; l g; kx l nHkkouk vkj fo'o cakso dh Hkkouk dk fodkl djuka
- 4- I keftd foKku ds l Qy l ello; }kj k v/; ki u dh mi; Dr i) fr; ka o fof/k; ka dk Kkunsuk ft l l sokanR vfhk; fp; ka , oafRr; ka dk fodkl gks l dA

5- , Vyl eafofHkUu uD' kka eafLfkku , oaoLrnp/ka dh fLFkr Kkr djuka

i nZdh bdkbzua: j 1 ¼ d e i kdfrd Hkksy dsvarxZ i Foh dh xfr; kafnu&jkr] \_\_rq av{kká k vks nskkarj j[kk, aekš e vks tyok; qij i Hkko Mkyusokyh ckrk gok, a0; ki kfjd i Nqk vks ekul uuh gok, apØokr gok, apØokr vks i frpØokr /kjry eafijorZudkjh 'kfDr; ká vkarfjd vks ckg; dsckjs eakku i klr fd; k gA½

I keW; Hkksy dsvarxZ bdkbz nkeami & bdkbz, d l sN%rd , f'k; k] ; yki mRrjh vesj dkl nf{k.kh vesj dkl vQhdk vks vKLVSy; k egk}hi kadk I keW; v/; ; u fuEu fclnnp/ka dsvk/kkj ij djakA

- 1- fl pkbz
- 2- fo | r
- 3- df" k
- 4- m | ksc /kaka
- 5- 0; ki kj
- 6- ; krk; kr ds l k/ku
- 7- tul a; k o ml dk forj .k rFkk ?kuRo
- 8- jgu&l gu rFkk i a[ k uxj

**mi bdkb&1**

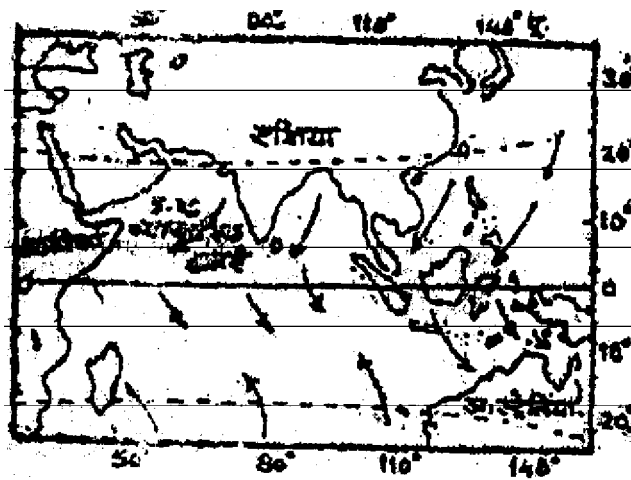
**, f'k; k**

**I keW; ifjp;**

, f'k; k i Foh dk I cl scMk egk}hi gA I d kj dh l eLr Hkkie dk , d frgkbZ Hkx , f'k; k eagh gA fo'o dh vk/ks l svf/kd tul a; k Hkh bl h egk}hi eagh

, f'k; k dksfo"kerkvkadk egk}hi egrsgA , d vks bl egk}hi eaf Foh dk I cl sApk LFkku ekma/ , ojkLV gSrk snh jh vks LFky Hkx dk I cl suhp LFkku er l xj gA i Foh dk I cl sB. Mk LFkku c [kš ka d rFkk I cl sxeZ LFkku tškkokcn ¼ kfdLrku½ bl h egk}hi eafLFkr gA I d kj eal cl svf/kd o"kkZ ¼ 34-5 I seh-½ okyk LFkku ekšprjke ¼ eškk; ½, f'k; k eagh gA I d kj dk I cl sde o"kkZ okyk LFkku Hkh ; gh gA

, f'k; k i kdfrd I E i nkva eacgr /kuh gA ; gkadf" k eaTokj] cktjk] i VI u] pk; ] dPpk jške]





jcj el kyš frygu] xluuk] ukfj; y vll; egk}hi ka dh vi {kk vf/kd gkrk gA

tgka [kfu t ry] ykšj bLi kr] dks yk] ckDI kbM] eXuht] fVu rFkk vHkd dsfo'kky Hk.Mkj Hkh gA l urh jške diMka vks] tW ds l keku ds mRi knu eaHkh vxzkh gA

I d kj dh ikphu l H; rkvkavks] ied[k /kekādk tle , f'k; k ea gqk gA fglu wed yeku b7 kbz vks] ckš /kekādk tle vks] foLrkj bl h egk}hi ea gqk gA bl dk l d kj ea , d fo f'k"V LFkku gA

### **flLFkr , oa foLrkj %**

, f'k; k egk}hi i wkā-%mRrjh xksyk) ZeafLFkr gA ; g 10 n-v- l s80 m-v- rFkk 25<sup>o</sup> i whz ns kkrj l s180<sup>o</sup> i ur- dse/; QSyk gqk gA 90 fMxh i whz ns kkrj jškk bl dse/; l sxtj rh gA mRrj l snf{k.k bl dh yEckbz8500 fdeh gSrFkk if'pe l siwZea; g yxHkx 10]000 fdeh pkbz gA , f'k; k dk {ks=Qy 44-5 oxZfdeh gŠ tks iFoh ds/kjkry ds dty {ks=Qy dk yxHkx , d frgkbz gA

### **1- fl pkbz , oa fo | r %**

, f'k; k dh vf/kdkāk ufn; kaš j ckāk cukdj ty l xg dj ugjkads }kjk fl pkbz dh tkrh gA ntyk vks] Qjkr l sfudkyh xbZugjka l sbjkd eafl pkbz dh tkrh gA fl dk unh l si kfdLrku dsiatkc vks] fl dk i kr eafl pkbz gkrh gA Hkkjr ea i atkc] gfj; k.k rFkk mRrj i ns k ea l ryt vks] xak rFkk mudh l gk; d ufn; ka l sugjafudky dj cgr fl pkbz dh tkrh gA nf{k.k ds i Bkj ea pEcy] nkeknj] egkunh] dkojh vkfn ufn; ka i j cMāckāk cukdj fl pkbz dsfy, ty i ktr fd; k tkrk gSrFkk fo | r mRi tu dh tkrh gA oekZeabjkonh Fkkbz/SM ea ehukx] dEi fip; k rFkk fo; ruke ea ehdkx rFkk jM unh fl pkbz dsfy, cgr mi ; kxh gA

phu ea; kxfVI hD; ka gkxgh ds ty dk mi ; kx fl pkbz dsfy, fd; k tkrk gA mRrjh , f'k; k dh ufn; ka l ky 5 l s8 egk rd o"kkZ l s<dh jgus ds dkj .k fl pkbz dsfy, mi ; kxh ugha gA e/; , f'k; k o e: LFkyh i ns k ea l j vks] vke nfj; k ds }kjk fl pkbz gkus l s di kl rFkk Qy ka dh [krh ea cgr i xfr gbz gA

### **2- df"k %**

df"k , f'k; k ds ykxka ds thou fuokj dk l cl scMā l k/ku gA bl egk}hi ds rhu pkbz ykx df"k ij fuHkj gA l ery Hkfiē] mi tkĀ feVVh i ; kZr o"kkZ rFkk ufn; ka l s fl pkbz dh l fjo/kk ds dkj .k bu ehkuka ea i kphu dky l sgh vPNh [krh gksjgh gA tki ku] fQyhi kbu] fglu, f'k; k rFkk nf{k.k i whz , f'k; k ds ns kka ea mRre [krh gkrh gA ; gka dh ed; df"k mi tapkoy] xg Tokj] cktjk] eDdk] nkyš frygu] di kl ] iVI u] xluuk] pk; rFkk jcj gA

### **pky %**

, f'k; k ea pkoy i šk dju sokys i ed[k ns k & Hkkjr] ckāyknš k] oekZ Fkkbz/SM] dEckSM; k] mRrjh Hkkx] i kfdLrku] bjkd rFkk rphZeavf/kd gkrh gA

### **xg %**

, f'k; k ea xg dh [krh ia l kbcšj; k m- phu] Hkkjr rFkk tki ku ds e/; rFkk mRrjh Hkkx] i kfdLrku] bjkd rFkk rphZeavf/kd gkrh gA

### **Tokj] cktjk %**

Hkkjr rFkk phu dse/; Hkkx ea de o"kkZ okys {ks=ka ea; g Ql y mxkbz tkrh gA

**pk; %**

pk; dk mRi knu tki ku] phu] dkyknsk] fglns'k; k] Jhyadk rFkk Hkkjr dk iwhzHkkx , ouhyfxjh i gkfM+ ka i j gsrk gA

**dikl %**

, f'k; k eadikl dk mRi knu e[; r%phu v[ Hkkjr eagkrk gA phu dsfo'kky e[ku rFkk Hkkjr dsif'pe o mRrjh Hkkx eadikl dh [krh vf/kd gsrh gA : I ] r[hlrku] i kfdLrku] Vdhz I hfj ; k] b[ jku eafI pkbZ }kjk dikl i[ h[ dh tkrh gA

**Qy %**

, f'k; k eadbzi d[ dj dsQy mxk, tkrsg&

**3- m | ks /kks %**

, f'k; k egk}hi d[ k] ou v[ [kfut I EiFr I s/kuh gsrsgq Hkh m | ks /kks eog fi NMk g[ k gA

**1- y[sk rFkk bLkr m | ks %**

bl m | ks dk I cl svf/kd fodkl tki ku eag[ k gA phu] Hkkjr rFkk I kbcfj ; k bLkr dscM+ dkj [kkus gA tki ku eamRrjh D; wkrFkk e/; gk kw}hi kae} phu eaep[ j ; k v[ Hkkjr eaNks/k ukxi g dk i Bk bLkr m | ks dsfy, i fl ) gA bu dkj [kkuka ds ikl j sy bat u] j sy I kexh] ek[ j xkfM+ kafctyh ds ; a d[ k v[ k] v[ Hkkjh e'khu ds dkj [kkus gA

2- I wh diMk m | ks phu] tki ku] Hkkjr v[ e/; , f'k; k eavf/kd fodfl r gA phu I wh diMk I [kkb] fl aVkok] fVVI hu] gkxph] ukufda eacurk gA Hkkjr ea x[ jkr vgenkkn] egkj'V<sup>a</sup> eacEcb] I hyki j fnYyh] dkui j rFkk enjkbz i e[ k gA

**3- j[keh diM+ %**

phu rFkk tki ku eal cl svf/kd j[keh oL= cuk, tkrsgA phu esfl erkvkarFkk fl [kkbZ v[ tki ku eaVkd; karFkk v[ kdk i e[ k d[ n[ gA Hkkjr] btjky rFkk Vdhz ead[ j[keh oL= cuk, tkrsgA

**4- 'kDdj %**

'kDdj] xlu vFkok p[ l[ j I scukbZ tkrh gA Hkkjr] fglns'k; k] fQyhi kbUI rFkk Qkjekd k ea xlus I srFkk phu] tki ku v[ I k[ o; r , f'k; k ea p[ l[ j I s'kDdj cukbZ tkrh gA

**5- dxxt %**

ckl ] ?kkl v[ uje ydM+ I sdxxt cuk; k tkrk gA bl dk mRi knu] tki ku] phu] Hkkjr] dkyknsk v[ Vdhz eagkrk gA

**6- I heV %**

I heV cukusea p[ us dk i rFkj] p[ d] ftI e v[ d[ s ysdk mi ; ks gsrk gA tki ku] Hkkjr] i kfdLrku rFkk Vdhz ea I heV ds dkj [kkus vf/kd gA

**7- iVI u %**

xak] cEgi e dsMvVh Hkkx ea tW dh [krh vf/kd gkrh gA vr%Hkkjr vkj ckyknsk ea tW dh vf/kdkak feysgA

#### 4- 0; ki kj %

, f'k; k dk mRrjh Hkkx taxk nynyk i gkMkavk cOhyisns kkaokyk gA vr%0; ki kj de gkrk gA vukt] ydMk vkj dN [kfut bu inskkaal shksts tkrsgA

nf{k.kh i f'peh , f'k; k dsnsk vf/kdre i Bkjh vkj jxLrkuh gA bl fy, budk fu; kr de vkj vk; kr vf/kd gA ; gkal sQy] Au] [kfut ry vkj [ktj dk fu; kr gkrk gA ; snsk xg] frygu] oL=] e'khu] nokb] k okgu] fo | o [krh dsmi dj.k vk; kr djrsgA

nf{k.kh , f'k; k dsnskkaeaHkkjr] i kfdLrku] ckyknsk vkj Jhyad l spk; ] di kl ] i VI ul jcj] frygu] peMk fu; kr fd; k tkrk gSftudk i f'peh , f'k; k dsnsk djrsgA

nf{k.k i dz , f'k; k dsnsk pkoy] ydMk] fVu] jcj] xje el ky] ukfj; y] pk; ] pkn] [kfut] - -- 'kDdj] rEckdwk fu; kr djrsgA ykq bLi kr dk l keku] e'khu] vkstj] okgu] gffk; kj] pk; ] nolb] ka jkl k; fud i nkFkzctyh dk l keku vkfn dk vk; kr djrsgA

phu l rh & jskeh oL=] ; a] pk; vkfn dk fu; kr djrk gSrfk rS kj eky jkl k; fud i nkFkz e'khu] vkfn eakrk gA tki ku l sykq&bLi kr dk l keku] e'khu] ekj] [krh dsvkstj] jy dk l leku] f[kyk] ?fM; kavkfn dk fu; kr rFk ykq] di kl ] 'kDdj] tW] jcj] Au vkj peMk vk; kr djrk gA

#### 5- ; krk; kr ds l k/ku %

; krk; kr ds l k/ku ekuo dks, d LFku l snl jsLFku ij i gpkuseaenn djrsgA bl l snj nj fLFkr nskkadschp dh njih de gksxbz gA vkt ekuo l emk; dschp fe=rk , oahkkb] p] jsdh Hkkouk i sk g] z gA Rofjr] l yHk vkj rhozkeh ; krk; kr l k/kuka l sfo'ocak] o dk okroj.k cukuseal gk; rk feyh gA oLr] ka dk vknku&inku djds oLr] ka dk vHko nj dj fn; k tkrk gA /kjry dh fo"kerk rFk tyok; qdh dBkj rk dsdkj.k , f'k; k ds i f'peh e/; vkj mRrjh Hkkx dscg] cMsfGLI sij tul ; k rFk ; krk; kr ds l k/ku de gA tS sVqMR rFk Vack eaLyst xkMk ea] s] fM; j d] r] e: LFkykaea] A/ x/kk i o] kavk] i gkMk Hkkxkaea?kk] s [kPp] rFk ; kd dk mi ; ksx fd; k tkrk gA bl dsfoijh r tki ku] phu] Hkkjr] i kfdLrku ea l Melka rFk jy ekx] dh vf/kdrk gA i e] k l k/ku bl idkj gS&

LFky ekx% l Mel vkj jyekxZ

, f'k; k ds i e] k vr] k] Vh; ekxZ bl idkj gA

#### l Mel ekxZ &

- 1- phu dk jske ekxZ & i hfdax l syk] dk'kxj gkrsgq : l h r] h] Lrku dks tkrk gA
- 2- i hfdax l sfl ; kud] p] v] g] k] r] s] g] Ygkl k dks tkusokyk ekxZ
- 3- i hfdax l s, d l Mel Dohpwek.Mysgkrsgq jaxu dks tkrh gA
- 4- bLrEcy & vdkj] , ylih & cxnkn] r] jku] d] v] yk] s] ] fnYyh gkrsgq dydRrk rd tkrh gA

#### jyekxZ %

- 1- Vka l kbcfj ; k jy ekxZ & , f'k; k dk ; g l cl syEck jyekxZ gA og ekLdka l s] yk] Mhck] Vd rd tkrk gA
- 2- nf{k.k l kbcfj ; k jyekxZ & ; g jyekxZ ekLdks l sl k] k] r] k] r] Fk e/; , f'k; k dse: LFky l sgkrk

gʷk rk'kdln rd tkrk gʷ

- 3- Vɹd dʃLi ; u jʷyexzrk'kdln l scɹ[kkj o v' dckn gkrk gʷk ; g jʷyexzɹdʃLi ; u l kxj ds i wɹ  
rV ij ØL=okMjd rd tkrk gʷ ; sjʷyexz l k ; xkø cɹkd gkrk gʷk fl xki j rd x ; k gʷ

**tyexz %**

Lost ugj Hkø/ ; l kxj vɹj yky l kxj dks tkMfH gʷ , f'k ; k l eqh ekxkɹ }kj k l d kj dsVl ;  
ekxkɹ l s t qMk gʷ

**ok ; q ekxZ %**

, f'k ; k dsl cl svf/kd 0 ; Lr vɹjkzVh ; ok ; økxZjkø l sɹkfjk gkrk gʷk eɹcbɹ dydRrk j xw  
cɹkd] gkxdkx l svkɹd ; k tkrk gʷ jkø l sb l dh 'kk[kk cs r] djkp[h] fnYyh gkrh gɹz dydRrk i gʷrh  
gʷ

4- **tul ɹ ; k , oam l dk forj . k %**

**tul ɹ ; k %** , f'k ; k egk}hi {k=Qy dh nʃV l sl cl scMk egk}hi gʷ bl dh tul ɹ ; k Hk  
l cl svf/kd gʷ bl dh tul ɹ ; k yxHkx 267 djkm+gʷ bl dsnf{k.k i wɹz Hkx vR ; f/kd ?kus cl sgʷ  
ijUrqe/ ; i'pe vɹj mRrj dsfo'kky Hkø&Hkx ea tul ɹ ; k vR ; r de gʷ ; gka tu ?kuRo 87 0 ; fDr  
fdeh gʷ

**forj . k &** , f'k ; k dh vf/kdkk tul ɹ ; k Hkjr mi egk}hi vɹj phu ea gʷ Hkjr mi egk}hi  
eaHkjr ckkykns k rFk us ky l fEefyr gʷ phu dh tul ɹ ; k , d vjc 20 djkm+dsyxHkx gʷ bl ds  
vfrfjDr tki ku] b.Mkøf'k ; k vɹj nf{k.k i wɹz , f'k ; k dsns k ?kus cl sgʷ , f'k ; k ea tul ɹ ; k dsforj . k  
ij tyok ; q/kjkry dh cukoV dk xgjk i Hkko i Mf k gʷ

7- **¼½ jgu&l gu %**

, f'k ; k dsmRrjh Hkx eaVqMk i ns k ea l køk ; M+ rFk ; kdr jsfM ; j i kyrsgårFk eNyh ekjdj  
thou fuokg djrs gʷ xfez kaeapeMk dsrEcq/ka vɹj t kMkøacQZ ds?kjkaejgrsgʷ i f'peh l kbcfj ; k  
ea : l h ykx dʃ" k ou rFk [kfut inkFkɹdsfodkl eayxsgʷ LVɹ l i ns k i 'kq kyu djrs gʷvɹj vPNs  
?kM+ okj gkrsgʷ

Hkjr h ; mi egk}hi dsyx [ksh] i 'kq kyu m | ks ] gLr dyk dk dk ; Zdjrs gʷ

8- **¼½ , f'k ; k ds iæ[k uxj &**

, f'k ; k ds iæ[k uxj fuEukuq kj gʷ&

**Vlɹd ; ks &** tki ku dh jkt/kkuh rFk l d kj dk cMk uxjA tul ɹ ; k , d djkm+l svf/kd gʷ

**vɹd kdk &** tki ku dk egkuxjA l w[h] j'skeh] diMkødk dlnA

**chftx &** phu dh jkt/kkuhA nɹ jsuEcj dk cMk uxjA

**l ækɹz &** phu dk l cl scMk cnjxkg phu dh ; kaxfVI h D ; kax unh dsegkus ij cl k gʷ

**cɹkd &** FkkbySM dh jkt/kkuh rFk iæ[k cnjxkgA

**fl xki j &** , f'k ; k dk cMk vɹj egRoi wɹz cnjxkgA

**t dkrk&** bM/køf'k ; k dh jkt/kkuhA

**jxu &** oekz dh jkt/kkuh rFk iæ[k cnjxkgA

vU ; uxjkaea <kdk] djkp[h] cxnkn] ts l ye] rk'kdln] dydRrk] eɹcbɹ fnYyh] entl iæ[k gʷ

## i qjkoykdu

### ¼ exz fo'kkrk, ½

- 1- ; g fo'o dk l cl scMk egk}hi gA ; gka268 djkm+l shkh vf/kd ykx jgrsgA ; gkadk tu ?kuRo 87 0; fDr ifroxZfdykehVj gA
- 2- ; gkafo'o dk l okPp f'k[kj ekmaV , ojtV ¼8]848½ ehVj Åpk gSrFkk l cl suhpk Hkx er l kxj l epzry l s390 ehVj uhpK gA
- 3- , f'k; k eagh , d xax o fl akqdk fo'kky ehku gSrksnt jh vjg xkch vjg Fkj dk e: LFky Hkh gA
- 4- ; gkafo'o dk l okZ/kd o"kkZ okyk LFku eksI ejke o pjki nch ¼Hkkjr½ ¼014 l eh okf"kd½ rFkk l cl sU; ure o"kkZ okyk {ks= LFky vnu ¼5 l eh okf"kd½
- 5- ; gka l nckgkj ouka l sydj VqMk tS h ouLifr ikbz tkrh gA
- 6- ; gkam".k dVhcdkh; l sydj 'khr dfVcdkh; Ql yagkrh gA
- 7- , f'k; k eagh Hkkjr vjg phu tS sfo'kkyre tul q; k okysnSk gSrFkk Fkj dk e: LFky o VqMk inSk Hkh gS tgcadh vkcknh u dscjkj gA
- 8- , f'k; k eagh fo'o ds l Hkh /kekZ dk mn; , oafodkl gqkA
- 9- ; gh fo'o dh ikphure l ldfir; kaQyh vjg Qyha tS sfl akq?kkVh cohkyfu; u ntyk Qjkr] vl hfj; u] l eSj; u] vk; I nfoM+vjg phuh l H; rk vkfnA
- 10- ; gkadk ; 'k] Kku vjg xkso fo'o dspjkavkj QSykA

iZu&1 , f'k; k dh fl pkbZ o fo | r {ks= dh mi yfC/k; ka crkb, A

mRrj

-----

-----

iZu&2 , f'k; k dh df"k mi tkadk mYyq[k dhft, A

mRrj

-----

-----

iZu&3 , f'k; k m | ksx /kalka dk l qki ea o.kZu dhft, A

mRrj

-----

-----

iZu&4 , f'k; k ds ied[k vrjkZVh; Hkkxkadk l qki ea mYyq[k dhft, A

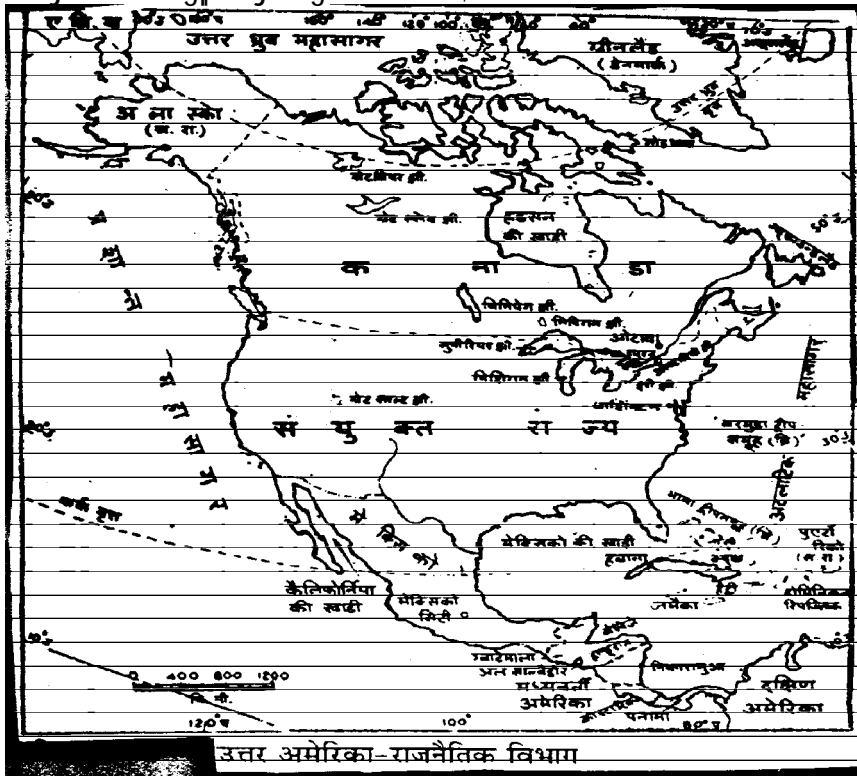
mRrj

### mi bdk&2

; yki

l kelj; ifjp;

; yki egk}hi Nks/k gkrsgg Hkh fLFkr dsdkj.k egRoi wkZegk}hi g& l ?ku vkcknh gkrsgg Hkh l Eilu g& bl dk e[; dkj.k ; gkadh mRre tyok; qRfkk d[ky v[; ifjJeh turk g& bl egk}hi dsQka ] teZuh rFkk b[ysM fi Nyh dbZ 'krkfCh; ka l svkxsgsg& l H; rk l kdfrr , oam | kx /kalka dh nFV l s; yki egk}hi fo'o dk l cl si xfr'khy egk}hi g& ; g egk}hi if'peh xsk)Zdse/; fLFkr gSrFkk vU; egk}hi kads l kfk l eph v[; ok; qekxk[ }kj k ; yki okl l ; kadsfopkj] vknsyu v[; vkfo"dkj l d kj dsnu jsHkxka ea i gps v[; mUgai Hkkrfor fd; kA



fl pkbz %

; yki egk}hi eavks] kfxdhj.k vf/kd gkrsgg Hkh l ?ku tul [; k dsdkj.k df"e ai xfr gpZ g& ; yki egk}hi eaufn; kavf/kd gSftueal kyHkj ty i pkfgr gkrk g& vr%ufn; kaij cka k cukdj ugjafudkyh xbZgftul sdf"e grqfl pkbz dh tkrh g&

fo | r &

; jiki egk}hi eadks yk i; klr ek=k eafudkyk tkrk gSbl fy, dks ysl sfcetyh cukbz tkrh gSrfkk ufn; kaij ckdck cukdj ty fo| r cukbz tkrh gA l kS Åtkzrfkk iou pfDd; kaI shk fo| r dk dke fy; k tkrk gA ; gh dkj .k gSfd ; jiki m | ks /kalkaeamUufr 'khy gA ; jiki fo| r mRi knu eavxzkh gA

### dfk %

; jiki eady {ks=Qy dsyxHkx , d frgkbZHk&Hkx ij [krh gkrh gA ; jiki dh l cl siædk Ql y xsggA xsgds iædk mRi knu {ks= l kfo; r l æk ea; wdsu] Qkd ea isj l cfl u ; jiki dk fo'kkyA de mi tkÅ okyh Hkfe ij tksjkbzd [krh gkrh gSppUnj vls vkywdh tMekyh iædk Ql yagA pqlhj l sphuh cukbz tkrh gA

; jiki ea l c] tS w] vahj] vxij] vkywvks l rjsHkjh ek=k eamxk, tkrgA

m | ks & m | ks dh nfV l s; jiki egk}hi cgr gh mUufr'khy gA ; gkaHkjh m | ks vks y?kq m | kskaeaHkjh l æ; k ea yks yxsgg gA Hkjh m | ks ea ysgk bLi kr bkySM Qkd ] teZuh l kfo; r l æk ea rFkk bVyh cFYt; e] pdkkyokfid; k] ikySM ea bLi kr curk gA jsy batu] fMCck; eksj xkfM+ ka ty; kuka vU; e'khuka dk fuekZk gkrk gA

### 0; ki kj &

; jiki ns kkaeavf/kdrj rS kj eky dk fu; klr fd; k tkrk gA tS se'khuka ds dyi qz cMh cMh e'khua nokbz ka vkfn rFkk dPpk eky [kk | inFKz pk; ] dkQh] tW vkfn vk; kr dh tkrh gA

### ; krk; kr ds l k/ku &

; jiki egk}hi ea; krk; kr ds l k/ku fuEukuq kj gA&

- 1- LFky ekxZ
- 2- ty ekxZ
- 3- ok; q ekxZ

### LFky ekxZ %

l Mel ; krk; kr rFkk jsy ; krk; krA

### tyekxZ &

vkrfjd tyekxZ ufn; ka }kjk ; krk; krA

ckg; tyekxZ & l eph tyekxZ & ; jiki l eph ekxZ }kjk fo'o ds l Hk ns kka l s tMk gqk gA

### gokbz ekxZ &

; jiki l sgkdj mRrjh vesj dkl nf{k.kh vesj dkl vkLVsy; k] vQhdk rFkk , f'k; k dks ok; ækxZ tkrk gA ; krk; kr dh bu l fo/kkvkaus ; jiki dks fo'o ds l Hk egk}hi ka l s tkM+fn; k gSft l l sbl dk fo'o eavi uk fo'kV LFku gA

### tul æ; k &

; jiki ea tul æ; k dk ?kuRo l cl svf/kd gS jUrqfo'o dh 13% tul æ; k gh fuokl djrh gA bl dk fo'kky eñku ?kuk cl k gStcfd mRrjh ; jiki dsvf/kd ?kuRo okys6 ns k gSuhnjySM] oFYt; e] teZ l æh; x.kjKT; ] ; wkbVM fdaxMej bVyh rFkk teZuA

### jgu & l gu

; jiki okfi ; ka dk jgu&l gu mPp Lrj dk gA

**ie[k uxj &**

; jiki egk}hi dsie[k uxjkaeynu] i[sj l] cfyZu] jke] e[MM] okj l k] fo; ] vki yk} gfyI dh] y[uxM] c[ki L] LVkdgke] cyxM] eupLvj] cfe?ke] cku vkfn gA

i qjkoykdu

- 1- ; jiki Nks/k egk}hi gksrgg Hkh l ?ku l Ei lu gA bl dk eq; ; dkj .k ogkamRrjh tyok; qvks dtky Je gS tks ifjJeh gA
- 2- tgka df"k gsrqfl pkbZ l k/ku mi yC/k gA rFkk ; g egk}hi fo | r mRiknu ea vxzkh gSftl ds QyLo: i m | ksx /kaksmlur' khy gA
- 3- ; gka , d frgkbZ Hkhkx ij df"k gsrh gA ; jiki dh l cl sie[k Ql y xgm dh gA
- 4- l Hkh izdkj dsm | kska dh n"V l s ; jiki cgr mlur , oal Ei lu gA
- 5- ; jiki vf/kdrj e'khu} dyi qe} nokbZ ka dk fu; k}r vks dPpsky] pk; dh vkvkn dk vk; kr 0; ki kj djrk gA
- 6- ; gka; krk; kr ds l k/ku LFky] ty] ok; q l Hkh i ; k}r , oamur' khy gA l Hkh ok; qekxZ; gka l svll; egk}hi ka dks tkrsgA
- 7- ; | fi ; gka tul q; k dk ?kuRo l okZ/kd gSfQj Hkh fo'o dh ek= 20 ifr'kr vkcknh ; jiki ea fuokl djrh gA l Hkh dk jgu&l gu mPp Lrj dk gA

**ikBxr izu**

izu&1 ; jiki dh df"k mi tka dk mYyq[k dhft , A

mRrj -----

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izu&2 ; jiki dsm | ksx /kaka dk mYyq[k dhft , A

mRrj -----

-----

-----

izu&3 ; jiki ds ; krk; kr ds l k/kuka dk mYyq[k dhft , A

mRrj -----

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## मि बल्ब मर्र्ज् वेस्र्ज् लेल्; इफ्;

; गेक्}हि ; इक् द् <कल्खुक् व्ग् , फ'क; क् द् यल्ह्क् व्/क् ग् बल् द् द्ग् {क=Qy 2 द्ज्क/ 49 य् [क ओल्द-ए- ओल्दय्केव् ग् मूक्ज् वेस्र्ज् 1° ल 80° मूक्ज् व् {क्कक् मूक्क्कक् द्से/; Qy ग् बल् द्स्मर्र्ज् एमर्र्ज् /क् एक्ल क्ज्} इल्वेव्क्व्द ; ग्कल क्ज् न् {क.क एय्स्वु वेस्र्ज् व्ग् इ'फेह एअिल्कर एक्ल क्ज् फ्ल्क् ग्



फिल्कल् &

व्/क्कक् द्फ'क फिल्कल्}क्ज् द्ह त्क्ह ग् क्म&कम्सक्केल्ग्फ्तु इ ज् ए'क्हुकल स्द'क् द्ह त्क्ह ग्

फो|क् &

फो|क् मर्र्कनु द्ह न्'व ल् स्मर्र्ज् वेस्र्ज् फो'ो द्क ल् क्ल स्कल् फो|क् मर्र्कन्द एक्}हि ग् त्ग्क त्ग् फो|क्] द्क् य् ल् स्फुएल् फो|क् ल् क्ग् आत्कल्, व्क्फेद 'क्फ्द्र द्क व्क्ज् ह्क.मक्ज् ग्कुसल स्मर्र्ज् वेस्र्ज् फो'ो द्क ल् ओल्द्रेकु एक्}हि ग्

**df"k &**

df"k dh nf"V I sHkh mRrj vefjdk dk fo'o ea iEke LFkku gA I a D r vefjdk vj\$ dukMk feyjdj df"k QI ykadk I okZ/kd mRi knu djrs gA; gkaxgweDdk di kl fo'o dk I cl svf/kd mxk; k tkrk gA eDdk dk mRi knu I qjka dsfy, fd; k tkrk gA

**m | ks /kks &**

mRrjh vefjdk eafuEu m | ks feyrsgA&

ykgk bLi kr m | ks & I a D r vefjdk ea ykgk bLi kr m | ks cgr mluf r'khy gA fi V t oxZykgk bLi kr fuekZk dk fo'o dk I cl scMk dlnz gA M\$R; V fo'o dk eks/j cukusdk dlnz dk gA f'kd kxkz esbatu o df"k ds vkStkj curs gA f'kd kxkz fo'o ifl ) eka dh eMh gA

; gka di M\$ m | ks jkl k; fud m | ks] dkx t] m | ks] peM\$ m | ks i e d k gA

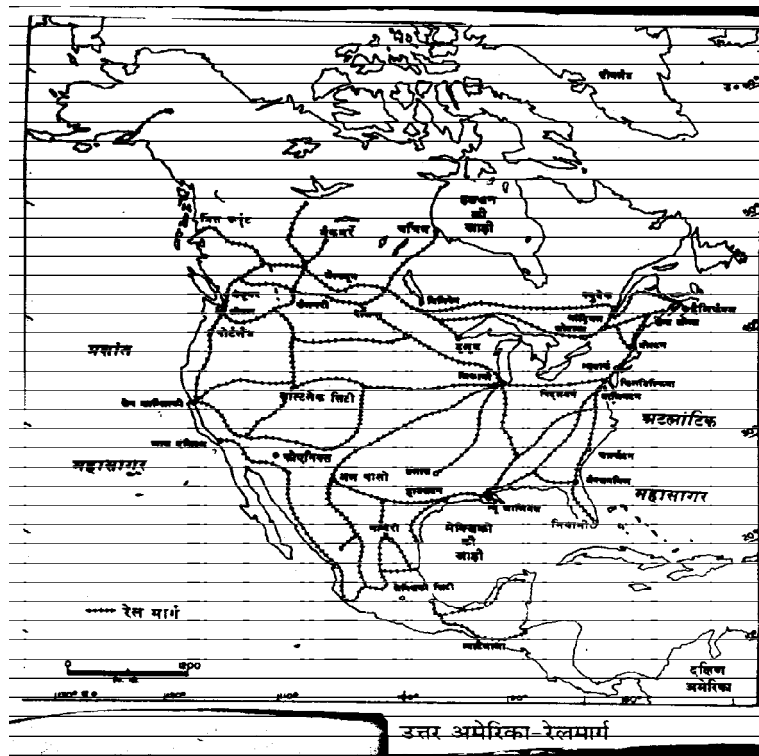
**0; ki kj &**

mRrjh vefjdk fo'o ds l elr ns kka ds l kfk 0; ki kj djrk gA I a D r jkT; vefjdk cM\$ cM\$ e'khuk\$ eks/j dkj] ty; ku ok; q ku j\$y] j\$y kacs fMcc\$; ; D dh I kefxz karFkk nokbz kavkfn fu; kZ djrk gA [kk | ku] di M\$ eka ] dkx t vkfn Hkh fu; kZ fd; k tkrk gA

**; krk; kr ds I k/ku &**

mRrjh vefjdk ea; krk; kr ds fuEufyf [kr I k/ku gA&

- 1- LFky ekxZ & I Mel vj\$ j\$y
- 2- tyekxZ & I epz ekxZ & ufn; kaugjA
- 3- ok; ekxZ & ok; ekxZ



mRrjh vešjdk eašyšk I Melkadk tky I k fcNk gA ; gkadk iR; d uxj I Mel vkš jšyexZ }kjk , d nš jsl stMk gA ; fu; u iŠ fQd jšyexZrFkk dušM; u iŠ fQd jšyexZmRrjh vešjdk dks iWZl si f'pe rd vkj&ikj xbzgA vkarfjd Hkkxka eaufn; kavkš >hykadksugjka }kjk , d nš jsl stMk+fn; k x; k gA tgdak I Ei wkZ 0; ki kj blghašyšk I Melkavkš ufn; kads }kjk fd; k tkrk gA

**tul ĩ; k &**

mRrjh vešjdk dk nf{k.kh iWZlHkkx ?kuh tul ĩ; k okyk gšrFkk i f'peh jkdh ioš Jĳkykva okyk {ks= rFkk mRrjh VqMk inš de tul ĩ; k okyk {ks= gA ; gkadsyškka dh ifr 0; fDr vk; fo'o ea vf/kd gks I sjgu&l gu dk Lrj Āpk gA

**iēk uxj&**

mRrjh vešjdk dsfuEufyf[kr iēk uxj gS& ¼½ U; w kdĳ ½½ okf'kakVu] ¼¾½ cktVu] ¼¾½ fi VI cxĳ ½½ f'kdckš ½½ U; w vkfy; UI ] ¼¾½ I suQkĳ I dks ¼¾½ ykW , itYI ] ¼¾½ vkš/kok] ¼¾½ fofu; kx ¼¾½ cĳh] ¼¾½ ešD I dks ¼¾½ ekW<sup>a</sup>; y

**i qjkykdu**

**¼ exz fo'kškrk, ½**

- 1- mRrjh vešjdk ; jki dh rjg I Ei Uu gA ; gkae'khuka I s [kšh gkšh gA
- 2- fo | r mRi knu dh n f'V I smRrjh vešjdk fo'o dk I cl scMk fo | r mRi knu egk}hi gA
- 3- ; gkam | kx /kaksfodfl r vkš mUur'khy gA ykš bLi kr m | kx mUur'khy gA f'kdckš ykš bLi kr vkš fo'o ifl ) eka dh e.Mh dsfy, fo[; kr gA
- 4- ; gka0; ki kj c<k&p<k vkš ; krk; kr ds I k/ku mUur'khy gA
- 5- budk mRrjh iWZlHkkx ?kuh vkcknh okyk gš tcf d jkdh vkš VqMk {ks= de tul ĩ; k okyk gA
- 6- ; gkadsyškka dh ifr 0; fDr vk; fo'o ea vf/kd gks I sjgu&l gu dk Lrj Āpk gA
- 7- U; w kkdĳ f'kdckš I su] Qkĳ LdkšyW , itYI ] vkš ekaV<sup>a</sup>; y uked fo'o ifl ) uxj ; gh gA

**iBxr iZu**

iZu&1 D; k dkj .k gšfd fo'o ea I cl s vf/kd I Ei Uurk mRrjh vešjdk ea gA

mRrj -----  
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iZu&2 mRrjh vešjdk dh d f'k dk I ĳki eamYyĳk dh f t , A

mRrj -----  
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iZu&3 mRrjh vešjdk dsfdUghapkj m | kx /kalka dsuke fyf[k, A

mRrj -----  
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iZu&4 f'kdckxh D; ka ifl ) gS\ ¼nks dkj .k crkb, A½

mRrj -----  
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mi bdk&5  
nf{k.kh vešjdk  
I kelU; ifjp;

nf{k.k vešjdk I d kj dk pkkk cMk egk}hi gA bl dk yxHkx nksfrgkbZ Hkx fo"kp r oRr ds  
nf{k.k eam".k dfVc&k eaQSyk gA

nf{k.k vešjdk} vešjdk} ešDl dks vkš d'lvbMlIt dks feykaj yšVu vešjdk dgrsgA



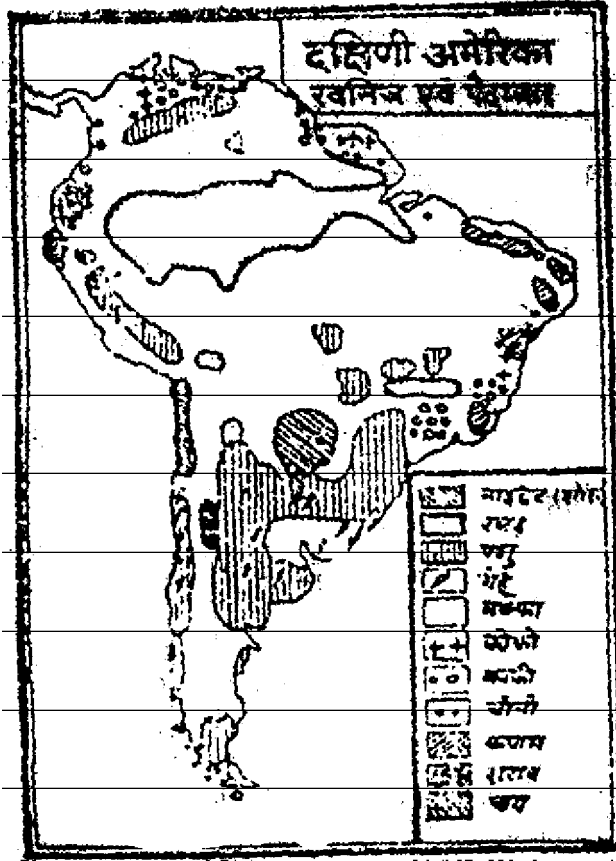
nf{k.k vešjdk dsmRrj eamRrjh vešjdk} i wZeavVykaVd egkl kxj] i'pe ea iz kkar egkl kxj  
vkš nf{k.k eav&kd'Vd egkl kxj gA

fl pkbZ &

nf{k.k vešjdk eafI pkbZ ds I k/kukadk vHko gA vkš kšudkš vestu] i jkuk] i jkXosufn; kacs ty  
dks fl pkbZ ds mi ; kx esfy; k tkrk gA

fo|q &

ty fo|q dk mRiknu d'N o"kk& I snf{k.k vešjdk eac<k gA ckthy] vt'vhu] i jkXos vkš  
oastyk eadbZ cM&cM& ty fo|q cuk, x, gA fo'kš : i l skthy eadbZ ty fo|q ; kst ukvka dk



fodkl gqk gA  
df"k &

nf{k.k ve\$jdk dk dny {ks=Qy dk 10% Hkkx gh [krh ; kx; gA vf/kdrj [krh ; kx; Hkfe vt@Vkbuk vk\$ m#Xosea ikbz tkrh gA

xgmvk\$ eDdk nf{k.kh ve\$jdk dh eq; QI y gA xgvdh [krh vt@Vkbuk vk\$ fpyh eagkrh gA eDdk I cl svf/kd ckthy eagkrh gA ey : i I seDdk nf{k.k ve\$jdk dh QI y gA

dgok] xluuk dkdksvk\$ dyk bl egk}hi dh ieqk udn QI ysgA dgok vk\$ xluuk dscM@cMs jki M+{ks= gA

m | ks /kks &

nf{k.kh ve\$jdk I s[kfutkadk cgr cMk Hkkx fu; kr dj fn; k tkrk gA D; kd budh [ki r djus okys m | ks /kka dh vkh deh gA

0; ki kj &

vt@Vkbuk eaek ] xg] vyl h rFk Åu fu; kr fd; k tkrk gA e'khu] ekVj] ykgk rFk bLi kr] jI k; u] nokb, kavfn vk; kr dh tkrh gA ckthy I sdgok ieqkrk I sfu; kr fd; k tkrk gA e'khu

mi dj.k vk; kr djrk gð custqyk [kfut ry dk fu; kð djrk gð

; krk; kr ds l k/ku &

nf{k.kh veşjdk ea; krk; kr ds l k/kuka dk fodkl ughagqk gð foLr fo"koðrh; ou bðkst dh Åph Åph i oð ekyk, avkş i ðhzmPp Hkñe vestu unñ dh nynyh Hkñe jş ekxlð, oal Melkadsfodkl eaçk/kd gð døy vestu nkskh vkş ufn; ka; krk; kr ds l Lrs l k/ku gð vt ðVhuk vkş çkthy dseñkuka ea jş ekxlð vkş l Melks dk fodkl gqk gð

**tul ð; k &**

nf{k.k veşjdk ea eð; r%rhu iztkfr; ka ds ykş jgrsgð bðM; u] v'or vkş ; jki h; A

nf{k.kh veşjdk dh døy tul ð; k yxHkx 30 djkm+gð ; gka tul ð; k dk vkş r ?kuRo 16 0; fDr ifr fdykehVj gð yxHkx vk/ks egk}hi ea tul ð; k dk vkş r 21 0; fDr ifroxZfdykehVj l s Hkh de gð nf{k.k veşjdk ea l çl svf/kd vkcknh okyk {ks= rVka ds i kl gð çMh l ð; k ea ykş xkøka ea jgrsgð vkş [krh djrgð 'kgjh {ks=ka vkş çnjxkgkar Fkk jkt/kkfu; ka ea ykş ka dh l ð; k çgr ç<+xbz gð

**iæðk uxj &**

¼½	fj; kðMtsujks	½½	C; ul vk; l Z	¾½	l ðUV; kxks
¼½	okyijstks	½½	yki kt	¾½	, UVkQkxLVk

## i qjkoykdu

¼ exz fo'kðkrk, ð

- 1- ; gkaf l pkbz vkş ty fo | r dh deh gsrFkk egk}hi dk ek= 10 ifr'kr HkðHkx gh d f" k ; kx; gð
- 2- xgð vkş eDdk nf{k.kh veşjdk dk eð; Ql ya gð
- 3- bl egk}hi l s [kfut fu; kð fd; k tkrk gð ; gkam | kş fi NMs-gq gð
- 4- nf{k.kh veşjdk ds l Hkh nðkka ea; krk; kr ds l k/ku vHkh vfodfl r gð
- 5- ; gkadh vkcknh yxHkx 37 djkm+18 yk[k gsrFkk tu ?kuRo 21 0; fDr ifroxZfdykehVj gð
- 6- ; gkads iæðk uxj fj; kðMtsujkş C; ul vk; l Z vkş l ðVh; kxks gð

7- fodkl dh n"V l svHkh ; g egk}hi fi NMk gvk gA

**iBxr izu**

izu&1 nf{k.k vesjdk dh df"k mi tka dk mVy{ k dhft , A

mRrj  
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izu&2 nf{k.kh vesjdk dh tul q ; k dh fo'kSkrrk, acrkb, A

mRrj  
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izu&3 nf{k.k vesjdk vHkh fi NMk vk\$ l eL; kxLr g\$ Li "V dhft , A

mRrj  
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**mi bdk&6**

**vQhdk**

**I kelU; ifjp;**

, f'k; k egk}hi dsckn l cl scMk egk}hi vQhdk gA l Ei wkzLFky dk yxHkx chl i fr'kr Hkx vQhdk ea gA bl dh tul q ; k Hkkjr dh tul q ; k l syxHkx 3@5 Hkx gA

; g egk}hi iozka i Bkjk oukarFkk nynyka dskj .k fo'o dk l cl sfi NMk egk}hi dgykrk gA e: LFky pkjksvk\$ QSyk gA ; gkafi pkbzds l k/ku ughadscjkj gA doy uhy unh ij cMscMscck k cukdj ugjafudkyh xbzgsvk\$ feJ dse: LFkyh; Hkx dh fl pkbz }kjk gjk&Hkjk cuk fn; k x; k gS bl fy, uhy unh dksfeJ dk ojnku dgk tkrk gA



**fl pkbz &**

vQhdK egk}hi dk vf/kdkak Hkkx I v[kk gSyfdu o"zHkj cgusokyh ufn; kadk ty fl pkbz ds dke vkrk gA tS suhy unhA uhy unh ij ckak cukdj fl pkbz dh tkrh gA ukbtj unh dk ty Hkh fl pkbz dsfy, mi ; kx eavkrk gA

**fo|q &**

uhy] ukbtj rFkk tosth ufn; kaij ckak cukdj fo|q iSk dh tkrh gA

**df"k &**

; gka df"k eafofHku QI yamxkbz tkrh gA eDdk] xgji pkoy vkSj Tokj dh iSkokj gkrh gA udnh QI ykaeark<+dk rSy] eKQyh] dkdks dgok] diK egROI wkZ gA diK uhy unh dh ?kkVh ea mRre fdLe dk gkrk gA

**m | kx /kaks &**

m | kxkadh n"V I svQhdK , d fi NMk egk}hi gA igkMh] iBkjH rFkk e: LFkyH Hkfe gA dgHa nyny gSrksdghal ?ku ou gA tyok; qvLokLF; dj gA ; krk; kr dsI k/kukadk vHko gksusI sm | kxka dk fodkl ughagyk gA



**0; ki kj &**

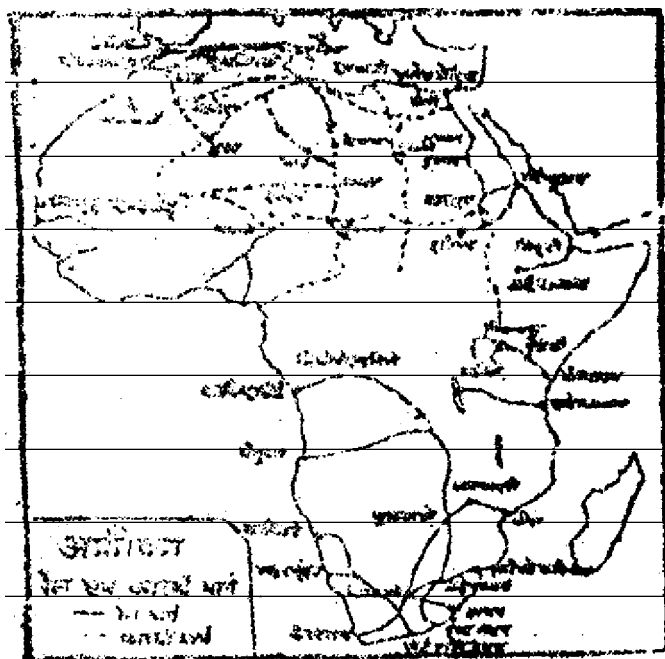
vQhdk egk}hi vf/kdrj rš kj eky gh vk; kr djrk gA dPpk eky ; gkadsns kkal sfu; kŕ fd; k tkrk gA

**; krk; kr ds I k/ku &**

vQhdk ea; krk; kr dsi; kŕ I k/ku ughagA folrŕ e: LFky vŕš ?kusou I Melkavŕš jsyekxkš dsfodkl eauby vŕš ukbtj ufn; kadŕy LFkkuh; ; krk; kr dsfy, gh mi; kxh gA mudsekkš ea ty vi kŕ gA vr%ukoaughapykbz tkrh gA ; gkadŕy dš & dŕfgjk jsyekxZgh egRo i wkZ gA tksfd 8800 fd-eh- yEck gA

**tul ŕ; k &**

vQhdk egk}hi fojy tul ŕ; k okyk egk}hi gA ; gka tul ŕ; k dk ?kuRo vŕš ru 18 0; fDr ifr oxZfdykŕVj gA bruh de tul ŕ; k dkj.k HkkSkŕfyd i fjfLFkr; kadsmRrj ea l gkj k e: LFky nf{k.k ea dkygkj h e: LFky vŕš ?kusou rFkk nynyh Hkkŕe ck/kd gA nf{k.k vQhdk rFkk feJ eauby unh dh ?kkVh dh tul ŕ; k vf/kd gA



**iŕŕk uxj &**

iŕŕk uxj kaedŕfgjk] dš Vkm] fl dnfj; k] f=i ksyh] V; [ul ] vfnl ] vckck] fdEcjy; tksjd cx] ujkŕh] gjkj; [kkri] iŕŕk gA

**i qj koykdu**

**1/2 exz fo'kŕkrk, 1/2**

1- vQhdk , f'k; k egk}hi dsckn fo'o dk l cl scMk egk}hi gA

- 2- ; gkaf'o dh I Ei wkZ vkcknh dk 2@3 Hkkx fuokl djrk gA
- 3- bl egk}hi dk vf/kdka k Hkkx Hkkx I v[kk gA fl pkbZ ds I k/kukao fo | r dk vHkko gA
- 4- ty fo | r uhy ukbtj rFkk tsth ufn; kads ty dksckak cukdj i shk dh tkrh gA
- 5- ; gkaf'k fi NMh gA eDdk] xgjh pkoy vkj Tokj dsvykok di kl ] emQyjh dgok o dksckdh Ql yaiez[k gA
- 6- m | kskadh nf"V I svQhdk cgr fi NMh egk}hi gA ; gkadh tyok; qvLokLFkdj gSbl fy, m | kx ; krk; kr vfodfl r gA
- 7- 0; ki d nf"V I s; g dPpseky dk fu; krd vkj cuh gpbZOLrpkadk vk; krd egk}hi gA
- 8- ; | fi [kfut I Ei lu gSfQj Hkh fi NMh gA ; gkaf'o i fl ) I kus dh [kkus gA
- 9- ; gkadh dy tul [; k yxHkx 105 djkm+gSrFkk tu ?kuRo vkj re 18 0; fDr oxZfdykehVj gA
- 10- dkfgjk] ds Vkmuj f=i kyk] vfnl ] vckk] fdEcjy] gjkjsrFkk ujksh ; gkads i fl ) uxj gA

### iBxr itu

izu&1 vQhdk dh df'k mi tka dk mYys[k dhft, A

mRrj

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izu&2 vQhdk dh tul [; k dh fo'kkrk, afyf[k, A

mRrj

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izu&3 vQhdk dsfi NMh u dsrhu dkj .k crkb, A

mRrj

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**mi bdk& 7**

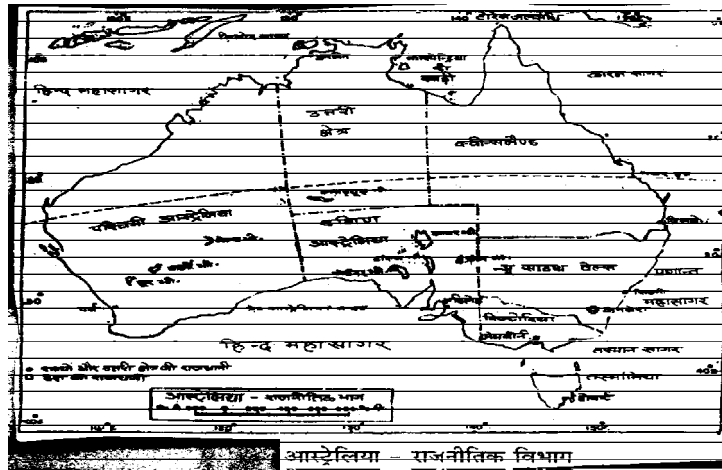
**vkLVšy; k**

**I keW; ifjp;**

vkLVšy; k I cl sNks/k egk}hi gA ; g egk}hi ijh rjg I snf{k.k xksyk) ZeafLFkr gA vkLVšy; k] U; ut:hyM rFkk vki i ki ds }hi ka dksfeykdj vkLVšy; k dgk tkrk gA

**fi pkbz &**

vkLVšy; k eacgr cMshkx eacgr de o"kkZgkrh gA dby 4 i fr'kr Hkfe ea [krh gkrh gSyfcd u ; gka ds ykxka us vi uh I hfer Hkfe vkš ty I k/kuka dk vPNk mi ; ksx fd; k gA cMh ufn; ks ij vucl ckd cuk, x, gA bul si kuh ugjka }kjk [ks kard i gpk; k tkrk gA ufn; ka ij ckd cukdj ty fo | r rš kj dh tkrh gA



**vkLVšy; k**

**df"k & mit**

vkLVšy; k Hkjr dh rjg df"k i zku nš k gA ; gvavr vk/kqud vkš oKkfud rjhds I s [krh dh tkrh gA [ks cMscMsgšftuae' khukadk mi ; ksx fd; k tkrk gA ; gka tul ā; k de gSbl fy, e' khuhdr df"k dh tkrh gA e[; Ql ykaea xsggA bl nš k I xsgmCm ek=k eafu; kr fd; k tkrk gA tš] tš] vkš eDdk ; gkadh [kk | Ql ys gA pkoy fi apr {ks= eamxk; k tkrk gA xlu] rEckdwrFkk d i ki | Dohl yM eai šk gkrsgA Qykaeavlukul ] dšy] i i hrk] I c] vaxij] I rjš; nf{k.k ds 'khrkš.kdfVcdkka {ks=ka ea i šk fd, tkrsgA

**m | ks &**

vkLVšy; k i z[k vkš] kšxd nš kkaea l s, d gA ; gkadm | kskaea ykš] bLi kr] df"k I cdkh e' khuj eks/j xkfM+ kafctyh dk I keku] j I k; u] dkt] ty; ku] e' khuh mi dj.k vkš ifj"dr ršy dsdkj [kkus gA

**0; ki kj &**

vkLVšy; k ds I Hk i karkadh jkt/kkfu; ka l epzrV ij fLFkr gA os vPNscmjxkg Hk gA 0; ki kj

dsdkj.k fl Muh vksj esyckszuxjkadk rsth l sfodkl gqk gÅ Åu dsfu; kÅ ea vLVsy; k dk igyk LFkku gÅ vU; ea xgÅ nÅk ds mRi kn] eka ] e'khuar Fkk [kfu tA

; krk; kr &

vLVsy; k ea; krk; kr dk eÅ; l k/ku jsy gÅ bl egk}hi dk , d ek= vrj egk}hi jsyekxZ ¼/RW vLVsy; u jsyo½ gÅ ; g jsyekxZ fl Muh l s i FkZ rd tkrk gÅ bl dh dny yEckbz pkj gtkj fdykehVj gÅ vLVsy; k ds jkT; ka dh l Hkh jkt/kkfu; kavksj eÅ; uxj , d nÅ js l s tM/s gÅ

**tul Å; k &** ; | fi vLVsy; k dk {ks=Qy Hkkjr ds {ks=Qy ds nÅkus l s Hkh vf/kd gSfdUrqb l dh tul Å; k Hkkjr dh tul Å; k l scgr gh de gÅ bl dh tul Å; k yxHkx nks djkm+gÅ ; gka tul Å; k dk vks r ?kuRo 2 ifroxZfdeh gÅ 'or ulfr dsdkj.k vLVsy; k l scgkj ds ykxka dks; gkacl usugha fn; k x; k gÅ ; gka fd vf/kdkak tul Å; k uxjka eafuokl djrh gÅ

**iÅk uxj &** fl Muh vLVsy; k dk l cl scMÅ uxj gÅ i Fke Jskh dk cÅjxkg gÅ ; g U; w l kmFk oÅ l dh jk t/kkuh gÅ vU; uxjka eafuokl dsucjk] , MhyM] esycksz dkyxnyhZ dny xkMhZ Mfcu iÅk gÅ

### i qjkoykdu

#### ¼ exz fo'kÅkrk, Å

- 1- vLVsy; k fo'o dk l cl s Nk/k egk}hi gÅ
- 2- ; gkacgr cMÅ Hkkx eacgr de o"kkZ gkrh gSfdUrq [krh mlur gÅ
- 3- fl ÅkbZ vksj fo | Å ds l k/ku mi yC/k gÅ ufn; ka i j cÅk cuk, x, gÅ
- 4- vLVsy; k Hkh Hkkjr dh rjg dÅ" k i Zkku gSfdUrq; gka oÅk fud rjhdks l sdf" k gkrh gÅ
- 5- ; gka dh eÅ; Ql yka ea xgÅ gSft l dk cMÅ ek=k eafu; kÅ gkrk gÅ
- 6- ; gka m | ks /kaka fodfl r gSfdUrq vesj dk vksj ; jki dh rnyuk eadeA
- 7- vLVsy; k ea; krk; kr dk eÅ; l k/ku jsy gÅ l MeÅ Hkh fodfl r gÅ
- 8- ; gkads 0; ki kj vfHkof) dsdkj.k fl Muh vksj esycksz uxjkadk cMÅ rsth l sfodkl gqk gÅ
- 9- tul Å; k dh nÅ"V l svLVsy; k fi NMÅ gÅ ; gka dh tul Å; k yxHkx 2 djkm+rFkk tu ?kuRo vks ru 2 0; fDr ifroxZfdehVj gÅ
- 10- ; gkads iÅk uxj fl Muh] esycksz i FkZ dsucjk vkfn gÅ

#### i kÅr i zu

i zu &1 vLVsy; k D; kamÅur'khy gÅ\

mRrj \_\_\_\_\_  
 \_\_\_\_\_

i zu &2 vLVsy; k dh dÅ" k dh D; k fo' kÅkrk, agÅ\

mRrj \_\_\_\_\_  
 \_\_\_\_\_

iZu&3 vKLVfy; k dsm | kx /kalka dk mYyqk dhft, A  
mRrj

**bdkb&2**

**¼½ vRe ijh{k.k izu  
mi bdkbZ & 2-1 y?kq mRrjh; izu**

uhps fy[ks izu& ds mRrj I qki ea fyf[k, A

- 1- , f'k; k dks fo'kerkvka dk egk}hi dgs tkus ds dks&dk& I sdj.k g&\
- 2- , f'k; k egk}hi dks I sv{kk&k vkj ns'kk& ds chp fLFkr g&\
- 3- , f'k; k ds ekufp= ea xlu[k] pk; ] di kl mxkus okys {ks=ka dks n'kk&, A
- 4- , f'k; k m | kx /kalka ea fi NMk g&k g& dkj.k fyf[k, A
- 5- ; krk; kr ds I k/kuka I sD; k ykHk g&\
- 6- fuEufyf[kr jyekx& ds chp nk&nks LV&kuka ds uke crkb, A  
¼½ V& I kbcfj; u jyekx& ¼½ V& ds Li; u jyekx&

**mi bdkbZ & 2-2**

- 1- ; jki ea fi pkbZ ds dkbZ nks i&[k I k/ku crkb, A
- 2- ; jki dh i&[k QI yka ds uke fyf[k, A
- 3- ; jki ds dkbZ nks i&[k m+ k&ka dk I qki ea o.ku dhft, A
- 4- ; jki I sfu; k& g&so kyh nks oLr&ka dk uke fyf[k, A
- 5- ; jki dh tul q; k dh i xfr ds pkj dkj.k crkb, A
- 6- D; k dkj.k g&fd ; jki fo'o dk I cl smUr'khy egk}hi g&\

**mi bdkbZ & 2-3**

- 1- mRrjh vej&dk ekufp= ea n'kk&j fuEuk&dr uxj&ka dh ifl f) dk dkj.k fyf[k, A  
¼½ ok&'ka Vu ¼½ U; w kdZ ¼½ f'kd&xks
- 2- D; k dkj.k g&fd mRrjh vej&dk fo'o dk I cl svf/kd 'k&Dr'kkyh egk}hi g&\
- 3- mRrjh vej&dk ds fdUgh&nks m | k&ka ds uke crkb, A

**mi bdkbZ & 2-4**

- 1- vQ&dk egk}hi vfodfl r g& dkbZ pkj dkj.k fyf[k, A
- 2- uhy unh dks vQ&dk dk oj&ku dgk tkrk g& D; ka\
- 3- vQ&dk ea fojy tul q; k g& D; ks\
- 4- vQ&dk ds ekufp= ea ds V&ku] dk fgj&k] fV&cd V& [kk&u uxj&ka dks n'kk&, A

5- D; k dkj .k gšfd vQhdk ; krk; kr dh nřV I sfi NMk gS\

### mi bdkbZ & 2-5

- 1- vLVšy; k egk}hi eadk&dk I snš k gš\
- 2- vLVšy; k eafdl i dkj dh [krh gkrh gS\
- 3- m | ksx /kdk dh nřV I svLVšy; k dh D; k fLFkr gS\
- 4- vLVšy; k dsrhu i eč k uxjka dsuke fyf[k, A
- 5- vLVšy; k ds; krk; kr ds i eč k I k/ku dk uke fyf[k, A
- 6- vLVšy; k dh vkcknh cgr de gš D; ka\

### ½ vRe fujh{k.k izu Lo; a djus grq

### y?kRrjh; , oa fucakRed izu

fuEufyf[kr y?kRrjh; o fucakRed izuka dh fcuk mRrj dčh ; k i kB nš kA gy djsrFkk vi usgy dk Lo; aeW; kadu djA

izu&1 , f'k; k egk}hi eaD; k D; k fofokrk, a i kbZ tkrh gš\

izu&2 jsyekxkdk D; k egRo gS\

izu&3 ; jki egk}hi dh mlufv dsdk&dk I sHkSkšyd dkj .k gS\

izu&4 vQhdk egk}hi cgr fi NMk egk}hi D; ka gS\

izu&5 dukMk vš I a pr jkT; vešjd fdu&fdu Ql ykadk mRi knu cMk ek=k eadjsr gš\

izu&6 vLVšy; k vš nř{k.k vešjd ea i 'ki kyu 0; ol k; dsfodf l r gkus ds D; k dkj .k gš\

### vRe ijh{k.k izuka dh mRrj rkydk

### mi bdkbZ 2-1

mRrj&1 tyok; j {ks=} /jkry vš ekuo tho dsfodkl dh fofHkurkvkads dkj .kA

mRrj&2 10 fMxb n-v- I s80 fMxb m-v- 28 fMxb i qn- I s170 fMxb i wn- dse/; A

mRrj&3 Nk=k/; ki d Lo; ajs[kkeku fp= ea i kB nš kdj n'kkz A

mRrj&4 , f'k; k dsfi NMšgkus ds dkj .k] fo | r dk vHko I j pukRed <kpsdk vHko] uoho i kš] kšx dh dk fi NMk i u] vf/kdk k nš kka dk fodkl 'khy gkus] ; krk; kr , oa I pkj ds I k/kuka dh vi ; krrk vkfnA

mRrj&5 m | ksx] 0; ki kj] f'k[k] foKku] rduhdh] I H; rk o I dfr dk fodkl I kkoA I j {kk dh nřV I segRo i wkA

mRrj&6 Nk=k/; ki d Lo; ajs[kkeku fp= ea nš kdj n'kkz A

### mi bdkbZ & 2-2

mRrj&1 ugjackk cukdjA

mRrj&2 xgvš Qy rFk tMəyh Ql ya

mRrj&3 e'khu m | ksx vš vkšf/k m | ksxA

- mRrj&4 e'khuarFkk nokbz kA  
 mRrj&5 mi tkÅ {ks=} mlur'khy df'k o m | ksx | mlur i ks | kfxdh | dtky Je dh mi yC/krkA  
 mRrj&6 df'k | m | ksx | Kku foKku | rduhdh ds {ks= ea | Ei Uu gkus ds dkj .k fo'o dk | cl svf/kd  
 mlur'khy gA

### mi bdkbz & 2-3

- mRrj&1 okf'kakVu 1m | ksx , oal H; rk dk dhn1/2U; w khdz1/2kt/kkuh | I a Dr jk"V<sup>a</sup> dsdk; kzy; ] f'kdLxkz  
 m | ksx vksj eka e.Mh1/2mDr uxj ekufp= ean'kkz A  
 mRrj&2 df'k | m | ksx | Kku foKku rduhdh ea | oJ5B mlur'khy rFkk jk"Vh; , oai fr0; fDr vk;  
 I okz/kd gA ; gh | c dkj .k gA  
 mRrj&3 ekz/j o df'k vkskzjA

### mRrj rkfydk

#### mi bdkbz & 2-4

- mRrj&1 D; kAd tehu vuq tkÅ gA tyok; q dh n"V | s [kjk gA df'k | m | ksx | f'k{kk Kku o  
 rduhdh dh n"V eafi NMs-gg gA  
 mRrj&2 D; kAd uhy unh | sfl pkbzo fo | r mRi Uu gsrh gS {ks= mRi kno cuk gS df'k m | ksx /kdkka  
 dk fodkl | EHko gpxk gA  
 mRrj&3 bl dk dkj .k ?kustaxy nqtz ou vLoLFkdj tyok; q {ks= gA  
 mRrj&4 Nk=k/; ki d Lo; agy djA  
 mRrj&5 ; gkz jsy rFkk | Mel ekxz de gSD; kAd nqtz | ou | i ozh; {ks= eabudk fodkl dfBu vksj  
 cgr [kphzyk gsrk gA vOhdk nsk xyke jgA vr%ogka i nch dk vHko gA

#### mRrj rkfydk mi bdkbz & 2-5

- mRrj&1 vLkVsy; k U; wthySM rFkk vki i ki ds }hi ka dks feyk dj dgk tkrk gA  
 mRrj&2 ; gkaoKkfud rjhds | s | ?ku [ksh gsrh gA  
 mRrj&3 vPNh fLFkr gS ykz | bli kr | df'k e'khu | ekz/j xkfM+ k | fo | r | keku | j | k ; u m | ksx  
 fodfl r vksj mlur'khy gA  
 mRrj&4 fl Muh | esycku | dsojka  
 mRrj&5 jsyekz | | Mel tyekz vksj ok; ptxA  
 mRrj&6 vkcknh bl fy, de gSD; kAd ; gka'or uhfr ds dkj .k ckgj ds ykxka dks cl usughafn; k  
 tkrkA vkrre fujh{k.k izu Nk=k/; ki d i kB | i < dj Lo; agy dj viuk ijh{k.k djA



## i=kpkj i kB; Øe

ek;/fed f'k{k e.My] e/; inškj Hkiky

}kj k l okl/kdkj l jf{kr

fMlykək bu ,T; wđsku ijh{k

¼'k{k ea i=ki k/k½

¼}rh; o"½

---

fo"k; % l kēftd foKku ¼ kēftd i; kōj.k½ ,oa ml dk f'k{k.k

ižu i=&, dkn'k

bdkbZ % Øekd&ru

fo"k;kāk % i k n š'kd Hkiky Hkjr ,oa e/; inšk

---

fi z Nk=;/ki d]

vki usfi Nys i k B k e a l k e k u ; H k o k s y d s v r x z fo' o d s e g k } h i k a d k l k e k u ; i f j p ; i k l r f d ; k g S f t l e a v k i , f' k ; k e g k } h i d s c k j s e a i < + p p l s g a , f' k ; k d k s e k u o l H ; r k v k j l d d f r d k i k y u k d g k t k r k g S D ; k i d f o' o e a l H k h l H ; r k v k j l d d f r d k m n ; , o a f o d k l ; g h a g v k A , f' k ; k e g k } h i d s n f { k . k e a f l F k r f o' k k y , o a e g k u n š k g a b l e a d b z j k T ; v k j d l n z ' k k f l r { k s = g a e / ; i n š k b l d k , d i e f k j k T ; g a ; g H k k j r d s e / ; L F k y e a f l F k r g s ; g h d k j . k g S f d b l s H k k j r d k g n ; L F k y d g k t k r k g a i L r r i k B e a g e v i u s n š k ^ H k k j r ^ r F k i n š k ^ e / ; i n š k ^ d s c k j s e a v / ; ; u d j a A

v / ; ; u d h l f o / k k d h n f " V l s i k B d k s p k j m i & b d k b z k a e a c k a / k x ; k g S &

mi bdkbZ&1 Hkkyr&Hkkšrd i{k

mi bdkbZ&2 Hkkyr ekuoh; i{k

mi bdkbZ&3 tul ũ; k

mi bdkbZ&4 e/; inšk



## mi bdkbZ & 1 gekjk nšK Hkkjr

### fLFkfr

Hkkjr dh fLFkfr tkuusdsfy, I hekorhzi Mked h nš kka dh fLFkfr ekufp= eanf[k, A Hkkjr dsmRrj if'pe eai kfdLrku gA mRrj eafrcr dk Åpk i Bkj gš tksphu nšK dsvarxZr gA bl h vksj usi ky vksj Hkwku Hkh gekjs i Mked h nšK gA i wZeackayknšK gA Hkkjr dsnf{k.kh fl jsdsi kl Jhyadk nšK gStksHkkjr dsikd&ty I ð/k ds}kjk vyx gA nf{k.k eagekjk nšK rhuka vksj I epzI sf?kjk gš Hkkjr ik; }hi dgykrk gA bl dsif'pe eavjc I kxj i wZea caky dh [kkMh rF; nf{k.k eafglu egkl kxj gA /; ku nhft,] vjc I kxj dsy{k}hi vksj ml ds}hi I eeg Hkkjr dshkkx gA bl h rjg caky dh [kkMh dsVh]leku vksj fudkckj }hi I eeg Hkkjr nšK dsVh]leku vx gA

### foLrkj

viuk nšK Hkkjr, d fo'kky nšK gA mRrj eadk' ehj dsmRrjh Nkj dsnf{k.k eadU; kdpekjh rd bl dh varjh; yEckbz yxHkx 3200 fdeh gA if'pe eaxqjkr I si wZea vki ke rd bl dh njh yxHkx 3000 fdeh gA Hkkjr dh e[; Hkfe 8 fMxh mRrjh v{kak I s37 fMxh mRrjh rd QSyh gA i wZif'pe eanf{k.kh i wZnš kkarj I s97 fMxh i wZnš kkarj dschp QSyh gA ddZj[kk nšK dsyxHkx chp I si wZif'pe xqjrh gA bl h rjg 80 fMxh i wZnš kkarj Hkh nšK dschp I smRrj nf{k.k xqjrh gA bu nšK kaj[kkvka dks ekufp= eanf[k, A Hkkjr nšK dk {ks=Qy 32]80]483 oxZ fdeh gA

### Hk&jpuk %

nšK dk /kjky I Hkh txg, d I eku ughagA; gkavud Åpsvksj I ery eñku feyrsgA i oZ i Bkj vksj eñku] ufn; kavksj Hkfe dsmrkj p<ko dks Hk&jpuk dgrsgA Hk&jpuk dsfopkj I shkkjr dks pkj i e[ k i kdfrd foHkkxka eacka/ I drsgA &

- 1- fgeky; dk i oZ h; foHkkx
- 2- mRrjh Hkkjr dk fo'kky eñku
- 3- nf{k.k dk i Bkj h foHkkx
- 4- i wZ o if'pe h I epz rVh; foHkkxA

### fgeky; dk i oZ h; I epz rVh; foHkkx

nšK dh mRrjh I hek ij fgeky; i oZ dh i oZ Jf.k; ka if'pe I si wZ rd QSyh gA bl i oZ dh vud pkV; ka I nš cQZ I s<dh jgrh gA bl fy, bl s^fge dk ?kj^ vFkkZr fgeky; dgrsgA fgeky; i oZ Jf.k; kad' ehj I svl e rd yxHkx 2400 fdykehVj eaqSyh gA budh pkVh]bz i wZea 160 fdykehVj vksj if'pe ea 400 fdeh rd gA

fgeky; dh mRrj Jskh I ð kj dh I cl sÅph i oZ pkVh ekma/ , ojL V 18848 ehVj ½ gA bl ds

vfrfjDr vkfLVu ; k K-2 18611 ehVj½dputaxk 18585 ehVj½ullnfxjh /kksyxfxjh] uaxk i oŕ vkfn Åph  
pkfV; kagÅ bl h mRrjh; i oŕ Jskh dks; gkafgeky; dgrsgÅ ; g 6000 ehVj l svf/kd Åph gÅ bl dh  
pkfV; ka l nð cQZl s<dh jgrh gÅ

fgeky; dh e/; Jskh ftl sy?kqfgeky; dgrsgÅ 4500 l s5000 ehVj Åph gÅ f'kokfyd Jskh  
bl dh ifl ) Jskh gÅ f'keyk] el jh] uŕhrky vkš nktfIyax uxj bl h y?kqfgeky; dschp eacl sgÅ  
vl e dh vkš l siwzfgky; ds iVdkb] xkjš [kk] h] tš uoh; k , oayqkkbz dh i gkfM+ k gÅ  
brusÅpsgrsgq Hkh Jš.k; kadschp eadghadghal djsexzgdftlganjz dgrsgÅ dkjkdksj e]  
tksthyk] f'ki dhyk njÅbekjragÅ

fgeky; dsnf{k.k kh fupysHkxkaeadn ifl ) rhfZLFkku gš& tš saxks=h] ; epks=h vkš dnkjukf  
o cnbukFk gÅ

bl i oŕ Jš.k; ka l shkjr dh ifl ) ufn; kaf] akqaxk] ; epk] ?kk?kj] xMd vkš cEgi e fudyh  
gš tks l ky Hkj i kuh l shkjh jgrh gÅ

### **mRrjh Hkjr dk fo'ky eñku ¼ ryt] xaxk] cEgi e dk eñku½**

egku fgeky; dsnf{k.k ea, d yEck pkMk vkš mi tkÅ eñku gÅ i atkc jkT; l svl e jkT;  
rd Qsysbl eñku dk foLrkj yXkx 2400 fdeh yEckzeagÅ bl yEcpkMseñku eavudl ufn; kacgrh  
gÅ bu ufn; kaal ky Hkj i kuh jgrk gÅ bu ufn; ka}kj] cgkdj ykbzfeVVh vkš js l s; g mi tkÅ eñku  
cuk gÅ bu eñku dh e[; ufn; k] l ryt] 0; kl ] xaxk] ; epk] xkærh] ?kk?kj] xMd] dkd h vkš cEgi e  
gÅ

nf{k.k dsi Bkj l scgdj vkusokyh pEcy] crok] l ku vkš nkeknj ufn; kabl h eñku dh ufn; ka  
eafey tkrh gÅ

bl eñku dks<ky mRrj if'pe l snf{k.k i wzd h vkš gÅ xaxk vi uh l gk; d ufn; ka ds i kuh  
dsl kfk cakky dh [kkMk eafxjrh gÅ xaxk dk MšVv fo'o ifl ) gÅ

nš k dh i kphu l H; rk bl h eñku eaQyh Qyh gÅ ; gkad h l ery mi tkÅ Hkfe xgpd'k ds  
mi ; ōr gÅ l Melk] jykavš ugjkadk tky fcNk gÅ nš k dh vf/kdkak tul [; k ; gkafuokl djrh gÅ  
nš k dsi kphu , oauohu ifl ) uxj okj.k kl h] iz, kx] v; kš; k] eFkj] fnYyh dkuig vkš dydRrk bl h  
eñku eagÅ

### **nf{k.k dk iBkjH Hkx %**

; g xaxk ; epk eñku dsnf{k.k eagÅ bl snf{k.k dk iBkj dgrsgÅ bl iBkj ds/kjkry eade  
Åpkbz dsi oŕ] Åp&uhs iBkj] unh] ?kfv; kavš mudsNk/señku ik, tkrs gÅ bl dh vkš r Åpkbz  
600 ehVj gÅ bl dh vkdfr mYVsf=Hkq dsl eku gÅ if'peh fl jsij vjkoyh i oŕ i wzd Nkš ij fcgkj  
dh jktegy dh i gkfM+ kavš nf{k.k Nkš ij uhyxfj i oŕ gÅ bl iBkj ds mRrj if'pe ea i oŕ , oa  
Fkkj dk e: LFky gÅ

vjkoyh vkš foš; kpy i oŕ dschp ekyok dk iBkj gÅ ekyok inš k dh e[; ufn; kapEcy]  
dkyh fl ak vkš crok gš tks mRrj i wzd h vkš cgdj ; epk unh eafey tkrh gÅ foš; kpy vkš l riMk

dschp uehk unh cgrh gA uehk vKj rklrh unh xgjh ?kkVh cukrh gA ; sufn; kaif' pe dh vKj cgdj vjc l kxj eafxjrh gA ekufp= eabu ufn; kaoksn[kkA NRrh l x<+dsehku eægkunh dk Åijh ehku gA Nks/k ukxij dk i Bkj fcgkj jkT; esgA bl i Bkj eadks yk| ykgk| rkck| vHkd vkfn dsHk.Mkj gA nfk{k.k eaeS y dsi Bkj dh ed; ufn; kaxknojh] d".kk vKj i f; j; kj gA bu ufn; kadk cgko mRrjif' pe l snf{k.k i wZfn'kk eagA ; s l Hkh ufn; kaif' peh ?kkV l sfudyrh gA vKj cakry dh [kkMh eafxjrh gA i Bkj dsl cl snf{k.kh fl jsij uhyxfj rFkk byk; ph dh igkM+ kagA

if' peh rFkk i wZ l epz rVh; ehku %  
 nfk{k.k dsi Bkj dsif' pe vKj i wZ eal djs l epz rVh; ehku gA i wZ rVh; ehku if' peh rVh; ehku dh vi fkk pkMh gA

if' pe l epz rVh; ehku & if' pe ?kkV i oZ vKj vjc l kxj dschp cgr l djk ehku gA ; g xqjkr jkT; l sdu; kdckjh rd QSyk gA bl dsmRrjh Hkx dskd.k rV rFkk nfk{k.kh Hkx dsekykokj rV dgrsgA ekykokj rV mi tkA gA bl es l epz rV dsfdukj svud ^vui ^¼[kkjs i kuh dh >hyz cu xbz gA

i wZ l epz rVh; ehku & ; g i wZ ?kkV i wZ vKj cakry dh [kkMh dschp QSyh gA bl ehku ea egkunh xknojh] d".kk unh dsmi tkA MxVkbz Hkx gA i wZ rV dsnf{k.kh Hkx dskdjke.My rV dgrs gA ; g rV fo'kSk dVk QVk ughagA i wZ rVh; Hkx eafpYdk] dsys vKj i fydr uke dh vui >hys gA ftueal epz dk [kkj i kuh Hkj jgrk gA

## tyok; q %

Hkjr dh tyok; qij ml dh m".k , oal e' khriS.k v{kkA kaeafLFkr] foLrkj] fgeky; rFkk vU; i oZ kadh fn'kk vKj /kjry dh cukov dk cgr i Hko i Mf k gA nsk ds vk/ks l svf/kd Hkx ddz j fkk dsmRrj eagA nfk{k.kh Hkx rhukavKj l sl epz ty l sf?kj gA l epz dh fudVrk vKj i Bkj Hkfe gksus ds dkj.k ogkavf/kd xehz ugha i Mf h gA tyok; q l e gSgkykd ; g Hkx Hkne/; j fkk dsfudV gA

mi ; r dlj .kka l sgekjsns k ds vyx&vyx Hkxkae xehz vKj o"kkZ dh ek=k de ; k vf/kd gkrh gA Hkjr dh tyok; qij ekS eh gokvka dk i Hko Hkh cgr gS bl fy; s ; gka dh tyok; q dks ekS eh ; k ekul uh tyok; q dgrsgA ekS e ; k \_\_r qvka ds vuq kj ekul uh gokvka dh fn'kk cnryh jgrh gA

o"kkZ \_\_r qaeS eh gok; anfk{k.k & if' pe fn'kk l svjc l kxj vKj cakry dh [kkMh l sLFky dh vKj pyrh gA o"kkZ dk forj.k bu gokvka dh fn'kk , oa i oZ kadh fn'kk ds vuq kj gkrk gA l cl s vf/kd o"kkZ if' peh rV rFkk nsk dsi wZ Hkx eagkrh gA bl dsfoijhr xqjkr dsmRrjh] jktLFku ds if' peh Hkx eao"kkZ l cl sde gkrh gA nsk ds' kSk Hkxkae adghal keU; rFkk dghal Urksktud o"kkZ gkrh gA

'khr \_\_r qea; gh ekul uh gok; amRrj & i wZ l snf{k.k & if' pe dh vKj] LFky l sl epz dh vKj pyrh gA LFky l spyus ds dkj.k l v[kh gkrh gA cakry dh [kkMh l sxqj jus ij buea tyok'e dh ek=k c<+tkrh gA vKj ; srfeyukMq ds i wZ rV ij o"kkZ djrh gA bu fnukae amRrjh Hkjr earst B.M i Mf h gA mRrj dsehku ea gYdh o"kkZ Hkh gkrh gA dHkh vksys ds : i ea Hkh o"kkZ gks tkrh gA

xehz dh \_\_r qea i js Hkjr ea/kny Hkj h vkA/k; kapryh gA nki gj dks xeZo l v[kh gok; apyrh gA

ftUgawdgrsgA nf{k.kh Hkkjr l epz dsfudV gksul svf/kd xezughajgrk gA

¼kkjr dk o"kkZ dsekuf=r eaekul uh gokvka dh fn'k rFkk o"kkZ dh ek=k nS[k; A½

### ouLifr

viusvki mxusokyso{k] >kfM+ k] yrkvk] ?kkI vkfn dsl eg dksikNfrd ouLifr dgrsgA ; g ouLifr oukaea ikbz tkrh gA Hkkjrea23 ifr'kr Hkk&Hkkx ij ou ik; stkrsgA budk dy {ks=Qy 746 yk[k gDV; j Hkfe gA orZku eaoukadk fouk'k dkQh iEkusij gksjgk gA iNfr dsl Uryy dsfy, ouka vkjki .k djrsjguk pfg; A nsk dsfofHku Hkkxkaea o"kkZ tyok; qfeeh eafofHkurk gA bl fy; sou Hkh dbz idkj dsik; stkrsgA oukadsidkj fuEu gA

- 1- l nkgkj ou
- 2- ir>M ; k ekul uh ou
- 3- 'kqd oukads dVhys o{k , oa>kfM+ k;
- 4- e: LFkyh; ou
- 5- nynyh ; k MvVkbZou
- 6- iozh; ou

¼kdfrd ou Lifr dsekufp= ea bu oukadk foj .k nS[k; ½

¼½ **l nkgkj ou&** osou l nk gjsHkjsjgrsgA bl fy; sblgal nkgkj ou dgrsgA 200 l seseh- o"kkZ l svf/kd o"kkZokysm".k inskkaea; smxrsGA ; sou if'peh?kkV] es] ky; vj] vl e dh i gkfM; ka ij ik, tkrsgA e[; o{k] j c] egksuh] cka ] cr] vkouq ] jkstom vkfn gA

¼½ **ir>M+; lekul uh ou&** bu oukadso{kxehz ds i k] Hk ea i RRksfxjk nrsgA bl fy; sblgal ir>M+ okysou dgrsgA ; s100 l s160 l seh- o"kkZ inskkaea vf/kd ik, tkrsgA ; soue/; insk] fcgkj] mMh k] ia caky ea vf/kd gA budse[; o{k l kxku] 'kh'ke l ky] gjk] ogMh] uhe vkoayk xke o hi y gA ; gka Nk/h&Nk/h ouki ta Hkh feyrh gA

¼½ **dVhys o{k , oa>kfM+ ka&** ; sou mu {ks=kaea ik, tkrsgS tgl; o"kkZ dh ek=k 50 l s 70 l seh- dschp gA ; sou jktLFkku i atkc]gfj ; k.kk] xqjkr] egjk"V" ds 'kqd Hkkx , oiaae/; insk ea k, tkrsgA budse[; o{k ccw] dhdj] [kstMh] taxyh [ktij gA

¼½ **e: LFkyh; ou&** jktLFkku ds if'peh Hkkx ea tgka o"kkZ cgr de gsrh gA ogka i M&i kSks ugha mx ikrA dcy dVhyh >kfM+ k vj] ukxQuh vj] ?kkI mxrh gS dbz i kSkk] i fRr; kaeadka/gkrsgA gA

¼½ **MvVkbZou&** ufn; kadsegkuka ij MvV inskkaea l epn Tokj dk i kuh vkrk gA ogkaxak xkrkojh N".kk ughads MvVkvkaea ik; stkusokysouka tS sou ik; stkrsgStS &caky ikr dk l qnj ou , j soukadk mnkgj .k gA bu ea ebxko vj] ike tkfr ds o{k ik; stkrsgA

¼½ **iozh; ou&** fgeky; dsiozh; Hkkxkaea ouLifr ds ApkbZ ds vuq kj vlurj gsrk gA T; k&T; ks ge Apshkkxka dh vj] tkrsgA rki Oe vj] o"kkZ dh ek=k de gsrh tkrh gA QyLo: i ouLifr ea Hkh vlurj vkrk gA

fgeky; dh rygvh ea1500ehVj dh Åpkbzij vksd] pL VuV ik; stkrsgA 3000 ehVj I s3500 ehVj rd uphyh iRrh dsuje ydMh dsou ik; stkrsgA

nšk dsoukaI sgeadbzi dki dh oLrq ai klr gkrh gA tš & bekjrh ydMh tykÅ ydMh ckd ] ?kkI cgMh yk[k] egq/k] xkn] tMh&ciw/h] Qy] dUnewy] 'kgn] vkoyk fpjkath vkfn A ou Hkñe dsvko dksHkh jkdrk gA

gekjsnšk eavud idkj ds [kfut ik; stkrsgA gekjsgar I sm | ksx /ku/ks [kfut inkFkz dh enn I spyrsgA

Hkkjr dse/; nf{k.kh Hkx ea [kfut inkFkz dh vf/kdrk gA ; gkai kphu jonkj pēkufeyrh gA ftuea [kfutkadh vf/kdrk gA mRrj dk eñkj uohu pēkuka }kuk cukgsvr%ogka [kfutkadh vHkko gA  
**Hkkjr ea [kfut inkFkz ds rhu iæqk {ks= gA**

¼½ fcgkj] e/; inšk vks] mMh k Nks/k ukxi] dk iBkA ; gkans k dsyxHkx 80 ifr'kr [kfut feyrs gA

½½ vdk] dukV/d vks] rfeyukMqdk nf{k.kh iBkjH HkxA

¾½ iDzeavl e inšk dk HkxA

**nšk eafeyus okys dñ iæqk [kfut inkFkz fuEu idkj I s gS &**

**dkš yk&** nšk dk iæqk dkš yk Hk.Mkj e[; r%neknj] egkunh] I ks vks] xknokj ufn; kadh ?kkfV; ka eagA tgkaI snšk dk 98 ifr'kr dkš yk fudkyk tkrk gA dñ iæqk dkš yk [knkukads uke jkuhaxat] >fj; k] ckdki] MkyVu xat] fxjMg] fl xjsuh] fl ajkSyh vkfn gA nu jk dkš yk {ks= de egRo dk vl e vks] jktLFkku ea ik; k tkrk gA

[kfut ry ¼ vksy; e½ gekjsnšud thou ea [kfut ry dk cgr egRo gA ok; q ku vks] ifjogu ds I k/kuka ea vf/kd mi ; ks gkrk gA nška [kfut ry dk mri knu de gkrk gA vr%fonš kkaI svk; kr djuki Mf k gA

**ykqk&** Hkkjr dk ykqk mri knu nška ea egRo i wkz LFkku gS fcgkj vks] mMh k jkT; kaI snšk dk 85 ifr'kr ykqk fudkyk tkrk gA fl g Hkñe e; j Hkat] ckskz [knkuai fl ) gA bl ds vrfjDr e/; inšk] dukV/d] vku/kz inšk rfeyukMw vkfn i kUrka ea Hkh [kfut ykqk ik; k tkrk gA

[kfut ry Hkñe ds vlnj I sdqk adksxgjk xkndj fudkyk tkrk gA gekjsvl e vks] xqtjkr jkT; ea [kfut ry dsdq gA [kEHkr dh [kkMh ea ¼ eprVh; ty ekI epz dsuhs I shk ry fudkyk tkusykgA ry dksnšk ds vli; LFkkuai j i kbi ykbu dh I gk; rk I shkstk tkrk gA

**ešuh&** bl dk vf/kd mi ; ks ykqk I sbl ikr cukuse agkrkgA dbz idkj ds jkI k; fud inkFkz Hkh cuk; stkrsg Hkkjr iæqk ešuh fu; krd nšk gA ešuh& e/; inšk] egkj kV] fcgkj] mMh k] vku/kz vks] dukV/d jkT; kaI sfudkyk tkrk gA

**vHkd&** ; g ijrnkj gYdk vks] pedhyk [kfut gA bl dk mi ; ks vf/kdrj fo | r mi dj.k vks] ok; q ku ead; k tkrk gA vHkd dk vf/kdk k Hkx fcgkj] jktLFkku vku/kz inškl si klr gkrk gA vku/kz dk vHkd gjsjak dk gkrk gA fcgkj eans k dk 60 ifr'kr vHkd i klr gkrk gA vkt Hkkjr fonš kka dks vHkd fu; krd djus dh LFkfr eagA

**ræk&** fcgkj dsfl g Hkfe ftyeaHkkjr dk vfk/kdk k ræk i klr gkrkgA bl dsvfrjDr jktLFkku ds [krMh vlsj e/; insk dsckyk?kkV ftyea ræsdHk.Mkj gA

**cdI kbM&** fcgkj vlsj e/; insk dh [knkuka l snk dk rhu pkrkkbzckDI kbM fudkyk tkrk gA mMh k egkj"V<sup>a</sup> eaHkh dN ek=k eaik; k tkrk gA

**I ksk&** duk/djKT; dkdskj [kku l sl ksk feyrkgA  
ghjk&e/; insk jKT; dsiluk ftysdh[kku l ghjk feyrk gA

### **i qjkoykdu**

#### **¼ exz fo'kskrk, ½**

- 1- Hkkjr 8<sup>o</sup> i- mRrjh v{kk k l sydj 37<sup>o</sup> mRrjh v{kk rd rFkk 68<sup>o</sup> i whznskkUrj l s97<sup>o</sup>-25 i whznskkUrj rd QSyk gA
- 2- {ks=Qy dh n<sup>o</sup>V l sHkrj fo'o dkl kroka l cl scMh nskgA
- 3- ; gk; xakl l ryat] cā i e dk eñku rFkk l epzrVh; eñku mi tkÅ o l EiUu gA
- 4- ; gkpkoy xg] Tokj] cktjk] eDdk] di kl xluuk vkfn jch [kjhQ dh Ql ya gkrh gA
- 5- fl pkbZ ds fy, dq] rkyk] ugj] V; e osy dkmi ; ks gkrk gA fl pkbZ o fo | r vHkh fodkl 'khy volFkk gA
- 6- ; gkafoko/k idkj dh ouLifr; k;k; h tkrh gA l kxlu nonkj l ky iedk o{kA
- 7- ; gkaf l pkbZ, oaf | r mRi knu grqHk [kjuaky] ghjkdqM] r qHknk] pEcy vkfn cgmnnsh; ifj; ktuk, a ikjHk dh xbZ gA

### **ikBxr izu**

- izu&1 Hkkjr dk fo'o eaD; k LFkku gA \
- izu&2 Hkkjr ea l okZ/kd dks l s [kk | ku mRi knu fd; s tkrsgA
- izu&3 Hkkjr ea l okZ/kd fl pkbZnf{k.k Hkkjr eafdl LFkku l sdh tkrh gA
- izu&4 Hkkjr dh rhucgmnnsh; ifj; ktukvkadsuke fyf[k; A
- izu&5 xluukmRi kend nks jKT; kadsuke fyf[k; A
- izu&6 Hkkjr dh ufn; kadsuke fyf[k; A

### **vRe fujh{k.k ds fy, izu**

- izu&1 Hkkjr ds nks cMh-jKT; kadsuke fyf[k; A
- izu&2 Hkkjr dh nks, d h ufn; kadsuke fyf[k; s tksfoi jhr fn'kk eacgdj vjc l kxjeafxjrh gA
- izu&3 Hkkjr dks fdrusHkSckfyd] i kNfrd foHkxka ea cktvk tkrk gA
- izu&4 Hkkjr ea l cl svf/kd pkoy dgka i ñk gkrk gA

- i7u&5 Hkkjr ea xgymRiknu ea dks I k jkT; ied[k ekuk x; k gA  
 i7u&6 I cl svf/kd phuh feys dgkafLFkr gA

### mRrj rkfydk & iBxr izu

- i7u&1 I krokaLFkkuA  
 i7u&2 xgipokoy] eDdk] Tokj vks cktjka  
 i7u&3 rkyckal A  
 i7u&4 Hkk[kjk uaxy] ghjkdqM 1/4nkeknj ?kkVh1/2 rpkHknkA  
 i7u&5 mRrj inSk o fcgkjA  
 i7u&6 I ryat unh rV o xak ca i e unh rVA

### vkRe fo'ySk.k izuladh mRrj rkfydk

- i7u&1 mRrj inSk o e/; inSk 1/4vkdj ea 1/2 djy o mRrj inSk 1/4tul d; k ea  
 i7u&2 uehk o rklrhA  
 i7u&3 1/41/2 mRrj dk fgeky; i o h; {ks= 1/21/2 xak] I ryat] ca i e dk ehku 1/31/2 nf{k.k dk i Bkj  
 1/41/2 rVh; ehkuA  
 i7u&4 i f'pe cakya ea  
 i7u&5 i atkca  
 i7u&6 mRrj inSkA

### mi bdkbz & 2

#### fl pkbz

Hkkjr nSk , d Nf" k izkku nSk gA vpNh mit i kusdsfy, QI ykadksI e; ij i kuh feyuk  
 cgq vko' ; d gA nSk eao"kkzdk forj.k ekul uh I sgsk gStksI ekuughgA o"kkztkMseacgq de gksh  
 gAdN QI yk 1/4tS & xluk vks /kku dh [ksh1/2 dksi kuh vf/kd pkfg, A gekjsnSk eafI pkbzdsef; I k/  
 ku fuEukfyf[kr gA&

1/41/2 dqa, oauydi 1/4Wcsy1/2

1/21/2 rkykca

1/31/2 ugja

1/41/2 **dqa, oauydi&** Hkkjr eai atkc] gfj; k.kk] mRrj inSk fcgkj] jktLFkku] egkj k"V<sup>a</sup> vks  
 rfeyukMwvkn jkT; ka ea dya l sfl pkbz vf/kd gksh gSI ryt rFkk xak dsehkuka ea dq vki kuh I s  
 [kksna tkrsgA vkt dy fctyh dsi Ei kadksdq/kaeayxkdj fl pkbzdjrsG tehu dksvf/kd xgjh i rkz  
 I suydi ka }kjk i kuh fudkyrsG uydii ka dh I d; k i atkc] gfj; k.kk] mRrj inSk] fcgkj vks rfeyukMw  
 ea vf/kd gA

1/2 rkykca }kjk fl pkb& nf{k.k ds i Bkjh Hkxka ea rkykca l sfl pkbz gkrh gA o"kkz dk i kuh rkykcaea tek fd; k tkrk gA Hkjr earfeyukMwvkdz i nsk earkykca l sfl pkbz gkrh gA duk/d] i whz egkj"V" i whz e/; i nsk] i f' pe cakj] mVhl k ea Hkh rkykca l sfl pkbz gkrh gA

1/3 ugjka }kjk fl pkb&Hkjr ea 42 i fr'kr ugjka }kjk fl pkbz gkrh gA l ryat] xaxk dseñku] i atkc gfj; k.kk eamRrj i nsk ea ugjka }kjk vfk/kd fl pkbz gkrh gA ; gka o"kkz de gkrh gA Hkrie] l ery , oami tkA gAl kyHkj ufn; kafujUrj ty l sHkj jgrh gA bl fy, ufn; ka l sugj fudkydj fl pkbz dh tkrh gA i atkc vks] gfj; k.kk ea l ryat jfo] 0; kl vks] ; epuk ufn; ka l sfudkyh xbZ ugjka }kjk fl pkbz gkrh gA i f' pe mRrj i nsk ea; epuk xaxk vks] xkerh ufn; ka l rFkk fcgkj ea l ku] xM/d vks] dkdh ufn; ka l sfudkyh xbZ ugjka l sfl pkbz gkrh gA

nf{k.k Hkjr dh ufn; ka ea l kyHkj i kuh Hkji j ughajgrk gA vr%bl ij clakc cukdj ugja fudkyhtkrh gAnkeknj] egkunh] xknkojh] N".kk] dkojh ufn; kadh ?kkfV; ka eack/k l sugja fudkyh xbZ gA

dN ufn; ka ea MvVk Hkxka l sHkh ugja fudkyh xbZ gA

**fo | r rFkk cgm nnskh; clak ifj; kstuk**

mRrj Hkjr dh fgeky; i oZ l sfudyusokyh ufn; ka eafujUrj l kyHkj Hkji j ty jgrk gA vr% ogkaufn; ka, oamudh cMh ugjka ij fo | r xg cuk; sx, gA bl h rjg dks yk ckgf; dks yk {ks=ka ea rki fo | r xgka l srS kj fctyh dk mi ; ksx] m | kska dkykusea rFkk jks kuh djus ds dke eayk; k x; k gA

LorU=rk i kflr dsckn cgm nnskh; clak& ifj; kstuk, a'kq dh xbAbues Hkxka Mh ukxay l ryt unh ij nkeknj ?kkVh ; kstuk nkeknj unh ij ghjkdqM ; kstuk egkunh ij i ed[k gA budsvfrj Dr pEcy clak ; kstuk] fglh clak ; kstuk] ukxtu l xj clak ; kstuk vkn ed; gA Hkjr dh l cl syEch ugj ; kstuk jktLFkku ugj ; kstuk gA bu cgm nnskh; ; kstuk vka dk fl pkbz ty&fo | r] ck<+fu; a.k unh ; krk; kr] Hkrie dVko] eRL; mRi knu i ; Mv LFky&fuekZk vkfn eami ; ksx fd; k x; k gA

**Nf"k**

Hkjr Nf"k i zkkunsk gSft l dh yxHkx vk/kh Hkrie ij [krh gSvks] 'ksk vk/kh Hkrie Hkx i fjoZu] ou] jfxLrku] unh ugj ekxZvkfn gA ufn; kadseñku eavf/kd Ql yamxkbZ tkrh gA l ryat &xaxk dk eñkuh l ery ds mi tkA Hkx gA nsk ds i whz& i f' peh rVorhZ i nsk [krh ds fy, i fl ) gA

nsk ds fo Hklu Hkxka ea rki Øe] o"kkz fl pkbz dh l fo/kk vks] vPNh feeh ds vuq kj 1/2 dbZ i dki dh Ql yamxkbZ tkrh gA Hkjr dh i ed[k Ql ysfuefyf [kr gA

/ku& gekjs nsk dh i ed[k mi t gA nsk ds vf/kdkak ykska dk ed; Hkstupkoy gA vf/kd xeh] vf/kd o"kkz nkeV"fpduh] feeh /kku dh mi t ds fy, vuqhy gA i f' pe cakj] fcgkj] vl e] vkU/ k rfeyukMq d j y] duk/d] egkj"V" i whz e/; i nsk ea/kku dh [krh vf/kd gkrh gA

xg& xgHkjr dk nu jk i ed[k [kk | klu gA B.Mh tyok; qvks] de o"kkz eaf l pkbz dh l gk; rk l snkV feeh eabl dh mi t vPNh gkrh gA Hkjr eamRrj i nsk] i atkc ] gfj; k.kk] i f' peh e/; i nsk] i f' peh fcgkj] xqjkr ea xgwdh [krh gkrh gA gfj; k.kk vks] i atkc xgwea [krh gkrh gA gfj; k.kk vks] i atkc xgwdH.Mkj gA



ek/svukt ek/svukt eaTokj&cktjk eDdk vkfn dh fxurh dh tkrh gA ftI Hkfe ea/kku  
 , oaxgwdh QI y vPNh ughagkrh ; svukt mxk; s tkrsgA

**nly&** nšk dh i æ[k nkyapuk] vjgj el ij] mMh] em] eVj gA Hkkjh o"kkZokysHkkxka dks NkM/dj  
 yxHkx 'kšK Hkkjr eabudk mRiknu fd; k tkrk gA

**xluk&** xlu s dks v f/kd rki eku] xgjh nkeV mi tkÅ feeh] v f/kd o"kkZ; k fl pkbz }kjk i kuh dks  
 vko'; drk gkrh gA ; g QI y l cl svf/kd l ryat & xak dseñku eagkrh gA vdsyk mRrj i nšk Hkkjr  
 dh dy mi t dk vk/kk Hkkx i ñk djrk gA 'kšK vk/kk Hkkx egkj k"V] dukZ/d] rfeyukMqvš] vku/kz i nšk  
 l sikr gkrk gA

**dikl &** dikl ds i kšks ds fy, xel tyok; qvš] l k/kkj .k o"kkZ p kfg, A QI y ds i dus ds l e;  
 ekš e l kQ rFkk pedhyh /ki okyk gksuk p kfg, A dikl dh i ñk koj dkyh feeh okys {ks= egkj k"V] xqjkr  
 vš] e/; i nšk l sikr gkrk gA

**tw&** tw l scš] l r y h vš] Vki cuk, tkrsgA bl dh mi t ds fy, xel tyok; qvš] v f/  
 kd o"kkZ ufn; ka }kjk ykbZka feeh vko'; d gA Hkkjr ea tw if' peh cakj] fcgkj] vl e] mMh l k rFkM/VZ  
 Hkkxka ea mxkbz tkrh gA

**pk; &** pk; , d i š i nkFkZ gA pk; ds i kš k xgjh mi tkÅ rFkk <kyw tehu ij 200 l seh l s  
 v f e k d o"kkZ oky Hkkxka eamxk; s tkrsgA pk; dh i Rrh rkM us ds fy, etnjka dh vko'; drk gkrh gA cā i ē  
 unh dh ?kkVh ea l Fkr vl e] if' peh cakj] nkftiyak ds i gkMh <kyka n f {k .k ea uhyxfj dh i gkM+ ka  
 ds <ykuka ij pk; mxkbz tkrh gA

Hkkjr dh rhu p kš k k b z t u l ē ; k dh t h f o d k Ñ f k ij f u h k j d j r h g s b l f y , H k k j r d h m l u f r [ k r h  
 ij f u h k j d j r h g A

**m | kx /kšks**

Loraerk ds i 'pkr Hkkjr dsm | kška dk fodkl cgr rsth l sgw k gA jk"Vh; l j d k j u s i p o "k h z  
 ; k s t u k v k a } k j k v š ] k š x d y { ; f u / k k z j r f d , g A ; g k a d s d k j [ k k u k a e a f t l i z k j d k d P p k e k y m i ; k x e a  
 y k ; k t k r k g j m l d s v u d k j d k j [ k k u s i k p o x k š e a j [ k s t k l d r s g A

#### 1& [kška dh mit ij fuhj jgus okys dk] [kku&

bueal r h d i M s d s d k j [ k k u š x l u s l s ' k d d j r š k j d j u s o k y s d k j [ k k u š t w l s v k v v š ] c k š & c u k u s  
 okys dkj [kkuš] r sy dschtka l souLi fr r y v š ] ? h r š k j d j u s o k y s d k j [ k k u s ' k k f e y g A

#### 2& ouka dh mit ij vk/Mjr dk] [kus &

bueaydMh phjuk] Quhpj cukuk] cka v š ] ? k k l l s d k x t d k f u e k z k j j c j l s j c j ] V ; w & V k ; j ]  
 y k [ k l s x t e k d k u d š j d k M Z c u k u s o k y s d k j [ k k u s ' k k f e y g A

#### 3& i'kylalsidr mit ij vk/Mjr dk] [kus &

buea' k k f e y d k j [ k k u k a e a H k k M h a d s Å u l s Å u h d i M s d s d k j [ k k u s j š k e d s d h M k a l s j š k e r F k k m u l s  
 f u f r r j š k e h d i M s c u k u s o k y s d k j [ k k u š t k u o j k a d s p e M s v š ] [ k k y l s t i r s v š ] p e M s d s c š c u k u s  
 okys dkj [kkuš] gA

#### 4& [kut inkFkš ij vk/Mjr dk] [kus &

bl oxzeaykqk] dks yk] [kfut rny ¼i vksy; e½ckDI kbM ij fulkij jgusokysckj [kkusvkrsgA  
ykgk l sbLkr vks] ckDI kbV l s, Y; feu; e cuk; k tkrk gS&

### 5& jkl k; fud inkFkz ij vk/kfjr dkj [kkus &

rstkc vks] jkl k; fud inkFkz l svud nokbz kajx vks] jkl k; fud [kkn vkfn cuk; s tkrsgA dñ  
ifl ) vks] kfxd dñz 'kgj , d sgStgkmi ; ðr m | ks py jsggðieðk dñz fuEufyf [kr gS&  
cEcb] vgenkcn] dydRrk] enkl fnYyh dkuij vkfnA

### ; krk; kr ds l k/ku

Hkkjr , d fo'kky nsk gA FkkM&FkkM&, d LFku l snw jsLFku ij igpuseavk/kfud ; krk; kr  
l senn feyrh gA i Ddh l Melka ij cl kð Vðka }kjk] jsyxkMh }kjk l okjh vks] l keku <ks k tkrk gA nsk  
dh l hekvard yMkbZ ds le; l suk] rki xksyk ck: n vkfn Hkstt tkrk gA

gekjsn'sk ea; krk; kr dsekxkz ds pkj i eðk l k/ku gS&

- 1- l Mds
- 2- jsyekxZ
- 3- tyekxZ
- 4- ok; ðkxA

ekufp= eaHkkjr ed Mel vks] jsyekxZ dks n'sk jsy rFk i Ddh l Melkadk tky l eqorizeñkuka  
rFk l ryat] xak dsl ery eñkukaesñcNk gqk gSHkkjr ds dñ ifl ) uxjkaeai Ddh l Melka, oajsyka  
dk tky fcNk gqk gSjyka vks] l Melka ds i eðk ekxZyxHkx , d l eku gh gS tks fuEufyf [kr gA

- 1- dydRrk l sfnYyh
- 2- dydRrk l spñubZ/enkl ½
- 3- dydRrk l señcbZ
- 4- dydRrk l señcbZ
- 5- fnYyh l spñubZ
- 6- cEcbZ l spñubZ

vud ifl ) 0; ki kfjd uxjka dks i Ddh l Melka dsekxZ tkMfsgA l Ei wZn'sk ds jsy ekxkz dks  
l kr {ks=kaeack/k x; k gA

- 1- fnYyh ¼mRrjh jsyoz
- 2- xk] [ki g ¼mRrj i w] i wZ jsyoz
- 3- dydRrk ¼i wñnf{k.k} i wñ jsyoz
- 4- xkgkVh ¼mRrj i wñ jsyoz
- 5- cEcbZ ¼e/; , oaif'peh jsyoz
- 6- gñjkcn ¼nf{k.k e/; jsyoz
- 7- pñubZ ¼nf{k.kh jsyoz

### tyekxZ

#### ¼½ vkrfjd tyekxZ

ge ykxka ifrfnu dbZ i dkj dh oLrqk adk mi ; ks djrsgA ; s l Hkh oLrqavi usxkø ; kuxj  
ea i ñk ughagrñh gA nðkunj blganw jsLFkkuka l seakrsgA tgka l svf/kd ek=k gkrñh gS ; k cukrsgA

**ifjHk'W&** oLrq/kads [kjhnusvks] cpusdsbl dk; Zdks0; ki kj dgrsgS; g 0; ki kj nks izdkj  
dk gsrk gA

**1- vUrn&kh; 0; ki kj&** tc oLrqHkkjr ds vUj gh , d ftys; k, d jkT; I sni jsftys  
; k ni jsjkt; dks tkrh gS rc ml svUrn&kh; 0; ki kj dgrsgA

dN oLrq agekjsnsk eagh gsrh vFok de ek=k eagh gsrh gSge vko'; drk gkus ij ni jsns kka  
I seakrsgS tgkaosvf/kd ek=k ea i nk gsrh gA ni jsnsk I sgekjsnsk eavkusokyh oLrq/kadsvk; kr  
dgrsgA

bl hrjg ni jsns kka ea Hksts tkusokysbl eky dksfu; kZ dgrsgA

**vk; kr&**

ni jsns kka I svk; kr gkusokyh oLrq &

1- bLi kr dx t] /kkrqn | ksx vks] gffk; kj ka dcdkj [kkukadsfy, e'khuA

2- fctyh ds; U= ; q I kexh rFkk vU; e'khujh I kekuA

3- dN [kfut inkFkZ tS & [kfuy] i s/ksy; e vkfnA

4- jkl k; fud [kkn] jax , oajkl k; fud inkFkZ

5- vU; inkFk& v [kckjh dx t nokbz k Au vks] ni/k dk I eku] jcj vkfnS

**fu; kZ &**

1- tW dsckj svks] vkV

2- pk; vks] dgok

3- [kfut ykqk] eSuhT] vHkd vkfnA

4- peMk r; ] peMs

5- ukfj; y o mul scuh oLrq] ukfj; yvks] dktA

6- rEckd] phuh] xezeI ky] yk [k ouLi fr rsy] Nks/sj'sksoykh di ki ] V; j&V; wA

7- js'keh] I wh di Ms vks] gkFk dj?kk ds di MA

vkt vi uk nsk dbz izdkj dh e'khuavks] bat'hu; fjax dk I keku fu; kZ djusy xk gA tS sjy  
ds fMCo] fl ykbz dh e'khu] I kbfdy] j sM; ka i kuh ds i Ei] Mhty i Ei vkfnA

gekjk 0; ki kj b'ysM ; w, I - if'peh teZuh] tkiku] : I e/; i wZ ds n'ski whz ; yki ds ns kka  
I svf/kd gsrk gA

**mi bdkbz &3**

**tul & ; k**

fi z Nk=k/; ki d]

Hkkjr ds Hkkksy ds foHkku ekuoh; i {kka dk v/; ; u djus ds i 'pkr-ge bu bdkbz ea Hkkjr dh  
tul & ; k vks] ml dh fo'kkrkvkadk v/; ; u djx A oLro eabu I Hkh ekuoh; i {kka dks tul & ; k vks]  
; s I Hkh ekuoh; i {k tul & ; k vFkZ- , d ni js dks R; {k , oa i jk'k : i ea i Hkfor djrsgA

Hkkjr dh I jdkj i R; d ni o'kZ ea, d ckj nsk ds I Hkh Hkxka ea jgusokys yk'ka dh I & ; k dh

fxurh djkrh gÅ xkø] dLckh 'kgjkaeajgusokyka dh I ð; k] mudh mez mudsdke vks] edku I Ecll/kh tkudkjhdvBh djkrh gÅ bl stux.kuk dgrsgÅ o"KZ1991 ds'kq ea tux.kuk gþZFkh vks] vxyh tux.kuk o"KZgksxA bl ckj 1991 eaHkkjr dh tul ð; k 84 djkm+dsyxHkx gksxbZgÅ orEku ea; g 100 djkm+i gþ xbzA ijsfo'o eaHkkjr dh tul ð; k phu dsckn nh jsuEcj ij gÅ

Hkkjr dh fo'kkyrk dh otg l sbl dh Hkfe]tyok; ij fl pkbZ is ty] [kfut] ; krk; kr vks] m | ksdforj .k eavl ekurk gÅ bl h dkj .k ; gkadh tul ð; k dsforj .k eaHkh vl ekUr gÅ l u-1981 ea tul ð; k dk ?kuRo 216 Fkk] tksvc 1991ea<ej 267 gksx; kgÅ ifr , d oxZfdykehVj eavks r ftruseuþ; jgrsgÅog ?kuRo dgykrk gÅ

### **tul ð; k dk forj.k &**

- 1- I ?ku tul ð; k & mRrj Hkkjr dk eñku ?kuRo vkcknh okyk gÅ nf{k.kh i Bkj dsnf{k.kh Hkkx dh vkcknh Hkh I ?ku gÅ
- 2- vfr&l ?ku &tul ð; k okysin'sk djy] if'peh cakj] fnYyh]neu&}hi A  
Hkkjr dsl ?ku tul ð; k okysin'sk fcgkj ] mRrjin'sk] gfj; k.kk] i atkc] rfeyukMqvl e] e/; in'sk xqjkr] egkj"Vª vku/kz dukZ/d rFkk mMh i k gÅ
- 3- de tul ð; k okysin'sk gekjh LFky l hek dñdukjsdsin'sk tS sosjktLFkku dk if'peh Hkkx] tEewd'ehj] fl fDde] v: .kkpy] ukxkySM] e.khi g] fetkj] e] e] vkfn gÅ

### **tul ð; k vf/kd gks ds dkj.k &**

bu Hkkxka ea tehu l ery vks] mitkÅ gÅ o"KZ vPNh gsrhgÅ fl pkbZ dsl k/ku i; kZr gÅ bl fy, ; gka [krh vf/kd gsrh gÅ ; krk; kr dsl k/ku gÅ m | kx /ku/ksfodfl r gÅ bl fy, vf/kd I ð; k ea yks jgrsgÅ

n'sk dsde tul ð; k okysHkkxkaeade gks ds dkj .k dPN vks] jktLFkku ds if'peh Hkkx ea o"KZ de gsrh gÅ ; se: LFkyh; in'sk gÅ vU; Hkkxkaeai gkM+vks] ?kustacy gÅ bl fy, tul ð; k de gÅ

### **fo'kkrk, a %&**

- 1- ; gka tul ð; k of) nj rhozgs Fkk l a k/kuk] jkstxkj dsvol jka l shkh T; knk gÅ Qyr% cjkstxkj vks] fu/kZrk 0; klr gÅ
- 2- Hkkjr ea iq "k dh vi\$kk fL=; ka dh I ð; k de gS; g vuq kr 1000ij 973 fL=; ka A
- 3- ; gka 48-2 yks fuj {kj gÅ
- 4- yxHkx 40 ifr'kr yks fu/kZrk j\$kk dsuhpsgÅ

### **uxjka ds fodkl ds dkj.k &**

Hkkjr i kphu l hñfr okyk n'sk gÅ ; gka ij vudkai kphu uxj gÅ u; sfodkl dsl kFk vud u; s uxj fodfl r gqA bu uxjka ds fodkl ds fyEu dkj .k jgsg&

- 1- unh ds fdukjs; k ufn; ka dsl æe fLFkr ij uxj cl x, tS & efkj k  
iz kx %bykgkckn? dk'kh okjk.kl h] i VukA

- 2- ,srgkfl d dkj.k l scusuxj g& fnYyh] vxjk]t; i gA
- 3- /kkfeZl dkj.k eFkj]k] dk'kh] fr: ifr] f'kjMh] vte]j] gfj}kj] verlj] txUukFki]h] mTt&] jkešojeA
- 4- i kÑfrdl k&n; Zdsi; Vu LFky&i pe<h ušhrky] euky]h] nkft]y&] egkoyšoj mVde.MA
- 5- 0; ki kfjd uxj\* dkui]j] b&nk]A
- 6- vks] kšxd uxj& dk]k] Qjhkckn] dkui]j] vgenckn te'knij] c&ky]A
- 7- clnjxkg& cEcb] p&ub] dydRrk] dkphuA
- 8- l Medkavk] jy ekxkš dsl æe LFky& dkui]j] fnYyh] tcyi]j] ukxi]j] ,oabluk]A
- 9- jkt/kkuh uxj& nškdsiR; d jkT; ,oadšnz'kkf] r jkT; eaiR; d dk , d jkt/kkuh uxj g& tš s pUMhx<}fni i]j xk&kh uxj] i k]l]y]s jA
- 10- [kfut mR[kuu dšdšnz & jkuhxat] i Uk] fl g HkfeA

### i qjkoykdu

¼ e; z fo'kškrk, šz

- 1- Hkkjr , d fo'kky nšk gš bl dh flFkfrfo'o ea vR; Ur egRi wkZ ekuh xbz g&
- 2- Hkkjr 8°4 mRrjh v{k&k& l sydj 376° mRrjh i whšš k&urj l s9.25° i whšš k&urjdse/; QSyk g&rk gSA
- 3- ; g fo'o dk l krok cMk nšk g& oržku ea bl dh vkcknh 95 djkm+g&
- 4- Hkkjr d pkj i kÑfrd foHkkx gS& ¼geky; dk i ožh; {ks= ½½ mRrjh Hkkjr dk fo'kky ešku ½½ nf{k.k dk i Bkjh foHkkx ¼¼½ i whž o if'peh l eqz rVh; foHkkxA
- 5- Hkkjr dh tyok; qeafofo/krk gšfdUrq; g m".k ekul wh tyok; qdk{kš= g&
- 6- ; gkal nckgkj] ou ekul wh ou] 'k&d dVhysou] e: LFkyh; ou] i ožh; ou MšVkbžou i k; stkrš g&
- 7- Hkkjr [kfut l Eink eHkji]j g&

### i k&xr izu

izu&1 1991 dh tux.kuk dsvuq kj Hkkjr dh vkcknh fdruh FkhA

izu&2 Hkkjr dk tu ?k&Rro crkb; A

7izu&3 mRrj insk tul ā; k dh nř"V l s dš kgS\

izu&4 Hkkjr eafl=; ka dh l ā; k l cl svf/kd fdl insk ea gS\

izu&5 Hkkjr eal cl sde tu ?kuRo fdl insk gA  
 izu&6 Hkkjr ds nks 0; ki kfjd uxjka dsuke fyf[k; A

### **vRe fo'ySk.k ,oa vRe fujh{k.k gsq izu**

izu&1 Hkkjr dsfdl insk eal cl sde o"kkZgkrh gA vkSj D; ka\  
 izu&2 mRrj Hkkjr vU; {ks=ka dh vi{k vkf/kd I EiUu gA D; ka\  
 izu&3 Hkkjr dspkj uxjka dsuke fyf[k; A  
 izu&4 Hkkjr ds ikp rhfZLFkyka dsuke fyf[k; A  
 izu&5 Hkkjr eafdrh tul [a k Nf"k dk; Zeal yXu gS\  
 izu&6 inokpy eaok; qekxZ I ok, agh D; kami ; Dr gS\  
 izu&7 Hkkjr }kjk fu; kr dh tkusokyh pkj oLrpk dsuke fyf[k; A  
 izu&8 xka/Vd jkM dgka l sdgk rd tkrh gS\  
 izu&9 vkxjk ckEcs jkM dsfdukjs iMuo kys rhu uxjka dsuke fyf[k; A  
 izu&10 nks ied[k jy ekxk dk mYys[k dhft, A

### **mRrj rkydk iBxr izu**

izu&1 84-5 djkmA  
 izu&2 1991 dh tux.kuk ds vuq kj 267 0; fDr ifr oxZfdykehVj gA  
 izu&3 ;g I ?ku tul [; k okyk insk gA  
 izu&4 djy  
 izu&5 v: .kkpy  
 izu&6 dkuij vkSj bhkS

### **vRe fujh{k.k o fo'ySk.k ds izuka dlmRrj rkydk**

izu&1 jktLFkku ea  
 izu&2 D; kfd ; gka fl pkbZ ds fy; sugja o vU; I k/ku mi yC/k gA Nf"k m | ksx /kaks i; kZr gA  
 ; krk; kr ds I k/ku Hkh dkQh ek=k eami yC/k gA  
 izu&3 dydRrk] p[ub] e[cb] vgenkcknA  
 izu&4 mTt[ui] okj.k kl h] jke[oj] eFkj k o vtej 'kj hQA  
 izu&5 yxHkx 78 ifr'kr tul [; ka  
 izu&6 jy I Mel ; krk; kr mi yC/k ugha gA fodkl I Hko ugha D; kfd ; gka i oZ'h; , o nqz i kUr  
 {ks= gA

i7u&7 tW] pk;] dkQh] dgok] [kfut] ykqk vkfnA

i7u&8 dydRrk l sverl j

i7u&9 ubZfnYyh efcblzo ub fnYyh plubljyexxA

## mi bdlbz & 4

e/; inšk

fLFkr

**fiž Nk=k/; ki d]**

fi Nyh rhu mi bdkbz ka ea vki us Hkkjr ds Hkkšrdi {k} ekuoh; i {k} rFkk Hkkjr h; vksj ml dh fo'kškrkvka dsl eak ea v/; ; u fd; kA bl mi bdkbz ea e?; inšk dHkkšrdi {k} tul e; ; k vksj ml dh fo'kškrkvka dk v/; ; u djxA

**e/; inšk Hkkjr dschpla&** chp cl kgA bl hfy, bl se/; inšk dgrsgA Hkkjr ds i qz Bu dsl kFk gh jkT; dkA uoEcj l u-1956 dks i qz Bu gq/kA Hkkjr ds jktušrd ekufp= dks nq kka bl ea e/; inšk dsmRrj ejktLFkku vksj mRrj inšk ds dñ Hkkx e/; inšk rd ?kd sgA

**foLrkj**

; g jkT; yxHkx 18° m- v {kkakrd mRrj& nf{k.k ea 74° iw nš kkurj l s 84° iw nš kkurj rd i wZ if'pe ea QSyk gA bl dk {k=Qy 443 gtkj oxZfdykehVj gA bl jkT; dsyxHkx chp ea d d j j k k gkdj i wZ if'pe rd xbz gA jkT; dsyxHkx chp ea 800 i wZ nš kkurj mRrj& nf{k.k gkdj xbz gA {k= Qy dh n"V l se/; inšk l cl scMk jkT; gA

**Hk&jpuk**

e/; inšk , d fo'k; Hk& [k.M gA ftl izdkj xak unh mRrj Hkkx dsešku dsl hprh gA ml h izdkj uehk unh e/; inšk dh thou j e k k gA ftl izdkj Hkkjr dsmRrj eafgeky; gS ml h izdkj e/; inšk dse/; eafol/; kpy iož rFkk nf{k.k eal ri q/le iož ekyk gA uehk unh] fou/; vksj l ri q/le dks ekufp= ea nq kka

e/; inšk dk e/; orhZ Åpk Hkkx] mu l dMka Nks/h&cMk ufn; kadk ty foHktd gš unh mRrj i- i wZ dh vksj cgdj teqk earFkk l ku unh mRrj& ia i wZ dh vksj cgdj xak esfeytkrh gA vr ea xak ds ikuh dsl kFk cakj dh [kkMk eafxjrj gA

uehk vksj rklrh if'pe dh vksj cgdj vjc l kxj eafxjrj gA ck.kxak] bl untkorh] 'kcjh] nf{k.k i wZ dh vksj cgdj xknkojh unh eafeyrh gA NRrh l x<+ešku dh ufn; kagl nq 'kka f'koukFk dj egunh nf{k.k & i wZ ea cgdj xknkojhdh rjg cakj dh [kkMk eafxjrj gA

e/; inšk dschp eanf{k.k if'pe eamRrj i wZ dh vksj fol/; kpy vksj l ri q/le iož QSys gA l ri q/le iož ešegknv vksj ešdy iož Jf.k; kaed; gA l ri q/le dh i e d k p k s V; kavej d v d / k u x < + v k s v l h j ? k k V f o l / ; k p y d h J f . k ; k a e k M j v k s d e j g A u e h k u n h , d r a k ? k k V h 1 / 2 e a c g r h g A ? k k V h f o l / ; k p y i o ž v k s l r i q / l e d s c h p g A u e h k u n h v e j d v d l s f u d y d j v j c l k x j e a f x j r h g A ; g ? k k V h c g r m i t k A g A

**tyok; q**

bl jkT; dse/; l sddZj e k k gkdj xqj jrj gA vr%; gkadh tyok; q l keku; r%"m".k dfVcalkh; gA jkT; dk foLrkj vf/kd gkus ds dkj .k foHkku Hkkxka dh tyok; qes vUrj vk tkrk gS jkT; dk mRrj& if'peh Hkkx 'kd gA xehZ vksj l nhZ nksuka vf/kd i M r h gA l ri q/le ds i p e < h L F k k u dh tyok; q

'khry vřš LokLF; o/kzł gđ

e/; inřk ea iēřkrhu \_\_rqa gkrh gđ

xl'e \_\_rđ

bl \_\_rqaarki eku ekpzel stw rd yxkrkj c<řk tkrk gđ ok; ř. My eaueh de gkrh gđ vkdk'k esckny ughagkrđ /kny Hkjh vkf/k; kapyrh gđ ,đ sekř e dsdkj .k ekul wuh gok; sl emzl sFky dh vřš pyusyxrh gđ

o"kkz \_\_rđ

t w dsvřre l lřkg eaekul wuh gokvka l so"kkz gkrh gđ l cl svf/kd o"kkz tgykbl & vxLr ekg eagkrh gđ inřk ea o"kkz dh ek=k l c t xg l eku ughagkrh gđ vf/kd o"kkz gkus ij ufn; ka eack+vk tkrh gđ de o"kkz gkus ij Ql ya l řkus yxrh gđ i wđz Hkkxka ea o"kkz 120l s260 l seh- rd gkrh gđ

'khr \_\_rđ

'khr \_\_rqa o"kkz dh flFkr Hkē/; jřkk dsnf{k.k eagkrh gđ ekul wuh gok; amRrj & i wđl spyus yxrh gđ ftl l se/; inřk dk rkieku de gkus yxrk gđ dHkh & dHkh dksjjk Hkh i Mřk gđ

oulřr &

e/; inřk dsou] ikŃřrd l Ei řr dsvxk/k Hk.Mkj gđ yxHkx 14000 yk[k gđVř j Hkře eaou Qřsgđ jkT; dh dny Hkře ds30 iř'kr Hkkx ij ou Qřsgđ i wđl dh vřš dsftyka eaouka dk iř'kr vřš vf/kd gđ e/; inřk dsouka dks nks oxkē eaekā/k tk l drk gđ

¼½ ir>M+okys ou &

bl i dklj dsou řny] [kj xksu] [kMok] l kxj vřš gkřkakckn] ftyka eafeyřsgđ buouka dseř; i M+l kxkđu] oky] chpkř gYnř rny] /kok vkfn gđ ; sořk xfeř, kacs'kq ea vi uh i řr; kafxjk rřsgđ bl fy, i r>Mokysou dgrsgđ bu ouka dh ydMř bejřh ydMř ds: i ea iz, kx dh tkrh gđ

½½ dVhys ou &

deo"kkz okys Hkkxka ea dVhysou ik; stkrsgđ bu ea [kj]ccny] vkōyk] djkmk vkfn eř; ořk vřš >kMř gđ bu ouka ea xkm] yk[k dřFkk vkfn feyrkgđ

ckw & fcykl ij 'kgMksy] l h/kh] l jxřk] nřř. e.Myk] ckyk?kkV] gkkskakckn vřš řny ftyka ea eř; r%k; stkrsgđ ckw dk mi; kx dkxt cukus Ńř=e /kksřřř uř cukus ea gkrk gđ

e/; inřk dsouka ea dklgk fd l yh ře.Myřřf'koi ģh vřš ckd kox<+řř hokř ea jk"Vh; m | ku cuk; s x; sgđ vU; ouka ea 'kj]phrk] l kklj] phry] ckjgf l ģk] Hkkyřř řř] txyh Hkř sik; stkrsgđ ouka ea 339 djkm+: i; kadk jktLo feyrk gđ rni Rrka l s41 djkm+: i; kadk rFkk bejřh ydMř l s217 djkm+: -dk jktLo ikr ģřkA

[kfut inřk

nřkae/; inřk dk [kfut inřkřkř dsmři knu earhl jk LFkku gđ ; ģkads i eřk [kfut inřkřkř ; sgđ

eřuht & e/; inřk dk eřuht mři knu ea , dkf/kdkjh gđ ; ģkam PpdksV dk eřuht vf/kd ek=kk eafudkyk tkrk gđ

eřuht dseř; ftyđ ckyk?kkV ftyđ ckyk?kkV] řNnokMř] >kcyk vřš tcyi ģ gđ ; ģ ykřs eafeykdj dj bl ikr cukus dke ea vkrk gđ

yřřk & tcyi ģ >kcyk] /kkj ea ykřk fudkyk tkrk gđ



**ckDI kbM&** ckDI kbM ds{ks= eae[; mRi knd ftystcyij] fcykl ij] ckyk?kkV 'kgMksy gA  
**rlek&** bl dsu; sHk.Mkj ckyk?kkV ftysdseykt [k.M LFkku eafeysgA  
**ckS yk&** e/; inSk dk vf/kdkak dks ykfNUokMij 'kgMksy] l h/kh ea i klr gkrk gSa  
**ghjk&fol/;** inSk ds iluk ftyseafeyrk gA  
**phuh feVVh&** Xokfy; jI ruk] 'kgMksy] tcyij eafeyrkG

### fl pkbZ

e/; inSk l ufn; kaugj} rkykc] dq vks uydi fl pkbZ ds l k/kugSrFkk {ks= dh l fo/kk ds vuq kj  
 fof/k; kaugh nh xbZ gS\ inSk dseñkuh Hkxka ea NkMlej Nks/s rkykc cukdj fl pkbZ dh tkrh gA

Mhty ; k fctyh l spyuokys iEi ka dk iz; kx Hkh fl pkbZeagksyxk gA dñ {ks=ka ea uydi  
 Hkh [kks tkusyxsG

**fo| r&** inSk eadks ysdS {ks= eadbz fctyh ?kj LFkfir fd; x; sgA 'kgMksy ftyseavej dñ/d]  
 cñny ftseal ri qMk vks l kj.kh rki fctyh ?kj l pkfyr gA bl ds vfrjDr fl xjkyh vks pknuh ea Hkh  
 fctyh ?kj gA

pEcy unh ij fl Fkr xkakh l xj cakij ty fo| r dñz LFkfir gA tcyij ftyseacjxh  
 ckak l sfctyh i klr dh tk jgh gArFkk ckjuk u; h fl pkbZ ; kstuk gA

### Ñf" dh mit&

e/; inSk Hkjr dk Ñf" izkku jkT; gA jkT; dh 75 ifr'kr tul [; k [ksh ij fuHkj gA jkT;  
 dh QI ya ea Tokj] xg]puk] frygu vks dikl e[; gA

xg]pdyok ds i Bkj dh dkyh feVVh okyk {ks= dikl mxkrk gA

**pkyo&** eok/kk] 'kktki] mTtS] blnkS] blnkS] ftyka ea pkoy cks k tkrk gA

### m | ks /k&

e/; inSk m | ks dh n"V l sfodkl dh vks c< jgk gA rFkk Hkfo"; ea foLrkj dh l EHkkouk, a  
 gA e[; m | ks fuEufyf[kr gA

¼1½ fctyh dk Hkjh l keku cukus dk dkj [kkuk& inSk ea; g dkj [kkuk Hkky ea LFkfir gA

¼2½ l heV dckj [kku&dekj l ruk dVuh] cuekj eaga

¼3½ usk uxj eav [kckjh dkxt dk rFkk veckZe adkxt dk dkj [kkuk gA bl sckd vks ?kkl] dPps  
 eky ds: i ea iz; kx ea ykbZ tkrk gA

¼4½ Ñf=e jSks ds di MxXokfy; j] ukxnk] blnkS] ea cuk; k tkrk gA

¼5½ 'kDdj phuh ds dkj [kku& Mcjk] ckykn] l kjaxij] eghnij] >kcyk vks l hgkj eaga

¼6½ l #h oL= & bjkdhfeyS blnkS] jk; ij] mTtS] nskl ]Xokfy; j] jktukn xkø eaga

bl ds vfrjDr Hkh jstjCyM] fn; kl ykbZ vYdkgy] ouLi frdkMZckMZyk [k cukus ds dkj [kkus gA

**dñhj m | ks &** elnl kS ea yk [kvks ydMh dh oLrq a tcyij] Xokfy; j ea chMh cuus ds  
 dkj [kkus kñ; k] tcyij nekj] l xj Hkky vks l hgkj ea gA [kfM+ k feeh dh oLrq a Nrjij vks  
 tcyij ea cukbZ tkrh gA

**0; ki kj & vk; kr & fu; k-**

e/; inšk jkT; dh vFkD; oLFkk ea [kfut] ou vls Ćf'k dk ; kxнку vf/kd gA vr ; gk l snli js jkT; adh vls tkusokys inFkZ blghai j fuhkĳ gkA

fu; kĳd oLrq a&

**¼½ dls yk l heV**

½½ i 'kq/kadh [kkyš gfMM; k] peMĳ yk[k] gjMĳ ckl bekjrh] ydMĳ tykĀ] ydMh Ćf=e jšks dsĳkxš oL=A

¼ ½ dik l l rh oL=] emQyh ouLifr] ?kh] rEckdĳ [kyh eq; gA

vk; kr fd; s tkusokyh oLrq A

yksdhe'khuštW dk l keku] ; krk; kr dsmi d.k l rh di Mĳ eami dj .k oa [kk | kukaexgĳ nkyĳa cktjk] ouLifr] ry ?kh eq; gA

**; krk; kr ds l k/ku**

{ks=Qy dsvuiĳr eae/; inšk nškdcl cl scMĳ jkT; gA bl l si fjogu ds l k/kuka ds fodkl dh cMĳ vko' ; drk gA jkT; ea; krk; kr ds iæĳk l k/ku l Melsvls jy ekxZgh gA ok; qekxZcgĳ de gA dĳ {ks= , d sgštgkai Ddh vls dPph l Melsvls jyekxkš dk vĳko gA ; g vĳko nj dj useagh inšk dk fodkl l EĳkogA

**l Mel ekxZ &**

l Mdkadh nĳV l se/; inšk dh fLFkr l rksktud ugh gA bl dk iæĳk dkj .k ; gkadk i kĳfrd <kpk gA fol/; kpy vls l ri M+dsi gMĳ Hkkx] i Bkj vls ?kusvxĳ; cukadsdkj .k l Mel cuusdsdke eaef' dysvkrh gA inšk ea i Ddh vls dPph nkuai dkj dh l MelsgA dĳ jk"Vh; ekxZbl inšk l s gkdj xqĳjrgA tksfuEufykr gA

¼½ vlxjk l sXokfy; j] blnš gkrk gA cEcbz tkrkgA

½½ jhok] tcyij] fl ouh l sukxiĳ tkrk gA

¾¾ ½Ecbz l sdydRrk ekxZ jktukxk] nqZjk; ij ftyka l sgkdj tkrk gA

¾¾ y[kuknkš& l kxj l s>kd h tkrk gA

**jy ekx&**

ekufp= nškus l sKkr gkrk gšfd e/; inšk nškdse/; eafLFkr gkus l snšk ds iæĳk jy ekxZ e/; inšk l sgkdj tkrsgA , jksjy ekxZe/; jYosif'pe jYosvls nf{k.k i ĳhZ jYosds vĳrxĳ vkrsgA

**e/; jYos&** bl dh yEckbz inšk l sgkdj 1777 fd-eh- gA ; g jkT; ds vf/kdkak mRrjh vls nf{k.k Hkkx eaQSyk gA eq; LVŠku Xokfy; j Hkks ky bVkj l h gA blnš {ks= vls jhokĳh e/; jYosdšks= ea vkrk gA

**if'pe jYos&** bl dh yEckbz inšk l sgkdj 908 fd-eh- bl ds vĳrxĳ jkT; ds if'peh Hkkx ea; krk; kr gkrk gA jryke ulxnk] elnl š] mTš] 'kktkiĳ] hgš] nkl ] xqk] eĀ vkfn ifl ) LVŠku gA

nf{k.k i ĳhZ jYos& ; sjy ekxZ 1480 fd-eh- yEck QSyk gšjkT; dk nf{k.k i ĳhZ Hkkx bl l sykĳk mBkrk gA 'kgMksy ftykaea; krk; kr jy ekxZ l sgkrk gA

**ok; q ekxZ &**

jkT; ea bnš Hkks ky vls Xokfy; j eagokbz vMMsgš tksnšk ds foĳĳku egROI wkZ uxjka dksok; q ekxZ }kj k tkMš gA

e/; inš k Mkd l ok VsyhQksu jšM; ka Vsyhfotu }kjk Hkh l pkl l k/kuka l st tMk gA

### tul ě; k

l u-1991 dh tux.kuk dsvuđ kj e; inš k dh tul ě; k 60348]023 gA inš keavkš ru 196 ; fDr ifr oxZfdykehVj eacl rgš inš k dsl eLr eškuh Hkkx rFkk ufn; kadh ?kkfV; kaea tul ě; k l šku gA l cl s?kuh tul ě; k oksyftysblunš] Hkks ky] tcyi] j] jhok] Xokfy; j vkš fHk.M gA

nl jh vkš c?ky [k.M dsi Bkj vkš l ri tMk ešy dh Jš.k; kaokysHkkxkaea tul ě; k fojy gA inš k dh rhupkškkbz tul ě; k xkoka eajgrh gA rFkk [kšh d]rh gA ykx 'kkārfi; vkš bēkunkjgA

inš k dh tutkfr; kadh tul ě; k vf/kd gA ekš/srkš ij inš k ea gj i k b eal s, d 0; fDr vkfnokl h gA vkfnokl h >kap k e.Myk l jxqt k 'kgMky vkš/kkj ftyka ea vf/kd gA

### jgu&l gu

inš k eal Hkh /kekš dsykx fey tydj thou fcrkrsgA cš k [kh] j {kkcdku bh] n'kgjk] nhi koyh] gkyh] fØl el R; kšjk fey tydj eukrsgA xk d dsfuokl ; kadh igukok /kšh clMh vkš deht gA fl=; kadsigukoaea fHkurk gA ekyok eajgusokyh fl=; kaf l j xysgkFk vkš i š eapknh dsxgusi gurh gA {kš= dsvuđ kj Hkks tu ealHkh fHkurk gA rht R; kšjk 'kknh&fookg dsekš kai j ykd&xhr xkusdh i Fkk gA

### ifl ) uxj

e/; inš k ea tul ě; k uxj gA dN rks/kkfešd , frgkfl d dkj .kka l sifl ) gšrksdN i kNfrd l kN; Z, o ā ; šu LFky ds dkj .ka l sA vkš] kšxd rFkk 0; ki kfjd egRo dsuxj cgr de gA

- 1- /kkfešd LFkyka l smTtš] l kph gA
- 2- , frgkfl d dšn& Xokfy; j] egkcl] /kkj gA
- 3- f'k{kk dsdšn& l xj] mTtš] tcyi] j] bškš] Xokfy; j] Hkks ky gA
- 4- 0; ki kfjd dšn& fofn'kk] blunš] jk; i] j gA
- 5- vkš] kšxd dšn&ui kuxj] blunš] gA
- 6- i ; šu LFky& tcyi] j] ekM] [ktj]kgš Xokfy; j] f'koi]h] dklgk fdl yh] ipe<h] Hkks i] j gA Hkks ky & ; g e/; inš k dh jkt/kkuhgA ; gkadh rkyk ifl ) gA jktk Hkks usbl uxjh dh LFkki uk dh FkA bl dk i kphu uke Hkks i ky FkA uxj ds dN n'kšh; LFky bl izdkj gA fctyh ds l keku cukus dk dkj [kkuk škky ½ rkt yefLtn] fcMyk eflun] Hkks r Hkou] eNyh?k] l fpoky; ] fo/ kku l Hk HkouA vkt dk Hkks ky rsth l scurk gupk , d vk/kfud uxj gA Hkks ky nš k ds i k; %gj Hkks j y] cl ] ok; q l ok l st tMk gA foeku ry dkuke cš kx < gA

### i qj k o y k d u

- 1- e/; inš k ea 07 l Hkks o 48 ftygA
- 2- e/; inš k {kš=Qy dh n"V l snš k dk l cl scMk jkT; gA bl dk {kš=Qy 3]08]245 oxZfdykehVj gA
- 30- e-iz dks vkB i kNfrd foHkkska ea cka/k tkrk gA
- 4- ekyok dk i Bkj xgy vkš dikl mRi knu dsfy; sifl ) gA
- 5- foll; kpy] l ri tMk Jš.k; karFkk ueh] pšcy] crok] egkunh vkfn ifl ) ufn; ksgA

- 6- e-iz eaugjki rkykva dya V; cosy I sfl pkbz dh tkrh gA  
 7- ; gkapEcy] egkunh rFkk gl u] ckjxh ifj; kstuk, a fl pkbzo fo | r mRi knu dsfy; srRi j gA  
 8- e-iz I sdyh feVVh yS/jkbV feVVh] dybZfxVVh dNkjh feVVh ik; h tkrh gA  
 9- ; gladh e[; QI y&xg]pkoy] Tokj] di kl ] I ks kchu gA  
 10- e/; inSk I Mel rFkk jy ifjogu dh n"V I sfi NMk gA  
 11- ; gladso{kka ea l kxku v[ [k] ifl ) gA  
 12- ykjk] eSxuh] ckDI kbM] ykjk puuk]MksykekbV ; gkadsie[k [kfut gA eSxuh mRi knu ea; g  
 nSk dk vxz kh gA  
 13- ; gladh tul [; kdh ; g fo'kskrkgSfd , d frgkbz tul [; kvkfnokfl ; ka dh gA  
 14- blUnk] Hkki ky] Xokfy; j] tcyij] jk; ij ifl ) uxj rFkiozh; LFky v[ mTt] fp=dW  
 vkokj'oj] I kufxjh ied[k rhFkZLFku gA

### ikBxr izu

- izu&1 e-iz eafdrusl Hkx o ftysgA  
 izu&2 e-iz dsfdl {ks= eaghjik; k tkrk gA  
 izu&3 e-iz ea l ks kchu dh [krh I okZ/kd fdl {ks= gkrh gS\  
 izu&4 Xokfy; j D; ka ifl ) gS\  
 izu&5 dVuh D; ka ifl ) gS\  
 izu&6 e-iz eaog dk [kfut ik; k tkrk gA tksHkjr ea iFke gA  
 izu&7 e/; inSk I sgkdj I cl scMk dk I k jk"Vh; I Mel ekZxqjrk gS\  
 izu&8 e-iz dsoukaeik; s tkusokys nks ied[k 0; ol kf; d o{kka dsuke fyf[k; s\  
 vRe ijh{k.k vu; egRoikZ izu

- izu&1 e/; inSk dk {ks=Qy fdruk gS\  
 izu&2 e-iz dksfdrusikNfrd Hkxkaeack/k tkrk gS\  
 izu&3 e-iz dsfdl {ks= eadikl dkl okZ/kd mRi knu gkrk gA  
 izu&4 e-iz dhrhu ied[k ufn; ka dsuke fyf[k; A  
 izu&5 dkyh feVVh fdl QI y dsmRi knu dsfy, vPNh ekuh tkrh gA  
 izu&6 e-iz dh tul [; kdh nksfo'kskrk, a fyf[k; A  
 izu&7 e-iz dsrhu rhFkZLFkyka dsuke fyf[k; A  
 izu&8 e-iz dsiozh; LFky dk uke fyf[k; A bl sD; k dgk tkrk gA

**ikBxr izu mRrj rkydk**

- izu&1 07 l Hkkx o 48 ftyA  
 izu&2 iluk  
 izu&3 ekyokA  
 izu&4 Xokfy; j , frglfl d o l kLÑfrd uxj gA oržku ea; gkavks| kfxd dñnzfLFkr gA ; gkaf' k{kk  
 o 0; ki kj ds dkQh dñnz gA  
 izu&5 ; g pws di RFkj grqifl ) gA  
 izu&6 e&uhtA  
 izu&7 vlxjk ckEcsjk"Vh; l Mēd ekxA  
 izu&8 l kxk& o [k]A

**vkRe fujh{k.k o fo'y&.k grq mRrj rkydk**

- izu&1 e-iz dk {ks=Qy 308}245 oxZfdykehVj gA  
 izu&2 e-i 9z dks v&B ikÑfrd foHkkxka eaack/k tkrk gA  
 izu&3 e-iz dsekyok {ks= ea di kl dk l okZ/kd mRi knu gkrk gA  
 izu&4 pEcy] crok o uehk  
 izu&5 di kl mRi knuA  
 izu&6 ¼½; gkavk/ks l sT; knk vkcknh fuj {kj gA ½½; gkavknokfl ; ka dh l &; k yxHkx , d frgkbl  
 gS tks n&k ea l okZ/kd gA  
 izu&7 fp=dW] mTt&] l k&kf&jhA  
 izu&8 i pe<h] iožka dh jkuhA

**vkRe ijh{k.k vU; egRo iwZ izu**

fuEu izuka dks Lo; agy dj Nk=k/; ki d Lo; avki ukeW; kdu djA

- 1- fuEu izuka dsmRrj l &ki eafy [kk&
  - (i) Hkkjr dh , d unh dk uke fy [kks tks i wZ l sif'pe dh vkj cgrh gA
  - (ii) Hkkjr dh nks dks yk [knkuka ds uke fy [kkA
  - (iii) Hkkjr l sfu; k& gkusokyh nks i&[k oLr&ka ds uke fy [kkA
  - (iv) e/; in&k l sgkdj tkusokyh if'pe jYos ij fLFkr nks cMs LV&ku ds uke fy [kkA
  - (v) e/; in&k ds nks ifl ) i ; V u LFky ds uke fy [kkA
- 2- Hkkjr dks fdrus i kÑfrd Hkkxka eaack/k tk l drk gA bl ga uD'ka ea n'kkb; a \
- 3- Hkkjr ds i&[k m | ks&ka dk oxh&j.k dhft; srFkk [kfut inkFkk& ij vk/kkfjr m | ks&ka dk o.k& dhft; A
- 4- Hkkjr eafdrus idkj dsou gsrFkk mul s&k& &dk& l svkfFkd ykHk gA
- 5- Hkkjr dk ekufp= cukdj mueafuEu n'kkb; a &  
 ddZj [kk 80 i wZ n&kk&j] egkunh vjkoyh iož] fnYyh l sdydRrk rd jYosekxZ i&[k LV&ku  
 l fgr mVde.M t; i& rFkk l kus ds [kku ds fy, ifl ) Hkkjr dk, d uxjA



# i =kpj i B; Øe

ek;/fed f'k{k e.My] e;/ inškj Hkšky  
 }kjk I okZ/kdkjh I ġf{kr  
 fMlykək bu ,T; wšku  
 ¼'k{k ea i =ki k/k½  
 ¼}rh; o"½

fo"k; & I kelftd foKku ¼ kelftd i ; kbj.k½ , oa ml dk f'k{k.k  
 ižu&i= & , dkn'k bdkbz Øekal & pj  
 fo"k; kək & Hkjr dk ikphu bfrgkl

## fi z] Nk=/; ki d]

I kelftd foKku ds vHkh rd i < s i k Bkal svki usi kÑfrd i ; kbj.k }kjk fofHku i Hkkoka eækuo  
 vks] ml ds thou dksdš si Hkkfor fd; k I kfk gh ; g Hkh v/; ; u fd; k fd fofHku 'kkj hfj d] vkfFkd vlš  
 I kÑfrd xfrfof/k; ka dks ; g i ; kbj.k fdl idkj i Hkkfor djrk gA

Lej.k jgsfd ekuo ds mnHko fodkl vks] I E; rk ds i k j Hkd nkš ea i Ñfr I sl keluL; djrs  
 gq ekuo us I H; rk dk fodkl fd; kA i wZ i k'k.k dky] mRrj i k'k.k dky ds ckn fl U/kq?kkVh {ks= ea, d  
 I H; rk dk fodkl gqk ; g I H; rk uxjh; o mPp Lrj dh FkA bl I H; rk us Hkkjrh; bfrgkl ea vi uk  
 egRoi wZ LFku fu/kkZjr fd; kA bl ds ckn vk; kZ dh ošnd I H; rk dk mnHko , oafodkl gqkA bl i k B  
 dh i Fke mi bdkbz ea ge fl U/kq?kkVh , oa ošnd I H; rk dk v/; ; u djæA

bl ds v/; ; u ds i wZ ge I kelftd foKku ds egRoi wZ fo"k; bfrgkl ds v/; ; u, oaf'k{k.k  
 ds mnš ; ka dks I ūki ea l e> us dk iz kl djæsrkfd gekjk v/; ; u ifj.kkekDe[ kh gks I dA

## I kelftd foKku ds mnš ; &

- 1& bfrgkl dsifr Nk=ka dh : fp tkxr djuka
- 2& Nk=ka ea , frgkl d dYiuk tkxr djuka
- 3& Nk=ka dks bl ckr I si fjpr djuk fd gekjnsud thou ij vrhr dk i Hko i Mfk gA

4& Nk=kaeans k iæ dh Hkkouk dk fodkl djuk ftl l shkfo"; eamueajk"Vh; pfj= fufež gksl ds vki ds v/; ; u dh l qo/kk dks/; ku eaj [krs gq i Lr q i kB dks nks mi & bdkb; ka eackV k x; k gS 1/2 Hkkjr dk ikphu bfrgkl 1/2 U/kq?kkVh dh l H; rk l sjkti w jkT; rd 1/2 1/2 Hkkjr ij rplh ds vkØe.k eaejkBk l kekt; ds mn;] fodkl vksj iru rdA

### mi bdkbz 4-1

#### fl U/kq?kkVh ,oa ofnd l H; rk, a

MkW vkj-Mh- curthz }kjk l u 1922 eaf l U/qi ns k dsekgu tksnMka uked LFkku ea [kqk bz dh xba ml h l e; Jh n; kje l kguh dks gMIk eae kgu tksnMka dh l H; rk l sfeyr& tyrs [k. Mgj feyA fl U/kq?kkVh dh l H; rk dk dky vHkh rd Bhd izdkj l sfuf' pr ughagk s i k; k gA ; gk dh [kqk bz l sKkr gkrk gSfd bl eal kr irZ, d nW jsij cuh gpbZgA bl ckr l sfl ) gkrk gSfd ; g uxj l kr ckj cl k vksj l kr ckj mtMKA bl dh fupyh irkZ dh [kqk bz ugh gks l dh] D; kfid ml ea vR; f/kd feeh Hkj xbz gA

**l lekt d n'kk** fl U/kq?kkVh ea tks [kqk bz ds vo'kSk feysgS mul sKkr gkrk gSfd ; g l H; rk uxjh; FkA uxj dh l MeSo ekxZi ; kZr pKMsFks l MeKa l xfy; kavkdj feyrh FkA ukfy; kadh mRre 0; oLFk FkA edku ik; %i Ddh bZ/ka dscus gkr s FkA , d Lukukxkj Hkh mi yC/k gpk gA Lukukxj ea, d oxkZkj vkxu gSft l dspkj kavkj cjenarFk dejs gSe/; ea, d LFkku ij dqM gA ogkadsfuokfl ; ka dk eq; Hkktu xgpy vksj tks FkA ij Urqpkoy dk Hkh iz, sX gkrk FkA xk; ] HkS ] rFk cdjh ds nwk dk iz, sX i ; kZr gkrk FkA eka dk Hkh mi ; sX fd; k tkrk FkA A , d k vuoku feysl k{; ds vk/kkj ij yxk; k x; k gA

fl U/kq?kkVh dsfuokl h l wh vksj Åuh nksu kai zdkj dsoL= dk mi ; sX djrs FksL=h vksj i q "k nksuka gh vkHk k. k iæh FkA /kuoku 0; fDr l kuz pkrh rFk ekfr; ka ds vkHk k. ka dk mi ; sX djrs FkA fL=; k dSk dks l tkrh Fk fL=; ka tMk i hNs dh vksj ck/krh Fk i q "k Nks/h&Nks/h nk<h j [krs FkA ij Urqen nk<heqokus dk Hkh ipyu FkA fl U/kq?kkVh dsy sX thou eaeukjat u dks Hkh LFkku nrs FkA ; gka dsfuokl h tprk [ksyus ds Hkh 'kksdhu FkA urZd; ka dh efrZ k bl ckr dk iek.k gSfd ; gkadsfuokl h ur; rFk xk; u ea: fp j [krs FkA rcys<ksy rFk rjgh dsfp= Hkh epkvka eavdr feysgA 'krjat dk fo'kSk : i l s ipyu FkA ; gkadsfuokl h f'kdj eaHkh fnypli h yrs FkA ; sl Hkh vuoku feysfp=ka ds voykdu ds mijkUr fd; sX; gA

l ekt eafL=; ka dk l Eeku FkA ; gkads ifjokj ekr&l RrkRed gkr s FkA bl l E; rk dsfuokl h rhu izdkj l s'ko fol tZu djrs FkA 1/2 Hkfe ea'ko dks xkM+fn; k tkrk Fk 1/2 i 'k&i f{k; ka dks [kkus dsfy, 'ko dks [kyk NkM+fn; k tkrk FkA 1/2 'ko dks tyk fn; k tkrk FkA

/kfeZd n'kk& dN fo}kukadsvuq kj bl l H; rk dsfuokl h ; sXh'oj vksj f'ko dh mi kl uk djrs Fks vl; bfrgkl dkj ka ds vuq kj ; gk dsfuokl h ekr' noh] fyx vksj ; kSu dh i ntk djrs FkA ukx i ntk vksj l iz i ntk ds Hkh iek.k feysgA

vkfFkd n'kk& fl U/kqunh dh ?kkVh okyh tehu vR; Ur mi tkÅ FkA vr%Nf" 0; ol k; mlufR ij FkA xgpy tks dh [krh gkrh FkA dN iek.kkads vk/kkj ij puk eVj rFk fry dh [krh dk Hkh vuoku yxk; k tk l drk gA cSj xk; ] l qj rFk dRrka dks ; g yxk i kyrs FkA l ur dkrus vksj di M k capus

dk 0; ol k; Hkh djrsFks; gk dsfuokl h vkUrfjd rFkk fon'skh nksuka i dki ds0; ki kj djrsFkA dQn fo }luka  
 dsvuq kj pknh vks I kusvQxkfuLrku I svk; kr fd; s'tkrsFkA rkæk vks I hl k jkt i urkuk CyripLrku  
 vks bjku I seak; k tkrk Fkk rksy dsfy, vusd pkskij vkdkj dsckA/ iæ[kr; k iRFkja }kjk fufeR fd; s  
 gg gA [kpkbzLeavusd efirz; kai klr gpbzgA ; sefirz; k ed; r; k nsh norkvka urfd; ka] nonkfl ; ka vkfn  
 dh gA VW&QWscrLuka i j fp= feysgA ; sfp= ed; r; k i 'kæ; i f{k; ka ds gA [kpkbzI si klr egjhdksns[kus  
 I sKkr gksk gSfd ; gka dsfuokl h fy [kuk Hkh tkursFks i jUrqKkr ughagks i k; k gA

vk; kA dk ey LFkku&vk; Z' kCn dk vFkz gS JSB vk; kA I svfHki k; mu ykxka I sgSftUgkausfl U/  
 kq?kkVh I H; rk dsyxHkx nksgtkj o"lz ckn Hkjr ea, d vkn'kz I H; rk dk I 'tu fd; kA vk; kA dk ey  
 fuokl LFkku e/; , f'k; k ekuk tkrk gA osogh I sl egka eayxkrkj 'krkCn; ka rd Hkjr ea vkrsjgsA  
 osfgUnqdqk vks vQxfulrku dsekzI sHkjr i gpsA dk; kA dsfoHkktu dsdkj .k tkfr; kacuh ckã .k  
 {kA=; ] oS; ] rFkk 'kna Åp&uhp rFkk NqkNur dk HknHko ugha Fkka

## mi bdkbz 4-2

### tA , oa cA /leZ

#### tA /leZ

egkohj Lokh dk thou pfj=& ik'oZkFk dsi'pkr 599 b-iw dsyxHkx oSkkyh ds vUrxR  
 dqM xte eaegkohj Lokh dk tle gpk FkA tA /leZ dk ; Fkk i pkj djuseaegkohj Lokh dk gh ; kx  
 Fkka budh ekrk dk uke f='kyk vks fir k dk uke jktk fl ) kFkzFkA egkohj Lokh dk fookg ; 'kkskjk  
 uked dU; k I sgpka fir k dh eR; qusmuea oS kX; dh Hkkouk dks tle fn; k vks mlgkaus?kj R; kx dj  
 I U; kl ysfy; kA mlgkaus 12 o"lz rd dBkjr i L; k dhA Kku dh i klr dsi'pkr os pkschl os rHkzI  
 dgyk; A rc mlgkaus rHl o"lz rd ?kæ&?kædj ex/k dks ky] vax] feffkyk vkfn jkt; ka eavi usfl ) kUrka  
 dk i fri kfr fd; k 668 bz i wZjktxg dsfudV i kok uked LFkku i j mlgkaus vi usi fo= 'kjhj dk R; kx  
 dj fn; kA

tA /leZ dsfl )Ur & ¼½ vfu'ojokn ½½ deZ dh iZkkurk ¾½ vfgl k eafo'okl ¼½ i kp  
 v.kork ¼½ vfgl k ¼½ vLrS ¼pkjh u djuk ¼ ½ I R; ¼½

cãp; 2½ vi f jxg ¼Lrpkæeakg u j [kuk ½½ 'kkjhjd d"V ; k ri dh iæ[krk ½½ f=j Ruka  
 dk fo/kku ¼½ I E; dKku ¼½ I E; dJ) k ¼ ½ I E; dvkpj .k ¼½ ek{k i klr djuk thou dk iæ[k mnas ;  
 ¾½ ckã .k dk i Hkko vLohdkj ¾½ onka dk vkpj .k ea vfo'okl A

#### cA /leZ

NBh 'krkCn h bz i wZosnd ; q; dh gypy rFkk /kkfedl ØkfuR dk ; q; Fkka mRrj osnd dky ea  
 tkfr 0; oLFk dk Lo: i tVY gksk tk jgk FkA ; Kkaeavl æ; i 'kpkadh cfy nh tkrh Fkka i jksgrokn  
 dk ckyckyk Fkka I ekt dh bl i rukoLFk dsfojksk ea cA us vkokt mBkba

cA dk tUe& cA dk tle 563 bziw eayfcuh uked LFkku ea gpk Fkka mudsfi rk dk uke  
 'kq ksku rFkk ekrk dk uke ek; k nsh Fkka egkRek cA dk cpi u dk uke fl ) kFkzFkka cpi u I sgh egkRek  
 cA vR; Ur d: .kke; Fkka mudh mnkl hurk dksn[kdj mudsfi rk us 16 o"lz dh vk; qea mudk fookg  
 ; 'kkskjk uke dh , d : i orh dU; k I sdj fn; kA i jUrqfookg usmudsân; dks'kkfuR ughanh vks mudh



fpru fØ; k pyr h jgh vksj osl d kj dksnd[ke; ekuusyxA , d fnu osfopkj ea [kks sqq fpru dj jgs Fksfd i e gkusdk l ekpkj feyKA i e tle dsl ekpkj dksl udj mudse[k l sjkgy 'kCn fudyKA jkgy dk vFKZgScU/kuA ; g cu/ku Hkh mlgaughajkd l dka , d jkf= osv i uh i Ruh rFkk uotkr f'k' kqcdksNkMaj l R; dh [kkst ea?kj l sfudy i M&A mudsxg R; ka dh ?kVuk dksegkffkfu i dæ.k dgk tkrk gA eu eavud izuka, oaeu eamBh 'kackvka dks'kkUr djusdsfy, osLFkku & LFkku Hkæ.k djrsqq ex/k dh jkt/kkuh moyk i gpa ; gk; mlgkus i kp cka. kka dsl kFk dBkj ri fd; k vksj vllu Hkh R; kx fn; k i jUrqueu dks 'kkfUr ugh feyhA bl dsckn 6 o"lz xgu fpru ea0; rhr fd,A , d fnu tc i hi y dso{k dsuhps cBsfpUr u dj jgs Fks rks mlga vi us vlnj , d izdk'k dk vkHkkl gprk , oacq Ro dh i kflrgpZ FkA

bl l e; mudh voLFkk dpy 35 o"lz dh FkA l ozi Fke mlgkuscukj l tkdj vi usmu i kp cka.k l kFk; ka dksmi nsk fn; ka ; g mi nsk /ke&pØ ifjorZ dsuke l sifl ) gA bl dsi 'pkr vo/ kj fcgkj] vkfn i nsk ka ea/kezi pkj fd; ka dksky ujsk rFkk ex/k ujsk usHkxoku cq l si Hkfor gkdj cks /keZ Lohdkj dj fy; ka 86 o"lz dh vk; qeamRrji nsk dsxkj [ki j ftys dscdqkhuxj eaos k[k dh i f.kæk dsfnu osbl l d kj dks NkMaj pysx; A

Hkxoku cq dsmi nsk %Hkxoku cq dsmi nsk ka dsvk/kkj ij gh cks /keZ dsfl ) kUr fu/kkZjr fd, x; sgA ; sfl ) kUr fuEu gA

1/2pkj ckral R; % 1/2 nq[k l enk; 1/4 1/2 nq[k fujksk 1/4 1/2 nq[k fujksk xkfeuh ifrink 1/2 1/2 bZoj eafo'okl u djuk 1/3 1/2 vukReokn 1/4 1/2 onka dh i æk.kf.kdrk ea l ng 1/5 1/2 tkfr 0; oLFkk dk fojks k 1/6 1/2 deZk.M vksj ; Kka d kfojksk 1/7 1/2 vkpj .k dh ifo=rk ijcy 1/8 1/2 vfgd k 1/9 1/2 l R; cksyuk 1/10 1/2 vLrs 1/11 1/2 vi f j xg 1/12 1/2 uR; vksj l æhr u nsk uk vksj u l quuk 1/13 1/2 qfU/kr nØ; ka l svi us dksnij j [kuk 1/14 1/2 d q e; eaHkstu u djuk 1/15 1/2 l qkn ; k dke 1/16 k; ; k j s[k dk i fjR; kx 1/2 1/2 dkfeuh vksj dpu dk i fjR; kx 1/18 1/2 deZeaf o'okl 1/19 1/2 fuokZk i kflr thou dk eq; mnas; A

Hkkjrh; l H; rk rFkk l l Nfr dsfofHkku {ks=kaeack} /keZ us i Hkko Mkyk gA /keZ dyk vksj n'ku rksfo'kSk : i l si Hkfor gq gA

mi bdlbz 4-3

ekS Z xqr , oa g"lz l ketT;

ekS Z l ketT; dk l LFkki d plnxqr ekS Z Fkka og , d egku l suk uk; d fotrk gkusds l kFk & l kFk , d dqky izkkl d Hkh Fkka pk.kD; uke ds , d cka.k æh us tks dksVY; dsuke l sHk i fl ) gS ekS Zoak ds, d r: .kj plnxqr dksf'k{kk ndj rS kj fd; ka plnxqr us l suk dk l æBu fd; k vksj uln jktk dksfl gkl u l smrkj fn; ka

plnxqr ustYnh gh l epsiatk dks thr fy; k A l qnj mRRkj ea dQn i nsk ; wkuh l suki fr l Y; wdl fudVj ds v/khu FkA plnxqr us, d yEcsvfHk; ku dsckn vUr eaml s305 bzi w eagjk fn; ka fl U/kqunh ds i kj dsml i nsk dksHkh thr fy; k tksvkt dy vOxkfuLrku dk fgLI k gA nksuka i fjokja dschp foog& l æ/k Hkh LFkfi r gksx; A bl dsvykok plnxqr use/; Hkkjr dsHkx Hkh thr fy, A bl izdkj plnxqr dk 'kkl udgy l ektr gkusrd l epk mRrj Hkkjr ekS kZ ds v/khu gksx; ka

i Pphl l ky rd 'kkl u djusdsi 'pkr-plnxqr usvi uk fl gkl u vi us i e fclnd kj dks l ka fn; ka fclnd kj ds'kkl u dky eaekS Z l ketT; nf{k.k eaes j rd QSy x; k Fkk vksj bl rjg ml ea yxHk l kjk nsk 'kfe y Fkka dpy dfyx i nsk 1/2 ml 1/2 vksj l qnj nf{k.k ds jkT; ] gh ml l ketT; eaughafkA

**v'kkd** ek\$ jktkvka eav'kkd l cl i fl ) gqk Hkkjr dsegkure 'kkl d ea l s, d Fkka ml us dfyak dks thrdj ml svi usl kekT; ea'kkfey djusdk QS yk fd; kA dfyak ij p<kbzd h xbvks ml s thr fy; k x; kA ij nksukavkj dh l sukvkadksHkkjh gkfu mBkuh i Mh vksj ejrsgq fl i kfg; kadksn\$kdj v'kkd dks cMk nqk gqkA vc ml us QS yk fd; k fd og vksx dkbZ; q ugha djskA rFkk ; q ; k=kvka dsLFkku ij /keZ; k=k, adjsk ml us dby Hkkjr rd gh ughaoju fonskkaeaHkh cks) /keZds i z kj eaegku ; ksnku fn; kA

ek\$ Zl kekT; j v'kkd dh eR; qdscn fNuu&fHkuu gksusy xk ek\$ Zl kekT; dsfo?kVu dsdbzdkj .k FkA i Fke] v'kkd dsmRrjkf/kdkjh nqz FkA f}rh; dkj .k ; g Fk l kekT; dsfofHkuu i ns kkaVR; f/kd njh dsdkj .k, d nll jsl svyx&vyx i Ms-gq Fksvks bl fy, iz kkl u l sl Ei dZLFkkr djuseadfbukbz gksh FkA , d fo'kky l suk vks fo'kky iz kkl fud l suk dk [kpZmBkudsfy, Hkkjh /kudh vko'; drk Fkh 'kk; n ckn eaek\$ Z' kkl d brusHkkjh [kpZdsfy, i; klr dj ol ny ugha dj i krsFkA /khj&/khjsek\$ Z kekT; dsfofHkuu i klr vyx gksusy xsvks vlr eaLorU= cu x; A 185 bzi w ea i q; fe= 'kq usvflure ek\$ Z 'kkl d dh gR; k djds 'kq oak dh LFkki uk dhA

**xlr l kekT; &** bl jktoak dk i Fke i fl ) 'kkl d plnzlr i Fke Fkka ml us fycNfo jktdepkh l sfookg fd; kA plnzlr jktoak dk i Fke l etV yXkHkx 320 bz ea xnh ij cBk A ml us l kdr 1/4; k; k1/2 dk i ns kj iz kx 1/2 ykgkckn 1/2 vks ex/k ij 'kkl u fd; kA , d ckj fQj ex/k mRrj Hkkjr ea'kDr'kkyh jkT; gksx; kA bl splnzlr i Fke ds i e l epnzlr usvks Hkh vf/kd 'kDr'kkyh cuk fn; kA jktk cuusij l epnzlr fnfXot; dsfy; sfudkyA ml usHkkjr dspkj jktkvkadsgjk; k vks vkt dy dsfnYyh vks if'peh mRrj i ns k dks vi us jkT; eafeyk fy; kA ml usnf{k.k Hkkjr ds mudsjkT; ka l s ; q fd; k t\$ smMh l kj vkdkz vks rfeyukMwdsjktkvka l sml us i nhz Hkkjr ds jktkvka ij p<kbzd hAvl e xak dsMYV k ] us ky vks mRrj Hkkjr ds jktkvka l sjktLFkku ukSx.k jkT; ka l sdqk.k jktkvka l syadk ds jktk l svks , f'k; k ds }hi ka l sHkh dj ol ny fd; kA

plnzlr f}rh; l epnzlr dk i e Fkka og foØekfnR; dsuke l sHkh i fl ) gA if'pe Hkkjr ea xlrkadksi js kku djusokys'kkl dka ij p<kbzd jdsml usfot; i klr dhA ml usnf{k.k Hkkjr ds odkVd jkT; ka l sobkfgd l aak tkMA plnzlr f}rh; dsckn dbZ 'kkl d detkj fudyA e/; , f'k; k ds gwka usmRrj dh vks vkØe.k djds mudh i js kfu; kadks c<k fn; k yxkrkj geyka l sxlrka dh 'kDr {kh.k gksxbz vks vr eaguk i akc vks d'ehj ds'kkl d cu x; A

**g"kdj jkT; &** g"kdj i Hkkdj o/kz dk i e Fk rFk jkT; o/kz dk Nks/k Hkkbz Fkka jkT; o/kz dh eR; q ds i 'pkr-606 bz ea fl gkl u ij cBk A ftl l e; ij og fl gkl u ij cBk ml dh vk; qdby 16 o"kd dh FkA dUukst vks Fkku\$oj ij 'kkl d cuusdckn g"kduspkyq; jkT; ij vkØe.k fd; kA bl dsckn ea/kq l s f}rh; dks i jkfr dj fn; kA g"kdusviuh dU; k dk fookg /kq l s f}rh; l sdj fn; k A g"kd usegki k.k vud kj fl U/kq ij Hkh fot; i klr dj yh FkA

g"kd dh eR; q dsckn dN l e; rd mRrj Hkkjr ea vLFkrjrk dh fLFkr jghA jkT; dbZ Nks/h&Nks/h bdkbz, kaecV x; kA bl eavkoki ea yMkb; kagkrh jghA bl chp nf{k.k ds jkT; 'kDr'kkyh gks x; A

## iqjkoykdu

- 1- fl U/kq?kkVh I H; rk gekjsn'sk dh ikphu uxjh; I H; rk gS tks I Hkh n'f"V; ka I smUur'khy FkhA
- 2- bl dh I H; rk dh iæ[k fo'kSkrrk, ag] uxj jpuK] Hkou fuekZk] uxj 0; oLFkk vkfnA
- 3- ofnd dky eaonka dh jpuk gPZA ; g I H; rk xteh.k I H; rk FkhA bl ; æ eaekuo thou dks o.kZ vkJe 0; oLFkk ds varxZr] foHkDr fd; k x; kA
- 4- ofnd dky eaI ukru /keZ'fgUniz dk ipyu Fkka fdUrqml eaekge.kokn ds dkj.k tS u ckS /keZ dk mn; gq/kA
- 5- tS vkSj ckS dsfl ) kark ea I R; vfgd k vijxg iæ[k gA
- 6- tS /keZckS /keZ [k Qyk vkSj Qyk A ckS /keZn'sk dh I hek, ayk?kZj fons'kkaea Hkh x; kA buds dky ea I kfgR; o dyk dh mlurh gPZA
- 7- ekS Z, oa xlr ; æhu Hkkjr ea I H; rk vkSj I hNfr fodfl r gPZA
- 8- xlr dky Hkkjr h; I hNfr dk Lo.kZ; æ dgykrk gSD; kfd bl dky ean'sk dh cge[kh i xfr gPZA
- 9- g"KZ ds dky ea fgUnq/keZ dk fodkl gq/kA og viuspj.kkRd"KZ ij igp x; kA
- 10- g"KZ dkyhu Hkkjr ea I ekt dh n'kk mlur Fkh rFkk n'sk i xfr ds i Fk ij Fkka

## ikBxr izu

- izu 1 fl U/kq?kkVh I H; rk dh rhu fo'kSkrrk, afyf[k; A
- izu 2 ofnd dky dh I H; rk dh nks fo'kSkrrk, acrk, ; A
- izu 3 tS /keZ ds nks fl ) kark fyf[k; A
- izu 4 ckS /keZ ds I hFkki d dks Fks\ fd I ekV usmudh f'k{kkvka dks I oZ Eke fons'kkaea i pkfj r fd; k \
- izu 5 vkpk; Zpk.D; dks Fkka ml usfd I ekS Z'kkl d dks I ekV cuok; k \

## vkRefo'ySk.k izu

- 1- onkadsuke fyf[k; A
- 2- fl U/kq ?kkVh I H; rk dsySk vkt dy i nts tkusokysfdl nork dh i ntk djrsgA
- 3- fd I 'kkl d ds'kkl u ea izU/k dks vkn'kZekuk tkrk gA

## ikBxr izula dh mRrj rkydk

- izu&1 uxj] uxj 0; oLFkk] Hkou fuekZkA
- izu&2 xteh.k I H; rk] Kku , oafokku eDr I H; rkA
- izu&3 vfgd k] I R; vijxg
- izu&4 xkS'e cD A I ekV v'kkdA

iZu&5 dksVY; dsVFkZ kKL= dk jpf; rKA l ekV plnxtlr ekS Z

### vkrE ijh{k.k mRrj rkydk

- 1- \_\_xon] ; tφh] vFkbn] l leon
- 2- f'ko o ekr' nōh
- 3- plnxtlr ekS Z

### mi bdkbz & 5-1

### e/; dkyhu Hkjr

bl bdkbz eae/; dkyhu Hkjr l Yrur dkyhu o eky dky dk v/; ; u djka bl bdkbz eae ; g ik; aksfd fdl h idkj l sfonskh vkØe.kka dsdkj.k vkfn Hkjr rh; jktiur jktkvkadh ijLij QW dh otg l snsk dksxykeh dh tathjkaea tdmk tkuk iMka

### Hkjr ij eđ yekuka ds vkØe.k &

g"kdh eR; qdsi 'pkr-Hkjr eavud Nks&Nks/sjkt; kadk mn; gqKA bu jkt; kaajktiur jkt; l cl s'kDr'kkyh FkA bl ; q eagh eflYe fonf'k; kausHkjr ij vkØe.k fd; k FkA jktiurkaea, drk ughaFkA mlgkausif'pekRrj l hekar insk dsifrmnkl hurk cjr h vks 'kkl u izlU/k ughafd; kA jktiur jktk vPNsdw/uhfrK ughaFkA ; φ eaohjrk l syMfsFksej ; φ thruk ughatkursFkA l siki fr dsekjs tkusij l suk eagh uxj gkrh FkA bl dsfoijir eflYe 'kkl d ; φ ; kstuk l syMfsFksvks ; φ thruk viuk mnas ; j [krsFkA muea, drk] /kkfed Hkkouk rFkk /ku yw dj ekyk&eky gksuk fo'kSk i Rl kgd rRo gkr's FkA

jktiurkadh foHkDr 'kDr dsdkj.k eđ yeku fonf'kh 'kkl dka dks; g vol j feyk fd osHkjr ij vkØe.k djds/ku&nksyr ywa ; k viuk 'kkl u LFkfir djA uhpsegem xtuch] ekjEen xksh vks eky 'kkl dka dk mYys[k fd; k tk jgk gS&

**egem xtuch&** egem xtuch 998 bz eaxtuh dk 'kkl d cukA ml usjkt; foLrkj dsfy; s fg'kr oY[k olr o [kijkl ku dksfot; fd; kA ml dsckn ml usHkjr ij vkØe.k djusdh ; kstuk cukbz rkfd xtuh l ketT; dk foLrkj dj l dA Hkjr l s/ku yw dj l sud 'kDr eaof) djdsxtuh l ketT; dksetar djuk pkgrk FkA egem usHkjr ij ckj&ckj vkØe.k fd; A l u-1000&1020 dse/; ml us Hkjr ij l =g ckj fl U/k& xak ufn; kadsehkukaevkØe.k fd; sA ml us/ku yw[k] fot; h gqk vks efrZ eatd] mikf/k ikbA ml dk vare vkØe.k dkfB; kokMZrV ij flFkr l keukFk ij gqKA l u-1030 ea egem xtuh dh eR; qgksxbz vks Hkjr ij ml dsvkrd dk Hk; l ektr gksx; kA

**ekjEen xksh&** ekjEen xksh usegem xtuch dsvkØe.kka dsyxHkx 150 o"kkz dsvlrjky l sHkjr fl ak ij vf/kdkj dj fy; kA xqtjkr ij vkØe.k vkjEHk dj fn; A rjkbZ dsifke ; φ eaml dh ijkt gφZ ijUrqrjkbZ dsf}rh; ; φ 1192 bz eaml usiFohjkt pkjku dksijkt; dj ml sekj MkykA bl idkj ml dk fnYyh o vtej ij dCtk gksx; kA xksh us1194 bz eat; nō l sdUukst ij vf/kdkj fd; k vks foLrkj cukj l rd dj fn; k vks fQj [kks[kjka dksijkftr fd; kA

ekjEen xksh usml dsxyke drcqnuhu , cd dks thrsgq jkt; l ka sekjEen xksh , d dky l sukuk; d vks jktuhfrK FkA og iFke eflYe 'kkl d FkA ftl usHkjr eajkt; djusds mnas ; l s fot; vflk; ku pyk; k FkA drcqnuhu , cd fnYyh dk 'kkl u cuk Fk 1260 bz dh eR; qdsckn ml us

fnYyh I Yrur dh cfu; kn MkyhA

xgyke oák ¼200 bZ I s1290 bZ½ bl oák dsI Hkh 'kkl d ; k rksLo; axgyke Fksxgykeka dh I Urkua ; g xgyke oák dgykrk gA bl oák dk iEke 'kkl d ekgEen xksh dk I siki fr drrqrrhu , od FkA og xksh dh eR; qdsi 'pkr fnYyh dk I Yrku cukA xgyke oák dksHkkjr earrpZjKT; dh uho iDdh djus dk Js gA bYrrfe'kdh iqh jft; k I Yrku Hkkjr dh iEke efgyk 'kkl d FkA xgyke oák dk vflre 'kfr'kkyh I Yrku cyou FkA ml us, d I qfBr I suk j [kh , o] fontkfg; kadksdMh I tk, anh rFkk fujadk 'kkl u dh LFkki uk djuseal Qy gprkA

**f[kyth oák** ¼290 bZ I s 1320 bZ½ vykAnnu vi uspkpk dk o/k dj fnYyh dsfl gkl u ij ml usf[kyth oák dh uho MkyhA vykmnuh usI suk dk iuxBu fd; k rFkk xqjkr j.kFkclj] fpRrkM+ mTtSj ekMo] pngh vkfn ij vfedkj dj fy; kA nf{k.k fot; dsfy; svi usfo'okl ik= I siki fr ekfyd dkQj dksHkstKA , d I suk dsfy; svikj /ku dh vko'; drk FkA bl fy; sml usxak ; eqk dschp ds mi tkA {k= ½ks½ ij dj c<k fn; kA ml usolrkaadsew; fu/kkZjr fd; A f[ktyh oák dsckn ds'kkl d Hkh vk; kx; vkj 'kfrghu FkA vr%'kh?kz gh bl oák dk i ru gksx; kA

**rqyd oák** 1320 bZ ea bl oák dk iEke 'kkl d X; kl nnu Fkk] fdUrqbI oák dk ifl ) I Yrku ekgEen fcu rqyd ml usI oEke nksvko dsfdl kuka ij dj c<k fn; kA ml jh ; kstuk jkt/ kkuh fnYyh I sFkA rhl jh ; kstuk Fkh rkdsdI kadfrd fl Ddspsykusdh ; kstuka eggEen rqyd dsckn ml dspjshkkbzQjkt rqyd fnYyh dsfl gkl u ij cBk ml usihfMf turk dsdk; Zfd; A I u-1398 bZ rñj yak usHkkjr ij vkOe.k fd; kA ml usfnYyh eayw dh vkj okil vi usnsk I ejdm pyk x; kA bl dsckn I S; n oák dh uho fl M/k [kk; usi ; j usj [kha

yknh oák ¼415 bZ 1526½ & yknh oák dsieqk I Yrku fl dlñj yknh vkj bctghe ykn Fks I u-1526 bZ ikuhi r dseñku eackcj usbctfge yknh dks ij kfr dj eqy oák dh Hkkjr ea uho j [kha

**I Yrur dky dk 'kl u izU/kd %** I Yrku dk in I okp gkrk FkA I suk o U; k; ds ekeyseHkh I Yrku dk gh vknk vflre ekuk tkrk Fk bl I e; dsrpZ I jnkj cM+ 'kfr 'kkyh FkA bl dky eamRrjkf/kdkj dk dkbZfu; e ughaFkA jkt dh; vk; dk ieqk I k/ku Hkne dj FkA mi t dk yxHkx , d frgkbZHkx yxku ds: i eafy; k tkrk FkA xkO vkj ftykaadke djusokysLFkkuh; vf/ kdkjh yxku dh ol nyh fd; k djrsFkA fnYyh ds I Yrkuka us'kkl u dh I fo/kk dsfy, vi usjKT; dks dbZ i kuraeack/ fn; k FkA iR; d i kUr ¼ wck½ ea, d I wnkj jgrk FkA ; g I Yrku dk I adkh ; k fo'kSk Ñik ik= gkrk FkA

**I Yrur dkyh tu&thou&** Hkkjr eavk; sqg rplZvQxku Hkh bñku vkj e/; , f'k; k I s ogkadh I Lñfr vkj fopkj yk; sftI dk LFkkuh; I ekt ij i Hkko i MKA fdUrqt os; gkacI x,] rc Hkkjr; thou dsjhfr&fjokt mudsfopkjka vkj 0; ogkjka dks i Hkkfor djusyxA

**I kftd thou&** I ekt pkj ieqk oxkZ eafokHDr FkA vehj vkj I jnkj Hkh cM+ BKV ckV I sjgrsFks vkj foykfl rk dk thou 0; rhr djrsFks rplZ vkj vQxkuka dsbl nsk eavk tkusI sgkus okysifjorZ mPp oxZrd gh I hfer jgA tfr izkkyh bl dky dh ieqk fo'kSk rFkA I ekt eafL=; ks dk eku Oe'k%de gprkA jkt?kj kuka vkj /kuh oxkZ escgfookg dh i Fk FkA cky fookg rFk inZ i Fk dk pyu c<k bu i Fkkvka ds dkj .k ukfj; kadh I kftd flFkr cgr fxj xBA

**/Med thou&** rpkæds l kFk vud ipkj d o l Ur Hkh Hkkjr vk; s FkA bu ea dñ l Qh l Eink; dsl Ur FkA oshkkjr dsfofHku Hkkxkaeac l x, A mlgkusbz oj dsfudV igpus dsfy, iæ l k/ kuk rFkk HkFDr dk minsk fn; k mudk fo'okl Fkk fd ; fn 0; fDr dsân; eaHkxoku dsifr l Ppk iæ Hkko gSrksog Hkxoku dsvf/kd fudV vk tkrk gA ; sl Qh l Ur ikFkZuk miokl vksj imk eafo'okl ughaj [krsFkA vud fgluqbu l Qh l Urkadsvuq k; h gksx; A ebunnahu fp'rh viusl e; dsifl ) l Qh l Ur FkA

**HkDr vUnksyu&** pksngoha vksj iUngho l nh eaHkkjr ea vud , d sl Ur gq ftUgkus fgluwh eflYe , drk dsfy, iz Ru fd, A bu l Hkh l Urkaus/kkfeZl deZdkMkad h vi\$kk HkFDr Hkko eabz oj dh mikl uk djustj cy fn; kA bl h dkj .k bl shkFDr vUnksyu dgk tkrk gA bl dky dseq; l Urkads uke Fks & ¼½ pS-U; egki Hkq ½½ l Ur ukenò vksj rpkjke ¼½ l r dchj ¼¼ xq ukud vkfnA HkFDr vkUnksyu dh l cl svf/kd egROI wkZckr ; g Fkh fd bu l Urkausgh fgluq&ed yeku dshknHkko o vyxkò dksnj dj nksuka/kekZuq kf; kadksfudV ykus dh dks'k'k dhA

bl dky ea0; ki kjh vi uk eky [kjhnuSo cpusdsfy, , d= gksrFkA Hkkjr h; 0; ki kjh eyk; k] phu e/; , f'k; k] b]ku vQxkfuLrku vksj ; jki h; ns kka l s0; ki kj djrsFkA

**eqy l ket; dk mn;] fodkl ,oa iru**

l u-1526 bz eaikuhi r dsifke ; Q eackcj dh fot; gpa vksj Hkkjr ea eqyka dk jkT; gks x; k l u-1930 eackcj dh eR; qgks xba

**gek; p/532 bza 540 rd½&** gek; p/dsxnñ ij cBusdsckn vud dfBukbZ ks dk l keuk djuk iMk 'ks' kkg us, d vQxkuh l suk cukbzftl dh l gk; rk l sgek; p/dksijkftr dj og Hkkjr dk ckn'kkg cukA og viuh iztk eaVR; f/kd ykdfiz; gksx; kA ml usHkfe dk uke djkdj yxku fuf'pr fd; kA nHkKZ; o'k l u-1554 bz dkfyatj ds?ks eack: n [kkuseavkx yx tkus l sml dh eR; qgks xba gek; p/i %fnYyh dk 'kkl d cuuk pkgrk FkA ml usQj l ds'kkg dh l gk; rk l sdakj vksj dksy dks thr fy; k vksj l u-1555 bz eaml usiatkc dks thrdj fnYyh vksj vkxjk ij vf/kdkj dj fy; kA bl izdkj Hkkjr eafQj l seqy ds'kkl u dh LFkki uk gks xba

vdcj & 14 Qjoj h 1556 bz dksvdcj dk jkT; kfhk'kad dj fnYyh dk l ekV ?kks'kr dj fn; kA fnYyh vksj vkxjk eaviuh fLFkr l Q<+djusdsi 'pkr-vdcj useqy 'kkl u {ks= dksfoLr' djusdk fu'p; fd; kA og Xokfy; j] vtej vksj tkSij tS segROI wkZfdyka dks thrusdsfy, vxd j gpa ml usekyok ij vf/kdkj djusdsfy, vkte [kkadsusRo eal suk Hkstha ekyok ds'kkl d usv/khurk Lohdkj dj yha vdcj us, d l siki fr dksxkMokuk ij vkØe.k djusdsfy, Hkstka vQty [kkaus; gka dh vikj /ku l EifRr dksyWk jktk ohjukj; .k yM=k gpa ohjxfr dks iklr gpa vdcj us jkt iurka l sl yg l fu/k; k; dhA vi uai fjokj vksj fofHku jkt iurka ds jkt ifjokj kads l kFk obkfgd l ædk LFkfi r djdsbl fe=rk dksn<+fd; kA vdcj us [kkuns k] vgenuxj]chtki j vksj xksydqMk ds jkT; ka dks Hkh viusl ket; eafeyk fy; kA

vdcj , d fujdtk vksj LoBNkpkjh 'kkl d FkA ml us, d fo'kky l ket; dk fuekZk fd; k vksj l kjsjkt; ea, d l h 'kkl u i) fr ykxwdhA

**tgkchj &** l u-1605 eavdcj dh eR; qdsckn ml dk T; SB iæ l yhe tgkchj dsuke l sxnñ ij

cBk tglxhj usujt gka sfookg fd; k rFkk ml usækkj ij epxyka dsvf/kdkj dks 'kfdR' kkyh cuk; kA vdcj dsdky ea eokM+dsegkjtk iRkki l stks l æk"z i kjEHk gqvk Fkka og jk.kk dsie ekufi g }kjk l fu/k dj yusij l ektr gksx; kA

'kgtgk' 'kgtgkaviusfir dh eR; qdsckn l u-1628 bz ea xnh ij cBk Fkka 'kgtgkwdk dky vR; Ur obko dk dky Fkka ml us'kgtgkukckn uked uxj cl kdj ml sviuh jkt/kkuh cuk; k tksvkt fnYyh dk , d Hkkx gA ; ghaml ustek efltn eayky fdyk dk fuekzk dj; kA cgeW; jRuka tFMr r[r , rkÅl ml h fdyseaFkA vxjk æarktegy dk fuekzk Hkh 'kgtgkausdj; k Fkka

vlsxts& l u-1658 ea epxy l ekV cukA bl dsdky l shkkjr ea fontg i kjEHk gksx; A ¼½ tkvka dk fontgA ½½ fl D[kka dk fontg i kjEHk ¾½ jktir fontg vkfnA bl dsdky ea ejkBa usmlufr dh rFkk chtki g vls xkydqMk jkT; ka l s; q pykA

vlsxts dh eR; q1707bz ds i'pkrA epxy l kekT; detkj gksx; k bl dsfuEu dkj .k g&

¼½ mRrjkf/kdkjh dk fu; e u gksuk ½½ fontsh vkØe. kka ds dkj .k ¾½ ejkBa ds ¼½ epxyka dh vkØe.k 'kfdR dk detkj gksukA ½½ l ekVka dk fcykl h gksuk ½½ 'kkl u 0; olFkk ea nksk ¼½ vkfFkd dkj .k ½½ epxyka dh 'kfdR dh fucyrkA

## mi bdkb&5-2

### I Qh l r vls HDr dfo

I Qh l r& l Qh l Eink; bLyke dk gh , d oxZgA ; g jgL; oknh fopkj ds gkrsgsrFkk Hkksrd okn dsfojkdh gA bl er dsL=kr djku vkfn gsbuds l Urkausb l eafjorZ fd; k vls fglunh cks) ] bl kbZ i kj l h vkfn /kek dsfopkjka dk l eko k fd; kA l Qh er vkRk vls i jekRk dk feyu y{; gA fglun n'ku eabl sv}rok dgk trk gA er dk in'ku 'k[k ; k ihj djrk gA l Qh er ea/kkfeZ HksHkko vls l æhkrk dk LFku ughagA

Hkkjr ea 1166 bz ea [oktk eplunohu fp'rh uked l Qh usvtej dks viuk LFku cuk; kA vtej pksku jktkvka dh jkt/kkuh Fkka [oktk us l Qh er dk ipkj fd; kA vkt dh l ekf/k vtej es gA tglair o"zg tkjka fglunvls eq yeku n'ku djusvls ejkn ekxusvkrsgA l Qh l rksdk ipkj Fkka bz oj , d gA ml dsckg dN ugh l c dN R; kx dj bz oj l sie }kjk bz oj dks ik; k tk l drk gA l Qh l r l knk vls ifo= thou thrsFksvls l ka kfjd l [k l fo/kkva dksR; kx nrsFkA efrZi tek amudk fo'okl ughaFkka l æhr o ur; l svkukun yrsFkA xq 'ihj\* dgykrk Fkka xq dh l gk; rk l sgh bz oj rd igpk tk l drk Fkka

i jekRk eayhu gks ds fy; srksk ¼ 'pkrki ½ okjk ¼ojDr¼ Jgr ¼n; kyrk¼ Qdhj ¼u/kurk¼ l cz¼ks¼ ¼ 'kØ¼vgl ku¼ [kk¼ ¼k; ¼ jkt¼vk'kk¼ rCdy¼ ¼ rksk¼ vls bz oj l sjtken¼/khur¼ gkrk Fkka i æ[k l Qh l r& 'k[k] eplunohu fp'rh ckck Qjhnhu futkenhu vksy; kj ukfl : nahu egem]fpj kx nggyoh] ekgfen xks vls efyd ekgEen tk; l h Hkkjr ea i æ[k jsggA l Qh l rksds i Hkko l shkkjr ea l keinkf; d l nHkkouk rFkk , drk ea of) gpa

HkfdR vkUnksy u&Hkkjr eaft l l e; eq yekuka ea vk/; kfred vls cks) d vkUnksy py jgk Fkka ml h l e; fglunw'ku dsvuq kj efr ¼thou&ej.k ea N¼/dkj¼ dsfy; srhu eeZku] deZvls HkfdR dks ysdj fglunw l rks vls l dkj dka us HkfdR ekZ ij cy ndj vkUnksy dk l æ i kr fd; kA bl shkfdR

vkUnksyu dsuke l stku tkrk gA

HkfDr vkUnksyu usfgUnw/keZdh tfVyrk rFkk vkMEcj ; Ør thou l sefDr fnykuseal gk; rk dhA bl ea, dšojokn ij cy fn; kA bl vkUnksyu ea l Qh l Elnk; dk cgr i Hkko i Mka l Qh l arksdh rjg 'ks[k ; k ihj dh HkkAr ^xq \* efgek dksLohdkj fd; kA dchj usbz oj dks i klr djusdk l k/ku xq dks ekuk gA HkfDr vkUnksyu dh rhu i æ[k 'kk[kk, aFkA 1- KkuekxhZ 'kk[kk 2- i æekxhZ 'kk[kk 3- HkfDrekxhZ 'kk[kk

### HkfDr vkUnksyu ds i æ[k dfo o l r&

1- jkekuq 2- jkekulln 3- pšU; 4- dchj 5- jhkl 6- xq ukudA

### HkfDr vkUnksyu dk i Hko&

HkfDr vkUnksyu l sHkjr rh; tu thou vkpkj&fopkj rFkk nf"Vdksk ij 0; ki d i Hkko i Mka l ekt ea/kkFEkZd jktušrd rFkk l kAdfrd i fJorZkadk mn; gq/kA

### i qjkoykdu

- 1- g"lz dh eR; q ds i 'pkr Hkkjr NkV&NkV/s jkT; ka ea foHkDr gks x; kA fons kh eflYe 'kkl dks dks vkØe.k ds vol j l gHk gks x; A
- 2- egein xtuoh usjkT; foLrkj ds vksj l šud 'kFDRk of) ds fy; sHkjr ij ckj&ckj vkØe.k fd; k vksj /ku yw/kA
- 3- ekjEen xkšh ds vkØe.k dsl e; Hkkjr ea vuud o akks ds jkT; LFkfi r FkA vuud ; Ø kseai Fohjkt pkšju dks rjkbud s; Ø ea i jkfr fd; kA xkšh usHkjr ea d r q n hu dks jkT; l k k vksj ; gh Hkkjr ea eflYe jkT; dh LFkki uk dhA
- 4- l Yrur dky ea x y ke o ak] f[ktyh o ak] r x y d o ak] y kn h o ak j gA bl dky ea fu; e ugha FkA l Yrku dk vknš k vfUre FkA bl dky ea r p l b j ku vQxku fopkj ka l sHkjr rh; tu thou i Hkkfor gq/kA l Qh l Urkadh fopkj/kkjk dks i k l kgu feyk Fk rFkk HkfDr vkUnksyu vkjEHk gq/kA
- 5- l u-1526 ea ckj dh ikuh r ds i Fke ; Ø ea fot; dsl kFk Hkkjr ea e q y jkT; LFkfi r gks x; kA vdcj] t g k a h j] 'k k g t g k a v k s v k s a c t s i f l k) e q y 'k k l d FkA v k s a c t s dh e R; q ds ckn e q y l k e k T; dk i ru vkjEHk gks x; kA
- 6- l Qh l Elnk; /kkFEkZd Hkn&Hkko] Hkšrdokn dk fojks kh FkA bl ea vuud /keZ ds fopkj ka dk l ekoš k FkA er ds i pkjd ihj ; k 'ks[k dgs tkrs FkA vtej ds [oktk epZ n hu fp' rh] i fl ) l Qh FkA
- 7- HkfDr vkUnksyu fgUnwn'kZu ds vuud kj l qkkjokn vkUnksyu FkA fgUnw/keZdh tfVyrk vksj vkMEcj ; Ør 'ksyh l sefDr fnykusdk iz, kl FkA i fl ) l Ur o HkDr dfo jkekuq] pšU; ] dchj nkl ] xq ukud vkfn FkA



## ikBxr izu

izu&1 g"lz dh eR; qds i 'pkr Hkkjr ea 'kkl dka o 'kkl u dh fLFkfr d\$ h Fkh \

mRrj%

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izu&2 Hkkjr ea l Yrur dh LFkki uk d\$ sgpZ \

mRrj%

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izu& 3 xyke oAk ds 'kkl u dky ea tu&l eku; dk thou d\$ k Fkka

mRrj%

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izu&4 epy 'kkl u dky ea iFlk) 'kkl d] mudh mi yfC/k; ka vks dfe; ka dks fyf[k; s

mRr%

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izu&5 l Qhokn vks HkfDr vkUnksyu dh D; k fo' kSkrrk, aFkh \

mRrj%

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izu&6 Hkkjr e] l oZ Fke fdl eqLye fons'kh vkØe.k dkjh us vkØe.k fd; k vks D; ka \

mRrj%

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izu&7 vykmmnhu f[kyth bfrgkl eaD; kaifl ) gS\

mRrj%

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izu&8 vdcj dh jktiur uhfr dk mYyqk dhft, A

mRrj%

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izu&9 vdcj usdks l k /keZpyk; k vks D; ka\

mRrj%

---



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izu&10 vksxtc dh /kfebd uhfr ij fVli .kh fyf[k; A

mRrj%

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izu&11 ekgeen xksh dsvkøe.k dsle; fnYyh eafdl jktiur 'kkl d dk 'kkl u Fkka

mRrj%

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### **vRe fo'ySk.k izu %o; a gy djus grq**

- 1- eflYe 'kkl dka usHkkjr ij vkøe.k fdu dkj .kka l sfd; s\
- 2- rjkbZu dsifke ; q) eadks ijkftr gpyk \
- 3- l Yrur dky dsifl ) 'kkl dka dsuke fyf[k; s\
- 4- vdcj usexy l kekT; dk foLrkj fdl idkj fd; k \
- 5- ifl ) l Qh l rksdsuke fyf[k; s\

### **iBxr izuka dh mRrj rkfydk**

- 1- Hkkjr NkV&NkV/sjKT; eafolHkDr rFkk v0; oLFkk dh fLFkfr o vki l h ; q) A
- 2- ekgeen xksh }kjk NkV&NkV/sjKT; ka dks ijkftr dj vf/kdkjA xksh dsxykel uki fr drcnahu dk 'kkl u rFkk Hkkjr ij l Yrur 'kkl uA

- 3- tu&thou fons'kh 'kkl dka l si Hkkfor gq/ka l jnkjka dk foykl e; thou l keld; &thou mi s(kr jgk fl=; ka dk eku de gq/k] cgfookg] cky fookg vks inlz i Fkk dk pyu c<ka
- 4- vdcj] tglachj] 'kkg t gk] vksaxtca fglu&eflye l H; rk fodfl r gpa Hkou fuekz k] f'k{k&l l dfr dk fodkl A l Qh l rksdk i Hkko gq/ka /kfezd l nHkkouk dsl kfk /kfezd dVVjrk 1/2 vksaxtca dky 1/2 c<ka l kerh 0; oLFkk dks i krl kgu vks c<kok feyka
- 5- /kfezd dVVjrk dsfo: ) l qkkjokn dk l # i k j Ekk gq/ka
- 6- l oL Fke egem xtuoH usHkkjr ij vkOe.k fd; ka ml dk iedk mnas; Hkkjr dh /ku l E ink dh yWIKV djuk Fkka
- 7- vykmnahu bfrgkl eavius l B; l qkj , oacktkj 0; oLFkk dsdkj.k ifl ) gq A
- 8- vdcj dh jktiur uhr dsifj.kke : o: i vdcj o ml dsieka dk jktiur yMfd; ka l sfookg l Eilu gq/ka jktiurka dks cM&cM sin feyA vdcj us jktiurka dh l gk; rk l seky l ketT; l qk+ fd; ka
- 9- vdcj us nhusbykgh /keZpyk; ka
- 10- vksaxtca dh /kfezd uhr dsdkj .k fglu vks dsl kfk nq; ogkj fd; k x; k rFkk mu ij tkft; k dj yxk fn; k x; ka cyind ed yeku cuk; k x; k i v k LFkyka dks upl ky i gpk; k x; ka ftl dk ifj.kke ; g gq/ka dh vksaxtca dsckn exy l ketT; dk iru gks x; ka
- 11- fnYyh ea i Foh jkt pksjku dk 'kkl u Fkka



**i=kpkj] iB; Øe**  
**ek;/fed f'k{k e.My] e;/ inškj Hki ky }kj**  
**I okZ/kdkj I jf{kr fMlykæk bu ,T; wšku**  
**¼'k{k ea i=ki kf/k½**  
**¼}rh; o"½**

fo"k; & I kelftd foKku ¼ kelftd i ; kbj.k½ , oa ml dk f'k{k.k

i zu&i=&, dkn'k

bdkbz Øekd&ikp

fo"k; k&k&vk/kud Hkjr

### i Lrkouk]

vBkjgoh I nh ds i kj Hk eagekjk nš k dbZHkxkaeacv x; k FkA ; jki ds I kšxjkaustksml le; Hkjr dsfofHku Hkxkae0; ki kj ea tvsgq Fkš bl fLFkr dk Qk; nk mBk; kA tks I kšxj bšyM I svk; s Fksosgekjsnš dsekfyd cu x; A vkusokysnš I kšI kykard Hkjr xgyke cuk jgkA Hkjr dh xgykeh dk ; gh dky Hkjr; turk dh tixfr dk Hkh dky FkA bl dky eavtknh dh yMkbZdsfy; sHkjr; turk , dtv gA 1947 eaHkjr Lora gqk vkš nš k dh turk us, d Lora jk"Va ds: i eavi usnš k dk i pfužkZk dk; Z'kq fd; kA bl i kB dsfo"k; k&k dk foHktu mi & bdkbz eafd; k x; k gA

### mi bdkb&1

**; jki h; dEifu; ka ds jkT; foLrkj icy vžtka dk jkT; dky**

vk/kud Hkjr dk v/; ; u ge vBkjgoh I nh ds Hkjr dh jktdh; fLFkr ds v/; ; u I sdjrs gA Hkjr ea ; jki h; 0; ki kfj; kadk vkxeu gq/kA ; jki dsfofHku nš kka bšyM] Qkd ] i ržky vkfn nš kka

ds0; ki kjh Hkkjr ea vk; A bu n'skka dh 0; ki kfjd dā fu; ka usHkkjr ds0; ki kj ij vi uk i Hkko LFkfi r fd; kA

; jkī I sHkkjr eavkusokys0; ki kfjd rFkk jktuŕd fgrkdsdkj.k ml eaijLij I ŕk"kdh fLFkr mRiUu gqA

### fonŕ'k; la dk Hkkjr ea iŕsk&

i Fke mi bdkbzage mijkDr ?kVukvka dk Øeokj v/; ; u dj&A

okLdksMxkek usHkkjr i gpusdsI epñ exZdk i rk yxk; k Fkk ml dsckn ; jkī dsfofHkUu n'skka dh 0; ki kfjd dEi fu; ka usHkkjr ea vi us0; ikfjd dñz LFkfi r fd; A bu ea i ŕkky gkyM] Qtd rFkk MsuekdZdh dEi fu; ka i zŕk FkA vBkj gohal nh ds i kjHk ea vaxst vŕš Qtd hfl ; k Li suokfl ; ka rFkk MohZ dksmu LFkykaI sgVk fn; k Fkk tkamUgksa, f'k; k rFkk ; jkī I s0; ki kj dsfy; scuk; sFkA bl i dŕj bāyM rFkk Qtd dh dEi fu; ka dk Hkkjr ds0; ki kj ij i Hkko LFkfi r gksx; k FkA T; knk epkQk dekusdsfy; s gj dEi uh de I s de dher ij Hkkjr; eky [kjhnusdk iz kl djrh FkA bu i fr}fru}; ka dsdkj.k dEi fu; ka dschp yMkbZ i kjHk gqA

vaxst vŕš Qtd hfl ; ka dschp I cl sigysdukVd eaI ŕk"kd 'kq gqKA dukVd exy I kekT; dk , d I ŕk FkA

### fckV'k i Hko dk foLrkj&

I u-1740&48 dsnkŕku ; jkī ea, d ; ŕ pyk ftl svkLVŕyk; bZmRrjkf/kdkjh dk ; ŕ dgrsgA bl ; ŕ ea Qtd hl h vŕš vaxst ijLij fojkskh FkA bl dk vl j Hkkjr ij Hkh gqk tc dukVd dsucko usnŕkk fd ml ds i ka ea Qtd hfl ; ka dh 'kDr c<fh tk jgh gA ml usmudsf[kykQ , d I ŕk Hksth fdUrq dukVd dh I ŕk gjk xbA dukVd dk uokc ekj x; kA vc mRrjkf/kdkjh ds i z u dksyŕj fookn i ŕk gqKA Qtd hfl ; ka useŕQQj ij t& uokc cuk fn; kA vaxst egEen vyh dksdukVd dk uokc cukuk pkgrsFlsbl ij vaxst rFkk Qtd hfl ; ka dschp ; ŕ gqKA ; ŕ ea Qtd hfl ; ka dh gjk gqA dukVd ea ŕkd hl h dā uh ds LFkku ij vaxstksdk vkf/ki R; LFkfi r gksx; kA

vaxst & ŕkd hl h I ŕk"kd vŕre nkŕ I u-1756 bZoh earc pyk tc ; jkī ea 7 o"khz ; ŕ 'kq gqKA dukVd ea ŕkd hfl ; ka dh gjk gqA gñjckn ea Qtd hfl ; ka dk LFkku vaxstkausysfy; k vŕš futke usmUgadh I jdkjal kñ nh&1 Qtd hfl ; ka ds gkFk mudsI kjsHkkjr; mi fuoŕk fudy x; A tc ; jkī ea ; ŕ I ektr gqk rks Qtd hfl ; ka dks muds mi fuoŕk okfi I fey x; A fdUrq Hkkjr ea Qtd hfl ; ka dh jktuŕd I Rrk I ektr gksxbA mudh xrfof/k; ka dŕy 0; ki kj rd gh I hfer ughajgh] bl chp vaxstka uscakj ij vi uk fu; .k LFkfi r dj fy; k FkA

### caky ij vaxstla dk dŕtk&

I u-1756 eavyhonz [kka caky dk uokc cukA ml uscakj ea dŕky iz kkl u dk; e fd; kA vyhonz I kñkxjka dksgeŕk fu; .k ea j [kka ml dsckn ml dk ukh fl jktŕkŕyk uokc cukA ml dsuokc cuusij >xMŕ'kq gksx; A bl I svaxstka dks cakj dh jktuŕr eagLr{kī djusdk ekŕk feyKA osuokc dsfo: ) jps tk jgs"km; .k ea 'krfey gksx; A ml gkaus ehj tkQj dks tksuokc dk I ŕki fr Fkk] I eFkZu nŕk 'kq dj fn; kA vaxstka vŕš fl jktŕkŕyk dschp lykl h ea 23 tu 1757 dks; ŕ gqKA vaxstksdsI kFk 'krfey gksdsdkj.k ehj tkQj rFkk ml dsI g; kŕx; kaus; ŕ ea I Ø; Hkx ughafy; kA bl ; ŕ ea uokc dh gjk gqA ml scñh cukdj ekj Mkyk x; kA ehj tkQj dksuokc cuk fn; k x; kA bl ; ŕ I sHkkjr ea fcfV'k I Rrk LFkki uk dh 'kq vkr gqA uokc mudsgkFk dh dBi ŕyh cu x; kA dā uh uokc I sHkkj h /

ku dh ekæ djrh FkhA ftI suokc ijik djuseavl eFkZFKkA vUrr%uokc Hkh dā uh dsf[kykQ gksx; k FkKA vi usI ſudka dksoru nusdsfy, Hkh ml ds ikl i; kZr /ku ugha FkKA vUrr%uokc Hkh dā uh ds f[kykQ gksx; kA dā uh ds vQI jkausml sxnñh I sgVkdj ml dsnkekn ehj dkl e dkscakky dk uokc cuk fn; kA

ehj dkl e usvi uh fLFkr dksI e>k vſj og dā uh dsf'kdatsI sNſ/dkjk i kuk pkgrk FkKA ml us pækh ol wjh [kRe dj nh rkfd Hkkjrh; I kñkxj Hkh dā uh ds vQI jkadh cjkjñh ea0; ki kj dj I dā ml dh bl dk; ſkgh I sdā uh ds vQI j ukjkt gksx, A ml gksusuooc dks gVkusdk Qſ yk fd; kA vDVñj 1764 ea; ð gærk ftI eaHkkjrh; I sukvdh gjk gſA bykgkckn ea, d I e>kſsij gLrk{kj gq A bl ds vuq ſj dā uh dkscakky] fcgkj vſj mMñ k dh nhokuh fey xBā

bl h chp ejk Bkausvi uh [kkbZgſZ'kDr i q%iklr dj yh FkhA bl I e; og vaxst kadh i æſk 'kDr cu x; sFkA vaxst 1775 I s1782 rd ejk BkaI syMrsjgA i ſkok cktñjko f}rh; usvaxst kaI ſljā.k k ekæKA ml us1803 eavaxst kaI ſl ſ/k dhA ml usI gk; d I ſ/k dh 'krkZ dksHkh Lohdkj dj fy; kA bl i ækj ejk Bk jkT; ka ij vaxst ka dk vf/kdkj gksx; kA

eſ j ds'kkl d gñjvyh usi Fke vaxst ; ð eavaxst kadksjgk; kA ml us, d I ſ/k ij Hkh gLrk{kj djok; sbI eankſki {kkausr; fd; k fd dkbZrhl jñ 'kDr ; fn mueal sfdI h ij geyk djsñ rksos, d ml jsdh enn djæA tc ejk Bkaus eſ j ij geyk fd; k rksvaxst ksus gñjvyh dh enn ughadhA gñjvyh vaxst kadk fojkskh gksx; kA gñjvyh dh eſ dsckn ml dsck/sVhi ml ſrku usvaxst ksI syMkſZ tñj j [kñA rhl js vaxst eſ j ; ð eaVhi wdñ gjk gſA ml sjkT; dsdbZbykds vaxst ks dksnuk i MA fl U/k ds vèjka usHkh I gk; d I ſ/k Lohdkj dj yhA vr%fl æk dksHkh fcfV'k 'kkl u eafeyk fy; k x; kA

i atko j.k thr fl g dh eR; qdsckn vaxst &fl [k ; ð ea[kkyl k dh gjk gſA i atkc vc fcfV'k I j {k.k eavk x; k bl rjg 1856 bLoh rd Hkkjrh ijñ rjg xyke cu x; kA

cnyrh gſZ i f j fLFkr; kaeHkkjrh; iztk dsfy, I ſuf'pr dkuwkadñ vko'; drk egl ſ dh xBā bl s ijik djusdsfy; s1773 eacaky jxſku , DV ikl fd; k x; kA bl , DV ds vuq kj Hkkjrh; kadſfu th vſj eſyd vf/kdkj kadſckj seaQſ ysgksyxā dkuſkfyI usHkh 0; oLFkk ykxwdñ ft I sLFkk; h dñksLr dgk tkrk gā bl I s tehñj tkxhj dk ekfyd cu x; kA enkl iñ hMñ h ea, d ubZ 0; oLFkk ykxwdñ xBā bl 0; oLFkk dksjſ rokjh 0; oLFkk dgk tkrk gā bl 0; oLFkk ea teh jſ r ; kuh fdl kuka dksnñhA

## mi bdkb&2

mi bdkb&2 eage vaxst h jkT; dk i kjEHk] 1857 dh Økār] Hkkjrh eaI keftd vſj /kkfeZd I ækj gekjh Lorærk vknſy] ml dsckn dh dñ i æſk ?kVukvka vkfn fo" k; ka ij v/ ; ; u djsæA vaxst ksus 1856 rd Hkkjrh ij yxHkx i wkZfoT; i klr dj yh FkhA fdUrq'kk; n gh , ſ k dkbZ I ky xqj k gks tc nſk dsfdI h Hkkx eavaxst ks dsfo: ) fonſg u gærk gkA vaxst ks dsfo: ) I cl scMk fonſg I u- 1857 eaggkA bl fonſg eaHkkjrh eafofV'k 'kkl u dh tM+fgyk nhA 1857 ds fonſg ds i æſk dkj .k fuEufyf[kr g&

## 1857 ds fonſg ds i æſk dkj .k

1- vaxst kdñ uhfr& vaxst kdñ jkT; foLrkj dh uhfr dsdkj .k Hkkjrh ds vuq 'kkl dkaeamuds i fr vl arkſk 0; klr FkKA vaxst ksus muds I kfk I gk; d I ſ/k dj yh Fkh fdUrqvaxst bl I ſ/k; kadksueethZ I srkñ nrsFkA Mygkſtñ usfoy; uhfr dks dMk bZ I sykxwd; k rksvl arkſk vſj Hkh vf/kd c<+x; kA ml us

>kj h dser jtk dsnRrd i q dksml dk mRrjkf/kdkjh ughæekuk vksj >kj h jkT; ij dCtk dj fy; kA ukuk l kgc dks i' ku cln dj nhA

**2- fdl kulavlj nLridjæavli rksk&** vaxst ka }jkk dh xbZ Hkfe 0; oLFkKvka l sfdl kuka dh gkyr fcxM+xbA tc bkyM ear\$ kj gq/k eky Hkkjr i gpusyxkA ; gkads i jkusgLf' kYi u"V gksx; A

**3- /æZvlsj tkr dsUKV gksudk Hk; &** vaxst ka ds vkpj.k ea turk ea Hk; i fñk gks x; k fd fcfV'k l jdkj muds/keZvlsj jhfr&fjoktkadksu"V djusij rnysgq sgA turk dksyxk fd fcfV'k l jdkj mlgabZ kbZcukuk pkgrh gA fcfV'k l jdkj usl kekftd l j{kk dsdñ dne mBk; A mul sykska dk Hk; vlsj vf/kd gks x; kA

**4- Hkkjrh; l sudæavli rksk&** Hkkjr fLFkr fcfV'k OkSt ea vkB ea l sl kr Hkkjrh; l sud FkA l sudkadksuQjr dh fuxkg l sn\$kk tkrk FkA Hkkjrh; l sudkadks l eqz i kj yMæS HkSt k tkrk FkA fgluq/kadk fo'okl Fkk fd l eqz i kj tkus l s/keZu"V gks tkrk gA

**5- rRdkfyd dkj .k&** bl l e; l sudksdksu, fdLe dh jkbQy nh xbA bl dh dkjrh kaea xk; vlsj l qj dh pchZyxkbZ tkrh FkA jk; Qy eadkjrh Hkjusl sigysml ij yxsdkxt dksnrkks l sdkVuk i MfK FkA pchZokysbu dkjrh kadsblæky l sfglnrvlsj eq yeku l sudkadh /kkfeZ HkkoukvkadksBd i gphA l sudæusdkjrh Hkjusl sbædkj dj fn; kA 9 ebZ1857 bZ dksçj di j eæeay i kM/susu, dkjrh ka dk blæky djus l sbldkj dj fn; k vlsj fontsg fd; kA

eay i kM/s dksej fn; k x; kA ; gh l s Økar dk Jhx.kk gq/kA

**Økar dh ?kVuk; a rFk ifj.kæ**

fontsg; ksusfnYyh ij dCtk dj fy; kA mlgksuacgknj' kkg tQj dksckn' kkg ?kks"kr dj fn; kA y[kuÅ] vo/k] bykgkcn dsvkl i kl ] vkxjk] ejB rFk fcgkj ea0; ki d fontsg gq/kA 1858 bZ dsvlur rd fontsg dpy fn; k x; k fdUrqi q%' kkrur LFkfi r djuseadbZ l ky yxA

1857 ds fontsg ds l kFk Hkkjrh; bfrgkl dk , d ; q l ekkr gks x; kA vBkjgoh l nh dh Hkkjrh; jktu\$rd 0; oLFkK dksvlur% i jh rjg [kRe dj fn; k x; kA ftu Hkkjrh; jkT; kai j vaxst kadk dCtk ugh gq/k Fkk mudh Lorærk l ekkr dj nh xbA osfcfV'k jkT; dsvæ cu x; A fontsg dsckn dEi uh dk 'kkl u l ekkr gks x; k vlsj fcfV'k l jdkj usHkkjr eavi usl kekT; ij l h/ks' kkl u djuk 'kq dj fn; kA Hkkjr dsifr fcfV'k 'kkl dkadh uhfr; kæavusd ifjorZu gqA Qw Mkyk vlsj 'kkl u djskdh uhfr dk mn; gq/kA

## mi bdk&3 Hkkjrh ea iqtikj.k

f'kfçkr Hkkjrh; nqu; k dsvl; Hkkxkadsjk"Vh; rFk tura= vkUnksyuka l si ffor gqA Hkkjrh; turk ea tkxfr dsfy, vkjEHk gq bu vkUnksyuka usvk/kfud Hkkjrh dsfuekZk dh vk/kkj f'kyk j [kA l q kkj vkUnksyuka ea l okZ/kd egRo dh Hkfedk jktjkæ ekgu jk; usvnk dhA mlgkæ 1830 eacã l ekt dh LFkki uk dhA og /kkfeZ l qkkj dk i gyk egRo i wkZ l æBu FkA bl usfujFkd jhfr&fjoktkadk ofg"dkj fd; kA , d vl; egku l qkkjd Fksbz ojpunzfo | kl xjA mlgkæ L=h tkr ds mRFkku dsfy, dk; Zfd; kA

mUgkausfo/kok i qfobkg dk dkuu cucusdk dk; Zfd; kA I keftd rFkk /kkfeZ I qkkj vUUnksyu nSk ds vU; HkkxkaeaHkh QSyA 1857 bZ eacEcbZea i kFkZuk I ekt dh LFkki uk gPbA bl dsieq[ k usk egknO xkfoln jkuMshkkkMkj dj FkA mUgksa tkfr i Fkk vLj vLi'; rk dh fullnk dhA enkl eacn I ekt us tkfr Hkn dk fojkak fd; k rFkk dU; kvka dh f'k{kkvka dk I eFkZu fd; kA

ed yekuka eal keftd I qkkj vUUnksyu dh 'kq vkr I j I \$ ; n vgen [kkausdhA mUgkausHkkj rh; ed yeku dksvaxsth f'k{kk nsusij tkj fn; kA /kkfeZ o I keftd I qkkj dyk o foKku usHkkj rh; turk eajk"Vh; pruk dksmHkkj gA jk"Vh; pruk dsbl mHkkj usfcfV'k 'kkl u dsf[kykQ vktknh dh yMkbZ dksy'kkyh cuk; k gA

; | fi 1857 dk i Fke Lok/khurk I ake foQy jgk rFkfi Hkkjr dh turk eaLok/khurk dk mRl kg tkxr gPka jtk jke ekgu jk; ] Lokeh n; kUUn I jLorh] Lokeh jked".k ijega ] Lokeh foosdkUUn] I j I \$ ; n vgen [kklvkn dsl keftd , oa/kkfeZ I qkkjka dsQyLo: i nSk ea tkxfr vkbA ykxkausviuh nqZkk dsdkj. kksdks i gpkukA vaxtks dh uhr; ka vLj vkfFkZ 'kksk.k dks ykxkaus I e>kA varr% nSk ea jk"Vh; tkxj.k I EHko gPka Hkkjr dsyyskausvius [kks sgq xkjo dks i gpkuk rFkk viuh I kldfrd] fojkl r dsey Hko dk I e>kA bl i qtkkxj.k dky eavaxth I kfgR; ] ; jksh; foKku] ykra= dsvkn'kz Lorark I eurk dsfopkj] Hkkjr dsyyskard cMh rsth I sQSyA ; krk; kr , oal pkj dsl k/kukausnSk dks, drk dsl = eack/kuseal g; kx fd; kA ifj.kke ; g gPka fd nSk dh nqZkk dks I qkkjusdsfy, iz kl djusgrqiz kl gksyxka tuekul dsvl UrkSk dksfcfV'k 'kkl u usl e>k vLj mudsvkQkSk dks'kkUr djusdsfy, , d , d sep ij ykusdk iz kl fd; k tgk; osviuh ukjktxh dks0; Dr dj yafduqfcfV'k 'kkl u dksdkbzgkfu u igpk I dA Hkkjr dsl aBu cusfdUrq, d nSk0; kih I aBu dh vko'; drk Hkh egl d dj jgsFkA

**Hkkjr dk Lorark vUUnksyu**

, d yasl e; I s; g vko'; drk egl d dh tk jgh Fkh fd Hkkj rh; vfhker dk i frfuf/kRo djus okyk , d vf[ky Hkkj rh; I aBu gkuk pkfg; A 1885 dh I Hkh i karksd73 i frfuf/k; kadk cEcbZea I Eeyu gPka bl h ds I kFk Hkkj rh; dkadl dh LFkki uk gPbA bl dk Js , -vksa- dks tkrk gA

vaxtksdsvkjFEHkd 20 I ky 1/885 I s1905rd vkerk; ij uje ny dsuke I stkustkrsFkA bl I e; bl dsurk dk nF"Vdksk fcfV'k fojkakh ughaFkka mudk fo'okl Fkk fd mudh U; k; kSpr ekks Lohdkj djusdsfy, I jdkj foo'k gksxA bl dsfy; smUgkaus i Lrko i kl fd; svLj ifronu rS kj dj I jdkj ds i kl HkstA fcfV'k I jdkj usdkadl dh ekaks ij /; ku ugh fn; k cfYd dkadl dks jkT; nkgH I e>k tkusyxA

1907 eadkadl dk vf/koSk ku gPka bl eadkadl nksHkkxka uje o xje ny eacV xBA I jdkj usuje ny okyadks I UrqV djusdsfy; s1009 eakeyZfelVks I qkkj dkuu i kl fd; k A bl , DV dsvldkj dUrh; rFkk i Urh; fo/kku I Hkkvkaeal nL; kadh I q; k c<k nh xBA vaxtkausbl , DV eal ka nfk; drk i frfuf/kRo dh Hkh i Fkk pykBA bl dk mnas; fgluPka vLj ed yekuka ea QW i Snk djuk Fkka

1914 ea i Fke egk; q gPka ; q dsnk; ku fcl/su usdgg fd og jk"Vksdh vktknh dsfy; s; q dj jgs gA vusd Hkkj rh; uskvka dk fo'okl Fkk fd yMkbZ I ekIr gksus i j Hkkjr dksLojkt; fey tk; sxA ; q dsckn ykxka dh Lojkt; dh mEeh fujk'kk eacny xBA I kjsnSk ea vl UrkSk QSy x; kA



I jdkj us turk dk neu djus dsfy; sjksyDV, DV ikl fd; kA bl dkuu dk fojksk djus verlj ea tfy; kokyk cdx ea, d= gqA ; gkatujy Mk; j usfugRFksykska ij xkfy; kapykba fcfV'k 'kkl u dsf[kykQ c<rk jksk f[kykQr vksj vl g; ksx vkuksyu ds: i ea0; Dr fd; kA mRrj inšk ea plšh&plšk uked LFku ij i fyl usØkär dlfj; kaij xkfy; kapykba xhl seavkdj ykska usi fyl LVŠku eavkx yxk nhA ftl l si fyl dfez, kadh er; qgksxbA vkuksyu fga kRed gksx; kA xkVkhth usvkuksyu oki l ysfy; kA xkVkh th dksfxj rkrj dj fy; k x; k vksj mlga6 l ky dh l tk l qkbZxbA

1923 eaLojkt] i kvhZ dh LFkki uk dh xbA bl usfo/kku ij f"knkaea tkdj l jdkj dh uhfr; ka dk fojksk fd; kA Qojh 1930 dh dkacl dk; l fefr us l fou; voKk vkuksyu l Ecl/kh l kjs vf/kdkj egkRek xkVkh dksfn; A egkRek xkVkh usl kcjerh vkJe l snk. Mh ekspZfd; k rFkk ogkaued cukdj dkuu rkbMkA

f}rh; fo'o ; Ø ea l fØ; l g; ksx i klr djusgr qfØll fe'ku Hkstk x; k fdUr qfe'ku vl Qy jgkA

cEcbZvf/košku eavxLr 1942 dksHkkjr NkMks i Lrko ikl dj fn; kA ; g vkuksyu xkVkh th dsurRo ea l pkyr gksudk fu'p; gq/kA xkVkh th usbl sdjks; k ejksdk ukjk fn; kA l jdkj bl vkuksyu l s ?kcjk mBhA l jdkj usjktfufrd i {kka l sfopkj foe'kZ dsckn dšcuV fe'ku ; kstuk rš kj dhA 13 tu 1947 dks ykMZ ekm. V fcl/su us viuh ; kstuk i Lr q dhA mijkØr ; kstuk ds vk/kkj ij Hkkjr rFkk i kfdLrku dk foHkktu fd; k x; kA

Loraerk dsckn Hkkjr ds l keus igyk dk; Znšk ea, drk LFkfi r djuk FkkA l jnkj i Vsy ds iz; kl lsl sfj; kl rka dksHkkjr eafeyk fy; k x; kA Loraerk dsckn d'ehj ij i kfdLrku usgeyk dj fn; kA tEewrFkk d'ehj dh turk vius dksHkkjr dk vx l e>rh FkhA i kfdLrkuh geykojka dks ekj Hxkus ds fy; sHkkjr; l suk ogkVHksth xbA

l ao/kku }kjk , d h 0; oLFkk dksLFkfi r djuk Fkk ftl eafj; kl rka dh turk dksHkh i klr; turk dh Hkkär vkfFkZd] jktufrd vksj l keftd Loraerk i klr gks l dA l ao/kku }kjk fj; kl rka dks dšnh; l jdkj dsfu; æ.k eayk; k x; k vksj mudh fujedqkrk l ekir dj nh xbA

Lojkt; i klr dsckn Hkkjr , d Loraerk jk"V<sup>a</sup> gksx; kA ml dh e; kñk vksj l Eeku vlurjkZVh; txr eac<kA

## mi bdkb&4

### Loraerk Hkkjr dh iefk ?Wuk,a ,oa ifjorū

Lok/khurk i klr dsckn Hkkjr ds l keus vucl l eL; k; a FkhA foHkktu dsckn tu , oal Ei frR dk vknku inku vksj foLFkfi rka dh l eL; k mRi Luu gpa l kei nkf; d naxš 'kkl u 0; oLFkk vksj nšk ds uo&fuekZk dh l eL; k, a FkhA naxkavksj foLFkfi rka ds dkj .k tu&v'kkfUr 0; klr FkhA 30 tuojh 1948 dks jk"Vfi rk egkRek xkVkh dh gR; k dj nh xbA

foHkktu dsQyLo: i i kfdLrku , d uohu jkT; cukA i kfdLrku dh uhfr vkjEHk l sgh Hkkjr fojksk FkhA Hkkjr ds i fr i kfdLRku vkjEHk l sgh d'ehj dks yedj dVrki wZd uhfr dk vucl j.k djrk vk jgk gA bl h mnns; l s 1948 vksj 1965 eankscjk Hkkjr l s; Ø fd; kA 1971 ea i kfdLrku us i q% ; Ø fd; k vksj i j.kke Lo: i , d u; k jk"V<sup>a</sup> clkyknsk cukA

Hkkjr dsi Mkl h nsk phu us1962 eavkØe.k dj fn; k vls Hkkjr&phu fookn mRiUu fd; kA phu D; kaid foLrkj uhfr dk vuq j.k dj jgk Fkk vr%bl eal oZ i Fke frCcr ij l u-1959 eadCtk fd; k vls fQj ml usHkkjr dksfu'kkuk cuk; kA

Lora= Hkkjr dsl keusns kh fj; kl rkadsHkkjrh; l ak eafoy; dh l eL; k dksl jnkji Vsy usgy fd; k rFkk 1956 eajkT; kadk i uxBu fd; k x; kA vkt Hkkjr ea28 jkT; 7 dhnz 'kkl r insk gA

Lora= Hkkjr fdl h 'kfdR xlv eal feefyr ugh gq/kA f}rh; fo'o ; q dsi 'pkr 'khr&; q dh fLFkr fufeZr gksxbzFkha Hkkjr usxlvfuj i s krk dh uhfr dk vuq j.k fd; kA

Lora= rk dsckn nsk dksfi NMki u l sAij mBkusdh l eL; k Fkha dF'k] m | ksx] tul [; k fu; a.k cdxkj vls Hkqkej h l sNv/dkjk vkfn dsfy; svkFkZd fu; kstu }kjk vk/kqud Hkkjr dsfueZk dk dk; Z vkjEHk fd; k x; k i jUrphu o ikfdLrku ; q vkfFkZd fodkl eack/kk gq A jktuSrd vLFkjr dh fLFkr rksorZku l e; eapje l hek ij igv pph gA jktuhfr vc jk"Vh; eamRrj dj l dh.kZ{ks=h; Lrj ij vk pph gA tksnsk dh , drk vls v[k.Mrk dsfy; s?kkrd gA 26 tuojh 1950 l sl fo/kku ykxwgqk tks'kkl u 0; oLFk bl dk l pkyu rFkk ukxfjdkadksmudsvf/kdkj nrk gA i jUrqnxyr uhfr dsdkj.k l fo/kku eal akkku fd; k tkuk , drk dk : i yspok gA 'kkl d oxZ%ny%okLro eal fo/kku dh vkRk dk Lo: i gh cnyrk tk jgk gA

Hkkjrh; l ekt eaid[k : i l sfglnwl ekt eal qkkj dsfy; svkUnksyu vls dkuu dk Øe rks fcfv'k 'kkl u dky l svkjEHk gksx; k Fkka Lora= Hkkjr eaHkh bl fn'kk ea0; ki d dk; Z; k l a n }kjk vf/ kfu; e ikfjr fd; sx; stS sfglnwfof/k dkuuA bl izdkj Lok/khu Hkkjr dsfodkl dk Øe tkjh gA tks i fjfLFkr; ka l s twrk py jgk gA

## i qjkoykdu

- 1- vBkjgoha l nh l s; i ksh; dEifu; ka dk Hkkjr vkxeuA bxySM] Qkd ] i rZky vkfn nskka dh 0; ki kfjd dEifu; ka ea l ak"Z ds l kFk jktuSrd i Hkqo dks i kFkfedrk jgh vlrr%bLV bAM; k dEiuh dk vf/kdkjA
- 2- Hkkjr epkyadk fu; a.k de o nskh fj; kl rkadk mn; tksdetkj vls , d nhl jsl sbz; kzj [krh Fkha
- 3- cakky dk uok detkj vls ifjokj ds>xMkS "kM; a=kaeaQd k Fkka vaxstksl sijkftr gq/kA Vhi w l rku uok gbjckn vls ejkBl jkT; Hkh vaxstksusgfFk; k fy; A jat hrf l q dh eR; qdsi 'pkr i atkc Hkh vaxstks dksfey x; kA vU; ujs kka us vaxstks dh v/khurk Lohdkj dj yha
- 4- 1857 eavaxstksdsfo: ) mudh uhfr dsdkj.k fdl kuka vls nLrdkjka dh n; uh; fLFkr dsdkj.k /keZu"V gksdsHk; dsdkj.k Hkkjrh; l sudkaeavaxstksds0; ogkj vls ghu nf"V dsdkj.k vl Urk Fkka tksØkaur dsdkj.k cuA
- 5- f'k{kk l sHkkjrh; ka ea tkxfr mRiUu gqA l qkkjoknh vkUnksyu pyA
- 6- 1857 dsckn nsk ij vaxst i Hkqo LFkfr gksx; kA 1885 eaHkkjrh; jk"Vh; dkad dh LFkki uk vls l g; ksRRed fopkj i l kja dkad eaxje vls uje nyA 1909+eavf/kfu; e }kjk l kei nlf; d i frfuf/kRo l sfglnqeLye QW Mkyh xbZft l dk fojksk gq/kA 1941 eai Fke fo'o ; q eaHkkjrh; dk l g; ks i jUrq; q dsckn jksyDV , DV }kjk Hkkjrh; ij vR; kpkjA
- 7- egkRk xkMh }kjk f[kykQr vkUnksyu dk l efZuA vl g; ks vkUnksyu dk i kJEHk i jUrqfgl ad

?kVukvka dskdj .k olfi l fy; k x; kA bl dsi 'pkr l fou; voKk vkUnksyu vkjEHk gqk vks ued  
dkuu rkmk x; kA 1942 eaHkkjr NkMks-vkUnksyu rFkk 1947 eaHkkjr dh LorU=rkA

8- Lorærk dsckn 30 tuojh 1948 dksegkRek xkMkh dh gr; k dj nh xbA 26 tuojh 1950 dks l fo/  
kku ykxwgqkA 1962 ea phu dk vkØe.k 1965 ea ikfdLrku usHkkjr ij vkØe.k o ; Ø 1971  
ea ckaykn'sk dk fueZk A

9- Hkkjr dh xbfuji {krk dh uhfr o iMkh h jkT; n'skka l sfe=rkA ikfdLrku dh Hkkjr fojksk  
xfrfofek; ka vksj dk'ehj l eL; k dksmNkyukA

10- orZku ea jktu'srd vLFkjrk ijUrqfodkl dk; Øe dk l pkyu djukA

### **ikBxr izu**

1- vaxstks usHkkjr ij fdu dkj .kka l svi uk vf/kdkj dk; e dj fy; k\

2- 1857 dsckn Hkkjr }kjk l qkkjoknh D; k dk; ZvkjEHk fd; s x; s \

3- egkRek xkMkh dsurRo ea Lorærk }kjk fdl idkj iklr gpZ \

4- Lorærk dsi 'pkr i æ[k ?kVukvka dk o.ku dhft; A

### **vkRe ijh{k.k**

### **y?kqrjh; izu**

1- Hkkjr dsfoHktu dk D; k ifj .kke gqk \

2- ikfdLrku dsHkkjr l sfookn dk ey dkj .k D; k gS \

### **fucLWRed izu**

1- vBkjgoha l nh Hkkjr dsfy; sfdv ?kVukvka l s; ØRk gS \

2- detkj Hkkjr dk YkkHk vaxstks usD; k mBk; k \

3- 1857 dsckn Hkkjr; ka dk fopkj ifjorZ fdl : i ea gqk \

4- Loræ Hkkjr fdu l eL; kvka l sf?kj jgk gS \

### **ikBxr izula dh mRrj rkfydk**

1- ey detkj n'skka fj; kl rka rFkk vaxstka dh prj uhfr o fodfl r gffk; kj A

2- Hkkjr; tkxfr vaxstks l svl g; ksx dh Hkkouk rFkk Hkkjr; jk"Vh; dkaxd dh LFkki ukA

3- egkRek xkMkh usRo eavl g; ksx o vU; vkUnksyuA vaxst fe'kuka l svl gefr }kjk Hkkjr; turk  
ea Lorærk dsfy; scfynku Hkkouk dksmRi Uu djukA

4- vkfFkZd fodkl dk; Øeka dh elnh vksj phu o ikfdLrku ; Ø jktu'srd vLFkjrkA

## vkRe fo'yšk.k izula dh mRrj rkfydk

### fucákkRed

- 1- ; ykí h; tkfr; ka , oa 0; ki kfjd dEi fu; ka ds vkxeu l A
- 2- vki l h QW vkš detkj jkT; ka dks , d&, d djds vaxst ka usvi usv/khu dj fy; kA
- 3- 1857 dsckn Hkkjrh; ka vaxst ks l sl g; ks o mfpr tkukA
- 4- vkfFkZd fi NMki u jktuŕd mFky&iFky rFkk turk eavl rkskA

### y?kqRrjh;

- 1- Hkkjr dsfoHkk tu dk i fj .kke ; g gqk fd i kfdLrku dk fuekZk gqk rFkk nksuksnŕ kka dsykska dh vi usvi usnŕ kka es tkus dsfy; s vi kj d"V mBkus i Mŕ rFkk fgUrn&eflye naxsgq A
- 2- i kfdLrku dh dk'ehj dh ekax rFkk i kfdLrku ea/kkfeZd jkT; dh LFkki ukA
- 3- l jnkj cYyHk HkkbZ i Vsy ¼rRdkyhu xg ea=h , oami izkku ea=h½

# vH;kl izu

ikB Øekad 1 l s5 rd

fo"K; -----

--

Nk= dk uke-----izu i=

i wkkzl&25

Nk= dk iãh; u Øekad

dy iãrkad

eW; kadudrkZ ds gLrk uke

, oa irk-----

ukV& bu izuka dsmRrj fy[kdj vkrfjd eW; kadu ds l e; l EcfU/kr l LFkk eai Lrqr djA blgae. My  
dk; kzy; eaHkstua dh vko'; drk ughaga

izu Øekad&1 l s3 rd vfr y?kqRrjh; izu gA budsmRrj vf/kdre 25 'kCnkaefn, x, fJDr  
LFkku eafyf[k, A

izu&1 , f'k; k dk l cl scMk jyekxl dks l k gS. 2 vad eW; kadudrkZ dh fVli .kh

mRrj% -----  
-----  
-----

izu&2 Hkkjr dh rhu cgmnnãsh; ifj; kst ukvka ds uke fyf[k; s\

2  
vad

mRrj% -----  
-----  
-----

izu&3 vklVfy; k D; kamDur'khy gS\

2 vad

mRrj% -----  
-----  
-----

izu Øekad 4 , oa5 rhu vadksokysy?kqRrjh; izu gA budsmRrj izuka ds Bhd uhpfn, tkuk  
gA vf/kde 'kCn l q; k 50 gA

izu&4 Hkkda dh ifjHkk'kk nrsqg Hkkda ds vkus ds dkj .kka dks mYyq[k dhft , A

3  
vad

mRrj% -----  
-----  
-----

izu&5 nf{k.k vesj dk vHkh fi NMk vkj l eL; k xLr gA Li "V dhft; s\

3  
vad

mRrj% -----  
-----  
-----

izu 06, oa7 pkj vdksoykysy?kqRrjh; izu gA budsmRrj fu/kkZjr LFkku eavf/kdre 75 'kCnka eanhft, A

izu&6 ekf e vks tyok; qI svki D; k l e>ragS\ tyok; qdk ekuo thou ij D; k iHko iMfk gA

4 vd

mRrj%

-----  
-----  
-----

izu&7 egkRek xkdkh dsurRo eaLora=rk fdl idkj iklr gPZ\

4  
vd

mRrj%

-----  
-----  
-----

izu 0ekad 8 fucU/kkRed izu gA bl eafodYi Hkh fn; k x; k gA vf/kdre 'kCn l hek 150 j[kh xbzgA bl izu dsmRrj graqvko'; drkuq kj vfrfjDr i"B yxkoA

izu&8 ,f'k; k dksfofo/krkvkaokyk egk}hi D; ka dgk tkrk gS\

5  
vd

**vFkok**

vdcj dh jkt iur uhfr D; k Fkh \

mRrj%

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-----  
-----  
-----  
-----  
-----

i = kpkj i kB; Øe  
ek;/fed f'k{k e.My] e/;çnškj Hki ky  
¼kjk I ok/kdkj I jf{kr½



fMlykek bu ,T;wšku ijh{k

¼}rh; o'k½

izu i = & 11 ¼ dkn'k½

I kelt'd fokku ¼ kelt'd i; kbj.k½  
,oa ml dk f'k{k.k ¼kky\$bfrgkl ½  
iB Øekd 1 I s5 rd



**i=kpkj iB; Øe**  
**ek; fed f'k{k e.My e-ç-] Hki ky**  
 ½kj k l okl/kdkj l jf{kr ½  
 fMlyek bu ,T; dšku ¼Eke o"½  
 izu i= & ,dm'k

---

fo"k; % l kelt d foKku ¼ kelt d i; kbj. k½ , oaml dk f'k{k.k. kA iB Øekd & 6  
 fo"k; k% ukxfjd 'kL= ¼ ½

---

**fi; Nk=x.k**

i=kpkj f'k{k.k. 0; oLFkk ds vUrxZ iLr bdkbZ l kelt d foKku , oaml dk f'k{k.k. dh  
 6ohabdkbZ gA bl bdkbZ eage fuEufyf[kr fo"k; kA kka ij ppkZ djA

- 1- Hkjr h; l fo/kku o 'kkl u
- 2- LFkkuh; 'kkl u uxjh; vkš xkeh.k
- 3- ukxfjdrk

¼ ½ ukxfjd 'kL=

mi & bdkbZ &1

Hkjr h; l fo/kku , oaml 'kkl u

**Hkjr h; l fo/kku dh fo'kškrk, &**

gekj nš 15 vxLr 1947 dš Loræ gq/kA rHkh gekj l jdkj dš l fo/kku cukus dk  
 vfekdkj iLr gq/kA 26 uoEcj 1949 dš Hkjr dsfy, , d uohu l fo/kku rš kj fd; k x; k rFkk  
 26 tuojh 1950 dš ml sykxwfd; k x; k , oaml Hkjr dš x.kræ ?kš"kr fd; k x; kA



**1- I Eiwk iHqo I Eilu ykdrU=Red x.kjT; &**

Hkkjr ijh rjg l sLora= jkT; gA viusvkrfjd ,oackgjh ekeykaeage fdl h dsvekhu ugha gA

Hkkjr ,d ykdrU=Red x.kjT; gSftl l sl elr 'kFDr; ka dk dlnz turk gA x.kjT; dk vFlZ ; g gSfd Hkkjr dk jk"VW; {k oalkuqr u gkdj viR; {k : i l s turk ds fuokTpr i frfuf/k; ka ds }jkk fuokTpr gkrk gA

**2- /keZ fuji{k jkT; &**

l jdkj dk dkbZ jkT; &/keZ ugha gA l cdk vius vius/keZ dh mikl uk o ikyu djus rFkk vUrdj.k dh Lora=rk iklr gA

**3- I ektokn dh LFki uk & 42 ea l fo/kku l akku }jkk l ektoknh 'kCn dks l fo/kku dh i Lrkouk eal fefyr dj fy; k x; k gA gekjk nsk l ektoknh <a l sl ektokn dh LFki uk djuk vi uk e[; mnns; ekurk gA**

**4- fyf[kr v[ fufeZ l fo/kku &**

l fo/kku l Hkk }jkk cM+l kp fopkj dsckn bl s2 o"KZ11 ekg v[ 18 fnu eacukdj r\$ kj fd; k x; k gA

**5- fo'ky l fo/kku &**

gekjk l fo/kku fo'o dk l cl scMk l fo/kku gA bl ea404 vuPNn o vuq fip; kav[ 24 Hkkx gA

**6- l dn; 'kkl u izkkyh &**

Hkkjr eal l n l oki fj gA bl eadk; ka kfydk dsi kl 'kkl u dh okLrfod 'kFDr; kajgrh gA v[ e[=e.My %dk; kfydk% l dn ds i fr mRrjnk; h gA

**7- I akRed gksr gq Hh ,dkRed &**

Hkkjr eal akRed izkkyh gsvFkr Hkkjr dbZ jkT; ka dk ,d l ak gSftl eal kjh 'kFDr; ka ,d LFku ij dlnr u gkdj dlnz v[ jkT; ka ea foHkkt r gA Hkkjr ea 28 jkT; ,oa 7 dlnz 'kkl r insk gSftul sfeydj Hkkjr; l ak cuk gA fdUrq dlnz dh vi\$kk jkT; ka dh 'kFDr; ka de gA 'kFDr; ka dk >plko dlnz dh rjQ vf/kd gA

l dVdkyhu fLFkr; ka ea dlnz dks egROI wkz 'kFDr; ka iklr gsrkd nsk dh v[k.Mrk dh j{k dh tk l dA l dVdky eagekj l fo/kku ,dkRed Lo: i xg.k dj yrk gA bl fy, dgk tkrk gSfd Hkkjr ds l fo/kku dk 'kjh l akRed gS i jUrqm l dh vkRek ,dkRed gA

**8- ekSyd vf/kdkj &**

gekjs l fo/kku ea ukxfj dka ds l okkh.k fodkl dsfy, ekSyd vf/kdkj i nku fd; sgA bu vf/kdkj ka dks U; k; i kfydk dk l j{k.k iklr gA ukxfj dka ds fuEu N% ekSyd vf/kdkj gA

1/2 l ekurk dk vf/kdkj 1/2 Lora=rk dk vf/kdkj 1/2 'kks.k ds fo: ) vf/kdkj 1/2 /kfeZ Lora=rk vf/kdkj 1/2 l kldfrd o f'k{k l dkh vf/kdkj 1/2 l fo/kku mi pkj ka dk vf/kdkjA

9- **ekšyd drė;** &

I šio/kku ds 42 oal akksku ea 10 ekšyd drė; ka dk I ekoš k fd; k x; k gštš s I šioėkku dk ikyu djuk] jk"V<sup>a</sup>/ot] jk"V<sup>a</sup>xhr dk vknj djuk vkfn iztkraė dh I Qyrk dsfy, bu drė; ka dk cMk egRo gA

10- **Loraė U; k; ikfydk** &

I šio/kku ea, d Loraė vks fu"i {k U; k; i kfydk dh LFkki uk dh xbZgA bl s dk; i kfydk vks 0; oLFkki dk I s Loraė j [kk x; k gA U; k; i kfydk ekšyd vf/kdkjka vks I šio/kku dh j {kd gA bl s U; kf; d i ujkyokdu dk vf/kdkj Hkh i klr gA

11- **bdgjh ukxfjdrk&**

gekjsnšk ea nksjh ukxfjdrk ugha gA ge I Hkh Hkkjr ds ukxfjd gA Hkysgh osfd I h Hkh jkT; dsfuokl h gka jk"V<sup>a</sup> dh i fkdDrk dh Hkkouk dks I eklr djus dsfy, I Ei wkZ Hkkjr ea bdgjh ukxfjdrk j [kh xbZ gA

12- **0; Ld erkf/kdkj&**

nšk ds I Hkh L=h&i q "ka dks ftudh vk; q18 o"lz ; k bl I svf/kd gš 0; Ld erkfekdkj i klr gA nšk ea dšy osgh erkf/kdkj I soapr gš tks vij/kh nšknkgh vkfn gA

13- **vVi I ĩ; d ,oa fi NMš oxZ dk I j {kd&**

gekjs I šio/kku ea vuq ņpr tkfr; ka vks vuq ņpr tutkfr; kadsdY; k.k vks i xfr ds fy, fo'kšk 0; oLFkk dh xbZ gA I a n vks I šio/kku I Hkkvka ea budsfy, LFkk I ĩ f {kr j [ks x; s gA f'k {kk vks ukšjh dh i klr ea blga fo'kšk I ņo/kk; a nh xbZ gA

**iBxr izu**

izu-1 /keZfujišk jkT; I s D; k rRi ; Z gš

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izu-2 Hkkjr h; I šio/kku dc ykxw gqk\

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-----

izu-3 gekjs ekšyd vf/kdkj dks & dks I s gA

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(4)

**mi&bdk&2**

**dhnh; 'kl u&dk; ðkydk 0; oLFKfidk U; k; ikfydk**

**dk; ðkydk**

**jk"Vfr**

Hkkjr dsl ðo/kku dsvuðNn 52 o 53 eadgk x; k gSfd Hkkjr dk jk"Vfr gksk vkj I ðk dh I eLr dk; ðkydk 'kDr jk"Vfr eafufgr gksxA

Hkkjr dk jk"Vfr cuusdsfy; s vko'; d gSfd&

- 1- og Hkkjr dk ukxfjd gkA
- 2- og 35 o"lz dh vk; q i wkdj pðk gkA
- 3- og ykdI Hkk dsfy, I nL; fuokZpr gksus dh ; kx; rk j [krk gkA
- 4- og dhnz vFkok jkT; I jdkj ds v/khu fdl h ykHk ds in ij u gkA

jk"Vfr dk puko 5 o"lz dsfy, I ð n rFk fo/kkue. My dsfuokZpr I nL; ka }kj fd; k tkrk gA i kp o"lz ds i ðZ HkH jk"Vfr R; kx i = ndj viusin I sgV I drk gA jk"Vfr I foekku dk mYyðku djs; k fQj I ð n }kj egkHk; kx yxkdj ml sin I sgVk; k tk I drk gA

jk"Vfr dk in vR; Ur egroi wkd gS ml sfuEu 'kDr; ka i klr g&

**1- dk; ðkydk 'kDr; k&**

I ðf/kku dsvuð kj I eLr dk; ðkydk 'kDr; k; jk"Vfr eafufgr gksh gA bu 'kDr; ka dk iz; kx djrs gq og ykdI Hkk eacgøny ds usk dks izkkue=h fu; ðr djrk gS rFk ml dh I gk; rk I sea=h ifj"kn dh fu; ðr djrk gS og rhuka I sukva dk I okp I suki fr gksh gA og rhuka I sukva ds v/; {kk} mPpre U; k; ky; ds U; k; k/kh' k jkT; i kyka dh fu; ðr djrk gS og I ðk ykd I ok vk; kx] puko vk; kx] Hkk"kk vk; kx] foRr vk; kx ds v/; {k dh fu; ðr djrk gS og I jdkj ds I pkyu ds fu; e cukrk gA

**2- 0; oLFKfidk I ðkh 'kDr; k&**

jk"Vfr I nu dk vFkku vax gA og I ð n dk vf/košku cgykus I =kol ku djus rFk ykdI Hkk dks Hkx djus dh 'kDr j [krk gA og jkT; I Hkk ea12 rFk ykdI Hkk eank I nL; ka dks euksh djrk gA I ð n dsl = ds i kj EHk eaog mn?kkVu Hkk"kk nsk gA dkbZ HkH fo/ks d fcuk jk"Vfr dh Lohdfr I s dkuu dk : i ughays I drk gA og v/; knsk tkjh dj I drk gS rFk fdl h HkH fo/ks d dks i qfoþkj dsfy, ykS/k I drk gA

**3- foRrh; 'kDr; k&**

jk"Vfr ds vknk ij gh ykdI Hkk eactV I Lrø fd; k tkrk gA foRr vk; kx dh fu; ðr jk"Vfr djrk gS vkj dkbZ HkH /ku fo/ks d fcuk jk"Vfr dh Lohdfr ds ykdI Hkk ea i Lrø ugha fd; k tk I drkA

**4- U; k; d 'kDr; k&**

jk"Vfr mPp rFkk mPpre U; k; ky; dsU; k; k/kh'k dh fu; qDr djrk gA jk"Vfr fdl h vij/kh ds n.M dks {kek dj l drk gSog eR; q.M Hkh ekQ dj l drk gA

**5- l dVdkyhu 'kDr; k&**

vkrfjd fontg ; q vFkok vkOe.k dh fLFkr ea jkT; ea oSkkfud l dV dh fLFkr ea vFkok foRrh; l dV dh fLFkr ea l dVdky dh ?kkSk.kk djrk gA

**mijk"Vfr**

mi & jk"Vfr in dh 0; oLFkk Hkkjrh; l fo/kku ds vuqNn 63 ea l sdh xbz gA jk"Vfr ds vfrfjDr Hkkjrh; ea , d mijk"Vfr Hkh gsrk gA budk puko , d fuokpd e.My djrk gS ftl ea l d n ds nskal nu ds fuokpr l nL; gsrk gA mijk"Vfr cuusdsfy; sog Hkkjrh; dk ukxfjd gsrFkk ml us35 o"lz dh voLFkk i wLz dh gsrFkk og jkT; l Hkk dk l nL; pps tkus dh ; kx; rk j [krk gkA bl dk dk; zkly 5 o"lz gA

mijk"Vfr jk"Vfr dh vuqLFkr ea jk"Vfr ds dk; ka dks djrk gA bl ds vfrfjDr mijk"Vfr jkT; l Hkk dk insu l Hkkr fr gsrk gA jkT; l Hkk dh dk; zkgh dk l pkyu djrk gA

**dhb; ea-h ifj"kn**

Hkkjrh; l fo/kku ds vuqNn 74 ds vuq kj l qk; l jdkj ea , d ea-h ifj"kn gskh ftl dk usk izkkuea-h gskA ea-h ifj"kn l qk; dk; i kfydk dk i e[k vax gA og jk"Vfr dks l ykg inku djrh gA jk"Vfr dh okLrfod dk; i kfydk 'kDr; ka dk iz; kx ea-h ifj"kn gh djrk gA bl earhu izdkj dse-h gsrk gA 1/4 1/2 dscu/ Lrj dse-h 1/2 1/2 jkT; ea-h 1/3 1/2 ea-hA ea-h ifj"kn dh fu; qDr izkkuea-h dh l ykg ij jk"Vfr djrk gA ea-h; ka ds foHkkx ka dk foHkk tu izkkuea-h dh l ykg ij jk"Vfr djrk gA ea-h ifj"kn dk dk; zkly l keU; r%5 o"lz dk gsrk gSfdUrqb l ds i dZ Hkh bl s Hkac fd; k tk l drk gA

ea-h ifj"kn l kefgd : i l sl d n ds ifr mRrjnk; h gsrh gA ; fn izkkuea-h R; kxi = nsnsrksLor%gh ea-h ifj"kn viusvki l ektr gsk tkrh gA

**izkkuea-h**

vuqNn 74 ea izkkuea-h in dh 0; k[; k dh x; h gA

dhb; l jdkj ea l cl s 'kDr'kkyh , oaegRo dk in izkkuea-h dk gA l fo/kku eafy [kk gSfd jk"Vfr dh l gk; rk rFkk ijke'kZ nusdsfy; s, d ea-h ifj"kn gskh] ftl dk usk izkkuea-h gsrk gA

jk"Vfr dh l eLr dk; i kfydk 'kDr; ka dk iz; kx ea-h ifj"kn gh djrh gA bl n"V l s izkkuea-h dk in egroi wLz gsk tkrk gSD; ka d viR; {k : i ea jk"Vfr dh 'kDr; ka okLro ea i ekkuea-h dh gh 'kDr; ka gA

izkkuea-h dh fu; qDr jk"Vfr }kj dh tkrh gA l keU; r% jk"Vfr ykd l Hk ea cger ny ds usk dksgh izkkuea-h fu; qDr djrk gA izkkuea-h dk dk; zkly l keU; r%5 o"lz jgrk gA

izkkuea=h i fj "kn~dk usrk gkrk gA og ea=h e.My dh cBdkadh v/; {krk djrk gA og ykdI Hkk ea=cger ny dk usrk gkrk gS tc rd ml dsny ea vuqkkl u gS ml ds usRo dks dkbZ pqrh ughans I drkA

og ea=h; ka ds dk; ka dks foHkk tu djrk gsrFkk I jdkj dh uhr; ka dk fu/kkj .k djrk gA og ea=h e.My : ih Vhe dk usRo djrk gA og ea=h; ka ds foHkkxka ea Qj cny dj I drk gA ml dh bPNk dsfcuk dkbZ Hkh 0; fDr ea=h ds in ij ughajg I drkA

**dshh; 0; oLFKfi dk**

**Hkjr; I d n**

gekjs I fo/kku eanksjh 'kkl u 0; oLFkk dk iko/kku gSI ak I jdkj ijsn'sk ij 'kkl u pykrh gA jk"Vfr] ykdI Hkk vkS jkT; I Hkk I sfeydj I d n curh gA I d n gekjsn'sk dh dkuru cukusokyh I okPp I LFkk gA

I d n ds nks I nu gkrsgS & 1 ykdI Hkkj 2 jkT; I Hkk

**1- ykdI Hk**

I d n ds iFke I nu dks ykdI Hkk dgrsgA ykdI Hkk turk dk I nu gSbl ds I nL; ka dk pqko turk }kjk iR; {k : i I sfd; k tkrk gA

**I xBu**

ykdI Hkk ea pqsqq I nL; ka dh I f; k 545 gA budk pqko turk ds }kjk fd; k tkrk gA

**dk; Dky**

ykdI Hkk ds I nL; 5 o"kz ds fy; spqs tkrsgA

**fuokpu**

ykdI Hkk ds I nL; ka ds pqko ds fy; s ijsn'sk dks fuokpu {ks=ka ea cka/ fn; k tkrk gA i R; d fuokpu {ks= I s, d i R; k'kh pqk tkrk gA 18 o"kz; k bl I s vf/kd vk; qokys i R; d ukxfjd dks ernku dk vf/kdkj ikr gA

**I nL; ka dh ; Hk; rk, a &**

- 1/1 1/2 Hkjr dk ukxfjd gka
- 1/2 1/2 ikxy fnokfy; k ; k I tk; kQrk u gka
- 1/3 1/2 I jdkjh ykHk ds in ij u gka
- 1/4 1/2 25 o"kz dh vk; qi wkz dj pprk gka

**ykdI Hkk ink/kdkjh &**

ykdI Hkk dk , d vè; {k rFkk , d mik/; {k gkrk gA ykdI Hkk ds I nL; bl svi usea I s gh pùrs gA vè; {k ykdI Hkk ds vf/košku dh v/; {krk djrk gA og I nu ds dk; kà dk I pkyu dj vuqkkl u cuk; sj [krk gA

**2- jkT; I Hkk**

Hkkjrh; I d n ds f}rh; I nu dks jkT; I Hkk dgrs gA

**xBu &**

bl I nu dh dty I d; k 250 gkrh gA buea I s 12 I nL; dksjk"Vf fr eukshr djrk gA ; g I nL; I kfgR; ] dyk] foKku] I ekt I ok vkfn {ks=ka ea i fl ) gkrsgA

**pqko &**

jkT; I Hkk ds I nL; jkT; dh fo/kkuI Hkkvka ea pùrs gq I nL; ka }kj k pùs tkrsgA bl I Hkh ds I nL; dh vk; q30 o"lz; k bl I svf/kd gksuh pkfg, A 'kSk ; kK; rk, aykdI Hkk ds I nL; ds I eku gkrh gA

**dk; ðky &**

jkT; I Hkk , d LFkk; h I nu gA ; g dHkh Hkh Hka ughagkrkA jkT; I Hkk ds , d frgkbl I nL; i fr nks o"lz ckn dk; ðpr dj fn; s tkrsgA vls mrusgh uohu I nL; pù fy; s tkrsgA i R; d I nL; N o"lz ds fy; s pùk tkrk gA

**I ekfr &**

Hkkjr dk mi jk"Vf fr jkT; I Hkk dk i nu I Hkki fr gkrk gA mi I Hkki fr jkT; I Hkk ds I nL; ka ea I s gh pùk tkrk gA

bl idkj ykdI Hkk vls jkT; I Hkk I sfeydj I d n curh gA I d n ds I nL; ka dks dN fo'kSk I fo/kk, anh xbZgA mlga i frekg oru o HkRrds vfrfj Dr fuokl ] fu%kq d VsyhQksj] vls ijs Hkkjr eaHke.k djus ds fy, fu%kq d i Eke Jskh ea jy ; k=k djus dh I fo/kk nh xbZgA

**I d n ds dk; Z**

Hkkjrh; I d n dks fuEufyf [kr dk; Z djus i MfsgA

**1- dkuu cuk &**

I d n jk"Vf dh dkuu cukusokyh I okp I LFkk gA ykdI Hkk ea i Lr fo/ks d dks rhu okpuka dh i fØ; k i wZ djuk gkrh gA

i Eke okpu ds vol j ij I Hkk ds I nL; ka dks fo/ks d dh i fr; ka ck/ nh tkrh gA foeks d i Lr djus okyk fo/ks d mnas; ka dh 0; k [; k djrk gA

f}rh; okpu ds I e; fo/ks d dh i R; d /kkj ij pklz gkrh gA I efkz rFkk vkykpk ds i'pkr- tks I qko fn; s tkrsgA I nu mlga Lohdkj vFkok vLohdkj dj I drk gA

rrrh; okpu ds vol j ij fo/kš d dh l eLr /kkjvkā ij l e; pplz gkrh gā bl ds i 'pkr-ernku gkrk gā cgør fo/kš d ds i {k ea gks rks fo/kš d dks i kfjr dj fn; k tkrk gā

; gh i fØ; k jkT; l Hkk ea Hkh nkgjkbz tkrh gā jkT; l Hkk ea Lohdr gkus ds i 'pkr-og Lohdr rFkk gLrk {kj grqjk"V fr ds ikl Hkst fn; k tkrk gā bl ds mijkr og fof/k vFkok dkuu dk : i /kkj.k dj yrk gā

**2- ctV Lohdr djuk &**

l d n gh ctV Lohdr djrh gā l d n dh Lohdr ds fcuk dkbz Hkh u; k dj ugha yxk; k tk l drk vksj u gh dkbz i s k [kpzfd; k tk l drk gā bl idkj l d n dk vk; & 0; ; ij iwzfu; æ.k jgrk gā

**3- dk; ikfydk ij fu; æ.k &**

l d n dk; ikfydk ij Hkh fu; æ.k j [krh gā i zkkueæh , oavU; eæh vi usdk; kadsfy, ykd l Hkk ds l e {k mRrjnk; h gā vfo'okl dk i Lrko ikl dj eæhe. My dks ykd l Hkk i neDr dj l drh gā

**4- l fo/kku ea l āksku &**

l d n dh vko'; drk vuq kj l fo/kku dh dñ /kkjvkā ea l āksku dj l drh gā dñ fo"ka; ka ij l āksku grqjkT; ka dh fo/kku l Hkkvka dh Lohdr Hkh ysuk gkrh gā

**5- egkfk; ks yxkuk &**

og jk"V fr] mijk"V fr rFkk U; k; k/kh' kka ij egkfk; ks yxkdj mlgavi nLFk dj l drh gā

**U; k; ikfydk**

**mPpre U; k; ky;**

gekjs l fo/kku ea Loræ , oa, dy U; k; i ) fr dh 0; oLFkk gā gekjs nsk dk l cl si eqk vksj cMk U; k; ky; mPpre U; k; ky; gā ; g fnYyh ea fLFkr gā

**l zBu &**

bl U; k; ky; ea, d eq; rFkk 25 vU; U; k; k/kh' k gkrsgā eq; U; k; k/kh' k dh fu; qDr jk"V fr djrk gā vU; U; k; k/kh' kka dh fu; qDr og eq; U; k; k/kh' k ds ijke'kz ij djrk gā U; k; k/kh' k i n grq; kx; rk, a &

¼1½ Hkkjr dk ukxfjd gā

¼2½ i kp o"krd U; k; k/kh' k ds in ij dk; Zdj pdk gksvFkok 10 o"krd odkyr dj pdk gā

¼3½ jk"V fr dh n"V ea og dkuu dk i f.Mr gā

**dk; žky &**

mPpre U; k; ky; dk U; k; k/kh' k 65 o"krd dh vk; qrd vi us in ij dk; Zdj l drk gā

dk;Z ,oa 'kDr; ka

1- **ikjHkd {ks-k/kdkj &**

bl U; k; ky; ds ikl vfhk; ks dks l h/ks l qus dh 'kDr ikr gA , d si d j .k tks bl U; k; ky; }kjk l h/ks l qus tkrsgA os nks i d kj ds gkrsgA

1/4 1/2 os i d j .k tks d h z r f k f d l h , d j k T ; ; k v f / k d j k T ; k a d s c h p f o o k n i z r q d j r s g A

1/2 1/2 os i d j .k tks H k j r d s e y v f / k d k j k a l s l a f / k r g A m u e a e y v f / k d k j k a d h j { k k d k i z u g A

2- **viyh; {ks-k/kdkj &**

1/4 1/2 , d si d j .k tks j k T ; k a d s m P p U ; k ; k y ; k a d s f u . k z d s f o : ) g k s v i h y d s : i e a i q f o p k j d s f y ; s m P p U ; k ; k y ; e a v k r k g A

1/2 1/2 d e l s d e 20 : i ; s d h / k u j k f ' k d s n h o k u h m P p r e U ; k ; k y ; e a v i h y d j u s d h i k = r k j [ k r s g A

1/3 1/2 Q k s t n k j h d s o s i d j .k f t u e a j k T ; d s m P p U ; k ; k y ; u s v f h k ; q r d k s e R ; q . M f n ; k g A

3- **ijke'kz nsis dk vf/kdkj &**

H k j r d k j k " V i f r f d l h d k u u h i z u i j m P p r e U ; k ; k y ; l s i j k e ' k z y s l d r k g A i j l r q i j k e ' k z d k s e k u u s d s f y ; s j k " V i f r c k / ; u g h a g A

4- **l fo/kku vlg ekdyd vf/kdkjka dh j{k &**

o s d k u u t k s l f o / k k u d h / k k j k v k a d s f o i j h r g s m P p r e U ; k ; k y ; , d s d k u u k a d k s v o e k ? k k s " k r d j l d r k g A l f o / k k u } k j k i n R r v f / k d k j k a d h j { k k d s f y ; s H k h d k b z u k x f j d m P p r e U ; k ; k y ; d h ' k j . k y s l d r k g A

5- **vfHky[k U; k; ky; ds : i ea &**

; g , d v f H k y [ k U ; k ; k y ; H k h g A b l d s l H k h f u . k z k a d k i z d k ' k u g l e r k g A b l d s } k j k f n ; s x ; s f u . k z n s k d s v U ; U ; k ; k y ; k a e a d k u u d h r j g i z k s e a y k ; s t k r s g A m u d k m i ; k s m n k g j . k d s : i e a f d ; k t k r k g A

**ikBxr izu**

**izu 1-**jk"Vif fr dh 'kDr; ka dk l afklr ea o. kzu dhft; a

.....  
.....

**izu 2-**ykdl Hkk dk xBu ds s gkrk gA

.....  
.....

**izu 3-**mPpre U; k; ky; ds dk; ka dk mYy[k djka

.....  
.....



**mi&bdk&3**  
**jkT; 'kkl u**  
**dk; ðkfydk 0; oLFkfi dk vlg U; k; ikfydk**  
**jkT; dk; Z ikfydk**  
**jkT; iky**

jkT; iky jkT; dk iæçk gkrk gA ml h dsuke l sjkT; dk izkkl u pyk; k tkrk gA  
 jkT; iky dh fu; ðr Hkkjr dk jk"Vfr djrk gA ml dk dk; ðky 5 o"kz dk gkrk gSfdUrq  
 jk"Vfr ml s5 o"kz ds iðZ Hkh gvK l drk gSvFkok dk; ðky c<k l drk gA

jkT; iky in ij ogh 0; fDr fu; ðr gks l drk gS tks Hkkjr dk ukxfjd gk\$ 35 o"kz dh  
 vk; qiwkz dj pçk gkA l ð n ; k fo/kku e.My dk l nL; u gks rFkk l jdkj eafdl h vkfFkZ  
 ykHk ds in ij u gkA

jkT; iky dh 'kDr; kavk\$ dk; Zjk"Vfr dsl eku gkrs gA jkT; iky jkT; dseç; eæh]  
 eæh=; karFkk l Hkh mPp vf/kdkfj; ka t\$ sjkT; dsykd l ok vk; kx ds v/; {k] l nL; karFkk jkT;  
 dsegkf/koDrk dh fu; ðr djrk gA jkT; fo/kku e.My dk vf/ko\$ku jkT; iky ds vfHkHk"K.k  
 l sgh i kjk gkrk gA jkT; iky dks fo/kkul Hkk dk vf/ko\$ku cykus rFkk ml sLFkxr djus dk  
 vf/kdkj ikr gA fo/kkul Hkk ea i kfr l Hkh fo/ks d ml ds gLrk{kj ds ckn gh dkuu dk  
 : i /kjk.k djrs gA jkT; iky v/; ksk tkjh dj l drk gA jkT; iky dkuu ds v/khu  
 nh xbZ l tk dks de vFkok ekQ dj l drk gA

/ku fo/ks d dks fo/kku l Hkk ea i Lrç djus ds iðZ jkT; iky dh Lohdr vko'; d gA  
 bl idkj jkT; iky jkT; eadbnz dk ifrfuf/kRo djrk gA

**jkT; eæh e.My ,oa eç; eæh %**

jkT; dk eæh e.My gh jkT; dh okLrfod dk; ðkfydk gA eç; eæh eæh e.My dk  
 izkku gkrk gA jkT; iky] jkT; fo/kkul Hkk eacgçer ny dsurk dk seç; eæh fu; ðr djrk gA  
 eç; eæh ds ijke'kz l sgh jkT; iky vU; eæh=; ka dh fu; ðr djrk gS rFkk muds foHkx dk  
 forj.k djrk gA eç; eæh rFkk vU; eæh=; ka dks fo/kkul Hkk dk l nL; gksuk vfuok; Z gA

in\$ k dseæh e.My eadfcu\$ eæh] jkT; eæh] mi eæh rFkk l ð nh; l fpo gkrs gA  
 blgha eæh=; ka rFkk l fpoka dks feykdj jkT; eæh=&e.My dk xBu gkrk gA eæh e.My ds  
 eæh=; ka dh l ç; k dk fu/kk\$ .k eç; eæh djrk gA

eæhe.My gh jkT; dh dk; ðkfydk gkrh gA eæhe.My ds }kjk gh jkT; iky dh  
 okLrfod dk; ðkfydk 'kDr; ka dk iz; kx fd; k tkrk gA og jkT; 'kkl u dh uhfr dk fu/kk\$ .k  
 djrh gsvk\$ jkT; iky dks 'kkl u l Ecu/kh l ykg nrh gA eæh e.My gh fo/kkul Hkk ds dk; ka  
 dks fuf'pr djrk gA fo/kkul Hkk ea i Lrç fd; s tkus okys fo/ks dka dh l pph r\$ kj djrk gA  
 jkT; ds fy, dY; k.kdkjh ; kst uk, acurk gA eæhe.My dh Lohdr ds i' pkr gh jkT; dh  
 vk; &0; ; dk ctV i Lrç fd; k tkrk gA

**jkT; &0; oLFkfi dk**

**jkT; fo/kku e.My**

jkT; ds dkuu jkT; dsfo/kku e.My cukrs gA jkT; dsfo/kku e.My gh jkT; dh 0; oLFkfi dk gA ftI idkj dhrzeal d n dsnks l nu gkrs gA ml h idkj jkT; fo/kku e.My ds Hkh nks l nu gA , d l nu fo/kku l Hkh rFkk nW jk fo/kku&ifj"kn dgykrk gA gekjs nsk ea fo/kku ifj"knacgr gh de jkT; ka ea gA e/; insk ea Hkh , d gh l nu gA fo/kku l Hkh turk dk ifrfuf/kRo djrh gA

**fo/kkul Hk &**

I Ei wZ e/; insk dks 320 fo/kkul Hk {ks=ka eafokkfr fd; k x; k gA , d fo/kk; d yxHkx 75 gtkj tul a; k dk ifrfuf/kRo djrk gA e/; insk dh fo/kkul Hk jkT/kkuh Hk k ky ea gA

fo/kkul Hk dk dk; Bky 5 o"lZ dk gSfdUr jkT; iky bl s5 o"lZ ds i wZ Hkh Hkx dj l drk gA fo/kkul Hk dk inkf/kdkjh v/; {k gkrk gA v/; {k dh vuq fLFkr eami k/; {k fo/kkul Hk dh cBdkadh v/; {krk djrk gA budk fuokpu fo/kkul Hk l nL; djrs gA

**fo/kku ifj"kn &**

fo/kku ifj"kn , d LFkbbZ l nu gA ; g Hkx ugh gkrkA bl dspuko dh if0; k vyx gA bl ds, d frgkbbZ l nL; ka dk puko fo/kkul Hk l nL; ka }kjk gkrk gA nW js, d frgkbbZ l nL; jkT; dh LFkkuh; l LFkkuhkaI spqs tkrsgA dN l nL; fo' o fo |ky; LukrdkarFkk dN f' k {kd fuokpu {ks=ka l spqs tkrsgA 'kSk l nL; ] jkT; iky }kjk eukfur gkrsgA ; g l nu foekkul Hk dsdk; ka es l g; kx inku djrk gA

**'kDr; ka &**

jkT; fo/kku e.My jkT; l pph dsfo" k; kai j dkuu cukrk gA bl sl eortZ l pph dsfo" k; ka ij Hkh dkuu cukus dk vf/kdkj gA foRrh; 'kDr; ka ds vrxZ nW jk jkT; ds foRr ij i wZ fu; a.k jgk gA bl ds }kjk ctV ikfjr fd; k tkrk gS rFkk bl dk dk; kfydk ij Hkh i wZ fu; a.k jgrk gA ea h e.My bl dsfo'okl ikr gkus rd gh vius in ij jg l drk gA

**jkT; U; k; i kfydk**

**mPp U; k; ky;**

Hkkr ds l fo/kku ds vuq kj iR; d jkT; dsfy, mPp U; k; ky; dh 0; oLFk dh xbZ gA e/; insk dk mPp U; k; ky; tcyij ea fLFkr gA bl dh nks [k.Mi hB blnkj rFkk Xokfy; j ea fLFkr gA eoiD l sfokkfr gA NRRhl x< jkT; dk mPp U; k; ky; fcykl ij ea fLFkr gA

**l xBu &**

mPp U; k; ky; ea , d eQ; U; k; /kh' k rFkk vU; U; k; /kh' k gkrsgA vU; U; k; /kh' kka dh l a; k l d n fu/kkZjr djrh gA Hkkr dk jk"V fr mPpre U; k; ky; ds eQ; U; k; kek' k dh l ykg l smPp U; k; ky; ds eQ; rFkk vU; U; k; /kh' kka dh fu; qDr djrk gA

**;k; rk; i &**

¼1½ og Hkkr dk ukxfjd gA

½2½ og ikp o"lZ rd jkT; ds fd l h U; k; ky; ea U; k; k/kh' k jgk gA

½3½ og 10 o"lZ rd mPp U; k; ky; ea vf/koDrk jgk gA

**dk; Bky &**

mPp U; k; ky; ds U; k; k/kh' k 62 o"lZ rd dh voLFk rd vius in ij jg l drsgA

I okPp U; k; ky; dsU; k; k/kh'k dh rjg gh mPp U; k; ky; dk U; k; k/kh'k Hkh egkfhk; ksc dh ifØ; k }kjk in lsgVk; k tk l drk gA

dk; Z , oa 'kDr; k

1- U; k; l EcWkh vf/kdkj &

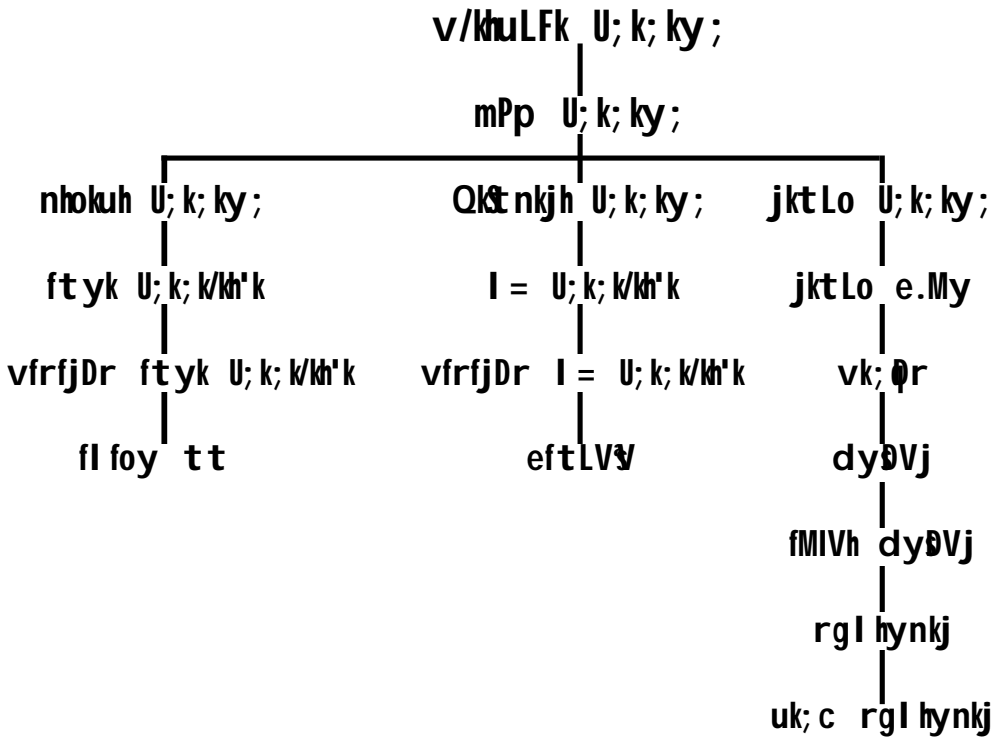
mPp U; k; ky; dks i kj fEHkd rFkk vihyh; vf/kdkj i klr gA jkT; dsnhokuh QkSt nkjh ekeyka ea vihy l qrk gS rFkk ukxfjdka ds ekfyd vf/kdkjka l s l EcflU/kr izdj .kka dh l h/kh l qokbz djrk gA

2- vknSk tkjh djus dk vf/kdkj &

mPp U; k; ky; ukxfjdka ds ekfyd vf/kdkjka dh j {kk dsfy, vknSk (writ) tkjh djrk gA

3- v/khuLFk U; k; ky; ka ij fu; æ .k &

mPp U; k; ky; dk jkT; ds l Hkh v/khuLFk U; k; ky; ka ij i wkZfu; U=.k jgrk gA ftys ds v/khuLFk U; k; ky; ka ds U; k; k/kh'k ka dh fu; qDr] i nksufR rFkk LFkkukUrj vkfn djrk gA rFkk v/khuLFk U; k; ky; ds dk; Z , oa 0; ogkj l Ecdkh fu; eka dks cukrk gA



**ikBxr izu**

**izu 1-jkT;** i ky dh fu; pDr fdl ds }kjk gkrh gS

.....  
.....

**izu 2-fo/kku** ifj"kn ds l nL; ka dk puko fdl idkj gkrk gS

.....  
.....

**izu 3-jkT;** ] U; k; ikfydk dk l xBu fdl idkj gkrk gS

.....  
.....

**mi & bdk&4**

**jkT; & l fpoky;**

nSk vkj jkT; ka ds 'kkl u dks iztkrk=d 0; oLFkk ds vuqny pykus grq turk ds ifrfuf/k; ka dk puko gkrk gS turk ds ifrfuf/k uhr fu/kk.k dk dk; Z rks djrs gA i j r q fuR; i fr ds 'kkl u ds dk; ka dks l pk: : i l spykus ds fy; svf/kdkfj; ka rFkk dk; kzy; fo'kSk dh vko'; drk Hkh i M r h gA tu uhr; ka dks dk; Z i ea ifj.f.kr djus grq rks 'kkl dh; vf/kdkfj; ka dk ieq[k dk; kzy; gkrk gS ml h dks jkT; & l fpoky; dgrs gA e/; i nSk dh jkT/kkuh Hkks ky ea; g dk; zy; oYyHk Hkou ea fLFkr gA bl dk dk; Z jkT; ds jkT; i ky rFkk efi=; ka dks foHkxh; dk; Z ea l g; kx nsuk gA

**l fpoky; dh dk; Z 0; oLFkk ,oa depkjh &**

depkjh 'kkl u ds ofud rFkk LFkkbZ depkjh gkrsgA budk jktuhr l s dks Z l Ecu/k ugh gkrkA ; s depkjh vi us foHkxh; efi=; ka ds }kjk i z kfjr , oafufeZ uhr ds vuqny dk; Z djrs gA

l fpoky; ea i R; d foHkx dk ieq[k l fpo 1/i il i y l ØVjh½ gkrk gA bl l fpo ds l kFk mi & l fpo rFkk vU; foHkxh; depkjh gkrsgA ; s foHkx fo'kSk dsek/; e l s 'kkl u dh uhr ds vuqny dk; Z djrs gA

e[; : i l s xgLFk f'k{kk] dF" k rFkk vU; i Fkd&i Fkd foHkxka ds dk; kZy; ea  
l fpoky; foHkDr gkrk gA e[; l fpo] l fpoky; dk l okPp 'kkl dh; vf/kdkjh gkrkg gS  
bl dk l Hkh foHkxka ij fu; æ.k jgrk gSrFkk vki l ea , drk cuk; sj [kus dk dk; ZHkh djrk  
gA

**ikBxr izu**

**izu 1-jkT;** l fpoky; l sD; k rRi ; ZgS

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.....

**izu 2-l fpoky;** dh dk; ZO; oLFkk dk l f{klr ea mVy[ k dja

.....  
.....

**mi & bdk&5**

**ftyk izkl u**

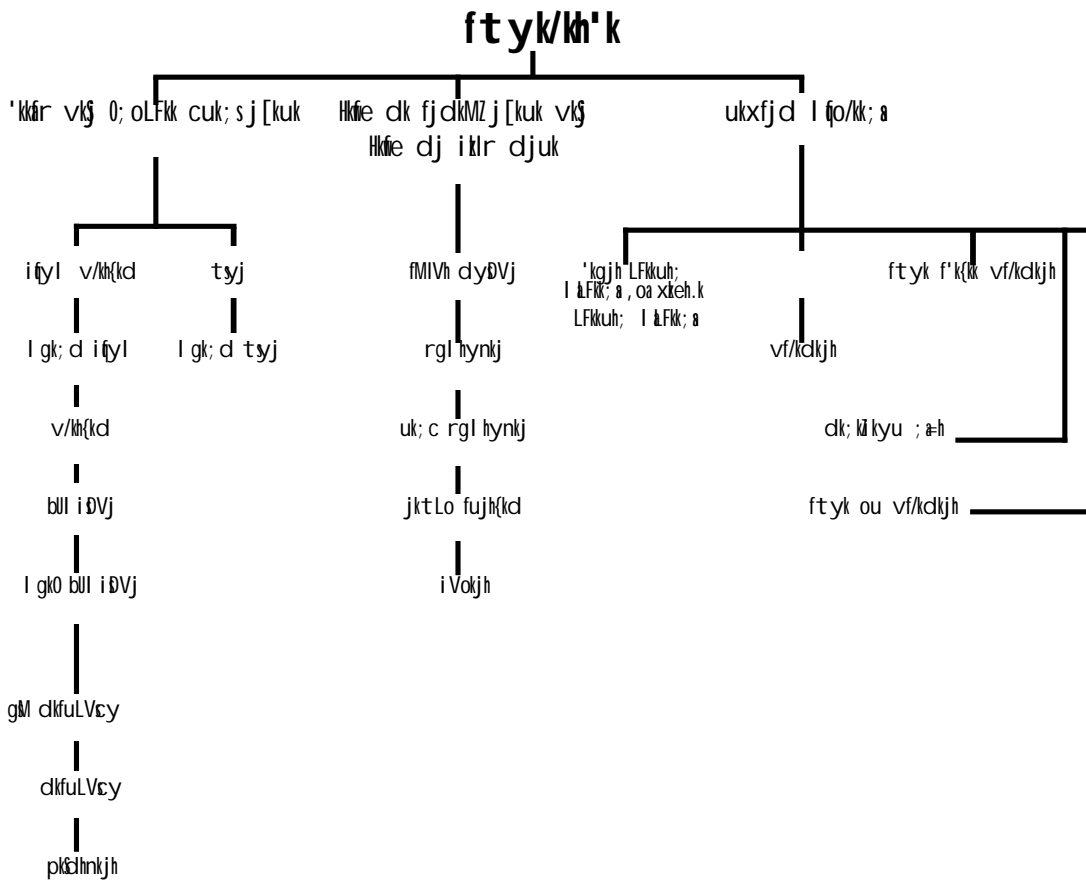
**foHku iæ[ k foHkx muds vf/kdkjh o dk; Z**

gekjk nsk fo'o dk l cl s cMk ykdrk=d nsk gA gekjs nsk dk {ks=Oy yxHkx  
33yk[koxZfdykehVj gA vr% , d gh LFkku l sbruscM=nsk dk izkl u l EHko ughaA vr%  
'kkl u dh l fpo/kk dsfy, izkl u dksl Hkx fty} l cfMohtu] rgl hykaeackV fn; k tkrk gA

l EiwlZ ftys ds izkl u dk Hkj ftyk/kh'k ij gkrk gA og ftys dk iæ[ k gA  
fityekh'k Hkjr; izkl fud l ok dk l nL; gkrk gA

ftyk izkl u dsrhu iæ[ k dk; ZgkrsgS igyk dk; Z'kkar vks 0; oLFkk cuk; sj [ku]  
nl jk dk; Zftyefafo | eku Hkrie dk fjdkMZj [kuk vks fdl kuks l sHkrie dj ol ny djuk vks  
rhl jk dk; Zukxfjd l fpo/kk, a vks l ok, a inku djuk vks l Hkh {ks=ka ea ftys ds fodkl dk  
iz kl djukA

ftys ds izkl u ea dbZ vf/kdkjh] deZpkjh dk; Z djrs gS ml l s ftyk/kh'k dk in  
l okPp gkrk gA bl in ij cgr gh dky rFkk vuHkoh deZpkjh fu; Dr fd; k tkrk gA  
ftyk izkl u rFkk bl ds iæ[ k vf/kdkjh , oa dk; ka dks fuEu pkVZ ea crk; k x; k gA



**ikBxr izu**

**izu 1-ftyk iz'kkl u dsdk; k' dk o. k'z djka**

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.....

**izu 2-ftyk iæ[ k dks D; k dgrs gš**

.....

.....

**mi&bdk&6**

**LFkkuh; Lo'kkl u**

LFkkuh; 'kkl u dk vFkz gS Lo; a viuk 'kkl u djuk vFkz LFkkuh; 0; fDR; ka }kj k LFkkuh; l eL; kvka dk l ek/kku djukA iR; d ftya eafofHku uxjka ea dN LFkkuh; l eL; k; a gks-h gš uxj fuxe] uxj ikfydk xte ipk; r] ftyk ifj"kn vkfn bl izdkj dh l & Fk; agš LFkkuh; 'kkl u l sfuEufyf[kr ykHk gš&

- 1/1½ ukxfjdkæ eamRrjknkf; Ro dh Hkkouk dk fodkl gkrk gA
- 1/2½ dðnz vkš jkT; dk ljdkj dk; Bkkj gydk gkrk gA
- 1/3½ ukxfjd jktuðrd if'k{k.k iklr djrs gA
- 1/4½ LFkkuh; 'kkl u fodðnhðj.k dsfl )kr ij vk/kkfjr gA

**uxj fuxe**

uxjka dk LFkkuh; 'kkl u ij fu; æ.k fuxe ds }kjk gkrk gA uxj fuxe vf/kd tul æ; k ij LFkkr fd; k tkrk gA

uxj fuxe ds v/; {k dks egki kš 1/5 j½ dgk tkrk gA egki kš dk puko uxj fuxe ds l nL; djrs gA egki kš ds vfrfjDr , d mi egki kš rFkk 50 l syðj 150 rd l nL; gkrs gA budk puko 5 o"l ds fy; sfd; k tkrk gA ; so; Ld erkf/kdkj ds vk/kkj ij pps tkrs gA uxj fuxe ds l nL; dHkh&dHkh vuðkoh l nL; ka dks Hkh pps gA ftlga for'k"V l nL; dgk tkrk gA ; s l c feydj uxj fuxe cukrs gA

uxj fuxe dk ifrfnu dk dk; Zdbz rjg dh l febr; ka djrh gA bu l febr; ka ea 5 l s12 rd l nL; gkrs gA iR; d l febr dk v/; {k gkrk gA bueaf'k{k l febr] LokLF; fuekz l febr iæðk gA

iR; d uxj fuxe dk , d iæðk inkf/kdkjh gkrk gA ; g turk }kjk fuokzpr ugh gkrkA bl dh fu; ðr jkT; ljdkj djrh gA bl dk iæðk dk; Zuxj fuxe ds fu.kz ka dks ykxw djuk gA bl vf/kdkjh dks vk; ðr dgrsgA ; g uxj fuxe dk izkkl fud vf/kdkjh gkrk gA bl ds vfrfjDr bl thfu; j] MKðVj] f'k{k fo'kSk vkfn iæðk gA eð; inkf/kdkjh foHkku foHkxk/; {kka ds dke dh nðkHky djrk gA

**uxj ikfydk**

uxj ifydk ds vf/kdkjh l nL; vi usuxj dh turk }kjk pps tkrs gA bl ds l nL; ka dh l æ; k uxj dh tul æ; k ij fuHkz djrh gA ik; %budh l æ; k 15 l syðj 60 rd gksh gA puko ds fy, iR; d 'kgj dks okMka ea cka/ fn; k tkrk gA dñ LFkku vuð ðor tkfr; ka ds fy, l jf{kr j[ks tkrs gA

uxj ikfydk ds puko 0; Ld erkf/kdkj ds vk/kkj ij dj, tkrs gA bl ds fy, vko' ; d gsfð ernkrk dh vk; q18 o"l gkrFkk ml dk uke ernkrk l ph ea uxj ikfydk dk l nL; cuus ds fy, vk; q25 o"l gkuk vko' ; d gA pps gq l nL; ka dk dk; Bky 5 o"l dk gkrk gA

pps gq l nL; v/; {k mi k/; {k dk puko vi useal sdjrs gA bl ds vfrfjDr pps gq l nL; dñ vuðkoh 0; fDR; ka dk puko Hkh djrs gA blga for'k"V l nL; ¼ YMjesu½ dgk tkrk gA vè; {k uxj ikfydk dh cBdka dh 0; oLFk djrk gA

bu fuokzpr l nL; ka ds vfrfjDr dñ fuokzpr l nL; Hkh gkrs gA ts seð; uxj ikfydk vf/kdkjhA ; g izkkl fud vf/kdkjh gkrs gA bl dh fu; ðr jkT; 'kkl u djrk gA bl ds vfrfjDr LokLF; vf/kdkjh] bl thfu; j pæh dj vf/kdkjh vkfnA

uxj fuxe rFkk uxj ikfydk ds dk; Z l eku gkrs gA budk iæðk dk; Z l kozt fud LokF; ] l kozt fud l Okb] izk'k] ikuh vkfn dh 0; oLFk djukA bl ds vfrfjDr l Melka dh eJEr] ikdz eukjat u ds l k/kuka dh 0; oLFk] 'ke'kku] dflrku vkfn dh 0; oLFk Hkh djrh gA

LFkkuh; Lo'kkl u ½xteh.k½

xte ipk; r

gekjsnšk ea ik; %l Hkh xtekaeaxe ipk; r dk; Zdj jgh gÅ iR; d xte ipk; r ea , d l jip rFkk mi&l jip gkrk gÅ xkø dsl Hkh L=h&iq "k tks 18 o"lZ; k vf/kd vk; qds gkaxte ipk; r dsl jip rFkk ipkødk puko iR; {k ernku }kjk djrsgÅ l jip xte ipk; r dh cBdkadh v/; {krk djrk gÅ

xte ipk; r turk dh l fo/kk dsfy, dbZl febr; k; fuekZk djrh gÅ ipk; r dk , d l fpo Hkh gkrk gS tks jkT; l jdkj }kjk fu; Ør fd; k tkrk gÅ og ipk; r dh cBdkadh 0; oLFkk vk; 0; ; dk ys[kk , oa vU; dkxtk jftLVjka vkfn dks j [krk gÅ

xte ipk; raxte dh mlurh dsfy, ftEenkj gkrh gÅ ; sfodkl dsvusd dk; Zdjrh gÅ tS sxte dh l QkbZ idk'k LokLF; j f'k{kk idk'k i f; k; kadk fuekZk l koZtfud Hkne dk idk'k vkfnA

LFkkuh; 'kkl u ½xteh.k½

tuin ipk; r &

Cykd Lrj ij inšk estuin ipk; raxfBr dh xbZgÅ tuin ipk; r] xte ipk; r , oaftyk ipk; r ds chp egRo iwZ dMh gÅ tuin ipk; r dsl nL; kadk puko o; Ld ernku ds vkekj ij turk djrh gÅ tuin&ipk; r dsl nL; kadk puko 5 o"lZ dsfy, gkrk gÅ tuin ipk; r dk , d v/; {k rFkk , d mi/k; {k gkrk gÅ v/; {k tuin ipk; r dh ehVax dh vè; {krk djrk gÅ

tuin ipk; r dsdk; Z&

xte ipk; r viusxkø dh l QkbZ f'k{kk LokLF; vkfn dk idk'k djrh gÅ xkø ds vfed fodkl dsfy, rdudh l ykg vkj /ku dh vko'; drk gÅ tuin ipk; r ds ikl dbZ idk'k ds fo'kskK gkrsgÅ tS s d'k fo'kskK] f'k{kk fo'kskK] i 'kq fpdfRI k fo'kskK vkfnA ; sfo'kskK mi Cykd ; k {k= ds vxZ] vkus okys xkø ea tkdj xkø ds fodkl ea xteh.k turk dh l gk; rk djrsgÅ fdl kuka dks mRre vkj mlur cht fnyokuk] [kkn bR; kfn forfjr djuk] f'k{kk dk idk'k djuk] chekj tkuojkadk bykt o tkuojkadk uLy l qkjokuk bR; kfn dk; Zfo'kskKka }kjk dj, tkrsgÅ ; sfo'kskK ykxka dks Vhdka dh tkudkj nrs gÅ rFkk i fjokj dY; k.k ds ckjs ea ykxks dks crykrs gÅ

tuin ipk; r kadk l okZ/kd egRi iwZ dk; Zxte ipk; r kadk jkT; l jdkj l s/ku fnyokuk gS tuin ipk; r dsdk; kadk dh nS[k jS[k djrh gÅ



**ikBxr izu**

**izu 1-**geaLFkkuh; Lo'kkl u dh vko' ; drk D; ka i Mfh gS

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.....

**izu 2-**xke ipk; r dk xBu fdl idkj gkrk gS

.....  
.....

**izu 3-**tuin ipk; r ds dk; ka dk mYy[k dhft; s

.....  
.....

**mi&bdkb&7**

**ukxfjdrk**

- 1- ukxfjdka ds vf/kdkj drD; A
- 2- vPNs ukxfjd ds xqkA
- 3- jk"Vxhr] jk"V%ot , oajk"Vh; fplgA

ukxfjdrk ukxfjd dh oSkkfud ; k dkunh fLFkr gA bl sikr dj ukxfjd jkT; dk l nl; cu tkrk gA ml sjkT; l sl keftd vkj jktuSrd vf/kdkj ikr gks tkrs gA bu vfejdkjka dks ikr dj ukxfjd jkT; dsdk; ka eaHkx yusyxrk gA og foHkUu ppkoka eai R; k' kh ds: i ea [kMk gks l drk gS] og ernku dj l drk gA l jdkj dsfoHkUu inkaij dk; Zdj l drk gS ukxfjd dks jkT; ds ifr fu"Bk j [kuk pkfg, ml sjkT; ds ifr vius drD; ka dk Hkh fuokg djuk pkfg, A

fdl h Hkh ukxfjd dks vius vf/kdkj dk iz; kx bl idkj ugha djuk pkfg, ftl l snw js ukxfjdka ds vf/kdkj ka eack/kk i gpa uSrd] ekuoh; ] jktuSrd , oaoSkkfud {ks=kaeafHkUu idkj ds nkf; Roka dk fuokg djuk gh ml dk drD; gA ml ds ied[k drD; fuEu gS %&

- 1/1½ jkT; ds dkunhka dk ikyu djuka
- 1/2½ jkT; ds ifr Hkfdra
- 1/3½ djka dk l e; ij ppkuka
- 1/4½ erkf/kdkj dk mfpr iz; kx djuk vkfna

**vPNs ukxfjd ds xqk fuEu gS %&**

- 1/1½ drD; ikyu djuka
- 1/2½ vuqkkl u o vkKk ikyuA
- 1/3½ i e dh Hkkouka
- 1/4½ l g; kx , oa l gkudkfrA
- 1/5½ l ok o R; kx dh Hkkouka
- 1/6½ l gu' khyrkA

**ftyk ljdkj &**

e/; inš k eaftyk ljdkj dh LFkki uk 'kkl u l RRkk dsfodlnhdj.k fy; sgSbl eajkT; dh l RRkk ftyseafytysdh l Rrk rgl hykaevkš xteka dh l Rrk xte ipk; r eafufgr dh xbZ gA xkø ds ykxka dk Qš yk xkø ds tu ifrfuf/k djaD; kkd Hkkjr xkøka ea cl rk gA

**ftyk Lrj ij 'kkl u 0; oLFk &**

ftyk ljdkj l ECU/kh fo/ks d e/; inš k fo/kku l Hkk ea24 ekpZ1999 dks ikfjr fd; k x; k bl eaftyk Lrj ij ftyk ; kstuk l febr gA ; g l febr vi usvlrxr xBr gkus okyh ckjg mi l febr; kads ek/; e l s 'kkl u dk dke l pkfyr djaxhA

**ftyk ljdkj dh LFkki uk ds mnas; &**

ftyk ljdkj dh LFkki uk dk igyk mnas; ; g gSfd vf/kdkj ka dk T; knk l sT; knk ftyk Lrj ij gLrkUrfjr djuka nlr jsLFkkuh; vko'; drkvkavkš LFkkuh; Lrj ij ik; stkus okys l d k/kuka ds vuq i fodkl dh ; kstukvka dks cukdj pykuk ft l l sxkø ds ykxka dks dke feyA cdkjh de gka ykxka dk 'kgjka dh vkš tkuk de gk ykx l [kh jgA

ftyk ; kstuk l febr dh l j p uk 1/2 Bu 1/2 bl ea l ung l si Pphl rd l nL; gks sb l ea 4@5 l nL; fof/kd iko/kkuka ds vuq i p us tk; xA ftys dk i Hkkjh ea h l febr dk v/; {k ukefdr l nL; gkskA

**ftyk ; kstuk l febr ds vf/kdkj &**

jkT; 'kkl u usftyk ; kstuk l febr dks dbZ idkj ds vf/kdkj gLrkUrfjr fd; sgA

**buea l se[; gš %**

1/d 1/2 vf/kdkfj; ka vkš de pkfj; ka ds LFkkukUlj.k djuka

1/4 k 1/2 ; kstukvka dks foRr l adkh e[tyjh nsuka

1/x 1/2 ; kstuk, a cukuk] muga pykuk vkš fuxjkuh j [kuka

1/2 k 1/2 foHkkU oLrq/ka dks [kjh nukA

1/4 1/2 vU; dk; Z tks vHkh rd 'kkl u Lrj ij gks r Fks mugs l Ei kfnr djuka

**ftyk ; kstuk l febr dh cBda &** ftyk ; kstuk l febr dh cBd ekg eade l sde , d ckj ftyk e[; ky; ea gkschA bl ea fo" k; & fo' kskKka dks vkefu=r djuk gkskA i R; d foHkkx dk ftyk i e[ k vi u & vi us foHkkx dks tkudkjh nsuka l febr }kj k fy; sx; sfu.kz ka i j dyDVj vknš k tkjh djskA

**ftyk ; kstuk l febr ds fl )kr %**

1/1 1/2 ftyk e[; ky; ea ekg ea , d cBd vfuok; Z gkschA

1/2 1/2 cBd dh l p uk inu l fpo dyDVj i kp fnu i nZ vf/kdkfj; ka dks Hkst skA

1/3 1/2 cBd ea , d frgkbZ l nL; ka dh mi l LFkfr vko'; d gA

1/4 1/2 dkje ds vHkko ea v/; {k , d ?k. Vs rd cBd LFkfr dj l drs gA

1/5 1/2 vko'; drk i Mas ij vikr cBd cykus dk iko/kku gA

1/6 1/2 l febr }kj k fu.kz cgep ds vk/kkj ij gkskA

1/7 1/2 jkT; 'kkl u l si klr vknš kka dks vij l fpo@mi l fpo dh gš l ; r l s tkjh djskA

1/8 1/2 ftyk vf/kdkjh dks vi us foRrh; vf/kdkj ka ds ckjg ds dkeka ds fy; s ftyk

; kstuk I febr I svuoknu ysk gksxA

¼½ dksky; ka I sfu/kkzr I hek eavkgj.k ij fuxjukh j [kusdk nkf; Ro iz kkl fud foHkx ds ikl jgsxA

¼½ ftyk Lrj ds vf/kdkfj; ka ds vf/kdkj ; Fkkor~gA

**ftyk Ijdkj ds iek vf/kdkj**

'kkl u us vf/kdkak vks forrh; vf/kdkj dyDVj vks fupysLrj ds vf/kdkfj; ka dks I ka fn; sgA

vkdfLed fuf/k dsvrxr dyDVj bDdhl gtkj vks ; kstuk I febr dsvrxr i pl gtkj I snksyk [k : i ; ka rd [kjhn ds vf/kdkj ; kstuk I febr dks gA

rrh; vks prfkz Js kh ds depkfj; ka ds Hkfo"; fuf/k I svfxe ; k vka'kd vfire Lohdfr ds vf/kdkj dyDVj dks iklr gks x, gA

I Hkh Jf.k; ka ds vOl j ka ds vodk'k Lohdfr ds vf/kdkj dyDVj dks iklr gks x; sgA jkT; 'kkl u us bdrhl foHkxka ds dk; Z ftyk Ijdkj dks gLrklrfjr fd; sgA

tS smPp f'k{kk} ijogul vkokl ] i ; kbj .k foHkx] i 'kij kyul efgyk , oacky fodkl ] xkels kx [kfut] /kkfeZl U; kl /keLFk] vkfne tkfr dY; k.k] df"kl I ekt dY; k.k] Ldny foHkx vuoku , oaHkfo"; fuf/k foHkxA

forrh; Lohdfr ubZ0; oLFkk] iR; d foHkx viusctV dsfo"K; ea iR; d vkgj.k vks forj.k] vf/kdkjh dsfy; sekgokj vkgj.k dh jk'k dk fu/kkz.k djsxA bl izdkj fd; s x; s ekgokj vka/u dh I puk forr foHkx vks I elr dksky; vf/kdkfj; ka dks mi yC/k djkuh gksxA

**milgkj &**

e/; insk Ijdkj usftyk Ijdkj dh LFkki uk ds }kjk fcfV'k Ijdkj dsl e; I spyh vk jgh 'kkl dh; vks iz kkl dh; 0; oLFkk dksny fn; k bl I sftyk vks xk dsLrj ij , d h 0; oLFkk gksch ftl I s ukxfjd ; g I e>ks fd Ijdkj mudh gA Ijdkjh depkjh muds v/khu g fo |ky; vLi rky] I Medh fl pkbZ dsl k/ku vkfn mudsgA mlgagh mudks cukuk vks I Hkkyuk gA bl izdkj egkRek xkdkh] vkpk; Zfoukck Hkks , oajktho xkdkh }kjk I kps x; s\*\* xte Lojkt\*\* ds I iuka dks ewZ : i nus dk , d I Qy iz kl gA

**ftyk ipk; r &**

ipk; rh jkt dsrhu Lrj gA ¼½ xte&Lrj ij xte&I Hkk] xte ipk; r ½½ fodkl [kM Lrj ij tuin ipk; r ¼½ ftyk Lrj ij ipk; rA

fodkl [kM ij xBr ipk; r tuin ipk; r dgykrh gA Cykd eafLFkr xte ipk; r ka dsl jip vks ip feydj tuin ipk; r dsl nL; pprsgA fo/kkul Hkk] ykd I Hkk o jkT; I Hkk dsLFkkh; I nL; Hkh bl ds I nL; gksrsgA

tuin ipk; r eanksefgyk I nL; o vuq ipr tutkfr ds I nL; Hkh gksrsgA tuin ipk; r ds I nL; v/; {k o mik/; {k dk puk djsrsgA

tuin ipk; r dk dk; Zky ikp o"z dk gksr gA

tuin ipk; r dk iek [k dk; Z Ijdkj I sxkka dks/ku fnykuk gA bl dsvykok ijokj dY; k.k] Vhdkdj.k] mRre cht dh 0; oLFkk djuk Hkh bl dk dk; Z gA

tuin ipk; r dj ¼DI ½ yxkdj o jkT; I jdkj I svuoku iklr dj vk; djkrh gA bl dk I okp vf/kdkjh \*\*e[; dk; I kyu vf/kdkjh\*\* gkrk gA

ftyk ipk; r eadyDVj o U; k; k/kh'k gkrsgA ; g xte , oatuin ipk; r dsdk; ka dh ns[k&j[ k djrh gA

; g jkT; I jdkj }kjk iklr vuoku] esyk noku] Hkou ij dj yxkdj vk; iklr djrh gA ftyk ipk; r dk e[; dk; I kyu vf/kdkjh jkT; I jdkj }kjk fu; Ør fd; k tkrk gA xteh.k {ks=ka ea fodkl ds dke ; s rhuka I hFkk; a vki I ea feydj djrh gA

'kkl u ds vf/kdkk foHkkxka dk dk; Zftyk I jdkj dks I ka usdk fu.kz fy; k x; k g[ ts s& f'k{kk} LokLF; v[ ty izaku vfn rkd 'kkl u dh ufr; ka dk fodhhdj.k fupys Lrj rd gks I dA

**jk"Vxhr jk"Vot ,oa jk"Vh; fplg**

**jk"Vxhr &**

bl sJh cfdapln mik/; k; th usfy[kk g[ jk"Vxhr ea gekjh ekrHhe dh izka k dh xbz gA gekjk jk"Vxhr \*\*olns ekre~ gA

**jk"Vot &**

gekjsjk"Vh; /ot dk vkdkj vk; rkdj gA bl dh yEckb&pk&kbZ dk vuqkr Øe'k% 3%2 gA gekjk /ot rhu cjkj Hkkxka ea rFkk rhu jakaea c/k gA I cl sÅij ds kfj; k jak g[ tksn'sk HkFDr] R; kx v[ ohjrk dk irhd gA /ot dschp ea l Qn iVVh gstks l R; rk] ifo=rk dk irhd gA I cl suhps gjk jak tks [kqkgyh v[ l ef) dk ifrd gA /ot ea l Qn jak dschp v'kkd pØ gA pØ ea 24 dekf; ka gA ; s dekf; ka gj l e; dke djus dh ij.kk nrh gA

**jk"Vfplg &**

jk"Vh; fplg nks Hkkxka ea foHkDr gS ¼¼ 'kh'k' ½½ vk/kkjA 'kh'kz ea rhu 'kj fn [kkbz nrs g[ ijarq okLro ea pkj 'kj gA v'kkd LrEHk ij bl sn[kk tk I drk gS tks fd I kjukFk ea gA vkekj ea ckbã v[ , d ?kk&lk] nkbã v[ , d cSy gA budschp , d pØ 24 dekf; ka l s feydj cuk gA 'kh'kz dschp ea noukxjh fyfi ea l R; eD t; r[ fy[kk gA

<b>ikBxr itu</b>
<b>izu 1-jk"Vxhr fdI ds }kjk fy[kk x; k gA</b>
-----
-----
<b>izu 2-jk"V<sup>a</sup> fplg ds ckjs ea ikp okD; fyf[k; A</b>
-----
-----



**i=kpkj iB; Øe**  
**ek;/fed f'k{k e.My e-ç-] Hkiky**  
 ½kj k I ok/kdkj I jf{kr½  
 fMlyek bu ,T; qđsku ijh{k ¼}r; o"½  
 izu i= & ,dkn'k

izu i= & ,dkn'k%

iB Øekd & 7

fo"k; % I kelftd foKku ¼ kelftd i; k; j. k½ , oa ml dk f'k{k. kA

mi & fo"k;

1- gekjs jk"Vh; /; s vls mudh iMlr ds fy; s dk; ØeA

y{;

1-1 ykdra=] /kefuj i {krk} jk"Vh; , dhaj. kA

1-2 I ektoknh I ekt dh LFkki uk gsrqI ekftd fodkl ea l eku vol j vls thou  
Lrj Åpk mBkus ds iz RuA

1-3 vkfFkd o I kelftd fodkl gsrq foHku i po"khz ; kst uk; A

2- gekjh jk"Vh; I eL; k; A

2-1 jk"Vh; , dhaj. k muds ck/kd rRo vls mlganij djus ds mi k; A

2-2 Hkkjr ea xjhch mUeyu & dkj. k vls mlganij djus ds fy; s I jdkj }kj k iz RuA

2-3 xkeh. k fodkl & ck/kk; a vls mlganij djus ds fy; s mi k; A

2-4 tul q; k I eL; k , oa fuokj. kA

3- I ekt &

ekuo l æk] i fjokj] dkuu vlsj ukxfjdrk &  
ekuo vf/kdkj] ckfydk f'k{k] i k& f'k{k , oaefgyk l k{kjrk  
vFKz idkj vlsj dk; A

4 I a þr jk"Vl æk i Hkko] vax] xBu] dk; L, oaHkkjr dk ; kxnu i Lrkouk &  
fi z Nk=/; ki d]

i wZ i kB ea vki bl izu&i = ds [k.M \*l \* ukxfjd 'kkL= ds rhu fclnq

- 1- Hkkjrh; l ño/kku o 'kkl u
- 2- LFkkuh; Lo'kkl u rFkk
- 3- ukxfjdrk

dk v/; ; u dj ppsgA i Lrr i kB dk v/; ; u ge v/; ; u dh l fo/kk dh nF"V l spkj  
mi & bdkbz kae adjaA i Eke mi & bdkbz \*\*gekjsjk"Vh; /; s vlsj mudh i klfir dsfy; sdk; Døe\*\*  
f}fr; mi & bdkbz ea \*\*gekjh jk"Vh; l eL; k; æ rrrh; mi & bdkbz ea \*\*l ekt\*\* rFkk prfkz  
mi & bdkbz ea \*\*l a þr jk"Vl æk\*\* dk v/; ; u djæA i kB ds vr ea rFkk i qjkoykdu grq dN  
\*\*vkrE ij h{k.k izu Hkh fn; s x; s gA

mi & bdkbz 1

1- gekjs jk"Vh; /; s vlsj ml dh i klfir ds fy; s dk; Døe

y{; & 0; fDr l ekt ; k jk"Va ds l E; d fodkl ds fy; s dN y{; fuf'pr fd; s gA  
ftudh i klfir dsfy; s ge iz Ru'khy gA

os y{; bl idkj gA %&

**1 1/2 ykdra** & Hkkjr nks ikphu dky l sgh 'kkl u dh ykdra=kRed iz kkyh ea fo'okl  
djr k vk; k gA ; gh dkj .k gSfd l ño/kku l Hkk ds l Hkh l nL; ka us , d er l sbl h iz kkyh dks  
vi ukus dk fu'p; fd; k vlsj Hkkjr dks , d Bykdra=kRed x.kjKT; p ?kks"kr fd; ka ykdra= ea  
'kkl u 0; oLFkk ykder ds vk/kkj ij pyr h gA Hkkjr tS sfo'kky , oa vud fofo/krkvka vlsj  
fHkUurkvka okys nsk es , drk cuk; s j [kus ds fy; A

**1 2 1/2 /keZ fuji s krk** & Hkkjr o"z dh l nb ; g fo'kkrk jgh gSfd ; gka ij l Hkh /kek  
l E i nk; ka , oami kl uk i ) fr; ka dk l eku l Eeku fd; k tkrk jgk gA ; gh dkj .k gSfd l ño/kku  
ea Hkkjr dks /keZ fuji s k jk"Va ?kks"kr fd; k x; ka l kFk gh ; g Hkh Li"V fd; k x; k gSfd /keZ  
fuji s k dk vFKZ v/kfeZd vFkok /keZfojkskh jkT; ughagsoju ekfyd vf/kdkj kae/kfeZd Lora=rk  
dks l fEefyr fd; k x; k gA

bl dk Li "V vFkZ ; g gSfd 'kkl u fdl h /keZvFkok I EInk; ds l kFk HknHkko ugha djsckA Jh , p-ch- dkeFk ds vuq kj Bjkt; dh fdl h [kkl /keZl sl Ecak u j [kusdk vFkZ ; g ughagSfd /keZfojkskh v/kkfeZd gksckA , d /keZfuji {k jkt; u rksukfLrd gsrk gS u gh /keZfojkskh vksj u gh v/kkfeZdAp

**1/2 jk"Vh; , dhdj.k & vkn 'kadjpk; Z us jk"Vh; , dhdj.k ds fy, gh pkj /keZ LFkfi r fd, Fks vl; vucl euhf"k; ka us Hkh l nD , d vfoHkkftr Hkkjr dh dYi uk dh gA ; gh dkj.k gSfd l fo/kku eabl ckr dk lto/kku fd; k x; k gSfd Hkkjr dks [kf.Mr djusdk fdl h dksvf/kdkj ughagA yfdu , dhdj.k earksvksj Hkh vf/kd vucl ckrkadk /; ku j [kuk gksck D; kAd Hkkjr , d fo'kky nsk gsvksj fofHkUurkvAl sHkjk gqvk gA /keZ tkfr] I EInk; ] Hkk"kk] jgu&l gu] [kku&iku] ; gkard fd ty&ok; qeaHkh fHkUurk gA , d h n'kk eaHkkokRed , drk ykuh gksckA jk"Vh I okfj gS ; g Hkkouk gj ukxfjd eaHkjuk gksck rc gh ge viusjk"Vh dh l exrk cuk, j [kusea l Qy gks l drs gA**

vkt l kEInkf; d 'kfDr; kaf l j mBk jgh gA vkradokn dk id kj gksjgk gA tkfrok eu ea?kj djrk tk jgk gSrFkk /kkfeZd vl fg". kqk c<+jgh gA bu l c cjkBz kadksnj djuk vko' ; d gA

**1/d 1/2 I ektokn l ekt &**

I ektokn l ekt ea ykd fodkl eal eku vol j garFkk l Ei wZ l ekt dk thou&Lrj mBkus ds iz Ru fd, tkrs gA

I id kj earhu idkj dh vFkZ; oLFkk py jgh gA , d iachokn nh jh l kE; okn rFkk rhl jh fefJrA geusbu l cdk l kj xg.k djsrgq I ektokn l ekt dh dYi uk dh gA , d k l ekt ft l ea Ap&uhp] Nks/k&cMqj L=h&iq "k vkn dk Hkn&Hkko u gsvksj l cdk l eku vf/kdkj i ltr gkA

I fo/kku ds 15 oavuhNn ds vuq kj fdl h Hkh ukxfjd ds l kFk /keZ emy oAk] tkfr] fyax] tle LFkku ; k bu ea l sfd l h Hkh vk/kkj ij jkt; Hkn&Hkko ugha djsckA l Hkh dks l ekurk dk vf/kdkj i ltr gA vr%fd l h dks Hkh l koZfud LFkku ij tkus l sjkdok ugha tk l drk vksj u gh fdl h 0; oLFkk ds djus l sjkdok tk l drk gA

I Hkh ukxfjdka dksfcuk fdl h Hkn&Hkko ds thou ; ki u grq l eku vol j i ltr gA vuqNn 16 oaea vol j dh l ekurk nh xbZ gA l Hkh l eku : i l sl jdkjh inka ij fu; qDr ik l drs gA

**1/4 k 1/2 vkfFkZd vksj I kekfTd fodkl ds fy, ipo"Vh; ; kstuk &**

vkfFkZd vksj I kekfTd fodkl ds fy, fu; kstr vFkZ; oLFkk dh vko'; drk gkrh gA Lorark i kflr ds le; Hkkjr , d fi NMk gqvk nsk Fkka vr% nsk dks vkRefuHkj cukus rFkk cjkstxkj nh djus ds fy, l fu; kstr 0; oLFkk djuh Fkha bl fy; sekpZ 1950 ea jk"Vh; ; kstuk vk; kx dh LFkki uk dh xbA ft l dk dke , d h ; kstuk cukuk Fk ft l l snsk eamiyC/k ekuoh; , oa HkkfRd l k/kuka dk vf/kdre mi ; kx dj ds vf/kdre l kekfTd ykHk i ltr fd; k tk l dA bl fu; kstuk }jkj nsk dk rsth l s vkfFkZd] l kekfTd , oa jktuRd fodkl dj ds nsk ea

- I ektoknh , oa dY; k.kdkjh jkT; dh LFkki uk djuk gA  
geus vi uh ; kst ukvka es fuEukuđ kj i kFkfedrk, a j [kh g8%&
- ¼½ ifle ipo"kt ; ktuk ¼ višy 1951 l sekl 1956 rd½**  
mís;  
¼½ ; đ rFkk foHktu dsdkj.k nšk dh vFKD; oLFkk eamRi uu vl Uryu dks Bhd djuka  
½½ nšk ds l okžh.k rFkk l rfyf fodkl dh , d h ifØ; k i kjEHk djuk ft l l sjk"Vh; vk;  
ea of) , oa ykška ds thou&Lrj ea l đkkj gks l dA
- ½½ f}rh; ipo"kt ; ktuk ¼ višy 1955 l sekl 1961 rd½**  
mís;  
¼½ vkFFkd fodkl dj ds l ektoknh l ekt dh LFkki ukA  
½½ Hkkjh rFkk vk/kkjHkur m | kška dk fodkl djuka  
¾½ jk"Vh; vk; ea of) djuka  
¼½ vk; dh vl ekurk de djuka  
½½ jkst xkj dh l fo/kk c<kuka
- ¾½ rrrh; ipo"kt ; ktuk ¼ višy l s 31 ekl 1966 rd½**  
mís;  
¼½ [kk | kLuka ea vkRefuHkj rk i ktr djuka  
½½ jk"Vh; vk; 5 ifr'kr of) djuka  
¾½ fofo/k m | kška dh of) djuka  
¼½ f'k{kk rFkk l kepkf; d fodkl ds dk; Øeka dk foLrkj djuka
- ¼½ prkz ipo"kt ; ktuk ¼ višy 1969 l s 31 ekl 1974 rd½**  
fo'kšk  
1966 l s 1968 rd nšk dks i kfdLrku rFkk phu ds vkØe.kka dk l keuk djuk i Mka vr%  
okf"kd ; ktuk gh cukuh i Mh rFkk mudk i æ[k mís; [kk | kuka dk mRi knu c<kuk gh j [kuk i Mka
- prkz ; ktuk ds mís;**  
¼½ dF'k rFkk vks| kšxd mRi knu c<kuka  
½½ fonškh l gk; rk dh fuHkj rk dks de djuka  
¾½ detkj oxl grq dY; k.kdkjh dk; Øe cukuka  
¼½ i fjokja dks fu; kštr djuka  
½½ ipk; rka , oa l gdkjh l LFkkvka dks fodfl r djuka
- ½½ ikpoh ipo"kt ; ktuk ¼ višy 1974 l s 31 ekl 1979 rd½**  
mís;  
¼½ cjkst xkj rFkk xjhch nj djuka  
½½ l kožt fud forj.k iz kkyh l đkkj dj nšud mi ; kš dh oLryka dks mi yC/k djuka  
¾½ Åtkz ds l k/kuka dk fodkl rFkk i ; kbj.k i nllk.k nj djuka
- ¼½ NBoha ipo"kt ; ktuk ¼ višy 1979 l s 31 ekl 1985 rd½**  
mís;  
¼½ vkFFkd rFkk rdudh vkRefuHkj rka  
½½ fu/kL rFkk xkeh.kka ds thou Lrj ea l đkkj A  
¾½ vk; rFkk /ku dh vl ekurk ?kVukuka  
¼½ fodkl dkl kã l s l cdk l gHkkf xrk c<kuka  
½½ Nk/s i fjokja dks LoBNk l s Lohdr djus dh Hkkouk c<kuka



1/7 1/2 I kroha ipo"khz ; kstuk 1/4 vi&y 1985 l s 31 ekpZ 1990 rd 1/2 m1s ;

1/1 1/2 fu; kst u ea fodhndj.k }kjk turk dh i wkZ l k>nkjha

1/2 1/2 mRi kn d jkst xkjka dh of) djuka

1/3 1/2 l ekt dh fofhku fo"kerkvka dks nj djuka

1/4 1/2 [kk | klu ka ea vkRefuHkj rk i klr djuka

1/5 1/2 l keftd mi ; kx ds Åps Lrj i klr djuka

1/6 1/2 fu; k r c<kuk rFkk vk; kr ea deh djuka

1/7 1/2 i kS| kfx dh ea dk; &d q kyrk rFkk i frLi ?kkZ c<kuka

1/8 1/2 Å tkZ ds L=kr ka dks [k st uk rFkk c<kuka

bl idkj ge n[ krs gsf d i R; d ipo"khz ; kstuk ea i kFk fedrkvka dk l keftd fodkl , oa dY; k.k ds vuq i cnyk trk g&

**ikBxr izu**

izu 1- jk"Vh; y{; dks&dks l sg& mYy{k dhft; &

izu 2- gekjs nsk ea ipo"khz ; kstuk cukus dk m1s ; D; k g&

**mi & bdkb&2**

**tul & k l eL; k , oa fuokj.k**

vkt fo'o ds l Eed{k tul & k dh of) , d nkuoh; : i eamRiUu Toyar l eL; k g& tul & k dh n"V l shkkjr dk fo'o eanw jk LFkku g& Lorærk dsi 'pkr-l u-1951 bZoh ea i Eke tux.kuk l i klr vkdMka dk n[ karksLi "V gks trk gsf d l u-1951 ea t gkagekj h tul & k 36 djkm+fkj rFkk nj dh of) nj 13-30 Fkh] oghavkxsc<f&c<fsl u-1991 ea 84-63 djkm+, oa of) dh nj 23-85 gksxbZ g& bl fuja rj c<fh tul & k usn& ds l keusvu d fodV l eL; kvka dks tle fn; k g& tS s &

1/1 1/2 [kk | klu dk vHkko

1/2 1/2 d q kSk.k dh l eL; k

1/3 1/2 c jkst xkj h dh l eL; k

1/4 1/2 vf/kdkak ykxka dk fuEu thou Lrj

1/5 1/2 vkokl l Ecdkh l eL; k

1/6 1/2 i fjokjka dk fo?kVu

1/7 1/2 Hkfe fo?kVu

1/8 1/2 vkfFkd fodkl ea ck/kk

1/9 1/2 l keftd fodkl ea ck/kk

1/10 1/2 f'k{kk dh l eL; k

1/11 1/2 thou ; ki u ea l k/kuka dh deh

1/12 1/2 ; krk; kr , oa vkokxeu ds l k/kuka ea deh

1/13 1/2 i ; kbj .k i ntk.k

- ¼1 4½ i k d f r d l E i n k e a f u j l r j d e h
- ¼1 5½ Å t k z d h d e h
- ¼1 6½ L o k L F ; l E c a k h l e L ; k
- ¼1 7½ t h o u e a x q o r r k d k g k l v k f n l e L ; k , a v i u k i H k k o f n [ k k j g h g a

**Hkkjr ,oa tul ã ; k**

l u -1991 d h t u x . k u k d s v u d k j H k k j r d h t u l ã ; k 84 d j k M +39 y k [ k v k j 3-1 g t k j F k h A i f r o " l z -2-2 i f r ' k r d h o f ) g k s j g h g a y x H k x l o k d j k M + t u l ã ; k i f r o " l z c < + t k r h g a l u -2000 e a ; g v k c k n h 100 d j k M + g k s p o d h g a ; g , d x g u f p l r k t u d l e L ; k g a b l l e L ; k d s d k j . k H k k j r d k v k f F k z d , o a l k e k f t d f o d k l r h o z f r l s i H k k f o r , o a c k / k d f l ) g y k g a

**tul ã ; k o f) d s d k j . k**

- ¼1 ½ e R ; n j d h v i { k k t l e n j o f ) r h o z g k s u k A
- ¼2 ½ m R r e L o k L F ; l t o / k k , a l g y H k g k s u k A
- ¼3 ½ e g k e k f j ; k a i j f u ; a . k i k u k A
- ¼4 ½ y k s k a d h l k p e a i f j o r z u g k s u k A
- ¼6 ½ e f g y k v k a d s i f r g h u H k k o u k , A
- ¼7 ½ c k y f o o k g A
- ¼8 ½ m R r j k f / k d k j d h / k k j . k k A
- ¼9 ½ v k f J r t u l ã ; k d k v f / k d H k k j A
- ¼10 ½ v u p l y t y o k ; A

**tul ã ; k l s m R i U u l e L ; k v k a d k f u j k d j . k**

H k k j r d h c < f h g p z v k c k n h d s d i H k k o d k s n [ k r s g q l j d k j u s c g r l s d n e m B k , g a l e k t d Y ; k . k f o H k k x ] f ' k ' k q d Y ; k . k f o H k k x ] i f j o k j d Y ; k . k f o H k k x v k f n v i u s L r j l s i p k j & i d k j d j j g s g a

b l h l k p d s v l r x z f ' k { k k f o H k k x d k s H k h c < f h v k c k n h d s i H k k o k a l s t k M / k x ; k g a , d u o h u f o p k j B t u l ã ; k f ' k { k k p f t l d k m i s ; c P p k a e a c < f h v k c k n h d s i H k k o k a , o a m l l s m R i U u l e L ; k v k a , o a m u l e L ; k v k a l s t w u s d s f y , c P p k a d k s i f j r d j u k j v i u s t h o u L r j d k s l d k k j u k v k f n d s f o " k ; e a f o f H k k u f o " k ; k a d s l k F k v k c k n h d s d n f c l U n y / k a d k s L i ' l z f c l U n y / k a d s l k F k L i " V f d ; k t k u k g a

**tul ã ; k f ' k { k k & ; g , d p s r u k g a f t l l s g e k j s t h o u e a x q o r r k d k f o d k l g k s u k A**

' k k l u , o a l e k t v k c k n h d h o f ) d s i H k k o k a l s f u i V u s d s f y , d n i z k l d j j g s g a t k s b l i d k j g a % &

- ¼1 ½ i j s j k " V a e a f ' k { k k d k i d k j , o a i p k j f d ; k t k j g k g a
- ¼2 ½ e f g y k v k a , o c k f y d k f ' k { k k i j t k j f n ; k t k j g k g a
- ¼3 ½ f u j { k j k a d k s l k { k j f d ; k t k j g k g a
- ¼4 ½ [ k k | k u k a d k m R i k n u c < k ; k t k j g k g a
- ¼5 ½ f i N M s o x z , o a v k f n o k f l ; k a d s L r j d k s f o d f l r f d ; k t k j g k g a
- ¼6 ½ f ' k ' k q / k a d h l e f p r n [ k H k k y d h t k j g h g a

1/7½ o{kjki .k ds dk; Øe pyk, tk jgs gÅ

**tul ð; k of) I s vudla I eL; k, a mRi lu gks jgh gÅ**

**t s fd &**

1/1½ cjkstxkj dh I eL; kA

1/2½ vkfJr tul ð; k dk HkjA

1/3½ 0; ol k; dh vuqyC/krkA

1/4½ inlk.k dh I eL; kA

1/5½ ufrdrk dk vHkkoA

1/6½ I kEinkf; drk dk id kjA

Hkjr eac<rh tul ð; k dsfy, ifro"12 yk[k Vu [kk | lu] 25 yk[k edku] 40 yk[k jkstxkj] 19 djkm+ehVj oL= , d yk[k 'kkyk, avkš yxHkx 3 yk[k v/; ki d dh vko' ; drk gkschA D; kkd Hkjr dh tul ð; k of) dk eð; dkj.k tlenj vkš eR; ñj ea vUrj vf/kd gksuk gÅ ftI I s gekjs I d k/ku rhoz xfr I s de gks tk jgs gÅ

**dkj.k & tlenj** , oa eR; ñj ea vl ekurk mRre 0; oLFkk dk I yHk gksuk vf'k{kk , oa vKkurkA

Nk/s ifjokj & Hkjr gh ughabl fo'o dh fodjkyrk dksI e>rsgq gekjsI ekt dksvi us fgr] jk"Vfgr , oal eLr ekuo tkfr dsfgr ea I kprsgq Nk/s ifjokj dh I kp dksvi ukuk gkskA ; fn gekj ifjokj gh I hfer gksk rksge vius thou Lrj dks I ðkj I dsa ml esxqoRrk cuk, j [k I dsa vks I eL; kvka dk I ek/kku Hkh Lo; a dj I dsa Nk/s ifjokj dh I kp I s ge viuh I ðk&I ño/kk, a cuk, j [k I dsa

**2- gekjh jk"Vh; I eL; k, a**

blg a i eðk rhu [k.Mka eack/k tk I drk gš mudk Øe' k%½d½ ¼k½, oa½x½ eao.ku fd; k x; k gÅ

½d½ jk"Vh; , dh dj.k mudsck/kd rRo vkš mlganij djus ds mik; &

Hkjr , d fo'kky nsk gÅ vr%ml ea vud idkj dh fofo/krkvka dk gksuk LokHkkfod gÅ fdUrq bu fofo/krkvka ea , drk dk jguk vko' ; d gÅ ; g , drk gh jk"Vª dk ik.k gš ixfr dk I kš ku gÅ , drk dsfcuk jk"Vª [kk[kyk gsk tk, xk] VW tk, xkA vr%; g vko' ; d gšfd bl fo'kky Hkjr ea , drk cuk, j [kus dsfy, ge I nð I rdZ, oa iz Ru'khy jgÅ

**jk"Vh; , dh dj.k ds ck/kd rRo**

Hkjr ea vud Hk"kk; arFkk I dMkackfy; kacsyh tkrh gÅ oš&Hkkkk [kku&i ku] jhfr&fjokt] ty&ok; ñ rFkk d" k mi t Hkh vyx&vyx gÅ rRi ; Z; g gšfd Hkjr o"12 ea/ke] Hk"kk] i kur] tkfr rFkk I dfr vkfn ea vud fofo/kk, a gÅ bu I cdk I keatL; vko' ; d gÅ fdUrq; g fHkurk, a vud idkj I sck/kk, amRi lu d jr h jgr h gÅ mnkgj .k dsfy; sHk"krkvka dk fookn pyr k jgr k gÅ dHkh&dHkh i kurh; rk dh Hkkouk c<usyxrh gšvkš vyxkookn dh i dfr i uir h gÅ /ke] I Eink; , oa tkfr ds vk/kkj ij Hkh dHkh&dHkh , drk [k.Mr gksus yxrh gÅ Åp&uhp] Nqk&Nw] vehj&xjhc ds chp dh [kkbz Hkh fgrdj ugha gÅ

Bt gkapkj crZu gkrs gšogka [kVdrsg] ge Hkh vki I ea yMf&>xMfs jgrsgÅ fdUrqfQj Hkh ge I c , d gÅ ; g I kfr dj ppsgÅ bl ds i ek.k gš i kfdLrku vkš phu ds I kfk gq I a"ka ml I e; ge fn [kk ppsgšfd ; g I c HknHkko gekjs vki I ds gš dkbz nñ jk bl sgekjh detkj h

u l e>sml dsfy, rksge l c , d gA

**jK'Vh; , dhdj.k dls cuk, j[kus vlg ml dk l eFkz djus okys rRo**

**¼½ f'k{k &**

f'kf{kr 0; fDr dk n"Vdks k fodfl r gks tkrk gA D; kEd bl ds }kjk ml dk u\$rd] ck\$) dj  
ekufI d rFkk 'kkjhfjd fodkl gkrk gA vr% f'k{k dsek/; e l sjk"Vh; , drk dks c<kuuk pkfg, A  
cPpka dks l adfpr Hkkoukvka l svki l dh l g; ksx rFkk jk"Vq e dh Hkkouk dh vkj c<kuuk pkfg, A

**½½ /keZ &**

l Eink; rFkk tkfrok l adkh l adh. kZ Hkkoukvka dks feVkuA

**¼½/keZfuji\$ & Hkkjr , d /keZfuji\$ jk"Vq gA iR; d dks vius /keZ ds ikyu djus dh**  
Lora-rk gA y\$du ; g Lora-rk n" jka ds/keZ kyu eack/kd ughag\$uk pkfg, A l Hkh /keZbyEch , d  
l kFk i e l sjgA bl Hkkouk dk cpiu l sgh fodkl djuk pkfg; A gekjk bfrgkl crkrk g\$fd  
ge l c , d l kFk 'kkfUr l sjgrsvk; sgA ik'pkr; 'kkl dkausvyxko dh Hkkouk c<kbZ ml stMewy  
l s [kRe djuk gkskA

**½½ l Eink; oln & Hkkjro"keavud l Eink; g\$y\$du mudsihNs, d l kEdfrd , drk**  
g\$tkl cdk mRrj l snf{k.k rd vlg i dZ l sif'pe rd , drk ds l = eackdks gq g\$ ml sfeVus  
ughansuk g\$ c<kuuk gA

**¼½ tkfrok & tgkavud tkfr; kag\$ vlg ge T; k& T; kaHkkokRed , drk dh ckr djrs**  
g\$ R; k&R; ka tkfrok c<fk tkrk gA ; g n\$ k dsfy; s?kkrd gA iR; d l e>nkj ukxfjd dk  
drd; g\$fd l E i nkf; drk dh l adh. kZ k l suQjr djus vlg ml sl ektr djus dsfy; s tku tV/  
tk, A bl dsfy, vUr tkh; fookna dks i kR l kgu nsuk pkfg; s rFkk mi uke fy [kus dh i Fkk l ektr  
dj nuh pkfg, A tkfrok ij vk/kfjr l xBuka dk ofg"dkj djuk pkfg; A

**½½ Hk'kvka ds ifr mnkj n"Vdsk &**

Hkkjr t\$ sfo'kky n\$ k eavud Hk'kvka vlg ckfy; ka dk g\$uk LokHkkfod gA l Hkh Hk'kvka  
dk l eku fodkl g\$uk pkfg, A l kFk gh , d l Ei dZ Hk'kk dk l Hkh dks Kku g\$uk vko' ; d gA fglrh  
dksgeus jk"Vq Hk'kk dh ekU; rk nh g\$ ft l dk v/; ; u l Hkh ukxfjdka dks vknj i dZ djuk pkfg; A  
Hk'kkokj i karka dh jpuk dj dsgeus Hkay dh gA fdUr qvc bl Hkay dks mnkj n"Vdks k }kjk l qkjk  
tk l drk gA

**¼½ ikrh; rk dh Hkouk dls l ektr djuk &**

Hkkjr n\$ k , d gA l Hkh i kr ml ds v\$ek= gA fQj i kuh] Hkne ; k fctyh ds dkj .k vki l h  
>xMk D; kag\$uk pkfg; \$ l Ei wkZ n\$ k dh l Hkh oLrq al Hkh dh gA vr% ; g vko' ; d g\$fd i krh; rk  
dh Hkkouk dks l ektr dj fn; k tk; A bl dsfy, i karka dks, d n" js ij fuHk\$ cukuk pkfg, A rFkk  
l jdkjh l okvka l s l Hkh i karka ds jgus okyka dks l Hkh i karka ea jguk pkfg, A , d , \$ k U; kl cukuk  
pkfg, tks i karka ds fookna dks fui Vk l ds vlg ml dk fu. kZ l o\$ku; gkA

**½½ l kelftd , oa v\$fid vl ekurk, a l ektr djuk &**

l kelftd Hkn&Hko t\$ s Np&Nur] Ap&uhp] tkfr&oxZ vkfn dks l ektr djuk pkfg, A  
bl dsfy, dkuu cukuk gh i ; kZr ughag\$, d LoLFk tuer r\$ kj djus dh t: jr gA bl h rjg  
xjhch vlg vehjh dk vUrj de djus dsfy, /ku ds mfpr forj.k ij /; ku nsuk pkfg, A

**½½ LoLFk tuer r\$ kj djuk &**

, \$ k tuer r\$ kj fd; k tk; sft l l s LokFkZ dks n\$ kfgr eaR; kxus dh l kelftd Hkkouk dk  
fodkl gkA

**1/1 1/2 jktuŕrd nyka dk dRrD; fu?Hj.k &**

doy , d sgh jktuŕrd nykadksekl; rk nh tk; stks tkfrok] i karh; okn] Hkk"kkokn] {ks=okn rFk l Eink; okn l sÅij mBdj jk"Vfgr ds dk; Z dj l dA

**1/8 1/2 jk"Vh; , dhdj.k ea l Hh dk l g; kx &**

jk"Vh; Lrj dh l eL; kvka tS &xjhch] cjkstxkj] vf'k{kk] egakbz vkfn ij pplZ djus ds fy, , d jk"Vh; ep cukuk pkfg,] ftl ea l Hh i karh /ke] tkfr; k] jktuŕrd nyka mPp Lrj dh l kelftd l dFkkvka 0; ki kfj; ka rFkk cf) thfo; ka vkfn ds ifrfuf/k 'kkfey gka bl dh cBdka dk vk; kstu Hkh l e; &l e; ij foHkku LFkkuka ij fd; k tk, A

vkt jk"Vh; , dhdj.k l e; dh ekax gA ; fn ge l e; jgrsu prsrks VW tk, x] feV tk, xa dgha ds u jgsA vr% bl vkj 'kkl u rFkk l ekt dks /; ku nsuk pkfg; s vkj jk"Vh; , dhdj.k dks n<+cukus ds fy, t] tkuk pkfg; A

**1/4 1/2 Hkkjr ea xjhch&dkj.k vkj mlga nj djus ds mik; &**

Hkkjr vikj ikdfrd /ku&l Eink l s Hkj g]k g]krs g] s Hkh , d xjhc nsk gA ; gka dgy tul [; k dk yxHkx 48-5 ifr'kr Hkx xjhch dh j]kk ds uhps thou 0; rhr dj jgk gA

xjhch l srkRi ; Zeutj; dh vk/kkj Hkr vko'; drkvk] Hkktu] oL=] vkokl vkj LokLF; vkfn dh ifrZdsfy, vko'; d oLr]vka vkj l okvka dksu t]k ikus l sgA 1979&80 ds eW; kads vk/kkj ij iR; d xkeh.k dks 76 : i; srFkk 'kgjh dks 80 : i; si fr0; fDr ifrekg 0; ; djuk pkfg; A rHkh og mDr vko'; d vko'; drkvka dh l kekl; <x l s ifrZdj l drk gA y]du Hkkjr ea djka/ka ykx] bruk ugha dj ikrA ftl nsk ea , d h n'kk gk] ml s xjhc dguk LokHkkfod gA

**xjhch ds dkj.k & Hkkjr ea xjhch ds vudl dkj.k gA &**

**tS s &1] vkfkd dkj.k**

- 1/1 1/2 ikdfrd l k/kuka dk mfpr nkgu u gkuk
- 1/2 1/2 cjkstxkj
- 1/3 1/2 egakbz
- 1/4 1/2 tul [; k ea of)
- 1/4 1/2 df'k dk; Z ij fuHkjrk
- 1/4 1/2 inth dk vHkko
- 1/4 x 1/2 vk; dk vl eku forj.k

**2- jktuŕrd dkj.k**

- 1/1 1/2 ijk/khurk , oafons'kh 'kkl dka dh uhfr
- 1/2 1/2 jk"Vh; uhfr dh vLFkjrk

**3- l kelftd dkj.k**

- 1/1 1/2 fuj{kjrk
- 1/2 1/2 : f<okfnrk , oaHkX; okfnrk
- 1/3 1/2 fQt]y [kphZ
- 1/4 1/2 /ke] tkfr , oa ifjokj izkkyh l svutpr ykx
- 1/5 1/2 Jfed dh xfr'khyrk ea deh

**iR; d dk ; gA l [i ea o.ku fd; k tk jgk gS %&**

**1- vkfkd dkj.k %&**

- 1/1 1/2 ikdfrd l k/kuka dk mfpr nkgu u gkukA Hkkjr ea ikdfrd l ank dh deh ugha

gA ; glads txy] i oZ] ufn; k] [kfut rFkk moj Hkfe vryuh; gA fdUrqi nch ds vHkko eamudk ijk yHk ughafey ikrkA

1/2 1/2 cjkstxkj & cjkstxkj dks nj djus ds ftrus iz Ru fd, tkrsg] mruh gh og c<rh tkrh gA tul [; k of) vj] jkstxkj ds vol jka dk vHkko bl dse[; dkj.k gA bl l e; yxHkx 5&6 djkm+0; fDr cjkstxkj vFkok v) Zjkstxkj gA

1/3 1/2 egakbz dh l eL; k & egakbz l semk dh Ø; 'kDr ?kVrh gsvj] okLrfod vk; de gkstrh gA ftl l sl kjk /ku oLrpkadk t]kuseagh yx tkrk gS ftl l si nch dk vHkko gsrk gS rFkk u, fuosk ughagk ikrkA

1/4 1/2 tul [; k dh of) & Hkjr ea 2-5 ifr'kr dh nj l s tul [; k c<rh tk jgh gS ftl ds dkj.k oLrpkal okvka dh ekax mudh mi yC/krk ds vuq kr l s vf/kd jgrh gA ftl dk ifj.kke ; g gsrk gS fd i jh vk; Hkj.k&i ksk.k ij gh [kpZ gkstrh gsvj] fodkl dk; ka ds fy, i nch dk fuekZk ughagk ikrkA

1/4 1/2 d'k dk; Zij fuHkjrk & Hkjr ea 80 ifr'kr tul [; k i R; {k , oavi R; {k : i l s d'k ij fuHkj jgrh gA xkoka ea oS fYid 0; ol kvka dk vHkko gA [krh dh tkr Nks/h gsrh tk jgh gS ftl ds dkj.k oKkfud <ak l s [krh ughagk ikrkA

[k , oax ipj ek=k ea ikdfrd l k/ku gsrsg sHkh i nch ds vHkko , oarduhdh Kku dh deh ds dkj.k mudk ijk yHk ughafy; k tk l drkA i nch dh deh dk , d [kkl dkj.k vk; dk vl eku forj.k gA ; gka vufxus i nch i fr; ka ds ?kj kus ns k dh 85 ifr'kr i nch dsekfyd cusCBs gA vr% d'k ij nco c<fk gh tkrk gA

**1/2 1/2 jktuSrd dkj.k &**

1/4 1/2 jk'Vh; ulfr dh vLFkjrk & Lorærk iklr djus ds i'pkr~geus ; kstukc) fu; kstu ijk'EHk fd; k yfdu ml eaHkh iwkZ ns k dk , d l kFk fodfl r djus ds fy; sfdl h lFkj ulfr dks ugha viuk l dA i nch rFkk rdudh Kku dk vHkko rFkk ikrf'kd [khp rku bl dsekZ eack/kd jgA

1/3 1/2 I kelftd dkj.k & Hkjr ea bl l e; dh 77 ifr'kr tul [; k fuj{kj gA f'k{kk ds vHkko ea 0; fDr l gh ekxZ ugha pu ikrk vj] u vius vf/kdkjka ds i fr tkx: d jg ikrk gS 'kkl u dh vj] l svud ; kstuk; apykbZ tk jgh gS ftul sxjhch nj gksuh pkfg; A yfdu f'k{kk ds vHkko ea l gh 0; fDr dks mudk yHk ughafey ikrkA

1/2 1/2 : f<eknrk , oahkx; ofnrk & gekjk l ekt vkt Hkh ijkuh ijEijkvka l s fpi dk gqvk gS rFkk xjhch vj] vehjh dksHkx; dh nsu l e>rk gA ; g fi NMki u \_\_.kxLr cukdj xjhch c<krk gA

1/2 1/2 fQty [kph & tle] ej.k] 'kknh&fookg R; ksjk rFkk rhFk&; k=kvka ij vka] kscn dj ds 'kDr l s vf/kd [kpZ dj fn; k tkrk gA ftl dk ifj.kke ; g gsrk gS fd ftUnxh Hkj dtzhkj jguk i Mf k gA xjhch nj djus dh ckr rks l kp gh ugha ikrkA

xkeh.k {ks=kaeaepneckth ij Hkh vuki &'kuki [kpZdjrsjgrsgftl dsdkj.k [kkr&i hrs  
?kjckj cjckn gks tkrs gA

14 1/2 /ke/ tkfr , oal a Dr ifjokj i Fkk &/keZ vks/ tkfr Hkh xjhch c<kusea; ksnku djrs gA  
D; kkd budsdkj.k vuud idkj ds [kpZrksfd; s tkrs gA l kfk gh dN , s smRi knnd dk; Zg ftUga  
l c ughal e> ughal drA l a Dr ifjokj i Fkk /khj&/khjs yqr gksh tk jgh gA fQj Hkh vHkh rd  
bl dk bruk i Hkko gSfd l keW; 0; fDr ?kj NkM+ dj jksth&jks/h dh ryk'k ea ckj ugh tkuk  
pkgrk vks/ l hfer l k/kuka ea xjhch dh ftUnxh fcrkrk jgrk gA

15 1/2 Je dh xfr'khyrk dk vHko & fodfl r ns'kka dh l ekurk ea vHkh Hkh gekjs ns'k  
dk Je de xfr'khy gA ?kj ij vk/kh jks/h [kkdj l kst'kuk i l n gA ctk; sbl dsfd ckj tk; p  
vPNh vkenuh djavks/ xjhch dks nij dj l EiUu thou fcrk, A

**xjhch dks nij djus ds mik; %&**

- 1/2 1/2 jkst'xkj ds vol j c<kuka
- 1/4 1/2 tul f; k ij fu; a.kA
- 1/2 1/2 vkfFkd fodkl ea rsth yukA
- 1/2 1/2 l koZtfud fuekZk dk; ka ea of) djukA
- 1/4 1/2 Hkfe l fkkjA
- 1/2 1/2 l keftd l okvka dk foLrkj djukA
- 1/4 1/2 mfpr okroj.k dk fuekZk djukA

**iR; d dk l fki ea o.ku fd; k tk jgk gS**

**jkst'xkj ds vol j c<kuk &** , s svud mik; gA ftul sjkst'xkj ds vol j c<k, tk  
l drs gA ; kst'ukvka ds vr'xh Nks/h&Nks/h ij; kst'uk, a pykuk vks/ kSxd l a Fkkvka dh {kerk  
c<kuk} xjhcha dk oLr'vka vks/ l okvka dks l Lrh nj ij miyC/k djuk} i kdrd l ank ds mfpr  
nksu dk izdk djuk} Je' kDr dk mfpr fodkl djuk rFkk dF'k , oa xS dF'k {ks=ka dk fodkl  
djukA

**tul f; k ij fu; a.k &** bl dsfy; s ifjokj dY; k.k dk; De pyk, tk jgs gA mudk  
/kq/k/kj i pkj fd; k tk jgk gS yfdu vk'kk tud l Qyrk ughafey i k jgh gA bl dk i ed[k dkj.k  
gSvf'k{k, oa/keW/krkA tul f; k jk'Vh; l eL; k gA bl dk fd l h /keZ l s dkbZ l Ecak ughagA ; fn  
/keZ l s l Ecl/k gkrk rksekYFkl tks, d i knjh Fkk bl dh odkyr u djrk bjk tS k eflye ns'k  
bl su viukrka vr%vko'; drk gS bl s fuHkZd , d i Hkko h <a l spykus dhA

**vkfFkd fodkl ea rsth yuk & dF'k** y?kq, oadV/hj m | kska dk xfr'khy fodkl djds  
jkst'xkj ds vol j c<k, tk, a rHkh xjhch feVkus ea l gk; rk feyschA

l koZtfud fuekZk dk; ka ea of) djuk & xkeh.k {ks= eavf/kd l svf/kd l koZtfud fuekZk  
dk; j tS & l Med] ugj d q edku] fctyh vkfn i k jEHk djds c jkst'xkja dks jkst'xkj fn; k tk,  
rFkk v) j jkst'xkj dks viuh vkenuh c<kus dk vol j fn; k tkuk pkfg, A xjhch nij djuse acgr  
l gk; rk fey l drh gA

**Hkfe l fkkj & Lorark i kflr ds ckn l s gh bl** {ks= ea gh cgr dke fd; k tk jgk gA  
yfdu bl dk; Z dks l [rh l s l gh <a l s ugha ykxwfd; ka vf/kdre tks l Ecl/kh dkunuka dks  
l [rh l sviuk; k tk, rFkk Hkfe dk Hkfe ghuka dk mfpr jhfr l s forj.k fd; k tk, A bl l svud  
Hkfe ghuka dks jkst'xkj feysk rFkk mudh vkenuh c<us l s xjhch nij gkschA

**l keftd l okvka dk foLrkj djuk & l keftd l okvka tS s f'k{k} LokLF; rFkk**

eukjat u vkfn dk folrkj djuk pfg, A l Hkh dks; g crk; k tk, fd de vkenuh gksus ij Hkh fdl i dki vPNk thou 0; rhr fd; k tk l drk g\$ xk eamfpr eW; dh nqkua [kksyh tk; arFkk edku cukusdsfy, mnkjr l svupku , oal gk; rk djuh pfg, mudh vko'; drkvkads l e; vkl kuh l scdl \_\_.k fey l dA bl dsfy, \_\_.k ikr jdus dh if0; k dks l jy cukuk pfg, A bl l s mRiknu c<xkA vk; c<sch ftl l sxjhch nij gkschA

**mfpr okrkoj.k dk fuelZk djuk &** fdl h Hkh mnas; dks ijk djus ds fy, mfpr okrkoj.k cuk ysk vko'; d gsrk gA ijk l ekt xjhch ds ifr tkx: d gkA igkuh nfr'kr ijEi jkvka rFkk vdkfo'okl ka dk R; kx dja vks f'k{kk dh of) ea l gk; d gks f'k{kk jkst xkj & e[ kh gksuh pfg, A bl l sxjhch mlenyu ea vPNh l Qyrk fey l drh gA

**x- xte fodkl ck/kk, a vks mlganij djus ds mik; &**

cki wdgk djrs fksfd vl yH Hkkjr rks xk eagA okLro ea 1981 dh tux.kuk ds vuq kj 77-8 ifr'kr tul [; k xk eafuokl djrh FkhA yxHkx ; g fLFkr bl l e; Hkh gA vr% xk dk fodkl gh Hkkjr dk fodkl gA yfdu Hkkjr , d fo'kky nsk gA bl ea yk [kka xk nij & nij rd cl sgq gA vud xk ioz ij , d scl sgq gA tgka igp ikuk vkt Hkh dfBu gA , d h n'kk ea l Ei wk l E; d xteh.k fodkl vkfn vl Hko ugharks dfBu vo'; gA

**xteh.k fodkl ds ekZ ea vud ck/kk; a gA t\$ s &**

- 1/1 1/2 nij & nij vpy ea cl s gksukA
- 1/2 1/2 l E; d l of/kk vka dk vHkkoA
- 1/3 1/2 l pkj ds l k/kuka dk vHkkoA
- 1/4 1/2 vf'k{kk rFkk rduhdh Kku dk u gksukA
- 1/5 1/2 df'k ds {ks= ea fi NMki uA
- 1/6 1/2 df'k l gk; d , oa ?kj syw m | kacka dk vHkkoA
- 1/7 1/2 xteh.k \_\_.kxLrrkA
- 1/8 1/2 df'k mRikna ds fo0; ea vud e/; LFkyka dk gksukA
- 1/9 1/2 cfdk l fo/kk dk vHkkoA
- 1/10 1/2 nfr'kr ijEi jkvka ?kj dk egRo rFkk fQtW [kphA
- 1/11 1/2 'kkl dh; ; kst ukvka dk l gh yskard igpukA

**uhs iR; d dk o.ku 0e'k% fd; k tk jgk g\$ %&**

- 1/1 1/2 Hkkjr eadbyk [k xk gA tksnij & nij vpyka ea cl sgq gA dbZ xk rksbruh njih ij cl s gg gA tgka igpuk Hkh dfBu gA dbZ brus Nks/sgA tgka fdl h ; kst uk dk fo0; kflor djuk gh 0; FkZ gks tkrk gA
- 1/2 1/2 brus cM+fo'kky nsk ea l c xk dks jy vks l Mel l s tkMuek gh vl EHko l EHko l k gks x; k gA
- 1/3 1/2 Nks/ & Nks/ s xk rd l pkj l fo/kk, a igpuk Hkh cgr dfBu gA Hkkjr t\$ sfodl r nsk ea tgka i th dk vHko gks l nij ngkrard l pkj ek/; ekadk folrkj djuk vkl ku dke ugh gA
- 1/4 1/2 vf/kdkak ngkrkaea Ldny ughag vks tgkag SHk ogka l Hkh ckyd & ckfydk, ai < usugha tkrA xjhc ekrk & fir k viusi e & i f=; ka dks cpi u l sgh dke ij t/k nrsgA fda rufuj {kjk adks rduhdh f'k{kk ds snh tk l drh gA
- 1/5 1/2 Hkkjr df'k ds {ks= ea Hkh fi NMk gvk gA oKkfud mi dj. kka dk iz kx ughag k i krk] vPNk



- cht vls vPNk [kkn dk vHko jgrk gA fl pkbZ dh l fjo/kka ugha gA Hkrie dh tkr vukfFkd gkrh tk jgh gS rFkk Hkrie ds dVko dh l eL; k ugha l > ik jgh gA
- 1/6 1/2 dffk l gk; d rFkk ?kj, ywm | kska dk vHko & igys xte , d i wLZ vkfFkd bdkbZ ds: i ea fodfl r gq Fks yfdu vkt dy cM+m | kskaus mudh vkRefuHkkr l ektr dj nh gA ogka ds l Hkh idkj ds m | ks l ektr gks pds gA ftl ds dkj .k mudk fodkl : d x; k gA
- 1/7 1/2 xteh.k \_\_.kxLrrk & vf/kdkk xteokfl ; ka dh vk; de , oavfuf' pr gkrh gA fQj Hkh vud jhr & fjoktka ij vuki & 'kuki [kpZ djrs jgrs gA bl ds fy, Hkysgh mlgaC; kt nj ij dtZysuk iMA 'kkl u usvud idkj l sl gk; rk ndj mlgaC pr djus dk iz Ru fd; k gS yfdu og fQj Hkh bl l dV l sugha mcj ikrA
- 1/8 1/2 e/; LFk & fdl ku dks viuh mit xko eagh cfu; s dks i Vsy dks cp nuk i Mfh gA ml s cgr de eW; feyrk gStcf d mi Hkkrk e/; LFkka l sb l h dks Apsnkeka ij ikr dj ikr gA
- 1/10 1/2 xteh.k tu nfr i jEi jkva ij cgr fQtw [kphZ djrs gA l kfk gh ?kj dk ekj nj dj dekus ugha nra vr% os xko eagh xjhch dk thou fcrkrs jgrs gA
- 1/11 1/2 'kkl u xteokfku dh vud ; kstuk; acrk gS mudk fO; kko; u djrk gA yfdu pkyd ykyph vls v; kx; de pki h ml dk i jk & i jk ykh l gh ykska rd ugha i gpus nra
- 1/12 1/2 'kkl u us xteh.k mRFku ds fy, l gkdki h l fkvka dk tky fcNk fn; k gA yfdu vHk rd ml dk i; klr fodkl ugha gks l dk gA vHk bl {ks= ea cgr dN djuk gA

<b>ikBxr izu</b>	
izu 1-	jk"Vh; , dh dj .k ea dks & dks l sck/kd rRo gA
izu 2-	Hkkr eac<rh gq h tul ; k ds dkbZ 4 dkj .k fyf[k; s
izu 3-	xte fodkl dh ck/kvka dks nj djus ds mik; fyf[k; s

**mi & bdkb&3**

**l ekt**

vFkZ l ekt , d , l svkStkj dh rjg gS ftl dk /; s ekuo l ekt dk l tu gA og l k/; i kflr grq, d i Fke gS ftl dk mnas; ekuo dY; k.k gA fefMXl ds 'kCnka ea\*\* l ekt Lo; a, d l ?k gS , d l xBu gS opkfjd l Ecu/kks dk ; ks gA ml ea l g; ksch 0; fDr ijLij tMs gks gA\*\* l kjkakr% l ekt l sgekjk vfHki k; eut; ds ml l Ei wLZ l epk; ka vls l Ecdkka ds; ks l s gStks gea i Foh ij n[kus dks feyrs gA

**l ekt dh vlo'; drk eut; dh fuEu vlo'; drkva dh ifrZ ds fy, l ekt dk egRo gA**

- 1/1½ tlför jgus dsfy,
- 1/2½ dke okl uk dh rflr dsfy,
- 1/3½ ekuo tkfr ds LFKk; Ro dsfy,
- 1/4½ I q[kh thou fuokg grq
- 1/5½ I ldför mRFkku grq
- 1/6½ of) dsfodkl dsfy,
- 1/7½ ufrd thou dsfodkl grq

I ekt dsiaç[k rhu rRoksekuo I æk] i fjokj , oaukxfjdrk dk Øe'k%o.ku fd; k tk jgk

gS %&

**1/1½ ekuo I æk &**

**vFKZ&** eðkkboj dsvuð kj \*\*I kekl; fgr vFkok fgrka dh fl f) dsfy, I æfBr fd; sx; s ekuo I euy dks I enk; dgrsgæ\*\* ekuo I euy dks I æk dk : i nus grq fuEu ckra vko'; d gæ

- 1/1½ I nL; ka dk I kekl; mnæs; A
- 1/2½ mnæs; ka dh i kflr grq I g; ksx I s dke djus dh bPNkA
- 1/3½ I æk dk I æBu , oafu; euA
- 1/4½ I æk dh dk; Z iz kkyhA

**I ækæds idkj & I ækka dk oxhçdj .k fuEu vk/kkj ij fd; k x; k gæ**

- 1/1½ vof/k ds oxhçdj .k 1/1½ LFKk; h 1/2½ vLFkkbz I ækA
- 1/2½ I nL; rk ds vk/kkj ij 1/1½ vfuok; Z , oa 1/2½ , sPNd I ækA
- 1/3½ vf/kdkj ds vk/kkjA
- 1/4½ mnæs; ds vk/kkj ij & 1/1½ 0; kol kf; d 1/2½ jktuhr 1/3½ /kkfbd 1/4½ I kldfrdA
- 1/5½ eukjat u I EcalkA
- 1/6½ tkrh; I æk vkfnA

**I ækæ ds dk; Z &**

- 1/1½ vkfFKzd fgrka dh j{kk djuka
- 1/2½ /keZ dh j{kk djuka
- 1/3½ I ldför rFkk Hkk"kk dh j{kk djuka
- 1/4½ jktuhrd pruk tkxr djuka
- 1/5½ ekuo vf/kdkjka dh j{kkA
- 1/6½ ekuo I ðk rFkkA
- 1/7½ Kku foKku dh ixfr ea; kxnkuA

**1/1½ ifjokj &**

**vFKZ&** dñ fo}kuka usekuk fd i fjokj , d LokHkkfod I lFKk gS D; kfid iq "k vksj L=h dk I Ecak LokHkkfod gS vksj I rku i klr djus dh bPNk LokHkkfod gæ i fjokj nksçfu; knh I Ecalk foolg I Ecak vksj jDr I Ecak ij vk/kkfjr gæ i fjokj euq; dh I cl sNks/h vksj çfu; knh I kekt'd bdkbz gæ euq; i fjokj ea mRiUu gsrk gæ ik; % ml h ea ml dk ikyu& i ksk.k gsrk gæ

**idkj & ifjokj rhu idkj ds gksr gS %&**

- 1/1½ ftuea dpy ifr& i frU gæ
- 1/2½ ftuea ifr& i frU vYi o; Ld I Urfr I fefyr gksr gS vksj
- 1/3½ I a ðr i fjokj ftuea dbz i hf<+ ka ds yksx I kFk jgrs gæ

vkdI QkMZ'kcn dksk dsvuq kj& ifjokj ekrk&fi rk , oamudh l arku vFkok l Eca/k; ka dk l eng gSpkgs os l kFk&l kFk jgs gk p kgs u gk

ifjokj ds dk; & ifjokj ea euq; mu xqkka dks LokHkkfod : i l s l h[krk gS tks vPNk ukxfjd cuusdsfy, vko'; d gkrs gA tS sie vjS l gkuHkkfir l ok l g; kx vjS l fg". kqk fu; e ikyu] vuqkkl u vkfnA ifjokj ukxfjd thou dh iFke iB'kkyk gA

**1/2 1/2 ukxfjdrk &**

vFkZ & ukxfjd dh tks fLFkr vFkok gS l ; r gS ogh ukxfjdrk gA xSVy ds 'kcnka ea ukxfjdrk fdl h 0; fDr dh ml fLFkr fo'kSk dk uke gSftudsvrxr og viusjkt; eal kekftd vjS jktufnd vf/kdkj ka dk mi ; kx djrk gS vjS drD; ka dk ikyu djusdsfy; srS kj jgrk gA ukxfjdrk , d dkuuh fLFkr gSftl ds l kFk dN vf/kdkj vjS drD; tS/gkrs gA

**ukxfjdrk dS s ikr dh tkrh gS**

nks izkj dsukxfjd gkrs gA 1/2 tletkr 1/2 nskhdra tletkr ukxfjd dsfu; e gS jDr vFkok oak dk fu; e vjS tle LFku dk fu; e @igysfu; e dsvuq kj dkbZ Hkh 0; fDr ml h jkt; dk ukxfjd ekuk tkrk gSftl dsukxfjd mudsekrk&fi rk gkrs gA nll jsfu; e dsvuq kj fdl h 0; fDr dks ml jkt; dh ukxfjdrk ikr gkrh gS ftl dh Hkfe ij ml dk tle gkrk gS ml ds ekrk&fi rk fdl h Hkh nsk dsukxfjd D; kau gk dN nskaeajDr fFkk LFku dk fefJr fu; e ykxw gkrk gA

nshdr fu; e dsvrxr ; fn bPNd 0; fDr ml jkt; eafuf'pr vof/k rd fuokl dj ppk gks rks ml jkt; ds ifr HkDr j[krk gks vkfnA vl; iedk fu; e &

fonsh ukxfjd l sfookg djuk fdl h jkt; eal jdkjh ukdjh ikr dj yus fdl h jkt; Hkfe vkfn Ø; dj yus vkfn l sukxfjdrk fey tkrh gA

**ukxfjdrk dk yk** & viuh bPNk l s dkbZ 0; fDr ukxfjdrk R; kx l drk gA bl ds vrfjDr fonsh ukxfjd l sfookg dj yus ij fuf'pr vof/k l svf/kd nsk l scgj jgus ij nsk nkg djus ij fonsh ea ukdjh ikr dj yus ij xHkj vij/kk dj yus ij fdl h 0; fDr dks ukxfjdrk l sofpr fd; k tk l drk gA

<u>ikBxr izu</u>	
izu 1-	l ekt fdl s dgrs gA ----- -----
izu 2-	ekuo vf/kdkj D; k gS ----- -----
izu 3-	**ifjokj ckyd dh iFke iB'kkyk gA** mDr dFku dks Li "V dhft; S ----- -----
izu 4-	ckfydk f'k{kk l s D; k ykHk gS ----- -----

**mi&bdkb&4  
ekuo vf/kdkj**

ekuo dsvf/kdkjka dh 0; k[; k vksj 0; oLFkk vulkndky l sl l dfr , oa/keZ ds vaxr jgh gA l Hkh /kek ds xBFka ea ekuo vf/kdkj vksj drD; ka ds ckj sea feyrk gA cPpk tc i shk gkrk gS rksog jkdj vi uk vf/kdkj 0; Dr djrk gA ml dh ek ml dh t: jra i jh djrh gA mez ds l kfk og l ekt vksj ckjgh nfu; k l s tMfk gA vf/kdkjka ds l kfk gh l kfk ml dk l Ecak drD; ka l s Hkh tMfk gA vf/kdkjka vksj drD; ka l s Hkh tMfk gA vf/kdkjka vksj drD; ka ds bl esy eagh \*\*ekuokf/kdkjka\* dk Li "Vhdj.k gkrk gA

**ekuokf/kdkj** & ekuo tkfr ds fodl dsfy, tksvf/kdkj okNuh; gSosekuokf/kdkj dgs tkrs gA

eul; dsfy, vksj ml ds l keftd thou dsfy, usrd fl ) kar osgh vkn'kz gkrsgSft l ea l exz vFkZ ea l e"V dk dY; k.k gksj Hkyk gksj ft l ea ekuo&ek= ds ewy vf/kdkjka dh l j {kk gka , d sgh ekuokf/kdkj ekuoh; xfjek l svks i kr gA buea tkfr] /ke] fyax] o.kz vFkok jk"Vh; rk dk dkbZ Hksn i Hksn ugha gkrkA

Hkkjrh; l fio/kku ea ekuokf/kdkjka l Ecak 30 vuqNn gA 10 fnl Ecj 1948 dks l a Dr jk"Va egkl Hk usekuo vf/kdkjka dh l oBkks ?kksk.kk dks Lohdr fd; k gA Hkkjrh; l fio/kku usbl sLohdkj fd; k gA

l u~1993 ea jk"Vh; ekuo vf/kdkj vk; ksx LFkfi r fd; k x; k gA 10 fnl Ecj dks ekuo vf/kdkj fnol ds: i ea eukrs gA

**ekuof/kdkj vuqNn**

eul; dks i klr v/kdkjka ea Lora=rk] l ekurk] /ke] os fDr d l j {kk 'kkjhfjd ; kruk] vekuq'kd 0; ogkj] dkuuh vf/kdkj ea l ekurk] euekus<x l sfxj]rkj] fu"i {k vnkyr , dklrrk ea glr {ki} 'kj.k yas dk vf/kdkj] jk"Va fo'kSk dh ukxfjdrk dk vf/kdkj] vfhk0; fDr vf/kdkj] fookg vf/kdkj] l Ei fRr vf/kdkj] l ak cukus dk vf/kdkj] f'k{kk i kus dk vf/kdkj gA

ekuo dks bl idkj ds vf/kdkj rks i klr gSfdUrq, d svf/kdkjka dh vkm ea ekuo v/kdkjka dk guu dj vkradoknh cudj vi uk Lo; a dk ykHk vftR djrk jgrk gA

**jk"Vh; ekuokf/kdkj vk; ksx**

Hkkjrh ea jk"Vh fr usfnuk d 28 fl rEcj 1994 dks, d v/; knsk ds }kjk jk"Vh; ekuokf/kdkj vk; ksx LFkfi r dj fn; k ft l sl d n usHkh i kfjr dj fn; k gA ; g i kp l nL; h; vk; ksx gSft l ds orZku v/; {k mPpre U; k; ky; ds Hkur i dZed; U; k; k/kh'k Jh , e-, u odV py\$ k gA vk; ksx dk i zku dk; kZy; ubZfnYyh ea gA jkT; ka ea Hkh jkT; ekuokf/kdkj vk; ksx dk; Zdj jgsgA e/; i nsk ea jkT; ekuokf/kdkj vk; ksx ds v/; {k tflVI , -ds l DI suk gA dk; kZy; Hkks ky ea gA bl vk; ksx dks 'k fDr l Ei lu cuk; k x; k gA gekjh l jdkj cPpkadh f'k{kk pukoka ea jkt uhfrd vi jk/khdj.k] vkradoknh xrfok/k; k] efgyk mRi hMu] cky etnjh i Fkk] l keftd d j hfr; ka dk ml eyu ge l Hkh dk drD; gA

**vk; ksx v/; {k &  
jk"Vh; & dsth ckykd".ku  
jkT; & tflVI , -ds l DI suk %dk; dkgd v/; {kZ  
ckfydk f'k{kk**

l ekt ifjokj l scuk gS ifjokj ea ek&cki] Hkbb&cgu] cV&cSV; k; gkrh gS yfdu ifjokj ea ckydk dks ge yks mi {kk dh n"V l sn[ krs gS tS sf'k{kk ea ge yks yMedka dk uke 'kkyk

dsigysntZdjkrsgāvšj ml svPNh f'k{k nk s d k iz kl djrsgā tcf d ckydk dh všj gekjk /; ku mi{k i wkzjgrk gSbl h izdkj cPpkads [kšy f[kyksuseage ckydk dsfy; sjLI hdm vFkok muds?kšywmidj.k dsgh l eku ykdj nrsrgā R; kšj k eayMelkadsu; soL= yrsgsyřdu ckydk dsfy; s/; ku ughansrbl l sckfydk eaghurk dh Hkkouk gkrh gā

gekjs; gkaxteh.k {ks=kaeaFLFkr všj Hkh [kjk gSogka ij Nkš/h mez eagh cky fookg dj fn; k tkrk gš ogka ij mudh i<kb&fy [k bz dh všj /; ku ugha fn; k tkrk] xk ea vāfo'okl ] : f<okfnrk bl izdkj QSyh gōZgsfd tš sdu; knku eafirk ckydk dksbl izdkj nku dj nrk gštš sdbkzōLrqdksnku nh tk jgh gā ngst iFkk , d xkšj l keftd cjkbzcu xbzgsftl dh ifj.kfr vkrR; k všj o/kqng eagr h gš ngst dh ekax usbruk fodjky : i /kkj.k fdj fy; k gšfd fdl h ifjokj ea du; k ; fn tle yrh gš rks og , d vřhk'kki ekuk tkrk gš bl izdkj vāfo'okl , oa: f<oknh fopkj/kkj ds dkj.k ckydk dks geškk ge ykx mi{kki wkz <ā l snš[krs pysvk; s gā ; fn ge ckydk dh f'k{k dh všj i; kR /; ku nōarks gekjk ijk ?kj] ifjokj , oa l ekt l k{kj gk l drk gā ckydk f'k{k dh všj l jdkj dh všj l sfo'kš /; ku fn; k tk jgk gā ckydk f'k{k dks i k l kgu nsus grq xk & xk ea du; k i k f k fed 'kkyk] ek/; fed 'kkyk, a [kšy h tk jgh gš mlga l jdkj }kj k Nk=ofRr] Mš ] i k B; i qrd rFkk vkfnokl h {ks=kaeaackbz l fdy Hkh nh tk jgh gš rkd

osfu; fer: i l s'kkyk, avk l dabl grq l jdkj }kj k euh"kk ; kstuk dñ ftyka eapykbz tk jgh gā l jdkj ckydk f'k{k dks i k l kgu grq mlga gj txg vkj {k.k nsjgh gš rkd osgj {ks=kaea vxsc<+l dā ckydk f'k{k dks i k l kgu nsus ds fy; s gq s vi us ftys ea tks efyk, a 'kkl dh; ofj"B in ij vl hu gš mudsmngj.k ge l ekt ds l keusj [k rkd mudsekrk&firk vi us ifjokj ea ckydk dks i <kus ds fy; s vxcs vk, ā ckydk f'k{k dk mnš; ml l e; rd i wkz ugha gsk tc rd l jdkj ds l k f k Lo; ā dh l ā Fk, a vxcs ugha vk; ā hā ckydk f'k{k dks i k l kgu nsus ds fy; s xteh.k {ks=kaea efyk f'k{k dks gh fu; qrd; k tkos pñd xteh.k {ks=ka ds ckydk f'k{k dh ntZ l ā; k vR; Ur U; u gā ckydk f'k{k i k f k fed 'kkykva ea l Hkh l fjo/kk mi yC/k dj k jgs tš s'kkyk; oxšg rkd ikyd dks vi us cPpkads 'kkyk Hkst useafd l h Hkh izdkj dk l ākp u jgā efyk f'k{k ds fy; s xteh.k {ks=kaea vol j dh 0; oLFk dh tkos rkd efyk f'k{k d xteh.k {ks=kaea jgdj ckydk f'k{k dks i k l k fgr dj l dā

**ifjokj** & dñ fo}kuka usekuk fd ifjokj , d LokHkkfod l ā Fk gSD; kñd iq "k všj L=h dk l Ecāk LokHkkfod gh gš vr%l rku i k r djus dh bPNk LokHkkfod gā ifjokj nksq; knh l ā k h fookg l ā k všj jDr l ā k ij vk/kfjr gā ifjokj eut; dh l cl sNkš/h všj cñ; knh l keftd bdkbz gš eut; ifjokj eagh mRi lu gkrk gā ik; % ml h ea ml dk ikyu&i kš.k gkrk gā

¼½ ftl eadōy ifr&ifrū gā ½½ ftuea ifr&ifrū vYi o; Ld l Urfr l fefyr gkrk gā všj ¼¾ l ā qrd ifjokj ftuea dbz i hf<; ka ds ykx l k f k jgrs gā

vkDI QkMZ 'kcn dksk ds vuq kj ifjokj ekrk&firk , oamudh l rku vFkok l ā k; ka dk l eñ gš pks os l k f k l k f k gk pks u gā

**ifjokj dsdk**; Z& ifjokj ea eut; mu xqka dks LokHkkfod : i l s l h [krk gš tks vPNk ukxfjd cuusdsfy, vko'; d gkrsgā tš siē všj l gku[kfrr] R; kx] l ok] l g; kx všj l fg". kqk] fu; e ikyu] vuqkl u vkfnā ifjokj ukxfjd thou dh i Fk i k B'kkykā

**& ekuo ifjokj ea jgdj l ekt dh mlur&ixfr ds liula dks l ā k k gā**

**& ifjokj ,oa l ekt ds cñ jgdj eut; viuh rele vlo'; drkva dh ifrZ djrk gā**

**tš sfd &**

thou jgusdsfy, ] l dfr mRFkku gr] ekuo tkfr dsmRFkku gr] ekuo tkfr dsLFkff; Ro grqof) , oa'kkjhfd fodkl gr] usrd thou fodkl grqf kFkh gh l q'kh thou fuokz grqifjokj , oa l ekt ml segrh vko'; drk j [krs gA

**iks+f'k{k** & gekjsnšk ea vuod , d siks+gA tks; k rkscpiu l sgh f'k{k iklr ughadj ik, vFkok fu/kZurk ; k fudV ea fo | k; y u gkaus ds dkj .k] viuh f'k{k vkxs tkjh u j [k l dA vc , d smik; fd, tk jsggafd ; siks+Hkh v/; ; u dj l dA jk"Vh; l k{kjrk fe'ku vks ftyk l k{kjrk l fefr; ka ds dk; ka dk mYys [k fd; k tkuk pkfg; sjkf= fo | ky; vks i qrdky; cMh l q; k ea [kksys tk jgs gA jSM+ ka vks njn'kZu ds ek; e l s ikB idkf'kr fd, tk jgs gA vkdk'kok.kh dh /kheh xfr l si d kfjr fd; s tkusokys l ekpkjka }kjk muga ; g tkudkj nh tkrh gSfd Hkkjr vks l d kj ds vl; Hkkxka ea D; k ?kFvr gks jgk gA buds vykok Hktu&dhrZu rFkk ukv; epu }kjk Hkh iks f'k{k dk id kj fd; k tkrk gS fo'kskdj xkeh.k {ks=ka ea efgyk e.My tš sLo; al oh l dFkku us\*\*iR; d i < k, , d\*\* tš s dbz vl; dk; Døe viuk, gS vks bl idkj ; s l dFkk, a iks+f'k{k dh mnns ; i firZ ea l gk; d gpz gA nij f'k{k ds dk; Døe , oa [kys fo'fo | ky; Hkh f'k{k id kj ea; FksB l gk; rk igpk jgs gA ftyk l k{kjrk fe'ku ds l kfk vke ftyk f'k{k if'k{k.k l dFkk ds v/khu id kj ea; FksB l gk; rk igpk jgs gA ftyk l k{kjrk fe'ku ds l kfk vke ftyk f'k{k if'k{k.k l dFkk ds v/khu i < uk c < uk dk; Døe ea iks=ka dks Hkh l k{kj fd; k tk jgk gSft l si dZ ea vks pkfj dRj f'k{k dgk tkrk Fkka

'kkl u vks iks=ka dks l k{kj djus grq muga fu'kyd i Bu l kexh ink; fd; k tk jgk gA 'kkl u , d h vi s k j [krk gSfd 'kkl u ds l kfk tu l g; kx Hkh viuk l g; kx inku djar Hkh iks+ l k{kjrk dk mnns ; i wZ l Qy gks l ds kA

**efgyk l k{kjrk**

gekjs inšk ea f'k{k dh n"V l s efgyk, a dkQh fi NMh gpz gA bl h dkj.k ; s efgyk l k{kjrk gekjh , d l eL; k cu xbZ gA l k{kjrk l srkRi ; Z , d sO; fDr; ka l s gS tks fd l h Hk"kk dks l kekl; : i l si < & fy [k l drs gA

inšk eai q "k , oaefgyk dh l k{kjrk nj dschp vHkh Hkh dkQh varj cuk gpk gS o"lZ 1991 eai q "ka dh vi s k efgykvka ea cgr de gS bl h dkj.k l s gekjk inšk vuod ka l eL; kvka l s t w jgk gS dlnh; l jdkj dh enn l efgykvka dh fuj {kjrk dks nij djus ds fy; scgr l h ; kst uk, a ykxwdh xbZ gA tš s iks+f'k{k dk; Døe] i < uk & c < uk dk; Døe] vkxuokMh dk; Døe] efgyk e.My ; kst uk] euh"kk ; kst uk i kj Hk dh xbZ gA

l jdkj }kjk efgykvka dks xte i pk; r] tuin i pk; r] uxjikfydk rFkk l Hkh 'kkl dh; inka ij vkj {k.k dh l fo/kk miyC/k gA f'k{k , oa LokLF; foHkx ij fo'kskdj efgykvka dh fu; qDr dk vkj {k.k gA f'k{k foHkx }kjk xkeh.k {ks= ea efgykvka dh fu; qDr dh tk jgh gS rkd xkeh.k {ks= dh efgykvka dks \*\*i < uk & c < uk dk; Døe ds varXr efgykvka dks osLkk {kj dj l dabl h idkj l s LokLF; foHkx }kjk efgyk LokLF; drkZ }kjk xkeh.k {ks= ea efgykvka, oacPpka dks LokLF; l adkh tkudkj ns jgh gA

efgykvkadsl k{kj gkaus l sifjokj l k{kj gksk] l ifjokj ds l k{kj gkaus l s l ekt l e) gkskA

**efgyk l k{kjrk l s ykk**

- 1- l ekt ea 0; klr valfo'okl ] i gkus jhfrfjokt] : f<okfnrk , oa l dh.kz fopkj dks NkMdej muea vki l h Hkktb}kjk dh Hkkouk dk mn; gkskA

- 2- I k{kj efgykva eamuds vf/kdkj , oadrD; dsifr pruk tkxr gksch ftl l sjk"Vh; , drk dh Hkkouk etcir gkschA
- 3- ifjokj dk thou Lrj l qkjsxk rFkk l ekt ea 0; klr cjkbz kq tS s& 'kjk [kkjh] cky fookg] cgfookg ngsti Fkk tS s l ekt ea QSyh gpbz cjkbz kanij gks l dachA
- 4- l jdkj }kjk pykbz xbz ; kstukvka dh mlga l gh tkudkjh fey l dsch ftl l s os 'kkl dh; ; kstukvka ea viuh tuHkkxhnhkj l quf'pr l dachA
- 5- I k{kj efgyk, a izkkl u , oajk"V<sup>a</sup> fuekZk ea viuk egROI wKZ ; ksnku ns l dachA nsk dks gea ; fn 21ohal nh dh vkj ys tkuk gSrks efgykva dks l k{kj cukuk furkar vko' ; d gkskA

**I a Dr jk"V<sup>a</sup> l ak**

**vko' ; drk &**

fo'o ea Hk; dk orkoj.k l ekR dj ; q) dh flFkr dks 'kkr djus ds fy, rFkk foHkUu jk"Vka ea ikjLi fjd l g; kx rFkk l nHkko c<kus ds fy, I a Dr jk"V<sup>a</sup> l ak tS h l LFkk dh Hkh vko' ; drk gksrh gA mxj k"V<sup>a</sup> rFkk l kekT; oknh iDrRr c<+tkus ds dkj.k 1914 1918 rd i Fke fo'o ; q) gprkA QyLo: i tu&ekul ea, d Hkkouk i Snk gpbZfd ; q) }kjk 'kkar LFkki uk vl Hko gA bl ds fy, rks , d , d h l LFkk LFkki fr gksuk pkfg; s tks jk"V<sup>a</sup> ds vki l h fookn 'kkari wZd l y>k l dh vkj 1939 ea f}rh; fo'o ; q) fNM+x; k tks 1945 rd pyr k jgkA ; g ; q) vR; f/kd fouk'kd kjh l kfr gprkA

vr%fQj l s, d 'kkar l EiUu l LFkk dh LFkki uk djus ds fy, l sYkAl l ea 51 jk"Vka ds 830 ifrfuf/k bdVBs gq ftUgkus 24 vDvWj 1945 dks , d ?kSk.kk i= izdkf'kr fd; k & QyLo: i I a Dr jk"V<sup>a</sup> l ak dh LFkkuk gpbA

**ieqk vx &**

**I a Dr jk"V<sup>a</sup> l ak ds l pkyu gsrqml ds N% izku vx cuk, x, gA %&**

- 1/1 1/2 I k/kkj.k egkl Hkk
- 1/2 1/2 I g{k k ifj"kn
- 1/3 1/2 vkfFkd rFkk l kekftd ifj"kn
- 1/4 1/2 I j{k.k l feR
- 1/5 1/2 vUrjkZVh; U; k; ky;
- 1/6 1/2 I fpoky;

**bl ds vrfjDr 18 mi&vx gA %&**

**xBu & I a Dr jk"V<sup>a</sup> l ak eanls rjg ds l nL; gA &**

1/1 1/2 ikjHkd l nL; &ftudh l q; k 511 gA ftUgkus l sYkAl l dks ea pkVj ij gLrk{kj fd; s FkA

1/2 1/2 ckn ea iDsk ikusokys l nL; os l Hkh 'kkar fiz jk"V<sup>a</sup> bl ds l nL; cu l drsgA tks pkVj ds nkf; Roka dks Lohdkj djrs gA vkj tks I a Dr jk"V<sup>a</sup> l ak dser ea bu nkf; Roka ds fuHkkus ds fy, bPNpl vkj l eFkd gkaA l g{k k ifj"kn , oai kp LFkkbz l nL; dh fl Qkfj'k ij egkl Hkk dks nks frgkbz cgpr l su; s l nL; cuk; s tks gA

**I a Dr jk"V<sup>a</sup> l ak ds dk;Z &**

- 1/1 1/2 vUrjkZVh; 'kkar rFkk l g{k k dh LFkki uk djuka
- 1/2 1/2 jk"Vka ds ifr eS=hi wKZ l Ecak c<kukA

1/3½ vUrkZVh; I eL; kvka dk I ek/kku [kkst ukA  
1/4½ fofHku jk"Vka ds fØ; k&dyki ka ea I keatL; j [kukA

**Hkjrk ;ksnku &**

I kso; r I ak vks I a Dr jk"Va vesj dk dschp py jgs'khr; Ø I sHkjr cpuk pkgrk FkA bl dkj.k Hkjr usvl yXurk vks i p'khy dk ekZvi uk; kA Hkjr dks'kkari wkZfons kh uhfr ea vl yXurk dh uhfr dk fo'kSk LFku gA bl svf fuji s'krk dh uhfr Hkh dg I drsgA Hkjr usxvka l svyx jgdj I a Dr jk"Va I ak dksu; h fn'kk nh gS ml us'kkar dsdk; kaegROI wkZHkiedk inku dh gA bl uhfr dsdkj.k gh Hkjr Lora = : i I s I ketT; okn] mi & fuoskokn] iztkfrokndk fojksk dj I dka

<b>ikBxr izu</b>	
izu 1-	I a Dr jk"Va I ak dh LFkki uk fdu dkj.kka I sgq h Fkh\
	_____
	_____
izu 2-	I a Dr jk"Va I ak ds iedk vx dsuke fyf[k; A
	_____
	_____
izu 3-	I a Dr jk"Va I ak ds D; k dk; ZgA
	_____
	_____

**vRe ijh{k.k izu&i=**

**iwkkl & 25**

**ukV & fuufyf[kr izula dks %cuk mRrj&dgh n[ks gy dhft, rFk mRrj dgh I s feyku dj Lo;a eW; kdu dhft; A**

- iz 1 iFke ipo"khz ; kstuk dk dky fuEu ea I s dka I k gS %&
- 1/1½ 1947 vxLr I s 1952 vxLr rd
- 1/4 k½ 1 viSy I sekpZ 56 rd
- 1/2 x½ 1 viSy I s 56 I s 13 ekpZ 61 rd
- 1/2 k½ 1961 I s 1966 rd

iz 2 I aki ea mRrj fyf[k; A  
jk"Vh; mnas; vks ml dh ikfir dsfy; s dk; Øe dk I aki ea mYys[k dhft, A

iz 3 Hkjr ea xjhch ds dkj.k rFk mlganij djus ds mi k; ka dk o.ku dhft, A

iz 4 euq; dh fdu&fdu vko'; drkvka dh ifirZ I ekt ea gksh gA I aki ea fyf[k; A

iz 5 I a Dr jk"Va I ak dh LFkki uk dc gpa

- 1/1½ 1947 ea 15 vxLr dks
- 1/2½ 24 vDVvj 1945
- 1/3½ 1 viSy 1951
- 1/4½ 26 tuojh 1950



**mRrj dčh**

- 1- 1/2 višy 51 l sekl 25 rd
- 2- gekjsjk"Vh; míš; fuEufyf[kr gS&  
1/4 1/2 ykd r= 1/2 1/2 /keZ fuji škrk 1/3 1/2 jk"Vh; , dh dj.k 1/4 1/2 l ektoknh l ekt
- 3- mi & bdkbZ 2 dk v/; ; u djA  
eut; dh fuEufyf[kr vko' ; drkva dh i firZ l ekt ea gkrh gA  
1/4 1/2 thfor jgus 1/2 1/2 dkeokl uk rflr 1/3 1/2 ekuo tkfr ds LFkkf; Ro dh 1/4 1/2 l dčh thou  
fuokg 1/5 1/2 l l dfr mRFkku 1/6 1/2 cč) fodkl rFkk 1/7 1/2 ufrd thou fodkl gsrA
- 4- **24 vDVoj 1945**



**i=kpkj iB; Øe**  
**ek;/fed f'k{k e.My e/; insk Hkky**  
 }kj k l okl/kdkj l jf{kr  
 fMlyek bu ,T; qdsku ijh{k  
 f}rh; o"l

ižu i= & , dkn'k

iB l k; k & 8

fo"k; % l keftd foKku ¼ keftd i; k; k½ , oa ml dk f'k{k.k

¼½ l keftd foKku dk vFk {k= , oa egRoA

½½ l keftd foKku dk f'k{k.k ds mÍ; A

¾½ l keftd v/; ; u dk iB; ØeA

**iLrkouk**

rhu i kBka ea Hkky] bl dsckn nks i kBka ea bfrgkl rFkk rnqjkar vki usvi usv/; ; u ea nks iB jktufr 'kkL= ds i<sgA

; g egRo iwZ Kku gSfd foHku fo"k; ka l s l EcfU/kr gA bl dk l Ecdk vki ds ifrfnu ds thou l sgA iLrq iB eavki l keftd v/; ; u dk Kku Nk=ka dksfd l izkj inku fd; k tk, bl dh foHku f'k{k.k fof/k; ka dk v/; ; u djxkA

**mi&bdkb&1**

**l keftd foKku dk vFk {k= , oa egRo**

l keftd foKku dsfo"k; ea, d Hkzi wZ/kkj .kk i pfyr gA bl /kkj .kk dsvuq kj 0; fDr bl s bfrgkl ] Hkky] ukxfjd 'kkL=] vFkz 'kkL= dk ; kx ekurs gA oLrq% l keftd foKku mi jkDr fo"k; ka dk l fefyr uke ughagS oju-ekuoh; l Ecdka dks Li"V djus ds fy, i; kLr l kexh ikr djusdk , d rjhdk gA ; g , d iwZ-% uohu fo"k; gS ftl usf'k{k txr dks , d uohu nFVdks inku fd; k gA 'kS{k d vuq dku fo'odkSk }kj k bl nFVdks dks bl izkj l s Li"V fd; k gS&

fdl h dsfy; s; g fu'p; djuk mfpr ughagSfd l keftd v/; ; u] bfrgkl ] Hkky rFkk ukxfjd 'kkL= dk xf.krh; ; kx ek= gA fu'p; gh bu fo"k; ka l si; kLr l kexh ikr djrk gS i jrqml h l kexh dksxg.k djrk gStksekuo dsorZku rFkk nSud thou l Ecdka dks Li"V djrk gA ; g l ko/kkuhi wZ ukv fd; k tkuk pkfg; sfd bl dk Lo: i ijEijkr fo"k; tS k ugha gA

oju ,d {ks= tS k gA

bl fo"K; ds vrxZr I keftd foKkuka dk LFkku iklr gkrk gS ijqrbudk vi uk Loræ vflrRo ugha gkrk gA os l c feydj ,d uohu ,dhdr Lo: i xg.k yrs gA I keftd foKku f'k{k.k dsfy, uohu vk/kkj inku djusokyk fo"K; gA I keftd foKku dh fo"K; &l kexh }kjk ge vi usNk=ka ds l e{k fo"K; dks Li"V rFk l jy cuk l drsgA bl fo"K; dh l gk; rk l sNk=ka dks vfuok; Zvknrka rFk ddkyrkvka dk if'k{k.k fn; k tk l drk gS rFk ml ea ,d h ofRr; ka rFk vkn'kkZ dk fodkl fd; k tk l drk gSfd osykdra=rRed l ekt ea iHkkodkj h l nL; ka ds dke ea mfr LFkku xg.k djuseal {ke gka I keftd foKku l sl keftd vkSj Hkdsrd okrkoj.k dk Hkh v/; ; u fd; k tkrk gA I keftd foKku ea l keftd rFk Hkdsrd okrkoj.k dh foopuk Hkh dh tk l drh gA bl rF; dh i q"V jk"Vh; 'ks{k d vuq dku ,oa if'k{k.k ifj"kn }kjk idkf'kr if=dk Teaching Social Sutdies ea bu 'kOnka ea dh xbZ gA

Bl keftd v/; ; u ykxka rFk l keftd ,oa Hkdsrd okrkoj.k ds ifr mudh ikjLifjd fØ; k l EcfU/kr gA

**mDr foopu ds vk/kkj ij l keftd foKku dh dñ iefk fo'kkrk; afulufyf[kr gS %**

- 1/1½ I keftd foKku euq; ka rFk l epk; ka dk v/; ; u gA
- 1/2½ Nk=@Nk=kvka dh ml okrkoj.k dks l e>useal gk; rk djrk gS ftl ea os mRi luu gq gS rFk fodl r gq gA
- 1/3½ ; g fo"K; bl rF; dks l e>useal gk; rk djrk gSfd orZeku ea ekuo l Ei wkZ fo'o ea vkfFkZd rFk jktusrd : i ea ijLij vkfJr gA ; g bl rF; dks Hkh Li"V djrk gSfd ekuo LFkkuh; jk"Vh; rFk vUrjkZVh; Lrjkaij ,d l kFk feydj dk; Zdjus ij gh ml dk fodkl l Etko gA
- 1/4½ ; g fo'o vk/kkfud fo'o dh l H; rk ,oa l dfr dks Li"V djus ,oa l jy cukuseal gk; rk djrk gA
- 1/5½ bl fo"K; ds vrxZr ekuo rFk Hkdsrd i ; kbj.k ds e/; vUr-% fØ; kvka dk v/; ; u Hkh fd; k tkrk gA
- 1/6½ bl l svrhr ,oa orZeku ea ekuork dks i Hkfor djusokyh l eL; kvka rFk ?kVukvka dk v/ ; ; u fd; k tkrk gA I keftd l eL; kvka ,oa ?kVukvka ds rF; ka dks l e>useal gk; rk djrk gA
- 1/7½ ; g fo"K; vk/kkfud] oskfud n"Vdks k inku djrk gA I keftd l eL; kvka rFk ?kVukvka dk l gh fo'ySk.k es d gk; rk djrk gA
- 1/8½ fo"K; ds foHktu dh dBkjr dks l ekir djds Kku dh l ki {krk ij cy nrk gA

**Hkjr ea l keftd foKku dk Lo: i**

Hkjr ea l oZ Eke ek/; fed f'k{k vk; ksx 1/2 epkfy; j vk; ksx 1/2 us bl fo"K; dk ifrikfr fd; k gA i wZ eabfrgkl ] ukxfjd 'kkL= rFk Hkksy fo"K; vyx&vyx fo"K; ds: i ea i<k, tkrk FkA bl vk; ksx us bu fo"K; ka dks ,dhdr Lo: i dks l keftd v/; ; u uke fn; k x; kA bl ds ,dhdr Lo: i ds fo"K; ea epkfy; j vk; ksx us fy [kk g& Bbfrgkl ] Hkksy] vFkZ kkL=] ukxfjd 'kkL= vkfn dks ,d i wkZ bdkbZ ds: i ea n[kuk pkfg, A bl ,dhdr Lo: i dh fo"K; l kexh ,d h gkuh pkfg,] ftl ea l keftd i ; kbj.k ds vUrZr ifjokj] l epk; jkT; rFk jk"V<sup>2</sup> ds i ; kbj.k ka dks LFkku iklr gkr rFk Nk= ml l keftd 'kfr; ka ,oa vkUnkyuka ds fo"K; dks tku l dñ ftuds

e/; os thou ; ki u dj jgs gA p vk; ksx ds bl h l p ko dks ekU; djrs gq Hkjr rh; fo | ky; ka dh i kB; p; kz ea l kekf td v/; ; u dks eg Roi wkZ LFkku inku fd; k x; k gA i kj EHk ea bfrgk l ] Hkoks y rFk ukxfjd 'kkL= dksxf.krh; ; ksx ds: i ea l fEefyr fd; k x; kA bu fo" k; ka dk vyx & vyx vflR Ro dk; e jgkA i jarqvc uohu /kkj.kk ds vrxZ bl s, d , dhdr Lo: i inku djus dk iz kl fd, tk jgs gA bl ds fy, d bnh; rFk jkT; I jdkja Hkh eg Roi wkZ dne mBk jgh gA vk'kk GS fudV Hkfo"; ea l kekf td foKku dks ml dh uohu /kkj.kk ds vuq i xg.k djus ea l Qy gks l dxa uohu /kkj.kk ds vk/kkj ij vc l kekf td v/; ; u dks l kekf td foKku ds: i ea xg.k fd; k tk, xkA

**I kekf td v/; ; u rFk l kekf td foKku ds vlurj &**

I keku; r% l kekf td v/; ; u rFk l kekf td foKku , d gh vFkZ ea xg.k fd, tkrsgA oLr% buea vlurj ik; k tkrk gA ckg; : i ea; g vlurj fn [kkbZ nrk gA nksukagh ekuoh; I Ecalka dk v/; ; u djrs gA buea fo" k; ds v/; ; u dh xg jkb] Lrj rFk iz kst u ds n"V dks k ds vk/kkj ij varj ik; k tkrk gA l kekf td foKku ekuoh; I Ecalka dk mPprj , o fo} rki wkZ v/; ; u gS ftl ea vuq dku rFk iz ksx ds fy, LFkku gkrk gA l kekf td v/; ; u fo | ky; ds i kB; Øe dk og vx gS ftl ea l kekf td foKkuka ds rRoka ds fo f/k; ka rFk 'kk/kka dks l jyre : i ea f' k {k.k dh l fo/kkuq kj j [kk tkrk gA l kekf td foKku ekuoh; I Ecalka dk 0; ofLFkr rFk i ekf.kr y [kk gSts fd vk/kkuq fo'o dh l kekf td l eL; kvkai j Hkh izdk'k Mk yrk gSrFk ml dk gy Hkh i Lr% djrk gA

oLys us bu nksuka ds varj dks Li"V djrs gq fy [kk gS l kekf td foKku rFk l kekf td v/; ; u nksuka ekuoh; I Ecalka dh foopuk djrs gA i jarq l kekf td foKku i ks koLFk ij l kekf td v/; ; u dkydka ds Lrj i jA vr%; g Li"V gS fd l kekf td v/; ; u enyr% l kekf td foKkuka l s gh viuh fo" k; I kexh i klr djrk gA l kekf td v/; ; u l kekf td foKku gS ftl dks funk kRed vffki k; ka ds fy, I jyhdr , oai q% l xBr fd; k x; k gA vr% l kekf td foKkuka rFk l kekf td v/; ; u ean k'kud vFkok l S k furd Lrj ugha gS oju dby 0; kogkfjd , oal fo/kk ds n"V dks k l s vlurj ik; k tkrk gA

**I kekf td foKku dk {ks- &**

I kekf td foKku dk {ks= 0; ki d gA bl fo" k; ds vrxZ bfrgk l ] Hkoks y] ukxfjd 'kkL=] vFkZ kkL=] I ekt 'kkL= vkfn l kekf td foKkuka l s l kexh yh tkrh gS l h/ks bl es v/k/kkuq rRdkyhu l eL; kvkq ?kVukvka rFk vl; ekeyka dks l fEefyr fd; k tkrk gA bl n"V dks k l s l kekf td foKku dk {ks= cgr gh 0; ki d gA bl izdkj l kekf td foKku ekuo thou ds fd l h , d fo'kSk i {k dk foopu ugha djuk oju ml dh l Ei wkZrk vFkok l exrk dk o.ku djuk gS bl ea ekuo thou ds vkfFkZ l kekf td] ukxfjd] /kkfzd] l k d f rd vkfn l Hkh i {kka dk foopu fd; k tkrk gA l kFk gh l kekf td foKku euq; ds l kekf td rFk Hkdrd i ; kbj . kka dk foopu djrs gq mudh i kj Li fjd fuHkj rk rFk vfuok; rk dks Hkh Li"V djrk gA oLr% l kekf td foKku ds {ks= eafujarj foLrkj gks jgk gA fudyl u rFk jkbV ds vuq kj oLr% bl dk {ks= vr; r 0; ki d GS vS l Ei wkZ fo'o ea ekuo dk orZku l kekf td thou gh bl dk vk/kkj gA

vk/kkuq fopkj/kkj ds vuq kj vc l kekf td foKku ds vrxZ u dby l kekf td foKkuka tS s bfrgk l ] ukxfjd 'kkL=] vFkZ kkL=] Hkoks y] I ekt 'kkL= vkfn dks l xBr , dhdr l kexh l fEefyr dh tkrh gS varj kZVh; I Ecalk] varj l k d f rd l Ecalk] ukxfj drk dh f'k {kk fookn k Li n

ekeys vkn fo"k; ka dks Hkh LFkku inku fd; k x; k gA vr% I aki eabl fo"k; ds {ks= ds vrxr fuEufyf[kr ckrka dks Hkh I feefyr fd; k x; k gS %&

- 1/1 1/2 ekuoh; I Ecalka dk v/; ; uA
- 1/2 1/2 ikdfrd foKku rFkk yfyr dykvka dk 0; kogkfjd v/; ; uA
- 1/3 1/2 rRdkyhu ?kVuk, A
- 1/4 1/2 I ekt I Ecalkh v/; ; uA
- 1/5 1/2 ukxfjdrk dh f'k{kkA
- 1/6 1/2 vrjzVh; I EcalkA
- 1/7 1/2 vlrj&I ikdfrd I EcalkA
- 1/8 1/2 vk/kfud I eL; k, a rFkk
- 1/9 1/2 I kektfd , oaHkSrd i ; kbj. ka dh i kLi fjd fuHkjr rFkk vfuok; rFk I Ecalkh v/; ; uA

**I kektfd foKku dk egRo &**

foKku rFkk iksj kSxdh usvkt I ekt eaegku ifjorZu dj fn, gA bu ifjorZuka dsifj.kke Lo: i ekuo I ekt dsLo: i] vkdkj vkn eaifjorZu vk x; k gSrFkk ekuoh; I Ecalka ea tfVyrk vk xbZgA I ekt dsifjorZu Lo: i rFkk ekuoh; I Ecalka dh tfVyrk dks I e>usml uohu I ekt ea 0; ofLFkr gkus dsfy, I kektfd foKku dk Hkkr djuk vko'; d rFkk egROI wkZgA

iztkra= usHkh I kektfd foKku dh vko'; drk dks j[ kkrdr fd; k gA iztkra= dh I eL; kvka dks I e>us, oamuds I ek/kku dsfy, Hkh bl dh vko'; drk gkrh gA bl ds vrfjDr orZku ea Hkkr dokn] HkzVkpki] vi 0; ;] Lokfj[ vgdj vkn cjkbz ka ea Hkh I kektfd d[ kyrk] I g; kx] I txrk] I fg". kqk] ijki dkjrk vkn xqkka dk fodkl fd; k tkuk I EHko gA bu xqkka I s; qR 0; fDr n[ kr i Hkko rFkk dghr; ka, o cjkbz ka I s I ekt dh j{kk dj I dsxk

vkt dk ; q vlrjzVh; ; q ekuk tkrk gA I Ei wkZ fo'o ds nsk , d n[ js ds fudV vk x, gA fo'o dsfdl h , d {ks= dh ?kVuk fo'o ds vL; I eLr n[ kka ij vi uk i Hkko Mkyrh gA bl n[ Vdks k I s I kektfd foKku vko'; d , oaegROI wkZgA bl dk Kku vlrjzVh; I g; kx] I fg". kqk] I nHkkouk rFkk fo'o' kfuR LFkki uk dsfy, ije vko'; d gA

**Hkr ea I kektfd foKku v/; ; u dh vko'; drk , oa egRo&**

orZku Hkkrh; I ekt vrhdky ds I ekt I scqr fHkku I xBu] Lo: i vkdkj vkn I s cqr ifjorZu gk x; k gA Hkkrh; I kektfd ifjosk ea ifjorZu ds dkj.k I kektfd foKku dk v/; ; u vc vkj vf/kd vko'; d , oaegROI wkZgA bl dk Kku vlrjzVh; I g; kx] I fg". kqk] I nHkkouk rFkk fo'o' kfuR LFkki uk dsfy, ije vko'; d gA

- 1- tura=kRed 'kkI u
- 2- I ektoknh jkT;
- 3- dY; k.kdkjh jkT;
- 4- I okn;
- 5- xte&ipk; rka dh 0; oLFkk
- 6- vksj kSxd ixfr
- 7- oKkfud vfo"dkjka dk i Hkko
- 8- fofHkku I eL; k, &tkfr i Fkk] cdkjh dh I eL; k] [kk] kku dh I eL; k] tul [; k I eL; k] I j{kk dh I eL; k] fuj{kjrk dh I eL; k vknA

I keftd foKku ds egRo dks nks Hkkxka ea foHkfr fd; k tk I drk g&

1- o\$ fDrd n"V I s

2- I keftd n"V I s

3- o\$ fDrd n"V I s I keftd foKku dk egRo fuEukdr fclnq/kadsvk/kkj ij Li"V fd; k tk I drk g&

1/4 1/2 I keftd pfj= dk fuekZk bl fo"K; dh f'k{kk }kj k I g; kxj I gdfjrkj I fg".kqk vkfn xqkka dk fodkl fd; kl tk I drk g&

1/4 1/2 0; fDr dh ekufI d 'kDr; ka dk fodkl A

1/4 1/2 0; ogfjd I eL; kvka ds I ek/kku ds fy, r\$ kjhA

1/4 1/2 vi us mRrjnkf; Roka ds fuoZu ds fy, I {ke cukukA

1/4 1/2 foHkku I keftd vknrka, oa dqkyrkvka dk fodkl djukA

1/4 1/2 okrkoj.k es vuphy djus dh {kerk dk fodkl djukA

1/2 1/2 I keftd n"V I s I keftd foKku dk egRo fuEufyf[kr dkj.k I s g\$ %

1/4 1/2 LoLFk oKkfud n"Vdksk dk fodkl A

1/4 1/2 n\$ dh fojkl r , oa I dfr I s iæA

1/4 1/2 I keftd thou dks mlur] I Qy rFk I e) cukus dh {kerk mRiUu djukA

1/4 1/2 vUrjZVh; I nHkkouk dk fodkl djukA

1/4 1/2 I kFk; ka ds i fr I fg".kqk I gkuHkr rFk iæ dh Hkkouk fodkl r djukA

1/4 1/2 i mZxgka dks nij djds 0; ki d] n"Vdksk dk fodkl djuk vkfnA

**ikBxr izu**

izu 1- I keftd foKku dk vFkZ Li"V djrsgq ml dk egRo crkbZ, s

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izu 2- I keftd foKku v/; ; u dh vko'; drk D; ka i M-rh g\$

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izu 3- I keftd v/; ; u vk\$ I keftd foKku dk vUrj Li"V djks

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**mi&bdk&2**

**I keftd foKku f'k{k.k ds mÍ\$; &**

fdl h dk; Z dks djus ds fy, mÍ\$; dk Kku gkuk pkfg, A dkbZ Hkh dk; Z mÍ\$; ds vHkko eal pk: : i I s I pkfyr ughafd; k tk I drk g& vr%dk; Z i kjEHk djus ds i mZ mÍ\$; ka dk fu/kkj .k Li"V : i I s dj yuk pkfg, A bl I Ecak eac- , - HkfV; k us Bhd gh fy [kk g\$ B y{; ds Kku ds vHkko eaf'k{k d ml ukfod ds I eku g\$ tks vius I k/; vFkok eity dks ugha tkurk g\$ vk\$ ckyd ml i rokj foghu uk\$ dk ds I eku g\$ tks ygjka ds Fki M\$ [kk d] fdl h fd ukjs ij yxsxhA

vr%vc izu mBrk gSfd I keftd foKku f'k{k.k dsmís ; D; k gâ i R; d fo"k; dsmís ;  
 I keW; r%f'k{k ds mís ; ka ds vk/kkj ij fu/kkZjr fd; k tkrk gâ f'k{k ds mís ; ka dh ikflr fdl h  
 u fdl h : i ea l keW; f'k{k ds mís ; ka dh i f r Z dh tk I drh gâ bl h dkj .k ml fo"k; dks l keW;  
 f'k{k ds ikB; Øe ea LFkku inku fd; k tkrk gâ I keftd foKku f'k{k.k ds }kj k I keftd]  
 I kâ dfrd rFkk ukxfjd mís ; ka dh ikflr ea l gk; rk feyrh gâ I keftd foKku f'k{k.k ds i æ [ k  
 mís ; ka dh ikflr ea l gk; rk feyrh gâ I keftd foKku f'k{k.k ds i æ [ k mís ; fuEuku d kj gS%&  
**¼ ½ mRre ukxfjd &**

i R; d jk"Vª rFkk I ekt dh vkdk{k jgrh gSfd ml dsukxfjd vFkok I nL; mRre ukxfjd  
 gkâ mRre ukxfjd gh I ekt vFkok jk"Vª dh vkfFkd I keftd] jktuSrd] I kâ dfrd vkfn mlUufr  
 ea ; kx nku djrs gâ orZeku ea rks fo'o dk vk/kkj Nk&k gks x; k gâ fo'o 'kâr ds fy, mRre  
 ukxfjd dk ; kx nku vfuok; Z gâ I keftd foKku f'k{k.k dk i æ [ k mís ; mRre ukxfjd dk  
 fuekZk gâ foFkkUu fo}kuka usmRrj ukxfjdka ds v y x & v y x x q k k a d k o . k u f d ; k g â ; g l a d n i æ [ k  
 x q k k a d k o . k u i l r q g â t k s f d m R r e u k x f j d d s f y , v k i f { k r g â

¼ 1 ½ I eL; kf/kd] I eL; kvka ds l kek/kku ds fy, Kku rFkk dks kyka dh ikflrA

¼ 2 ½ ifjorZu'khy fo'o ea i Hkkodkj h thou ; ki u ds fy, vuphy djus dh {kerk dk  
 fodkl djukA

¼ 3 ½ ykdrki=d fl ) karkadk fodkl rFkk nsud thou ea mudk iz kx djukA

¼ 4 ½ uohu rF; ka , oa fopkjka dks xg.k djus dh {kerk mRi u djukA

¼ 5 ½ I 'tkukRed : i eadk; Z djus dh ; kx ; rk dk fodkl A

¼ 6 ½ I keftd xqkkâ I fg".kq{k] I õnu 'khyrk] I gdlfjrk] I g; kx djus dh Hkkouk vkfn  
 dk fodkl djukA

¼ 7 ½ bÈkunkjh] drD; fu"B] nsk dh mi yfC/k; ka ij xoz djuk] nsk dh I g {kk vkfn xqkka  
 dk fodkl djuk vkfnA

I keftd foKku f'k{k.k ; Ør xqkka dk fodkl djds mRre ukxfjdka ds fuekZk djus ea  
 I g; kx djrk gâ

**¼ 2 ½ I keftd pfj= dk fodkl &**

euq; , d I keftd ik.kh gâ og I ekt ea tle yrk gS vkj ml ea jgdj viuh mlUufr  
 djrk gâ ml n"Vdsk I sckydkaa ea l keftd pfj= dk fodkl djuk I keftd foKku dk , d  
 i æ [ k mnas ; ekuk x; k gâ ckyd dks l ekt eavuphy djrsgq Lo; adh rFkk I ekt dh mlUufr  
 ds fy; s iz kl djuk gkrk gâ bl ds fy, ml ea deZu"Brk] mRrjnkf; Ro dh Hkkouk] I fg".kq{k]  
 I g; kx] I õnu'khyrk vkfn xqkka dk gkuk vko' ; d gâ ekuoh; I æ kka dh I eh{k Hkh vi f {kr gâ  
 I keftd f'k{k.k vè; ; u }kj k Nk=ka ea mi j k Dr xqkka dk fuekZk , oa fodkl djds I keftd pfj=  
 dk I gh : i inku fd; k tkrk gâ

**¼ 3 ½ I keftd fojkl r rFkk I eL; kvka dk Kku&**

Nk=ka dks l keftd fojkl r rFkk I eL; kvka dh I e> mRiUu djuk] I keftd f'k{k.k dk  
 , d vkj i æ [ k mnas ; gâ Nk=ka ds fojkl r ds : i ea l H; rk] I kâ dfr] jhfr&fjokt , oa i j E i j k ; a  
 i k r gkrh gâ I keftd foKku ds Nk=ka dks bl I keftd fojkl r I s i f j p r d j u k g â bl  
 fojkl r dh vPNkbZ ka ds xg.k djus rFkk fodkl djus dh {kerk Hkh inku djrk gâ

I el kef; d I eL; kvka ds funku , oa mi pkj djus dh {kerk Hkh fodfl r dh tkrh gâ

**¼½ fofHlu ofRr; ka rFk dSkyla dk fodkl &**

Nk=ka dks l ekt ea vupny rFk mlufr djus dsfy, dN fo' kSk ofRr; ka rFk dSkyla dh vko'; drk gkrh gA vkRefuHkjrk dsfy, deZdjusdh ofRr] bZkunkjh] l g; kx vkfn vi f{kr gA buds fodkl ea l keftd foKku l g; kx djrk gA

**½½ viuRo dh Hkkouk dk fodkl &**

l ekt jk"V<sup>a</sup>, oavUrjZVh; Lrj ij 'kkfUr l nHkkouk dsfy, viuRo dh Hkkouk vfuok; ZgA ekuoh; l cZkka ds ifjp; inku djus dk dk; Zl keftd foKku Hkyh&Hkkar djrk gSO; fDr Lo; adh rFk l ekt dh mlufr viuRo dh Hkkouk ds vHko ea ugha dj l drk gA

**½½ ijLij vkfJr dh Hkkouk dk fodkl &**

dkbZ Hkh 0; fDr] l ekt] jk"V] Lokoych ugha gA 0; fDr l ekt , oajk"V<sup>a</sup> viuh vko'; drk vka rFk vkdkk vka dh i frZ dsfy, vU; 0; fDr; k] l ekt k] jk"V<sup>a</sup> i j fuHkj gA bl h i dkj Hkkard rFk l keftd i; kbj.k Hkh ijLij vkfJr gA Nk=ka ea ijLij vkfJr dh Hkkouk dk fodkl l keftd foKku f'k{k.k dk mnas; gA

**¼½ orZku dks Li"V djuk&**

l keftd foKku Nk=ka dks vk/kfud fo'o l si fjr djrk gA ifjorZu'khy l ekt dh l Hkkouk rFk l dfr dk Kku inku fd; k tkrk gA l el kef; d l eL; kvka fodkj ka, oa?kVukvka l s ifjp; ikr djus dk dk; Zl keftd foKku }kj fd; k tkrk gA orZku dks l gh : i l sle>us ds l kFk&l kFk Hkfo"; ea l eL; kvk] fodkj ka rFk ?kVukvka l scpus ds mik; [kkstus dh {kerk Hkh mRiUu dh tkrh gA orZku ds vk/kkj ij Hkfo"; dh mlufr l q]k , oa'kkar dh uho j [kh tkrh gA

**½½ vUrjZVh; l nHkkouk dk fodkl &**

l keftd foKku f'k{k.k dk ; g , d mnas; gSfd og ekuoh; l cZkka dh 0; k]; k rFk viuRo dh Hkkouk dk fodkl djds vUrjZVh; l nHkkouk dks mRiUu , oafodf l r djA vUrjZVh; l nHkkouk ds vHko ea vkt ds rukoi wZ fo'o ea'kkar LFkfi r djuk dfBu gA

**½½ okroj.k dk Klu&**

0; fDr dk thou ml okroj.k l si Hkfor gkrk gSft l eaog tle yrk gSvk] i yrk&c<rk gA Hkkard okroj.k 0; fDr ds jgu&l gu] [kku&i ku] os k&Hkkk] 0; ol k; vkfn ij egROI wZ i Hkko i Mrk gA l keftd okroj.k ml ds fopkj k] vfhk; fp; ka rFk ofRr; ka ea ifjorZu yrk gA vFkok i Hkko Mkyrk gA l keftd foKku okroj.k ds nksuka Lo: i ka dk Kku inku dj 0; fDr dks l ekt dk dqy rFk mi ; kxh l nL; cukus ds dk; Zea egROI wZ Hkmedk dk fuokg djrk gA l kFk gh nksuka i dkj ds okroj.k dh ikjLifjd fuHkjrk dk Hkh Kku djrk gA

vr ea ge f'k{k vk; kx ¼1964&66½ ds ifronu ds' kCnka ea dg l drsg] l keftd ve; ; u foKku½ dk mnas; Nk=ka dks muds okroj.k l Ecah Kku ikr dju] ekuoh; l Ecah dh l e> vk] , d svfHker rFk eW; ka ea l gk; d gkrsgA tks l epk; ] jkT; ] jk"V<sup>a</sup> rFk fo'o dsekeyka eafodf l wZ <x l shkx yus dsfy, mi ; kxh gA Hkjr ea vPNh ukxfj drk rFk HkkokRed , dh dj.k dh LFkki uk dsfy, l keftd v/; ; u dk i Hkko dk; De vfuok; ZgA

**l keftd foKku ds iH; & mnas; &**

**(Objectives of Teaching Social Studies) -**

tc ge fdl h mnas; dh i kfr dsfy, dk; Zdjrs gA rksml dsfy, geaftu Nk/h&Nk/h ckrka dks /; ku ea j [kuk i Mrk gSmlUga ml mnas; l si klr mnas; dgrsgA ikl; mnas; vFZ dks Li"V djrs gq dkVZu oh: xM usfy [kk] ikr mnas; og ekun.M vFkok y{; gS ft l dks Nk=



}kj k fo | ky; hu fØ; k dks i wZ djds i klr fd; k tkrk gA

**I kelftd foKku ds mnas; rFk iMr mnas; ea vUrj &**

mnas; dk {ks= 0; ki d gA mnas; ea vkn' kzkfnrk gsrh gA vr%bl si wZ: i | si klr djuk | EHko ugha gA bl dh i klr gks Hkh | drh gA i k; mnas; dk {ks= | hfer gsrk gA i k; mnas; ka dh i klr gsrh gA i k; mnas; fof'k"V gsrk gSrFkk bl ea 0; ogkfjdrk dk xqk i k; k tkrk gA

**I kelftd foKku ds iM; mnas;**

1/4 1/2 Kku (Knowledge)  
rF; k i nk vo/kkj .kkvk i jEi jvk i dfr; kaf l ) kUrkarFkk | keku; hdj .kk mi & dYi ukvk | eL; kvk ifØ; kvk vkfn dk Kku i klr djukA

1/2 1/2 ckS) d ; k; rk; a (Scholastic Abilities)  
rF; k i nk vo/kkj .kkvk i jEi jvk i dfr; k fl ) kUrkarFkk | keku; hdj .kk mi & dYi ukvk | eL; kvk ifØ; kvk vkfn dsfy, | e> fodfl r djukA

1/4 1/2 0; ogkfjd dksy vFkok i k; ksd dksy (Practical Skills) -  
1/4 1/2 fn, inRrka | sekufp=] pV rlfydk, j j[ kfp=] xkQ vkfn dk fuekz ka  
1/2 1/2 ifr: i (Model) dk fuekz ka

1/4 1/2 0; fDrxr rFk | kelftd xqk (Personal and Social Qualities) -  
0; fDr; ka ds chp | s | a/kr | kelftd] vkfkd] jktufrd , oa /kfed | eL; kvk rFkk fo" k; ka ea: fp mRi l u djukA

izu 1- I kelftd foKku f'k{k.k ds mnas; D; k gA

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-----

izu 2 mnas; rFk i klr mnas; ea vUrj Li"V dhft; A

**mi & bdkb&3**

**I kelftd foKku dk iB; Øe &**

i wZ mi & bdkbz ea ge | kelftd foKku ds mnas; ka dk foopu dj ppls gA bu mnas; ka dh i klr dsfy, , d mi ; Ør i kB; Øe dk gksuk vko'; d gA bl ds vHko ea | kelftd foKku dsfu/kkj mnas; ka dks i klr djuk | EHko ugha gA i kB; Øe dh fo" k; & | kekxh dks tkuus ds i wZ i kB; Øe ds vFkz dks | e>uk vko'; d gA  
i kB; Øe dk vFkz &

djhdye (Currere) 'kCn dh mRi fr r yfVu Hkk"kk ds 'kCn] D; i j's' kCn | sgpZgS ftl dk vFkz gS nkM+dk eñku | sgpZgS ftl dk vFkz gS nkM+dk eñku (Race Course) bl | idkj i kB; Øe nkM+dk eñku gA ftl | j ckyd mnas; ka dks djus dsfy, nkM+k gA  
i f j Hkk"kk; a &

1/4 1/2 gsujh | s vkVks &  
\*\*i kB; Øe og | k/ku gS ftl ds }kj k ge cPpk dks f'k{k ds mnas; ka dks i klr djus ds ; k; cukus dh vk'kk djrs gA\*\*

1/2 1/2 ek/; fed f'k{k vk; kx &  
\*\*i kB; Øe dk vFkz doy ml | s kflrd fo" k; ka | sugh gS tksfo | ky; ka ea i jEi jkxr : i

I s i < k; s t k r s g s o j u b l e a v u t k o k a d h o g I e i w k z ; k f u f g r g s f t l d k s N k = f o | k ; y ]  
d { k k & d { k } i t r d k y ; ] o d z k k w ] i z ; k s x ' k k y k v l s [ l s y d s e s n k u r F k k f ' k { k d k a , o a f ' k ' ; k a d s v x f . k r  
v u l s p k f j d I e i d k a l s i k l r d j r k g s b l i z l k j f o | k y ; d k I e i w k z t h o u i k B ; O e g k s t k r k  
g s t k s N k = k l a d s t h o u e a l e l r i { k k a d k s i H k k f o r d j I d r k g s v l s ] m u d s I U r t y r 0 ; f D r R o  
d s f o d k l e a l g k ; r k n r k g s

mi ; D r i f j H k k " k v k a d s v k / k j i j i k B ; O e d s l e a k k a e a f u e u f y f [ k r f o ' k s k r k , a f n [ k k b z n s h  
g s % &

1/1 1/2 i k B ; O e m n a s ; d k s i k l r d j u s d k , d I k / k u g s

1/2 1/2 i k B ; O e e a v u t k o k a d h I e i w k z k f u f g r g s

1/3 1/2 f o | k y ; d s v l n j r F k k c k j d s v u t k o k a , o a f O ; k d y k i b l e a l f e e f y r g s

1/4 1/2 i k B ; O e e a f u f g r v u t k o k a d k i z ; k s x f ' k { k k d s m n a s ; k a d h i k l r d s f y , f d ; k  
t k r k g s

1/5 1/2 I e i w k z f o | k y ; h u o k r k o j . k g h i k B ; O e g s

**i k B ; O e r F k k i k B ; f o o j . k (Curriculum and Syllabus)**

I k e k u ; r % i k B ; O e r F k k i k B ; f o o j . k d k s l e k u v F k k a e a x g . k f d ; k t k r k g s o L r r %  
n k u k a e a v l r j g s i k B ; f o o j . k (Syllabus) i k B ; O e d k v a k e k = g s i k B ; O e d s v a r x t  
N k = d { k k d s v n j r F k k c k j t k s v u t k o i k l r d j r k g s ] o g I H k h d n I f e e f y r g k r k g s I e l r  
c k s ) d f o " k ; f o f H k u d k s k y ] f ' k y i ] [ l s y & d m v k f n I e i w k z f O ; k d y k i i k B ; O e d s v a r x t v k  
t k r s g s d { k k e a f ' k { k . k d h n f " V I s f ' k { k d d h I f o / k k d s f y , t c i k B ; O e d k s O e c ) r F k k  
0 ; o f L F k r d j f y ; k t k r k g s r k s m l s g e i k B ; f o o j . k (Syllabus) d g r s g s

**i F k k e d r F k k i m z e k / ; f e d d { k v k a e a i p f y r l e k f t d f o k l u d k i k B ; O e &**

o r z e k u l e ; e a i k F k f e d r F k k i m z e k / ; f e d r F k k i m z e k / ; f e d d { k v k a e a l k e k f t d  
f o k k u d s v a r x t b f r g k l ] u k x f j d ' k k L = r F k k H k k s y f o " k ; I f e e f y r f d , x , g s b u f o " k ; k a d k  
v / ; ; u , d h d r L o : i e a u g h a g s o j u - v y x & v y x f o " k ; d s : i e a f d ; k t k r k g s I k e k f t d  
f o k k u f o " k ; d s v a r x t i p f y r i k B ; O e d k I a { k l r f o o j . k f u E u k u d k j g s &

**H k k s y**

**1/1 1/2 i k l f r d H k k s y &**

i F o h d h x f r ; k a d k L i " V h d j . k d j r s g q f n u & j k r ] \_ r q ] v { k k a k , o a n s k k U r j j s [ k v k a d s  
I k F k e k s y ] t y o k ; q i j i H k k o M k y u s o k y s r R o k a d h t k u d k j h n h x b z g s f o f H k u d i z l k j d h g o k v k a  
d k K k u H k h I f e e f y r f d ; k x ; k g s

**1/1 1/2 I k e k u ; H k k s y &**

L F k k u h ; f t y k ] e / ; i n s k j H k k j r n s k j , f ' k ; k j m R r j h v e s j d k j n f { k . k h v e s j d k j v Y h d k j  
v k L V s y ; k d h H k k s k s y d f L F k r v l s f o l r k j H k k I j p u k ] t y o k ; t j o u L i f r r F k k [ k f u t I e i n k d h  
t k u d k j h n h t k r h g s e k u o h ; i { k d s v a r x t f l p k b ] d f " k d h m i t j 0 ; k i k f j d m | k s / k u / k s  
v k ; k r & f u ; k r ] ; k r k ; k r d s l k / k u t u l a ; k d k f o l r k j ] t u l a ; k & ? k u R o r F k k i e a [ k u x j k a d s  
f o " k ; e a t k u d k j h i n k u d h t k r h g s

**b f r g k l &**

b l f o " k ; d s v / ; k i u d h I f o / k k d s n f " V d k s k I s d k y O e d s v u d k j 0 ; o f L F k r f d ; k  
x ; k g s I o z F k e H k k j r d k I a k i e a i f j p ; f n ; k x ; k g s i f j p ; d s v a r x t f l U / k q ? k k v h a d h

I H; rk] ofnd I H; rk] tSu rFkk ckS /keZeS &xqr rFkk g"lzjKT; dk mn;] fodkl ,oairu ds dkj. kka dk I ekoSk fd; k x; k gA e/; dkyhu Hkkjr eajktiwr jkT; dk mRFkku ,oairu ds dkj.k Li"V fd, x; s gA Hkkjr ea rplka dk vkOe.k] jkT; f/kdkj] Hkkjr dk i pttkzj.k] Lorark dsfy; sfd, x, vknksyuka rFkk Lorark ikflr ds i'pkr ?kVr ?kVukvka dk I {ki ea o.ku fd; k x; k gA I kFk gh i Mkd h ns kka Jhyadk] ckkyknsk] ikfdLrku] cekZ usky dk I keku; ifjp; rFkk muds I kFk Hkkjr ds I Ecdkka ij I {ki ea izdk'k Mkyk x; k gA

**ukxfjd &**

bl fo"K; ds vxzr ukxfjdka ds drD; rFkk vf/kdkj] mRre ukxfjd ds xqk] jk"Vxhr] jk"V%ot rFkk jk"Vh; fplg dh tkudkj nh tkrh gSHkkjr x.kjT; ds iz[k y{;} ykdrae] ekefujij{krk] jk"Vh; , dhdj.k] I ektokn dh I jupuk I kFkd fodkl ds fy, i po"khZ ; kstuk dh vko'; drk dks Li"V fd; k x; k gA Hkkjr dh I keftd iz[k I eL; kvka tS & jk"Vh; , dhdj.k] xjhch mleyu rFkk xkeh.k fodkl dks foLrkj I s Li"V fd; k gA I eL; kvka ds iz[k dkj. kka , oa ck/kvka dks nij djus ij fopkj fd; k x; k gA I ekt&I {k] ifjokj] dkuu vSj ukxfjdrk ds vFkZ, oadk; Z dks Li"V fd; k x; k gA bl ds I kFk gh I a q r jk"V ds xBu] dk; Z, oa Hkkjr ds ; ksnku dks foLrkj I s I e>k; k x; k gA

uohu nF"Vdksk &

mijdr rhukafo"K; kads i kBoe dsek/; e I s I keftd foKku f'k{k.k ds i wZfu/kkZjr mnas ; ka dks ikr djus dk iz kl fd; k x; k gA ijarqge nqk jgs gdfd viS{kr mnas ; ka dks ikr djusea I Qy ugha gk I ds gA bu mnas ; ka dh ikflr dsfy, , d ubZ/kk.k dk mn; gqk gA bl /kkj.k ea I ekftd foKku f'k{k.k ds I adk ea dN I q-ko fn, gS tksfd fuEukuq kj gS%&

- 1- fo"K; oLrqdk p; u I keftd] ifji{; ea gksuk pkfg, A
- 2- fHkku&fHkku fo"K; ka dk , dhdj.k gksuk pkfg, A
- 3- i kB; Oe }kj k Nk=ka ds I ekftd] HkkoukRed rFkk vk/; kRed i {kka ds fodkl ij cy fn; k tkuk pkfg, A

I {ki ea I ekftd foKku ea I feefyr fo"K; ka dks vyx&vyx f'k{k.k ds LFkku ij , dhdr : i I s v/; ki u fd; k tkuk pkfg, A ijEijkr f'k{k.k fof/k; ka ds LFkku ij uohu Nk=&dsUnr f'k{k.k fof/k; ka dk mi ; kx djuk pkfg, A f'k{k.k okLrfodr gksuh pkfg, A I keftd foKku f'k{k.k ea Hkkdrd i ; kbj.k dk segROI wZ LFkku fn; k tkuk pkfg, A I keftd vSj Hkkdrd i ; kbj.k ijLij fuHkZ gA nksuka dh fuHkZrk dks Li"V djrsgq LoPN , oa LoLFk i ; kbj.k ds fuekZk dsfy, ij.kk nsuk pkfg, A

**i k B dk i q j k o y k d u**

**I keftd foKku dk vFkZ &** I keftd foKku ea bfrgkI ] ukxfjd'kkL= rFkk Hkkksy dk vyx&vyx vLrRo ugha gS oju buea bu fo"K; ka dk , dhdr Lo: i gA Hkkjr ea Hkh bl h vFkZ dks Lohdkj fd; k x; k gA bfrgkI ] ukxfjd 'kkL= rFkk Hkkksy dks , d i wZ bdkbz ds : i ea eku; fd; k x; k gA I keftd foKku ekuoh; I adkka dk 0; ofLFkr rFkk i ekf.kr y[kk gS tksfd vk/kqud fo'o dh I keftd I eL; kvka ij Hkh izdk'k Mkyrk gS vSj gy <ark gA

{k & I keftd foKku ekuo ds I keftd vSj Hkkdrd i ; kbj.kka dk foopu curs gq mudh ikjLifjd fuHkZrk rFkk vfuok; Zk dks Li"V djrk gA

**egRo &** foKku vSj i kS] kfxdh ds dkj.k ekuo I ekt ds Lo: i rFkk vkdkj vkfn

eaifjorzu vk x; k gA ekuoh; I caalka ea tfVyrk vk xbzgA bu tfVyrkvka dks I e>usrFkk uohu  
I ekt ea vupdyrk dsfy, I keftd foKku f'k{k.k vko'; d , oa egROI wkZ gA

**I keftd foKku ds mnas; &**

- 1/1 1/2 mRre ukxfjd dk fuekZ kA
- 1/2 1/2 I keftd pfj= dk fodkl A
- 1/3 1/2 I keftd fojkl r rFkk I eL; kvka dk KkuA
- 1/4 1/2 foHkklu ofRr; ka rFkk dkskyka dk fodkl A
- 1/5 1/2 vi uRo dh Hkkou dk fodkl A
- 1/6 1/2 ijLij fuHkkr dh Hkkou dk fodkl A
- 1/7 1/2 orZku dks Li "V djukA
- 1/8 1/2 vUrj k"Vh; I nHkkou dk fodkl A
- 1/9 1/2 okrkoy.k dk fodkl A

**ikB; mnas; &**

ikB; mnas; og eku vFkok y{; gS ftI dh Nk= }kj k fo | ky; hu fO; k dks iwZ djds  
ikB; fd; k tk I drk gA

1/1 1/2 Kku 1/2 1/2 d ; kx; rk, a 1/4 1/2 0; ogkfjd dksky 1/1 1/2 0; fDrxr rFkk I keftd xqkA

**I keftd foKku dk ikB; Øe &**

ikB; Øe og I k/ku gS ftI ds }kj k ge cPpkadksf'k{k dsmnas; ka dks iklr djusds; kx;  
cukus dh vk'kk djsr gA

**ikB; Øe , oa ikB; foj.k vUrj &**

ikB; Øe ds vrxr Nk= d{k dsvnj rFkk ckj tksvutko iklr djrk gS og I Hkh dN  
I fEefyr gkrk gA d{k f'k{k.k dh n"V rFkk f'k{k.d dh I fo/kk dsfy, tc ikB; Øe dks Øec)  
rFkk 0; ofLFkr dj fy; k tkrk gS ml s ikB; Øe dgrs gA

ipfyr ikB; fed rFkk iwZ ek/; fed d{k kvka ea v/; ki u grqI keftd foKku fo" k; ds  
vrxr bfrgkl ] ukxfjd' kL= rFkk Hkkoy vyx&vyx fo" k; ds: i ea i < k; s tkrsgA  
uohu n"V dksk &

I keftd foKku ea I fEefyr fo" k; ka dks vyx&vyx f'k{k.k ds LFkk i j , dhdr : i ea  
f'k{k.k djuk pkfg, A

<b>ikBxr izu</b>	
izu 1- ek/; fed f'k{k vk; kx ds vuq kj ikB; Øe dk vFkZ Li "V dhft; \	<hr style="border-top: 1px dashed black;"/> <hr style="border-top: 1px dashed black;"/>
izu 2- ikB; Øe , oa ikB; foj.k ea vUrj Li "V dhft; \	<hr style="border-top: 1px dashed black;"/> <hr style="border-top: 1px dashed black;"/>

vH; kl izu

ukV & fuEufyf[kr izuka dks, d mRrj i fLrdk eagy dhft; A vius vH; kl dh ck; f'k{k ds I e; blga vfuok; Z: i I svius vkrfjd ijh(kd@I ea) I LFkk ds ikpk; Z ds ikl tek

dhft, A l 9 kfrd izuka ds vkrfd vcl buds vk/kkj ij fn; s tk, xA  
izu 1- fn, x, obfyid mRrjks ea l s l gh mRrj p; u dj mRrj i flrdk ea fyf[k, A  
1/1 1/2 dlnh; ea h ij "kn mRrjnk; h gS %&  
1/1 1/2 ykd l Hkk ds ifr 1/1 1/2 jkT; l Hkk ds ifr 1/1 1/2 fo/kkul Hkk ds ifr 1/1 1/2 l d n ds ifr A  
izu 2- l ekftd foKku ds lkkB; Øe ds fo "k; ea uohu /kkj .kk dks Li "V dhft; &  
izu 3- \*\*Hkkjr , d i Hkkjo l Eilu ykd ræ kRed x.kjkT; gA\*\* dFku dks l e>kb; &  
izu 4- Hkkjrh; bfrgkl ea l u-1757 bz ea lykl h ; Ø) dsegRo dks l e>kb; &  
izu 5- l ekftd foKku f'k{k.k ds iæq{k mnæS; D; k gA l foLrkj l e>kb; &



# i=kpkj iB; Øe ek;/fed f'k{k e.My e-ç-] Hkky

½kj k I ok/kdkj I jf{kr½  
fMyk ek bu ,T; qsk u ¼}rh; o"½  
izu i= & ,dkn'k

---

izu i= & ,dkn'k iB Øek& 9  
fo"k; & I kekt d foKku ¼ kekt d i; kbj.k½ ,oa ml dk f'k{k.k.A  
fo"k; k& & ¼½ I kekt d foKku ds f'k{k.k dh fof/k; ka  
½½ I kekt d foKku ds f'k{k.k dh I gk; d I kexh] ml dk fuekzk vlg  
iz kx] n'; & J0; midj.k iB; iqr d] I kqf; d I k/ku& dk mi; k&A

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fi z; Nk=w; ki d]

i wZ bdkbZ ea vki us I kekt d foKku ds f'k{k.k ds mnns; ka dh tkudkj h ikr dh gA  
mnns; ka dks ikr djus ds fy, geamu fof/k; ka dk v/; ; u t: jh gStks buds fy, I gk; d gA  
vkb; sge mu fof/k; ka ds fo"k; ea tkus tks fd I kekt d foKku ds v/; ki u ea I gk; d gA  
mi & bdkb& 1

I kekt d foKku dh f'k{k.k fof/k; k;

i Lrkouk]

vk/kfud f'k{k.k 'kkL= dk mnxe tku ,ekl dkefu; I dsegku xFk \*\*xM MkbVfDVd\*\*  
ea foLr: i I sfeyrk gA bl xFk eamI usbl rF; ij cy fn; k gS I Ei wZ vups k ikdfrd  
Øe ea Js khc) , oa0; ofLFkr fd; k tkuk pkfg, A f'k{k.d ds v/; ki u dk; Zdjrs I e; Nk=ka dh  
Kku&Unz; ka dks tkxr djds Kku , oa I e>nkjh fodfl r djuh pkfg, A\*\*

: I kaus vi us xBFk \*, uhy\* ea\* idfr\* oLr q/ka dks f'k{k.d dh I Kk nhA vFkZr ckyd idfr  
I s I h[krk gA ml us foHku fl ) kark& dk ifriknu fd; k ; Fkk] fØ; k'khyrk ; k djds I h[kus dk  
fl ) kar] iz kx }kj k I h[kuk] fujh{k.k }kj k I h[kuk vkfnA

: I kadsf' k"V i Lvkylth usvups ku dks eukokkfud cukus ij cy fn; kA mlglkus i frikfnr fd; k fd f'k{k vlrufgr 'kDr; ka dks ckj fudkyus dh i fØ; k gA

i Lvkylth ds f'k"; k&Ykcsy rFkk gjcVZ us mudh fopkj&/kkjk dks vlx c<k; k vkj f'k{k.k&'kkL= ea eukokku ds iz kx dks ; fDr&l xr crk; kA Ykcsy usfd.MjdkVZ i ) fr dks vkjs gjcVZ usvupsk fof/k dks tle fn; kA gjcVZ us vi uh fof/k ea pkj inka dks LFku fn; kA ¼1½ Li "Vrk ½½ I Ecak I xfr ½½ 0; oLFkk fu; ehdj .k ¼4½ fof/k ½½ iz kxA mudsf'k"; ftyj usLi "Vrk uked in dks nks Hkkxka eafokDr fd; kA ¼½ i Lrkouk vkj ¼c½ i Lrghdj .kA jkbu us i Lrkouk ea mnas ; dk mi in Hkh tkMkA gjcVZ us i k fu; fer inka dks tle fn; k tksbl idkj g& i Lrkouk i Lrghdj .k] rnyuk , oarRo fu: i .k] fu; ehdj .k , oai z kxA bu inka dks vkt Hkh i kBl = eai z kx fd; k tkrk gA

eMe esj; k ek.Vd jh us Lof'k{k dks i okPrk inku dhA Ykcsy us [ksy }kjk f'k{k dks vkekj cuk; kA tku M; MZ us vuqko }kjk I h[kus ds fl ) k dks i friknu fd; kA

v/; ki u dyk eafo"k; xr v/; ki u fof/k; ka dk vi uk egRo gA ckydka dh vk; j ml dh eukokkfudrka fo"k; oLrq dks vk/kfjr dj v/; ki d dks v/; ki u fof/k dk p; u djuk gkrk gA tks v/; ki d ftruh dqkyrk I sfof/k; k&i fof/k; ka dk p; u djsk og mruh gh dqkyrk I sl Qy v/; ki u dj I dskA bl dh ifj .kfr ; g gksx dh ckyd I Qyrk I sfo"k; oLrq dks xg.k djrs gq vi us 0; ogj ea ifjorZu dj I dskA mi & bdkb&1

I kekftd fokku ds v/; ki u grq I keku; i kFked] ek/; fed Lrj ij fuEu fof/k; ka dk vuqj .k mi ; kxh gkskA

- ¼½ ¼1½ o.kukRed
- ½½ dFkkRed
- ½½ vfhku; kRed
- ¼c½ ¼1½ bdkbZ ; kstuk
- ½½ ; kstuk i ) fr
- ¼1½ o.kukRed fof/k &

\*o.ku\* rF; ka dso.ku dk , d : i gA dHk&dHk d{k ea , d h fLFkr mri uu gksr gA tc vu; iz kfy; ka vi {kdr vf/kd i Hkko ugha gksr] ml I e; f'k{k dks o.kukRed iz kkyh dk vuq j.k djuk i Mf k gA eku yfht; s\*\*xkalkh th\*\* dsfo"k; ea i < krs I e; I R; kxg dh dYi uk Li "V djuh g\$ ml I e; v/; ki d dks 'kcn dks fo' yf"kr djrs gq I R; kxg vknsyu dk o.ku i Lrgh djuk gksk rHkh Nk= I R; kxg dks I e> I dskA

**o.ku i Lrgh djrs I e; f'k{k dks fuEkd crka dk /; ku j [kuk pkfg; s %**

- 1- o.ku&l jy] Li "V mPpkj .k] I fsk vkj jkpd gksuk pkfg, A
- 2- o.ku&Nk=ka dh vk; qvkj : fp ds vuqhy gA
- 3- o.ku djus ds i mZf'k{k dks vi us fopkj , d Øe ea tek yuk pkfg, vkj ml h Øe ds vuq kj o.ku djuk pkfg, A
- 4- o.ku dks vkd"kd cukus ds fy, fofHku v/; ki u I kexh] fp= ekufp=] Xykc] uenuk] j [kkfp=] ' ; kei V vkfn dk iz kx ; Fkkol j , oa ; Fkk I ka ; djuk pkfg, A
- 5- o.ku ea vuko' ; d ckra vFkok ?kVuk; a ugha gksr pkfg, A

- 6- o.ku [k.M'k%fd; k tkuk pkfg, A o.ku dk Øe rfdz , oarkjrE; kupny gskuk pkfg, A
- 7- [k.M'k% tks o.ku iLrnf fd; k tkos ml dh xkg; rk dh tkp dri; egRoikwz vakkij izu iN dj djuk pkfg, A
- 8- o.ku iLrd ; k ukst dksj [kdj ugha djuk pkfg, A
- 9- o.kuRed fof/k f'k{kd izkku u gkA vr%Nk=ka dh l gHkfxrk izukRrj] fp= iBu] ?kVuk o.ku vkfn ds }kjk dh tkoA

**yHk &**

- 1- iR; d Lrj ds Nk=ka dsfy, mi ; kschA
- 2- vkfFkd cks ughA
- 3- f'k{kd dh nq"V l sl jy o l yHkA
- 4- {kerkupnyu f'k{kd bl dk mi ; kx ; Fkk LFkku ; Fkk l Hko djusea l {ka
- 1- bl fof/k dk vuq j.k Nk=ka dh vk; qLrj dks/; ku eaj [kdj ughafd; k x; k rks d{kk ea vuqkl ughurk dk Hk; A
- 2- Nk=ka dks fo"k; Kku djkus dh vi{kk f'k{kd dk i kB; Øe iwz djkus ea gh vf/kd /; ku nskA

**½½ dFkRed fo/k; a dgkuh fof/k &**

egku nk'kud , oaf'k{kkfon lys/ks bl fof/k dks Nk/s ckydka dsfy, mi ; ksch crkrk gA Nk/s ckyd dgkuh l qus dsfy; sykyf; r jgrs gA Nk/s ckydka dh ; g idRr gkrh gSfd os dgkuh dguso l qus nskA eagh cMk : ph fn [krs gA xqjkr dsf'k{kk 'kL=h fxtHkzbZusv/; ki u dsfy, dgkuh dFku fof/k dks l okre fof/k crkbz gA Nk/h voLFkk okys ckydka dks l keftd foKku o f'k{k.k bl fof/k }kjk fn; k tkuk pkfg, A

dgkuh dk ek/; e rHk l jy gsk l drk gStcfd v/; ki d dseu ea vius fo"k; dsifr mRl kg gk og vHku; dyk ea ikjar gk fouknh LoHko dk gsrFkk fo"k; dksHkyh Hkar Li"V djus ea l efkz gkA

bl fof/k dh l Qyrk f'k{kd dh ; kx; rk rFkk {kerk ij fuHj djrh gA

/; ku nsk; kx; ckra

- 1- l Ei wZ i kB; oLrq vFkok i kB; kak ij dFkk r\$ kj dh tkoA bl graq i B i Lrd] LFkkuh; ifjosk vFkok ?kVuk Øe dk p; u fd; k tk l drk gA
- 2- dFku earkj rE; rk gkA vko'; drkupny l gk; d l kefxz ka dk mi ; kx djA
- 3- f'k{kd mPpkj.k Li"V gkA
- 4- dFkk dh Hk"kk l qsk , oal jy gkA
- 5- dFkk ds gko&Hko ds vuq i f'k{kd dh Hko Hkxek gkA
- 6- vko'; drkuq kj f'k{k.k l gk; d l kexh dk mi ; kx gkA
- 7- iR; d ?kVuk ds ckn csk izu gsvFkok ?kVuk dk o.ku Nk=ka l siLrnf djok; k tkoA
- 8- ?kVuk Øeka dks viuh Hk"kk eafy [kus dsfy, mRl s jr fd; k tk; A bl l sjVus dh idRr fodfl r ugha gskhA

**yHk &**

- 1- ckyd dFkk l qusea : fp j [krs gA



- 2- cPpka dh , dkxrk fodfl r gkrh gA
- 3- I u dj xg.k djus dh {kerk fodfl r gkrh gA
- 4- I u dj /kkj.k djus dh {kerk dk Øfed fodkl gkrk gA
- 5- Lo; a dh Hkk"kk fodfl r gkschA

nksk &

1- dFku vi\$kkud kj u gq/k rks Nk=ka dh , dkxrk i Hkkfor gkschA

2- d{kkudkkl u ifrdny gksckA

3- mnns ; ka dh i firZ ugha gks i k; schA

1/3 1/2 vfhku; kRd fof/k &

vfhku; jxep rd gh I hfer ugha gA I kelftd v/; ; u ds v/; ki u eavfhku; fof/k dk iz kx i kFkfed Lrdj ij I oFkk mi ; kxh , oadkjxj gA bl eavko' ; drk f'k{k d dsfparu dh rFkk fo"i; ka k dsp; u dh gA i k B; i urd ds i k B; ka k dksvk/kkj ekudj I ðkn ys[ku fd; k tkoA I ðkn ys[ku mijar ik=ka ds vuq i gkoHkko ds I kFk f'k{k d }kjk Nk=ka ds I g; kx I si Lrfir dh tk; A ; g og fof/k gSftl eaf'k{k d vko' ; drkvud kj Nk=ka dh I gHkkfxrk I s xfr] ok.kh o gko&Hkko I ek; kstr dj fdl h ?kVuk ; k pfj= dks i Lrfir djrk gA bl I s Nk=ka I s I tukRed 'kFDr dk fodkl gkrk gA mnkgj.kkFkz f'kokth vls vQty [kk; ds i d æ dks f'k{k d vfhku; ds ek/; e I s i Hkko'kkyh <æ I s i <k I drk gS&

i d æ gSfd vQty [kkaf'kokth ds i kl i Lrko fhktokrk gSfd ge yMkbZ dks Vky navkSj vkil eal yg dj yA og f'kokth dks fu%kL= feyuscyrkr gA f'kokth tc ml I sfeyus i gprsgariksog ryokj mBkdj yydkjrk g& ns[kavc rpscpkus dks vkrk gS f'kokth ml dk elr0; i gysgh rkm+x; sFkS osvius I kFk fNikdj cixu [kkaysvk, FkA vQty [kka dsvk Øe.k fd, tkus ds I kFk gh ml gksus cixu [kk ml ds i s/ eaf'k{k d M+fn; k vls vQty [kka <j gks x; kA , dy vfhku; dh : ij\$kk &

bl i d æ eaf'k{k d Lo; agh vfhku; dj i <k I drk gA ml snksuka I ðkn Lor%ckysusgkæA ftl pfj= dks i æ f'krk nuh gS ml dh fo'kSkrkvka dks fo'kSk : i I s vfhkuh djuk gksckA

; gka i kj Hk dh ?kVuk dFku }kjk I e>kdj f'kokth ds i ðsk I s vfhku; djA vQty [kka 1/2 mudh vls ns[kdj 0; æ djrs gq 1/2 f'k{k d I ðkn ckyrs gA

vkvks i gkMh pgs vkvkS cgr fnuka I s rfigkj ryk'k FkA vkvks xysyx tkvka f'kokth vk'p; Z I s ns[krs gS fQj /kheh vkokt eaf'kyrs gA &

vjs ; g D; k /kks[kkA vkxs c<rs gA

f'k{k d fQj vQty [kka dks jkcnkj vkokt fudkyrs gq cxy I s Hkjh ryokj fudkyus , oa mBkus dk vfhku; djrs gq rFkk I ðkn ckyrs gA

ns[krk gavc rps dks cpkrk gS cykysftl spkgA

f'k{k d & f'kokth ds Hkkoka dks 0; Dr djrs gA

1/2 Lokr 1/2 eaf' sigysgh Hk; Fk] bl ij fo'okl ugha djuk FkA [kS c?ku [kk dh vls ns[krs gA rsth I s vkxs c<rs gA vls vQty [kka okj djs ml ds i s/ I s & c?ku [kk Mkydj [kprsgA

f'k{k d pgj seaohkRI rk dk Hkko yrsgS vls ml dh vkarMh fudkyus dk vfhku; djrs gS p[k yk /kks[kk /kMh b/kj & m/kj ns[kdj , d njokt I s Hkx fudyrsgA

Nk=ka }kjk vffkuhr bl h iz æ dksNk= l g Hkkfxrk }kjk vf/kd i Hkko'kkyh <æ l siLr  
fd; k tk l drk gA fcuk fd l h l kt&l Ttk ep 0; oLFkk dsHkh bl svffkuhr fd; k tk l drk gA  
d{kk eagh , d Nk= dksf'kokth vkj , d dksvQty [kkacukdj mlga f'k{kd l ðkn crk nsrFkk  
muds gko&Hkko xfr rFkk Loj vkjsg vojsg dh tkudkj h nA

vQty [kka dd hz ij cBrk gsf'kokth iðsk djrs gA

vQty [kka vkvks igkMh pags cgr fnuka l s rñgkjk bartkj Fkk vkvks xys yx tkvks

¼vQty [kka [kMh gks tkrk gA

f'kokth ¼Lokxr½ vjs ; g D; k /kks[kkA

vQty [kka ¼ryokj [khp dj yydkjrs gq ½ ns[krk garrpsvc dka cprk gA

f'kokth ¼o/kj m/kj ns[kdj c?ku [ks dks Nirs gA vkj vxsc<fsgA ; g D; k\

vQty [kka ¼ekjus dks ryokj mBkrk gA yA

f'kokth ¼c?ku [kk i v ea Hkkd nrs gA fudkyrs gA Hkqr fo'okl ?kkr dk i fj .kkeA

vQty [kka phrdkj dj fxj tkrk gA f'kokth b/kj & m/kj ns[kdj fudy Hkkxrk gA

vffku; kRed fof/k l s l kekftd ve; ; u ds v/; ki u ds i; klr vol j gA

**vffku; ds idj.k &**

f'kokth tc vkj ætc dsnjoktsx; srksD; k fopkj mBA xksre cð viuh i Ruh ; 'kkkjk  
rFkk vius i e jkgg dksR; kxrsD; k l kp jgs FA

ukxfjd 'kkL= ds vlr xir fo/kkul Hkk dh cBd] i pk; r dh cBd ¼xte l Hkk½ vkfnA xteh.k  
l eL; k, a; Fkk vafko'okl Nqk&Nur dh cjkbu'kk [kgh ds nñi fj .kke tul d; k of) LokLF; dk  
vffku; l Mel ij pyusdsfu; e vkfn iz æka dks f'k{kd Nk=ka ds l g; ksx l sd{kk ea vffkuhr dj  
l drsgA

bl fof/k l s i k B dh l vefrl ve foopuk gks tkrh gA bl ds iz; ksx l s Nk=ka ea fo"K;  
xtg; rk vkRefo'okl rFkk vkRekHko; æuk 'kDr l gtrk l sfodfl r dh tkrh gA bl ds }kjk  
mueaf>>d rFkk yTtk'khyrk dh iðRr nij gkrh gA bl ds vfrfjDr Nk= ckyus dh dyk Hkh  
l h[k yrs gA

**/; ku nsis ; k; ckra &**

- 1- bl fof/k ds mi; ksx ds i wZ f'k{kd Lo; a vffku; dyk ea n{k gka
- 2- l ðkn dk y[ku l ko/kkuh i wZ fd; k tk; A
- 3- l kekftd thou dh l eL; kvka dks bl i fof/k ds }kjk l i "V , oa ckskxE; cuk; k tkoA
- 4- l Hkh Nk=ka dks Øfed : i l s l ghkxh cukus ds fy; s i krl kfgr fd; k tkoA
- 5- d{kk vffku; ds i wZ f'k{kd dks mu l eLr l puvka l s Nk=ka dks voxr dj; k tkos tks  
fd vffku; ea vko'; d gA

**ykk &**

- 1- f'k{kd ckyðnr vf/kd vkj f'k{kd dðnr de jgrk gA
- 2- ckydka dh ekufi d 'kDr; ka dk fodkl gkrk gA
- 3- ckydka ea: fp mRi lu dh tk l drh gA
- 4- ckydka ea i j .kk' kDr , oa fØ; kRedrk dks fodfl r djrh gA
- 5- fo"K; jkp d] l cksk] l j l , oa ckskxE; cu tkrk gA

- 6- ckydka ea fuHkhZdrk ds xqk fodfl r gksrsgA
- 7- LoHkk"kk ds fodkl ds vol j vf/kd jgrsgA

**nkk &**

- 1- l e; vf/kd yxrk gA
- 2- i kB ds dN vAk gh vfhku; ; kx; gksrsgA bl l s i kB; Øe dh bdkb; ka l e; ij i wkZ ugha gksrhA
- 3- f'k{k d dks vfhk: fp u gks ds d kj .k bl fof/k dks vi ukusea dfBukbz eg l w gksrh gA
- 4- cgpd{k h; f'k{k .k 0; oLFk ea fØ; k lo; u ea dfBukbz gksrh gA

**bdkbZ ; kst uk**

**vfkZ**

bdkbZ okrk oj .k] l æfBr foKku] dyk ; k vkpj .k dk , d 0; ki d , oa egROI wkZ vA gksrh gS ft l s l h[kus ds QyLo: i 0; fDrRo ea l kea tL; vk tkrk gA , d funZ kRed ; qDr gS tks Nk=ka dks l eor : i ea Kku inku djrh gA

**bdkbZ ; kst uk ds f'k{k d in &**

ekSj l u }kjk ifrikfnr f'k{k d in fuEu gS%

**1- [kst &**

bl in ij f'k{k d bl ckr dk i rk yxrk gS fd uohu bdkbZ ds l æk ea Nk=ka dks fdruk i wZ Kku gA f'k{k d Nk=ka ds i wZ Kku dh [kst fuEu ; qDr; ka l s dj l drs gA

- ¼1½ fyf[kr ij h{k }kjk
- ¼2½ ekS[k d iZ uka }kjk
- ¼3½ fopkj foe'kZ }kjk

**2- iLrqhdj.k &**

bl in ds vLrxZ f'k{k d bdkbZ dh fo" k; & oLrq dks Nk=ka ds l e{k ckrphr ; k dFku ds }kjk iLrq djrk gA bl ds ckn og iZ uka }kjk ; g tkuus dk iZ kl djrk gS fd Nk=] bdkbZ dh fo" k; oLrq dks l e> x; k gS; k ughA ; fn Nk= ugha l e> i krs gArks f'k{k d ml dks i q% iLrq djsxkA f'k{k d vxys in ij rc rd ugha tk; sxk tc rd Nk= bl in dh fo" k; & oLrq dks i wkZ-% l e> ugha yrA

**3- vkRehdj.k**

bl in ij Nk=ka dks bdkbZ dh fo" k; & oLrq dks vkRel kr djus dk vol j inku fd; k tkrk gA bl l ki ku ea Nk= fuEu ek/; e l s fo" k; & oLrq vkRel kr dj l drs gA

- ¼1½ ve; ; u djda
- ¼2½ fy[kdj
- ¼3½ , d ni js l s ckrphr djda
- ¼4½ f'k{k d l s i jke'kZ djda

4- **I xBu &**

bl in eaNk= bdkbz dh fo"K; &oLrqdks0; ofLFkr : i l sfy[kdj Kku dks l xBr djrs gA ; fn os, d k djuseal Qy gkrs gArks f'k{k d ; g l e> yrs gAfd os bdkbz dh fo"K; &oLrqdks Hkyh&HkkAr l e> x; s gA

5- **okpu &**

bl in ds vlr xZ fuEukAr nks fof/k; ka iz, Dr dh tkrh gA

1/1 1/2 vkn'kz fof/kA

1/2 1/2 okLrfod fof/k

1/1 1/2 **vkn'kzfuf/k &** bl ds vuq kj iR; d Nk= dks bdkbz dh fo"K; &oLrqdks d{kk ds l e{k ml h idkj iLr djuk iMfk gSft l idkj f'k{k d us iLr dh FkA

1/2 1/2 **okLrfod fof/k &** bl ds vuq kj dN Nk= bdkbz dk okpu djrs gA dN ml s fy[krs gArFk dN ml ij fopkj foe'kz djrs gA f'k{k d mudh bu fofHku fO; kvka ds vk/kkj ij ; g fu.kz djrs gAfd ml gaus bdkbz fo"K; &oLrqdks fdl l hek rd xg.k dj fy; k gA

**bdkbz fof/k l sykk &**

1/1 1/2 ; g fof/k okrkoy.k l Ecdkh bdkbz, ka dk iz, kx Nk=ka dk okrkoy.k l s l keatL; LFkkr djus dh {kerk inku djrh gA

1/2 1/2 fof/k idkj dh fO; k; j vutkoka rFk l eL; k fujkdj.k dk vk; kstu djds fO; k'khyrk ds fl ) kr ij cy nrh gA

1/3 1/2 d{kk dk; Z dks vf/kd l kFkd rFk jkpd cukrh gA

1/4 1/2 ckydka ea fo"K; ds iR : fp mRiUu djrh gA

1/5 1/2 ckydka ea; kstuk r\$ kj djus dk xqk fodl r djrh gA

1/6 1/2 l g; kx] fouer[k] usRo] l gdkjrk] /k\$ l gu'khyrk vkfn xqka dk fodl gsrk gA

1/7 1/2 LokLF; dh vknr dk fuekz k gsrk gA

**nkk &**

1/1 1/2 bl idkj ds Kkuki ktU ds fy, mi; Dr ughA

1/2 1/2 bl fof/k ds iz, kx ea i; klr l e; yxrk gA

1/3 1/2 l e; l hek dk feJ.k ughA

1/4 1/2 bu f'k{k.k inka dks l Hkh fo"K; ka ds f'k{k.k ea iz, kx ugha fd; k tk l drkA

**;kstuk fof/k &**

;kstuk fof/k l sf'k{k.k djrs l e; fuEufyf[kr inka dk vuq j.k fd; k tk; s &

**1/4 1/2 ifjLFkr mRiUu djuk &**

f'k{k d ckydka l sfopkj foe'kz djds, d h ifjLFkr mRiUu djrk gSfd mudh fdl h fo'kK dk; Zea: fp tkr gk tkrh gSvk\$ ml l sl aR/kr l eL; k dk l ek/kku djus ds fy; srRij gk tkr gA

**1/2 1/2 ;kstuk dk p; u &**

l eL; k ds l ek/kku ds fy, ckyd fofHku idkj dh ;kstuk iLr djrs gA f'k{k d mu

; kst ukvka ds xqk & nkskka dk foopu djds mluga, d h ; kst uk dks ppu usea l gk; rk nrsga tks l okre  
rFkk l eLr ckydka dks ekU; rFkk l okl/kd egRo dh gkrh gA

**1/3 1/2 mĩś; fu: i.k &**

f'k{k d Nk=ka dh : fp] vko'; drk rFkk mudh ; k; rkvka dks /; ku ea j [kdj y{; ka dk  
fu/kkj.k dk dj vko'; d funk , oal pko iLr djrs gA

**1/4 1/2 ; kst uk dk dk; Øe cukuk &**

fu/kkj r y{; ka dh i kflr ds fy; sfofHku l k/kuka ij fopkj & foe'kz fd; k tkrk gA l kFk gh  
mudk ryukRed v/; ; u djds mi ; Ør dk; Øe dk p; u fd; k tkrk gA

**1/5 1/2 ; kst uk dk dk; Ø; u &**

dk; Øe dks fuf'pr djus ds ckn ml s Nk=ka }kjk i wkz fd; k tkrk gA Nk= dk; Øe ea  
fu/kkj r fofHku fØ; kvka dks o\$ fDr d , o l kefgd : i l si wkz djrs gA f'k{k d mudh fØ; kvka dk  
fujh{k.k vko'; drkuq kj ekxh'ku djrs gA

**1/6 1/2 ; kst uk dk eW; kdu &**

bl in l sfopkj & foe'kz djds; g Kkr fd; k tkrk g\$fd y{; ka dh i kflr gpz vFkok ugha  
l c Nk= vius dk; Z ds l Ecak ea vi u & vius fopkj Ø; Dr djrs gA f'k{k d muds dk; Z dh tkp  
djds l Qyrk dk vkdyu djrs gA

**1/7 1/2 ; kst uk dk fy[kuk &**

eW; kdu ds mijkar Nk= dh ; kst uk i qLrdk ea ml dk fooj.k fy[krs gA f'k{k d muds  
fooj.k dks i <ej muds dk; Z v\$ i xfr ds l Ecak ea vi us fopkj fuf'pr djrs gA

**; kst uk fof/k ds xqk &**

1/1 1/2 ; kst uk o\$ fDr d v\$ l kefgd nkska izdkj dh gks l drh g\$ bl ea ckyd ds vkRefo'okl  
/k\$ Z v\$ Kku vkfn xqkka dk fodkl gkrk gA

1/2 1/2 l keftd xqkka dk fodkl gkrk gA

1/3 1/2 fofHku fo"ka; ka ea l ello; LFkkfir fd; k tk l drk gA

1/4 1/2 Lok/; k; dh vknr dk fodkl gkrk gA

1/5 1/2 jpukRed iØrR dk fodkl gkrk gA

1/6 1/2 Ø; ogkjd thou dh f'k{k Lor% i klr dj yrs gA

1/7 1/2 fØ; kRed fof/k ij cy fn; k tkrk gA

1/8 1/2 i R; d Nk= viuh {kerku phy dk; Z djusea l {ke gkrk gA

1/9 1/2 Nk=ka ea l keftd vkn'kk\$ xqkka rFkk vfHk: fp; ka dk fodkl gkrk gA

1/10 1/2 Je ds ifr fu"bka

1/11 1/2 o\$ fDr d Hknka ds vuphy l h[kus ds vuhko inku djrk gA

**nksk &**

1/1 1/2 bl fof/k ds }kjk Øe rFkk rkjrE; ds l kFk Kku inku ugha fd; k tk l drkA

1/2 1/2 fof/k cgq Ø; ; i wkz gA

1/3 1/2 l e; vf/kd yxrk gA

1/4 1/2 bl ds iz, x l s'kky\$ dk; Z fuf'Ø; gks tkrk gA

1/5 1/2 i kB; i qrd ; kst ukvka ds vk/kkj ij ugha fy[kh xbz g\$ vr% ; kst ukvka dh i firZ ds fy; s  
l kexh mi yC/k ugha gks i krhA

1/6 1/2 vftz Kku dh i qjkoRr dsfy, dkbz LFkku ugha gA  
 1/7 1/2 bl fof/k }kjk i klr Kku vR; f/kd vfuf' pr vR; f/kd v0; ofLFkr vlg vR; f/kd rkrdkfyd  
 gkrk gA

<b>i k B x r i z u</b>	
izu 1-	I keftd foKku ds v/; ki u grq dks & dks I h fof/k; ka vi uk; h tkrh gA
izu 2-	; kstuk fof/k dk vuq j.k djrs l e; fdu inka dk vuq j.k djuk pkfg; s
izu 3-	vftku; fof/k ds xqk & nksk dk mYys k djks

**mi & b d k b z A A**

I keftd foKku ds f'k{k d h l gk; d l kefxz k; mudk fuekz k vlg iz; kx

**i l r k o u k j**

Nk/h d{kk ea l gk; d l kexh dh vf/kd vko' ; drk gsrh gD; kfd mudk ekuf l d fodkl  
 'kS kokolFkk ea gkrk gA f'k{k dks pkfg, fd ; g vkd"kd l svkd"kd , oa' kh?kz l e> ea vkusokyh  
 l gk; d l kexh dk iz; kx dj vi us f'k{k.k dks i Hkko' kkyh cuk; A ey mngj .kka dh l okz/kd  
 vko' ; drk bl h Lrj ij gsrh gA mngj .k dsfy; s d{kk i hp dks i pk; r dk puko i < k u k gA ; fn  
 f'k{k d 0; k[ ; kRed fof/k l spuko dh l kjh fof/k dks crkrk tk; sk rks Nk= l EHko gSfd dN Hh u  
 l e> ik; A fdUrq; fn mlga puko dk gj pj .k fp=ka }kjk gh fn [k d j l e> k; k tk; sk rks fu' p;  
 gh fo" k; oLrq mudh l e> ea vk tk; schA fp=ka }kjk gh muea vPNs l keftd xqkka dk fodkl  
 fd; k tk l drk gA xlp dh l Qkb] vui < ka dks i < k u k j cMka dk l Eeku djuk vkfn xqkka dks fp=ka  
 dsek; e l smuea fodfl r fd; k tk l drk gA

bl Lrj ij vftku; i) fr , oadFkk dgkuh ij fo'kSk cy fn; k tkrk gA bl dk eq; m' s ;  
 fo" k; oLrq dks l jy cukdj muds l Eed k j [kuk gkrk gA fp= , oaekMy okLro ea , d h l kefxz ka  
 gA tkafo" k; & oLrq dks l kdj gekjs l Eed k [kMk dj nrh gA xkeh .kka dh l eL; kvkadk fnXn' kZu \_\_rq  
 ifjorZu] xg.k vkfn dks fp=ka }kjk fn [k; k tk l drk gA ueukj fp=kj ekMykij pkVij j [k k fp=  
 ekufp=] Xyks; vkfn l gk; d l kefxz ka dk mi ; kx ; Fkk' kDr f'k{k d dks i k B l jy xkg; cukus ds  
 fy; s djuk pkfg; A

**n' ; l gk; d l kexh ds Hk**

1/4 1/2 fp=

I keftd v/; ; u ds v r x h Hkoks y] ukxfjd 'kkL=] bfrgk l , d sfo" k; gA ftuds fo" k; ka kka  
 dh xf.kr rF; ka dks okLrfod : i l s l h/kk l Ei dZ ugha fd; k tk l drk gA vr% Qk/ka fp= vFkok  
 fp= }kjk i R; {khdj .k dj k; k tk l drk gA v/; ki u dks i Hkko' kkyh djus ds fy; s fp=ka ea dN  
 fof' k"V xqkka vFkok fo' kSkrrk; a gkuh vko' ; d gA

1/1 1/2 vdkj fp= cMk gksft l s Vka dj fn [kyk; k tk l dA

1/2 1/2 fp= okLrfodr dks Bhd vlg l R; : i ea idV djrk gA

1/3 1/2 fp= Li"V , oa vkd"kd gkA

1/4 1/2 og LokHkkfod vlsj I k/kkj.k dk irhd gks vLokHkkfod vlsj vl k/kkj.k u gkA

1/5 1/2 fp= ckydka dh mRI pIrK vlsj ftKkl k iofRr dks mRI kfgr dj I dA

1/6 1/2 mudk jax Bhd rjg dk vlsj LokHkkfod gkA

1/7 1/2 mu ij Li"V 'ktr'kd fn; sgkA

**fp=ka dk in'ku &**

1/1 1/2 cMsfp= d{kk ds I Eeq{k Vksft I I s I Ei w k Z d{kk ds Nk= ns{k I dA

1/2 1/2 Nks/sfp=ka dks i yusy ckM/Z vFkok dkM/Z ckM/Z dsr [rsij yxk fn; k tk; A blgackyd I ehi I sn{k I dA

**1/2 1/2 ueuk**

Hkkskksyd oLrq/ka ds ueus dk I xg fo | ky; eafd; k tkoA mlga fn [kkdj oLrq dk csk dj; k tk I drk g} foHkku idkj dh feVVh foHkku idkj dh pVVkuka ds VpM} foHkku ouLi fr] [kfut inkf{k} mit vst{kj] oL= vkfn dk I dyu Nk=ka ds I g; kx I sfd; k tkoA blga I jf{kr j [kus dh 0; oLFkk 'kkyk eagkA , frgkfl d egRo dh oLrq/ka ds vxzr fl Dds , df=r fd; s tkoA

**1/3 1/2 ekMy**

ekMy vkdkj idkj dk vuqkr j [krk gpk oLrfodrk dh , d ifri firZ gA ekMy dk fuekZk f'k{kd Nk=ka ds I g; kx I sdjA bl I smudh fO; k' khyrk , oavfHkO; atuk 'kfdR dk fodkl gkrk gA [krh eadke vkusokysvst{kj] fl pkbZ ds; a=] i pk; r ?kj] vkn'kZ xte dsekMy vkfn r s j fd, tk I drs gA

f'k{kd dks pfg, fd og bu ekMyka dks Lo; a gh d{kk eackydka }kjk cuok; A bl I s dbZ ykHk gksa , d rks ckyd gkFk vlsj vkq{k ds I keatL; LFkfr djus ea I efkz gks tk; xa vlsj nu js mudh fO; kRedrk dks fodkl feyskA d{kk eaft I I e; mudka ogh ekMy fn [kk; s tk; xaos: fp ds I kfk mudk voyksdu dj vRre xkjo , oavRre fo'okl dk vuHko djsxa , s k djus eskyd djds I h [kka ds I # dk fuokg dj I dxa

**1/4 1/2 j{kfp=**

dkM/Z ckM/Z dkxt vlsj ' ; kei V ij I jyrk I sj{k fp= cuk; s tk I drs gA j{kfp= }kjk Nk=ka dk /; ku vkdf'kr dj; k tk I drk gA fdl h clnjxkg uxj] insk dh fLFkr I jy j{k fp= fn [kkdj v/; ki u dks i Hkko'kkyh cuk; k tk I drk gA bl I s ckydka dh xtg; {kerk f} xqj. kr gks tkrh gA xtQisij ij mRiku] o"kkZ rki eku] vlsj kfxd ixfr vkfn fn [kykus I s ckyd I jyrk I s xg.k dj yrs gA

**1/5 1/2 ekufp= &**

fHkfrR ekufp= vlsj cMsekufp= Hkksy v/; ; u dsvR; r vko' ; d vak gA Hkkskksyd o.ku dk I f{klr I kjk k nsusea budk mi ; kx veV; gA fcuk bl ds Hkksy v/; ki u vFkzhu gA

i kFkfed vlsj ek/; fed 'kkyk vka ea I kelftd foKku ds vxzr Hkksy ds v/; ki u dsfy, fo'o dk jaxhu ekufp= jktu s rd I hekvads I kfk viusfty} insk vlsj nsk ds vlsj fo'o ds dN I hekdr I ns ekufp= vlsj jkT; ka ds i kdfrd] jktu s rd ekufp=] tyok; j ouLi fr] mRi knu] tul q; k vlsj Hkfe forj.k ds ekufp=ka dk gksuk vko' ; d gA

ekufp= I oZ vkD bf.M; k }kjk i ekf.kr gks bl dk /; ku j [kuk vko' ; d gA

**1/6 1/2 Xyks &**

i Foh dh vkdfR] i fri firZ Xyks gA vr% vusd Hkkskksyd I Ecalka dk mfr v/; ki u Xyks }kjk gh gks I drk gA i Foh Hk& [k.Mka vlsj ty [k.Mka dk okLrfod Lo: i vlsj I Ecalk Xyks }kjk gh

idV fd; k tkrk gA

v{k{kak vkj ns'karj fnu&jkr l w Zdh fLFkr t\$ sfo"k; ka dk mfpr Kku Xykc }kjk gh fn; k tkuk l Ehko gA

1/4 1/2 ' ; ke iV &

' ; ke iV f'k{k(d dk vfHku fe= gA ' ; keiV ds l gh mi ; kx ij gh f'k{k.k eaf'k{k(d dh l Qyrk fuHkj djrh gA ' ; keiV dks nks Hkkxka ea cka/k tkoA , d fgLI sea' ; keiV l kj fodfl r fd; k tkos rFkk nll js Hkkx ea Ofed v/ ; ki u ds l e ; j\$kkfp=] fo"k ; oLrq dk l f{kr fo'y\$ .kj dkrBU ; fuokj .k vkfn dk ; Zdjrsjguk vko' ; d gA bl l sNk= , d vkj tgkafo"k ; oLrqdks l e> us es l {ke gsrk g\$ ogta ' ; ke iV l kj dks ikB ds var ea viuh iqLrdk ea mrkj l drs gA vko' ; drkuq kj yiV ' ; keiV dk mi ; kx fd; k tk l drk gA

1/8 1/2 Hk.k rFkk 'k{kf.kd ; k=k; a &

Hk.k rFkk ; k=kval sNk= dk l h/kk l Ei dZLFkfr fd; k tk l drk gA l keftd v/ ; ; u ds f'k{k.k ea d{k ds ckgj Nk=ka dks Hk.k gsrqys tkuk pkfg, A LFkkuh ; ijo\$ k es tgkafo"k ; l s l a\$kr iR ; {k oLrq/k LFkkuka, oa idfr dk voykdu fd; k tk l dsogkaNk=ka dks vo' ; yst; k tkoA xte ea ipk; r] ikL V&vklQl ] Fkkuk vkfn 'kgjka ea vLirky] vtk; c?kj] l xgky ; ] uxj ikfydk rFkk vl ; l keftd l LFkk ; a iR ; {k voykdu dj Nk= dk ; Zizkkyh dks l e> l dca Hkkksy ds varx\$ [kr] unij ugj] igkM\$ \_rpkadk l Hkko idfr ij fn'kk Kku vkfn dh tkudkj h l gtrk l snh tk l drh gA

fujh{k.k ; kx ; ckrks dk p ; u mu ij fd ; s tkusokys izu] l e ; dk foHkktu] vkfn ckrka dk igysl sgh l ko/kkuh l sfopkj dj yuk pkfg, A iR ; d idkj dh ; k=k dsfd ; sx ; sfujh{k.k dk ; Z dks d{k ea vkus ij ekufp= l ph ys{k vkfn ds : i ea vft\$ Kku dks LFkk ; h dj k nsuk vko' ; d gA

bl ds }kjk Nk=ka eapjf=d , oa l keftd xqkka dk l epr fodkl gsrk gA

1/4 1/2 Vsyfotu &

Vsyfotu v/ ; ki u dk l 'kDr ek/ ; e fodfl r gksjgk gA or\$ku ea Vsyfotu }kjk foHkku fo"k ; kads ikB id kjr fd ; s tkrs gA d{k v/ ; ki u dh ryuk ea ; g ikB vf/kd l Hkko' khy gsrsgA Nk= Vh-oh- ds ikB cMh : fp l s , dkxpr gkdj ns'krsgA bl l smlgafok ; oLrq l e> useal qo/kk gsrh gA

**Vh-oh }kjk v/ ; ki u**

**bl ds iek rhu pj.k g\$ %&**

1/4 1/2 i h VsyhdKLV 1/4 id l kj .k/2

1/2 1/2 VsyhdKLV 1/4 id l kj .k/2

1/3 1/2 i kL V VsyhdKLV 1/4 id l kj .kks jkr 1/2

1/4 1/2 i h VsyhdKLV 1/4 id l kj .k/2 & VsyhdKLV gkus l s igys f'k{k(d fo"k ; & oLrq dh Hkiedk l Lrq djrs gA bl dk eq ; y{ ; g\$fd ckyd id l kj .k 1/4 VsyhdKLV 1/2 ds l e ; fo"k ; & oLrq dh ckjhd ; ka dks / ; ku l sn\$kdj l e> l dA

1/2 1/2 VsyhdKLV 1/4 id l kj .k/2 & bl ea Nk= , dkxpr l s Vh-oh- ea vk jgs ikB dks ns'krsgA vko' ; drkuq kj bl vof/k ea vko' ; d Vhi Hkh yrs gA

1/3 1/2 i kL V VsyhdKLV 1/4 id l kj .kks jkr 1/2 & id l kj .kks jkr f'k{k(d id l kjr fo"k ; & oLrq ij



dfri ; cksk izu djrs gšftl l sfo"k; &olrqdh xtg; rk dh tkudkj ghkrh gš LFky&fo'kšk dk eks[kd foj.k Hkh iNk tkrk gšftl l s?kVuk Øe dk Øfed : i l svius'kcnkaeaNk= iLrqr djrs gš

**ohfM; ks dš v &**

vk/kfud l e; eajšM; ksikB dsl eku gh fofHku fo"k; ka dh bdkb; kai j ohfM; ksfQYe rš kj dh tk jgh gš ohfM; ks dš v/ }kj k i k B d{kk ea inf' kš fd; s tkrsgš ; sNk=ka dks vR; kf/kd i Hkkfor djrs gš pšd budk fuekz.k vkn'kz i fjLFkfr; ka ea mPp f'k{k d ds l g; ks l s fd; k tkrk gš

**¼0½ jšM; ks &**

l keftd v/; ; u ds ikBka dk iž kj.k mi ; ksch , oaykHkd kj gh gš ; k=k foj.k ej eks e l Ecđkh tkudkj vkn l jyrk l sl e> ea vkrh gš jšM; ksek= J0; gkus ds dkj.k vf/kd i Hkko'kkyh ugha gsk; s gš

**¼1½ ikB; i qrdā &**

f'k{k d vš fo |kFkz nksuka dsfy, ikB; i qrdāvko'; d gšog v/; ki u dsLrj dksuf' pr djrh gš i qrd dk vkdkj idkj] Nibkž l qnj vš vkd"kd gskuk pfg, A ikB; i qrdk ea fo"k; &olrqdh Øfed fodkl gskuk pfg, A

ikB; & i qrdka dk mš; Li"V gskuk pfg, rfd ckyd mudk ykHk mBk l dā Hk"kk l jy l cksk gš o.kū i jsl tho gš 'kšy vkd"kd gš eukoKkfud l xBu gš ykHk in l kexh ds: i ea ; FkklFku fp=] ekufp=] jš[kfp=] l ph vkn gš i <k, gq ikB vš rF; ka dks l e> us vš folr djusea ikB; i qrdal gk; d gskuk pfg, A ikB; i qrdka l sikr Kku dseV; ka du gsrq Kku vockk , oaiž ks ij vk/kfjr izu vko'; d gš l kFk gh izuka ds rhu : i rFk olrqu" B y?kpnRrjh; , oafucđkkRed izuka dk l ekošk gš

**¼2½ odZcp &**

ikB; i qrd ds ijd ds: i ea odZcp dk gskuk vko'; d gš dk; i qrdk v odZcp½ ds ek/; e l s kyd ds i ktr Kku dk n<hdj.k gskuk gš odZcp eV; ka du dk l 'kDr ek/; e gš vr% odZcp rš kj djrs l e; eV; ka du ds mš; ka dks rFk izuka ds idkj ka dk /; ku eaj [kuk vko'; d gš

**¼3½ vU; &**

,yce] xkbM i qrdk, i i kšVy fvfdV] foKki u vkn vud mi dj .kka dk mi k; ks f'k{k d viuh l fo/kkuq kj v/; ki u dks l tho cukus dsfy, dj l drsgš

**¼½ l puk iV &**

l puk iV d{kk vFkok fo |ky; dh l ožkyhu if=dk ds: i ea gskuk pfg,] ftl ea og Nk=ka dk ml l sl Ecđ/kr iR; {k tkudkj inku dj l dš l kFk gh Kku ds i fr Nk=ks dh ftKkl k , oa: fp dks tkr dj l dā l puk&iV Nk=ka dk , d všyka ds: i eadk; Zdjus dsfy, inku djrs gš vš d{kk dk okrkoj.k l e) gskuk gš

l keftd v/; ; u dk v/; ki d l puk iV dk iz ks fuEufyf[kr ckrka dsfy, dj l drk gš %&

¼1½ l keftd rF; ka l sl Ecđ/kr i eđk l pukvka dks vādr djuka

¼2½ i = if=dkvka dh drju fpi dkus dsfy, A

¼3½ vkd"kd fp= , oadkj vū yxkus dsfy, ¼ adfyr o Lofufež½

¼4½ xtQ , oapkvZ fpi dkus dsfy, A

1/5 1/2 Nk=ka dk jpuRed dk; ka dks inf'kz djus ds fy, A

1/6 1/2 in'ku dk Hkkj ik; %Nk=ka dksfn; k tkoA

1/7 1/2 I kexh; d I k/kula dk mi; kx &

kyd dk thou muds I keftd okrkoj.k ea chrrk gA ifjokj] vMkd & iMkd ] xkp muds  
thou I sxqk jgrk gA I keftd okrkoj.k eadbzidkj ds I eoj] I febr; ka I LFk, avkfn gkrh gA  
I ekt ea rjg&rjg dh uhr iFkk, pyu 0; ogkj] mRI o] R; kjkj vkfn ipfyr jgrs gA budk  
mi; kx f'k{k d 0; kogkfjdrk inku dj I epr <x I sdj I drk gA

LFkkuh; I k/kula I sf'k{k d I jy vj vkulne; h gkrk gA Nk= [kx&[kx ea Kku ikr dj  
i; kbj.k dk mi; kx & yrs gA

1/8 1/2 i; kbj.k dk mi; kx &

v/; ki u dks : fpdj vj thor cukus ds fy, d{k ea i akud kj I gk; d I kexh dk  
in'ku vko'; d gA Nk=k/; ki d tks vxkeh I e; ea f'k{k dh; dk; Zgrq viuh&viuh 'kkyvka ea  
tc vk; src muea; g iV gkuk pkfg, fd v/; ki u ea i; kbj.k dk mi; kx ds sdjA

**I gk; d I kexh dk fueZk**

fp=] j[kkfp=] ekMy] Vh- oh- dk iz, kx ds sdjA I D krd Kku ds I kFk gh 0; kogkfj d  
dk; Zdk vutko gkuk vko'; d gA vr%i R; d fo"k; dh bdkbz ds vuq kj Nk=k/; ki dka I I gk; d  
I kexh fueZr djkbz tkuk vko'; d gA

v/; ki u vH; kl ds iBka ds I kFk LofueZr vFok I afyr I gk; d I kexh dh vfuok; Zk  
gks bl I smuea I dyu , oafueZk dh nV fodfl r gksA

bdkbz ckj rFkk i akud kj fp= ueu\$ ekMy] j[kkfp=] uD'k ekxh'kd ds ekxh'ku ea  
r\$ kj djok, tkoA Hkkksy ds v/; ki u ea vkusokyh bdkbz, ka ds fy, LFkkuh; mi t feV/h] pVku  
vkfn I dyu djok; k tkuk vko'; d gA

I gk; d I kexz, ka dk fueZk fu/kkZjr ekin.Mka ij bl dk iWZ fujh{k.k dj fy; k tkuk  
pkfg, A

**ikBxr izu**

izu 1- ' ; keiV dk iB i<rs I e; D; k mi; kx fd; k tk I drk gA

-----  
-----

izu 2- j[kkfp=] ekufp= vj fp=ka ea vlrj Li"V dhft; A

-----  
-----

izu 3- I gk; d I kexh dk mi; kx iB i<rs I e; D; ka vko'; d gA

-----  
-----

**vRe&ijh{k.k izu i=**

vki us i kB /; kui w d i <+fy; k gA vc uhpsfn, x, iz uka dks gy dhft, vls gy djus dsckn viusmRrjka dsfeyku nh xbz mRrj rkfydk l sdhft, A bl rjg vi uk eW; kdu Lo; adj l dsA bu mRrjka dk eW; kdu fdl h ckgjh ; k vkrfjd ijh{k d }kjk ugha gkuk gA

1- fdlgha pkj egRoi w k z x q kka dk mYys[k djaftlga vffku; iz kkyh ds }kjk Nk=ka eafodfl r fd;k tk l drk gA

2- Vsyhfotu }kjk v/; kiu eaiz pr gkusokys rhu pj.k fyf[k; A iR; d pj.k dk l f{klr ea o.ku dja vad 5

3- bdkbz fof/k l sgkusokys ykHka dk o.ku dja vad 7

4- uhpsfy [ks iz uka ds mRrj l qksi eafyf[k, %&

1/2 ; kst uk fof/k ds l k kuka ds uke fyf[k, A %dkbz pkj 1/2

1/2 fdlgha pkj n'; l gk; d l kefxz ka ij , d&, d okD; fyf[k, A

1/2 l puk iV ' ; ke iV ds pkj mi ; kx fyf[k, A

1/2 pkj vk/kjud JO; l k/kuka dk mYys[k dhft, A vad 2

**mRrj rkfydk**

1- mi & bdkbz 1/2 1/2 vffku; fof/k l sykHk ds vxr ns[kA

mi & bdkbz 1/2 Øekad 9 Vsyhfotu vak dks ns[kA

2- 1/2 i h VsyhdKLV 1/2 iz l kj .k1/2

1/2 VsyhdKLV 1/2 l kj .k1/2

1/2 i kLV VsyhdKLV 1/2 l kj .kks jka-1/2

3- fof/k l sykHk dk voykdu i kB dh mi & bdkbz 1/2 ; kst uk ds vxr dja

4- mi & bdkb&AA i f<+A



**i=kpkj iB; Øe**  
**ek;/fed f'k{k e.My e-ç-] Hkiky**  
 ½kj k l okl/kdkj l jf{kr½  
 fMyek bu ,T;ølsku ijh{k  
 ¼}rh; o"½

**izu i= & ,dm'k** **iB Øekd &10**  
 fo"k; & l kelt d foKku ¼ kelt d i; kbj.k½ ,oa ml dk f'k{k.kA  
 fo"k;kd & ¼½ l kelt d foKku ds f'k{k.k gsrq iB ; ktuk r\$kj djuk ,oa  
 ½½ l kelt d foKku ea iBr fo"k; oLrq dk eW; kadu&uohu i)fr; ka

**iLrkouj**

xr iB ea vki us l kelt d foKku dh v/; ki u fof/k; ka ds fo"k; ea i <k gA Nk=ka dks l kelt d foKku fo"k; i <rs l e; f'k{k d f'k{k.k dh foHku fof/k; ka dk mi ; ks dj l drs gA f'k{k d dks fo"k; ka ds vuq i f'k{k.k fof/k dk p; u djuk pkfg,] ft l l sv/; ki u dk; Z i Hkko <æ l sf d; k tk l dA bu fof/k; ka ea vki us ¼½ o.kLkRed] ½½ dFkRed] ¼½ vfHku; kRed] ¼½ bdkbZ ; ktuk rFk ½½ iB ; ktuk fof/k; ka ds fo"k; ea v/; ; u fd; k tkuk gA v/; ki u dk; Z dks l Qy] i Hkko rFk l jy cukus ds fy; sf oHku idkj dh l gk; d l kexh dk mi ; ks fd; k tkuk g} f'k{k d dks bu mi dj .kka dk iz; ks djuk vkuk pkfg, A dN l kexh f'k{k d Lo; afuek k Hk dja ; g vi f{kr gA geus bl fo"k; ea dN iæq k crka ds ckj sea i <k g} t\$ s iB; i qrd n'; JO; mi dj .k vkfn] iLrq iB esge l kelt d foKku ds f'k{k.k gsrq iB ; ktuk d\$ s r\$ kj djuk pkfg, bl ds fo"k; ij ppkZ djsxA tks fo"k; oLrq Nk=ka dks i <kbZ xb] og Nk=ka us fd l hek rd xg.k dh bl sgeauki uk Hk pkfg, A Nk= us fdruk i <k ; k l e>k rFk ml ds 0; ogkj ea vi f{kr i fjoZ fd l hek rd vk; s; g tkuus ds fy, geamudk eW; kadu djuk vko'; d gA bl iB ea ge eW; kadu rFk eW; kadu dh i)fr; ka dh ppkZ djsxA

**mi&bdkb& A ¼½**

**l kelt d foKku ds f'k{k.k gsrq iB ; ktuk r\$kj djuk**

ifl ) f'k{k fopkj d : l ka us f'k{k.k dks cky idfr ds vuq i cukus dk ifriknu fd; k gA i & Vkyk th us : l ka ds fopkj ka l s i Hkfor gkdj bfUnz; ka }kj k Kku vtZu djus dh cr dgh rFk bl dk vk/kj f'k{k d dks ekuk LVst us bl cr dks vkxs c<rs gq vi us fo | ky; ea l Hk

fo"K; ka dk Øec) i {kka eaf'k{k.k fd; kA teŷ f'k{k d gjcVZ us i ŷVkykth l si ŷjr gkdj : fp l s fl ) kar ij cy fn; k rFkk f'k{k d dks eukokkfud : i fn; kA ml us f'k{k.k dh ubz izkkyh dk ifriknu fd; k tk gjcVZ dh **ipinh izkkyh** uke l s fo[; kr gA gjcVZ ds ikFked inka dks ml dsf'k"; kausrFkk vuq kf; ; kausifj"dr fd; k ftyj rFkk jkbu }kj gjcVZ dh ipinh izkkyh vfire : i l sfodfl r gplz gA budk : i fuEukuq kj gS%&

- 1- ¼½ iŷrkouk  
½ mŷ; dFku
- 2- iŷrhdj.k
- 3- rgyuk
- 4- l kklj; hdj.k , oa
- 5- iz kx

gjcVZ dh izkkyh ds vk/kkj ij ; kstuk dk Lo: i fuEukuq kj fd; k tk l drk gA f'k{k dka dks pkfg; s fd os v/; ki u ds fo"K; kAk ds vuq i vi uh ikB ; kstuk fuekZk djA ikB ; kstuk l ko/kkuh i mZl cukuh pkfg, A ikB ; kstuk cuk dj gh v/; ki u fd; k tkos rFkk fufeŷ ; kstuk ds vuq kj v/; ki u l sgŷ bl ckr dk vxg gkuk pkfg, A

**iŷrkouk**

iŷrkouk dsek/; e l sf'k{k d ckydka dksu; si kB dk ifjp; djrk gŷ uohu Kku dksu; s ikB eafn; stuk gS dks i mZl Kku l stk m'k vko'; d gA bl dsfy, ckydka l si kj EHK eadn iz u fd; st l drsgA iŷrkouk ds fo"K; eafn l ) fo}ku okLVu fy [krsgŷd f'k{k d dks cgr gh l {ki eackydks ds i mZl Kku dks tkxr djuk pkfg, ft l l s os iŷr i kB dsfy, 'kh?kz gh rŷ kj gks tk; A ckydka dh flFkr ea vi us dks Mkydj 'kh?krk l si kB vkj EHK dj nuk dŷky f'k{k d dk fpŷg gA ; g tkurk gsf d Nk= dgkags vkŷ dgka i gpus dsfy, mlga iz Ru djuk pkfg,] vPNs v/; ki d fo"K; kAk ds vuq kj i Hkko'kkyh iŷrkouk dsfy, mfpr ikfof/kdk p; u djrs gA ; Fkk&dFku] izukRj dgkuh] m) j.k] iz kx] in'kŷ vkfnA

**mŷ; dFku**

iŷrkouk ds vlr eackyd ; g l e> l drk gSfd ml si <k; k tkus okyk ikB fdu mŷ; ka ij vk/kkfjr gA f'k{k d dks ; g pkfg, fd og Nk=ka dk ikB ds mŷ; Li"V dj na, ŷ k djus l sos u; si kB dsfy, rŷ kj gks tkrs gA

mŷ; dFku Li"V l jy 'kCnkæ eadr bkp; gkuk pkfg, rFkk vkb, vkt ge ----- dk /; ; u

**djx**

**iŷrhdj.k**

iŷrhdj.k eackyd ds l keus fo"K; kAk mi flFkr fd; k tkrk gA bl in eackydka dksu; k Kku] nus dh ; kstuk rFkk iz kl fd, tkrs gA bl ifØ; k eackyd ds i mZl Kku dk /; ku j [kuk vko'; d gA mŷ; dFku ds izpr-kyd dk /; ku u; si kB dh vkŷ yx tkrk gA bl fclnqij v/; ki u Hk ubz fo"K; olrq iŷr djrk jgrk gA uohu Kku iŷr djus dh ; g volFkk jgrh gA u; s Kku ds iŷrhdj.k ea v/; ki d dks p; u rFkk foHktu ds fl ) kar dks vi ukuk pkfg, A l ŷo/kk dsfy, i mZl ikB dk foHktu 2&3 mi & bdkbZ, ka ea djuk pkfg, fdUrq bl s Øec) jhr l s djA v/ ; ki u fof/k eaf'k"; l kexh ds l ki u Øe'k% jgs rFkk i R; d ds var ea vkxs ds l ki u dk l dr feyA fo"K; kAk ds vuq l eŷpr f'k{k.k&fof/k dk iz kx djuk pkfg, A l Hk mi & bdkbZ, ka dks i <kus

dsckn mu ij vk/kkfjr csk izu djus pkfg, A  
; g /; ku jgsfd fo"k; oLrqdk foLrkj l gk; d l kexh dsek/; e l sfd; k tk; A mijkDr inka  
ds vfrfjDr rgyuk l ekU; hdj.k , oa iz kx dk Hkh ifriknu gjcVZ ds inka ds vflre : i eafeyrk  
gA

; g /; ku jgsfd fo"k; oLrqdk foLrkj l gk; d l kexh dsek/; e l sfd; k tk; A mijkDr inka  
ds vfrfjDr rgyuk l ekU; hdj.k , oa iz kx dk Hkh ifriknu gjcVZ ds inka ds vflre : i eafeyrk  
gA

ikB ; kstuk fu/kkZjr ik: i ij ikB i<kus l simZ r\$ kj djuk pkfg, A

ikB ; kstuk ds foHkUu mikxe fuEukuq kj gS%&

1/1 1/2 Mnqkh rFkk fdyiSVd mikxe

1/2 1/2 e\$jl u mikxe

1/3 1/2 eW; kadu mikxe

1/4 1/2 vesjdu mikxe

1/5 1/2 fcfV'k mikxe

1/6 1/2 Hkkjrh; mikxe , oa

1/7 1/2 l qe mikxeA

mijkDr le; ea Hkkjrh; mikxe ea f'k{k.k ds mIs; ka eW; kadu rFkk f'k{k.k vf/kxe  
ifjLFkr; ka ij vf/kd cy fn; k tkrk gA bl nFV l s , u-l h-bZvkj-Vh }kjk ikB ; kstuk ds ik: i  
fuekZk fd; sx; sgA

l keU; : i l snbud ikB ; kstuk cukusdk vf/kd egRo gA f'k{k.k vi uh d{k ea ikB; i qrd  
i <kuk pkgrk gS ml sog Nk/h&Nk/h bdkbZ; ka ea foHkDr djrk gA l keU; r%40 feuV ds dky [k.M  
ea ikB i wkZgksbruh ikB; oLrq, d ikB ea gkuk pkfg, A Nk=ka dh l eLr fO; kvkadk mYys[k Hkh ; kstuk  
ea gkuk pkfg, A

; gk; ge , d ikB ; kstuk dk ik: i iLrq djrsgatks l keU; foKku ds ikBkadsfy, mi; q  
gA

<u>ikBxr izu</u>	
izu 1-	ikB ; kstuk dk D; k egRo gS ----- -----
izu 2-	gjcVZ dh ipinh izkkyh dseq; l ki ku dka&dka l sgA ----- -----
izu 3-	mIs; dFku djuk D; ka vko'; d gS ----- -----

mi&bdkbz A ¼½

ikB& ;kruk dk Lo: i

½jcvZ dh ;kruk ij vk/Wjr½

ikB ;kruk&Øe I ; k-----

frfFk -----	d{kk -----
fo"K; -----	idj.k -----
'kkyk -----	Nk=k/; ki d dk uke -----
dkykák -----	Nk=kæ dh vks r vk; q -----

ikB ds I keW; mnas; A

- 1- ikB ds fof'k"V mnas; vi s{kr n{krk, A
- 2- vf/kxe I kexh&f'k{k.k I gk; d I kexhA
- 3- iWZ {kerk, W@iWZ KkuA
- 4- iLrkoukA
- 5- f'k{k d dFku@mnas; dFkuA
- 6- iLrphdj.k

'kr"kd	fof/k		' ; kei V I kják
	Nk= fØ; k	f'k{k d fØ; k	
1	2	3	4

ckk izu

- 7- i qjkofRr , oaeV; kædu
- 8- iz lxx v- d{kk dk; Z  
c- xg dk; Z

mijkDr ikB ;kruk ea vf/kdkák 'kr"kd I jy gârFkk dN dsfo"K; ea ikB ea iWZ ea pplZ dh tk pph gS dN fclnq/kæ dk I s{klr o.ku ge ; gk ans jgs gA

**I e; &** , d dky[k.M ftI ea ikB i<kuk gks ml dh I e; kof/kA

**idj.k &** ; gk ikB dk 'kr"kd fy[kk tkrk gA bl si kB ds iLrkouk rFkk mnas; dFku ds i'pkr~'; kei V ij fy[kk tkuk pkfg, A

**vi s{kr &** iR; d fo"K; ds i<kus ds I kFk f'k{k d dks bu n{krkvkæ fof'k"V mnas; kæ dk iWZ fuekZj.k dj yukA

**n{krk, a &** pkfg, ftlga og ikB ds ek/; e I s Nk=kæ ea yukuk pkgrk gA

**vf/kxe &** fo"K; kák dks I jyrkiWZ rFkk iHko'kkyh <x I si<kus ds fy, ftI I kexh dk mi ; lxx djæA

**I kexh &** , d h I kexh dh I pph ikB ;kruk ea gkuk pkfg, A

**iz lxx &** dk; Z Nk=kæ ea Lok/; k; dh vknr fuekZk djusea I gk; d gkrk gA xg dk; Z nus

ij ml dh tlp vko'; d gksvf/kd xgdk; Zu nA  
;g vko'; d gSfd &

ge ikB ; kst uk Lo; afuezk djusdk vH; kl djai kB ; kst uk cukrsge bl eadkSky iklr  
djAA ; g , d ik; kSxd Lo: i dk dk; A

ikBxr izu	
izu&1	cky dlnr f'k{k D; k gS ----- -----
izu&2	xrfok/k vk/kfjr f'k{k dk vk'k; Li"V nhft, \ ----- -----

**mi bdk& 2 1/2**

**I kelt d foKku ea iBr fo"K; oLrq dk eW; kdu , oa ekiu**

**iLrkouk&**

ftl izdkj , d MKDVj jkxh dksnok nsk gSmI dh fpdfRI kj nS[kHky djrk gS ml sLoLFk  
djusdk iz kl djrk gS ml h izdkj f'k{k d viusv/; ki u dksky ds iz; kx l sckydkaeaf'k{k ds  
}kjk 0; ogkj ifjorZu djusdk iz kl djrk gA bl ifO; k ea; g nS[kuk vko'; d gSfd f'k{k d  
dk v/; ki u vFkok MKDVj }kjk dh tkus okyh fpdfRI k fdruh iHkkoj vl jnkj] l Qy vFkok  
vl Qy jgh gA iR; d ifO; k dk eW; kdu gkus vko'; d gA eW; kdu 'kS{k d ifO; k dk , d  
vko'; d vA gA f'k{k d viusckydkae0; ogkj ifjorZu dk eW; kdu foHkku i) fr; ka l sdjrk  
gA eW; kdu l sl eLr fO; k, avFkZ wZ gsrh gA ge tku l drsgSfd gekjs iz kl fdrus l Qy  
jgh ftl l sge Hkfo"; dsfy, l rdZ jg l drsgSog , d l rr ifO; k gA

**eW; kdu dk vFkZ , oa ifjHk'k&**

eW; kdu dny Kku dh tlp ughagS fdllrq bl dk vFkZ 0; ki d gA eW; kdu ea 0; fDrRo  
l adk ifjorZu, oa'kS{k d dk; De dse[; mnas; ka ij cy fn; k tkrk gA bl l ikB; oLrq dh  
fu"i rR dsvykok ckydka dh : fp] oRr] mudsvkn'kZ muds l kpusdk <ak dke djusdh vknra  
rFk 0; fDrxr , oa l kelt d vuphyrk Hk fufgr gA

**ifjHk'k &**

eW; kdu dk vFkZ Li"V gkus dsfy, gea dN ifjHk'k, a tkuuk vko'; d gA

**tli , e-yh&** ^eW; kdu fo | ky; d{k rFk Lo; ads }kjk fu/kfjr 'kS{k d mnas; ka dks  
ikl djus d l adk eaNk= dh ixfr dh tlp gA eW; kdu dk e[; iz; kstu Nk=ka dh l h[kus  
dh ifO; k dks vxl j , oafunZku djuk gA bl izdkj eW; kdu , oa udkj kRed ifO; k u gkdj



I dkjkrEd i fØ; k gA\*\*

eQkr & ^eW; kœdu fujlŕj pyusokyh i fØ; k gA ; g i fØ; k Nk=ka dh vks pŕfj d 'kŕ{k d mi yfC/k I svf/kd I œf/kr gA og 0; fDr dsfodkl eavf/kd : fp j [krk gA ; g 0; fDr dsfodkl dksml dh Hkkoukvka fopkj rFkk fØ; kvka I s I œf/kr] okâNr 0; ogkj i fŕjorZuka ds : i eadjrk gA\*\*

okys & ^eW; kœdu , d I eos'kr /kkj.kk gŕ tks bfPNr i fŕj.kkeka ds xqk] egRo rFkk i Hkko'khyrk dk fu.kz djus ds fy, I eLr idkj ds iz kl ka , oa I k/kukadh vŕj I œr djrk gA ; g oLŕŕ.kiæk.k , oa vkrExr fujh{k.k dk feJ.k gŕ ; g I Ei wŕz rFkk vfŕre vuŕku gA ; g uhr; ka ds : i i fŕjorZuka , oa Hkkoh dk; Øe ds fy; segRo i wŕz rFkk vko' ; d ekxh'kz gA \*\*

**eW; kœdu dh fo'kŕkrk, a**

mijkdŕ i fŕjHkk'kkvka ds vŕ/kkj ij eW; kœdu dh fuEu fo'kŕkrk, a Li "V gŕrh gS%&

1/1½ ; g , d fujŕj pyusokyh i fØ; k gA

1/2½ ; g f'k{k i ) fr dk vfHkuu vax gŕ ftl dk fudV dk I Ecŕk f'k{k ds mŕs ; ka I sgA

1/3½ eW; kœdu ea Nk=ka ds fo"k; ea I kexh , df=r djus ds I eLr I k/ku I fefyr jgrs gA

1/4½ eW; kœdu ea funŕ' kr mi yfC/k ds I kFk&I kFk ml smlur cukuk Hkh fufgr gA

**eW; kœdu , oa eki u**

eW; kœdu i fØ; k ds Nk=ka dks mi yfC/k ds fo"k; ea fu.kz fn; k tk I drk gA mi yfC/k fdruh vŕj dŕ h gŕz; g Hkh tkuuk vko' ; d gA fu.kz nŕsl e; mi yfC/k dk Lrj tkuuk vfuok; Z gA eki u I Ecŕk ; kŕ; rk vFkok xqk ds fo"k; ea ; g Kkr djus I sgSfd ml ; kŕ; rk vFkok xqk dh fdruh ek=k ekŕm gA bl ds vks; g Hkh tkuuk t: jh gSfd ; kŕ; rk vFkok xqk dh ek=k i k; h xbZog i; kŕr , oa I eŕŕr ek=k ea gS; k ughA eW; kœdu ea eki u rFkk eW; fu/kkj.k nksukagh dk I ekoŕk gŕkr gA eki d dk Lo: i xqkkRed vFkok I ŕ; kRed gŕs I drk gA djksutj ds' kŕnka ea & Beki u fu; ekuŕ kj oLŕŕka ; k ?kVukvka dh I ŕ; k inku djrk gAŕ osyjs dgrs gŕ Beki u eW; kœdu dk og Hkkx gS tks i fr'kr] ek=k] vœkŕ e/; eku rFkk vks r vkfn ds }kj 0; Dr fd; k tkrk gAŕ

eW; kœdu ds fy, eki u vfuok; Z gŕ ml ds vHko ea eW; kœdu oŕkŕfud jhŕr I s ugha gŕs I drk gA eki u dk I œŕk xf.kr dh fo'kŕk 'kk[k I sgA ftl s I kŕ; dh; 1/4LVŕVLVDI 1/2 dgrs gA

**eW; kœdu ds mŕs ;**

1/1½ ckydkaus; kŕ; rkvlŕ dŕkyrkvlŕ ofRr; kŕ I e>nkjh vkfn dks viusLo; aeafdI I hek rd xg.k fd; k gŕ bl h dh tkŕ djukA

1/2½ ckydka dh I Qyrk] foQyrk] ck/kk, a rFkk dfBukbZ ka dk I eŕŕr fu/kkj.k djukA

1/3½ eW; kœdu ckydka dks mfpr] 'kh'kz , oa 0; kol kf; d ekxh'kz nŕs ea I gk; d gŕkr gA

1/4½ 'kŕ{k d dk; Øe f'k{k.k fof/k; ka vkfn dh mi ; ŕrk dh tkŕ djukA

1/5½ i kŕ; Øe I ŕkkj ea I gk; dA

1/6½ f'k{k dka dh I Qyrk , oa dŕkyrk dk eki djusea mi ; ŕrA

'kŕ{k d eW; kœdu I s'kŕ{k d mŕs ; fdl I hek rd i kŕ fd; sx; s; g tkuk tk I drk gA ml I s Nk=ka ds 0; fDr dh i gpkuk Hkh gŕrh gA

**ikBxr izu**

izu 1- eW; kœdu dk vFkZ , oa ifjHkk"kk fy[k; ð

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izu 2- eW; kœdu , oaeku ea vrj Li"V dhft; ð

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izu 3- eW; kœdu ds mĩs; fyf[k; ð

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**mi&bdkb&2 ¼A½**

**I kekftd foKku rFk eW; kœdu i)fr**

I kekftd foKku dsLo: i dsfo"K; ea; g /kkj.kk dh tk I drh gSfd ; g , d fo"K; u gkdj , d {ks= t\$ k gA ml dk Lo: i 0; ki d gA ; g ekuo dsoržeku rFk nšud thou I Ecákka dks Li"V djrk gA I kekftd foKku ds v/; ; u I sckydkæ ea 0; fDrxr rFk I kekftd thou I Qy cukusdh n"V I s dñ fo' kSk xqkka dk gkuk rFk mudk fodkl gkuk vko'; d gA muea ; kx; rk] I e>nkj] 0; kogkfjdrk] d[kyrk] I kekftdrk] ukxfjdrk] fpUru] rd] fu.kz ] vuøku] I kg] ] ifjiDork vkfn dk vUrHkkb I Etko gks ; g I kekftd foKku ds v/; ; u dk iz; kstu gA I kekftd foKku dh dfBu fo"K; &oLrqdk eW; kœdu bl vk/kkj ij djustgrqfofHku i fof/k; ka dk iz; kx fd; k tk I drk gA

**eW; kœdu i fof/k; ka ¼)fr; k&**

eW; kœdu i fØ; k dsrhu I ki ku gš%&

¼1½ mĩs; ka dk fu/kkj .k

¼2½ fu/kkj r mĩs; ka dh i kflr grqv/; ; u v/; ki u fØ; kvka dk fu/kkj .k , oa

¼3½ eW; kœdu dh i fof/k; ka dk p; u , oa fuekZ ka

; gka , d rhl jk I ki ku eW; kœdu i fof/k; ka dh pplZ djsæ eW; kœdu grqf' k(kd dks mfpr i fof/k; ka dk p; u djuk pkfg; A i fof/k , d h gkš ft I I sckydkæ dks okāNr 0; ogkj ka ds I Ecák ea i R; {k vFkok vi R; {k i æ.k fey I dA ; fn i wZ rš kj 'kqk ¼cu&cuk; šz ij h{k.k mi dj.k mi ; Ør u gksrksuohu i fof/k dh [kkst djuh pkfg, rFk bl dsfy, I ņo/kk inku djuk pkfg, A i fof/k dh jpuk eafdu 'kš(kd mĩs; ka dk eW; kœdu okāNr gSbl ckr dk /; ku j [kuk pkfg,] vi uk; h tkus okyh i fof/k I jy gks, oaml s; fn vU; 0; fDr u Hkh vi uk; k gkš , d I sgh fu"d"lz fudysbu ckrka dk /; ku j [kuk pkfg, A i fof/k; ka ea fo'ol uh; rk] oškrk] iz; kx' khyrk] 0; ki drk , oaekuohdr ds xqk gkuk pkfg, A eW; kœdu dh izd[k i fof/k; ka ds fo"K; ea ge I ņki ea pplZ djsæ

**¼4½ fujh{k.k i fof/k &**

fujh{k.k i fof/k ds }kj k Nk=ka ds fofHku izdkj ds 0; ogkj ds I Ecák ea i æ.k mi yC/k fd; k tk I drsgA Nk=ka ds 0; ogkj] I oškrRed , oa cš) d ifjiDork vkfn fujh{k.k i fof/k }kj k inku

fd; s tkrsgA bl dsfy, fujh{k.k rkydk, adFkuk iz ukavkfn ds: i ear\$ kj dh tk l drh gA  
1/2 1/2 **Øe fu/kkj.k eku 1/2 1/2 Ldy 1/2 &**

bl ds }kjk ge ckyd dh fdl h fo'kSk {ks= dh dtkyrkvka dh tkp ml {ks= ea ml ds  
0; ogkj dh ixf r dks eki u dj l drsgA fofHkU ek=kvka eafofHkU fo'kSkrvka vFkok i fjLFkfr; ka  
dseW; ka du dsfy, ; g i fof/k mi; Ør gA Øe fu/kkj.k&eku i fof/k eamu xqkka vFkok fo'kSkrvka  
dk fujh{k.k 'kkyk thou eafd; k tk l drk g\$ , d h fo'kSkrvka dk eW; ka du Øe fu/kkj.k eki  
i fof/k ds }kjk fd; k tkuk pkfg, A

1/2 1/2 **iMfky l ph 1/2 pd fyLV 1/2 &**

0; fDrxr l puk rFkk iz kx mi; Ør gA eyr%iMfky l ph og i) fr gSft l dsek/; e  
l s; g vffkyf[kr fd; k tk l drk g\$fd dkbz fo'kSkrv fdl h Nk= eafol eku gSvFkok ughA bl dk  
l Eca k xq fo'kSk dh gka vFkok u l sgA ek=k tkuus grq bl dk mi; kx Js "dj ugha gA

1/4 1/2 **?kVukoar 1/4 usMKVy fjdm 1/2 &**

Nk=ka ds thou dh egROI wZ ?kVukvka dk vffky[k fujh{k.k dsfy, eW; oku g\$ bl oir ea  
f'k{k d Nk= ds thou ds dN egROI wZ iz akadk ; FkkFzo.ku l fki eadju k gA oir eafnukad rFkk  
l e; dk mYy[k gsrk gA , d si ekf.kr ?kVukoar okLro eafol uh; rFkk o\$kkfud gsrsgA fdUrq  
?kVukoar dk fuekz k vf/kd l e; yusokyk dk; ZgA bl eai {ki kr dh l EHKkouk , oai wZg dk gkuk  
vkfn l hek; a gA

Nk=ka dk n\$ukn fu; ka 1/2 M; fj; kiz dk l eko\$ vffky[k ea fd; k tk l drk gA l kfr  
vffky[k i=] ft l ea l rr-eW; ka du l Hko gks Hkh egROI wZ gA

1/5 1/2 **l ektferh 1/4 k'kvk hVjh 1/2 &**

l ekt ds fofHkU l emka eafdl h Nk= fo'kSk dh fLFkr muds i fr vuphyrk vkd"iz k pkg  
vkfn ckrka dk eW; ka du djusea l ektferh dk iz kx mi; Ør gA l ekt ds l emg ds p; u dk  
v/; ; u bl i fof/k }kjk l Etko gA bl dk mi; kx d{k l emka ds fuekz k eafdl h Nk= ds l kekt d  
l kekatL; ea l qkj ykusea rFkk Nk= ds l kekt d l Eca kka dk eW; ka du djuseafd; k tk l drk  
gA

1/6 1/2 **izukoyh &**

Nk=kvka l smudh : fp; ka, oa vffkofRr; ka vkfn ds fodkl dsckjseal puk; a i klr djus ds  
fy, izukoyh egROI wZ rFkk mi; Ør i fof/k eku xbz gA fyf[kr iz ukad l ph fuek.kz dj ml s  
Nk=ka ds ml dsmRrj nus ds fun\$ ka ds l kF fn; k tkrk gA iz ukadh l j puk dN iz u l pd mRrjka  
ds, d [k.M earFkk nlr jsfcuk l pd mRrjka ds ftl ga Nk= vi usfopkj l sLora=ki wZ bl izdkj  
l sg sft l ea dN gy dj l drsgA izukoyh l fklr , oaLi"V gkuk pkfg, A

1/7 1/2 **l k{KRdkj &**

l k{KRdkj i fof/k dk fo'k"V xqoRrk ds dkj.k bl dk 0; ki d mi; kx fd; k tkrk gA  
l k{KRdkj ea i R; {k l Eca k LFkfr fd, l g; kx dk okroj.k curk gS v\$ Nk= dh : fp; k  
n"Vdksk vkfn eagg i fjorZka, oamudh 0; fDrxr fo'kSkrvka dh tkp l jyrk l sdh tk l drh  
gA l k{KRdkj ds l e; dN i wZ fu; kstr izu fd, tkrsg rFkk dN izu v\$ pkfj dBrj Lo: i  
ds gsrsgft l l sl k{KRdkj eai; klr ykp dk xq vk tkrk gA Nk= [kydj vi uh ckr crk l drs  
gA l k{KRdkj yusokys'k{k d dks l k{krk ra= l s Hkyh&Hkkr i fjpr gkuk vko'; d gA

1/8 1/2 **ijh{k i fof/k &**

ijh{k dk vffki k; rkyus l sgA ijh{k dk mi; kx Nk= ds Kku dh tkp dsfy; sfd; k  
tkrk gA Nk=ka dh ijh{k fdl h ckg; , td h l aFkk ; k 0; fDr l s djok; h tkrh gA Lo; a  
v/; ki dx.k Hkh ijh{k ysgA ijh{k eaeW; ka du i fof/k dk Lo: i , d k gsrk g\$fd Nk= ustks Kku

i klr fd; k gSml s izuka ds mRrjka dk vk/kkj ekudj mRrjka ds ; k ijh{kk dk; Z dh xqkoRrk ds vuq kj ml s l q; k : i vFkok l dsr : i ndj Jskhc) fd; k tkrk gA l keku; : i l s ijh{kk iz kkyh ea Nk=ka dks vadka ds vk/kkj ij Jskh nh tkrh gS tksml dseW; kadu Lrj dk l pd gkrk gA

**ijh{kk ifof/k ds fofHku : i**

**¼½ eS[kd ijh{kk**

y[ku dh ; kx; rk ikusds inoZLrj dh d{kkvkaeabl h dk iz kx gkrk gA i <usdh ; kx; rk mPpkj .k dh 'kq) rk rFkk fyf[kr ijh{kk dh ifirZdsfy; seS[kd ijh{kk yh tkrh gA bl l sckydka ds 0; fDrxr xqk&nkSka dh tkudkjh ikr gkrh gA

**½½ ik; kSxd ijh{kk**

Nk= dQ) iz kskRed fo"K; ka dk v/; ; u djrk gS bl ea ik; kSxd dk; Z gkrsgA l S) kird Kku ds l kFk&l kFk Nk=ka ea iz kx djudh {kerk rFkk dQkyrk vi S[kr gA ml dh tkp ik; kSxd ijh{kk }kjk dh tkrh gA foKku] gLrdyk] fp=dYk] dF"K vkfn fo"K; kae aik; kSxd ijh{kk vko' ; d gA

**¼½ fyf[kr ijh{kk**

l keku; fo | ky; ka ea fyf[kr ijh{kk dk ipyu vf/kd gA bl ds varxZ dk; Z l eizk ¼/l kbue½ ifronu fy[kuk] fyf[kr mRrj nsuk vkfn gA fyf[kr ijh{kk dk vk/kkj izu&i = gkrk gS tks orZeku ea ijh{kk iz kkyh dk ied[k midj.k gA izu&i =ka ea fof/k izdkj ds izu fofHku mis; ifirZgrqfn; s tkrsgA izu&i =ka ea l hek l e; rFkk foLrkj fu/kkZjr fd; k tkrk gA izuka ds vad vkoVr fd; s tks gA fyf[kr ijh{kk fucdkRed rFkk oLrfu"B Lo: i dh gkrh gA fucdkRed ijh{kk eackyd ds izuka ds mRrj fu/kkZjr l e; l hek ea rFkk foLrkj l nsuk pkfg,] fucdk ds : i ea ; kx; rk] l yS[k] 'kSyh] Hkk"kk vkfn ckr ied[k gA bl ea vkrer rRo ¼ CtSDVo , fyeb/½ dh izkkurk gkuk cMk nkSk gA

**¼½ oLrfu"B tkp**

oLrfu"B tkp dk mi ; kx ckyd dk fo"K; Kku] l R; kl R;] rF; Kku] fu.kZ; cf) vkfn dseki usdsfy, fd; k tkrk gA bl eskyd dks foLrkj l smRrj ughafy[kuk gkrk gA bl tkp ea l e; de yxkrk gS rFkk eW; kadu l jy gkrk gA

<b>ikBxr izu</b>	
izu 1-	izuka dk pqr djrs l e; dks&dks l h l ko/kkuh j[kuh pkfg, \
	_____
	_____
izu 2-	l k{kkRdkj yrs l e; fdu&fdu ckr dks /; ku ea j[kk tkuk pkfg, \
	_____
	_____
izu 3-	eS[kd ijh{kk D; ka yh tkrh gA
	_____
	_____

**vRe ijh{k.k grq izu i=**

**dy 25 val**

izu 1- gjcVZ ds vuq kj i kB ; kstuk dk Lo: i Li "V dhft, A **4 val**

izu 2- gjcVZ ds i kB ; kstuk ij vk/kkfjr fdl h d{kk dsfdl h fo"k; kdk dh pkyhl fefuV vof/k dh i kB ; kstuk r\$ kj dhft, A **5 val**

izu 3- I f{klr fvli .kh fyf[k, %  
1/2 I k{kkRdkj ifof/k 1/2 ?kVukoRr ifof/k 1/2 1/2 Oe fu/kkj .k eku ifof/k **6 val**

izu 4- ijh{k ifof/k dk Li: i D; k g\$ ml dsfofHku : i ka dk I fki o.ku dhft, A **10 val**  
**mRrj I ds**

izu 1- mi & bdkbZ 1 1/2 ea gjcVZ i kB ; kstuk ds Lo: i dk o.ku n\$ka

izu 2- mi & bdkbZ 1 1/2 ea gjcVZ i kB ; kstuk dk ik: i rFk vkxsfclnqkj Li "Vhdj .k fn; k x; k g\$bl I kexh dh I gk; rk I sviuh i kB ; kstuk r\$ kj dhft, A

izu 3- mi & bdkbZ 2 1/2 ea fofofHku ifof/k; ka dk o.ku mi yC/k g\$ ml dsvk/kkj ij mRrj fy[kka

izu 4- mi & bdkbZ 2 1/2 ea ijh{k ifof/k ds vkjEHk es ml dk Lo: i d\$ k g\$bl dh ppkz dh xbz g\$ vkxsl eLr ifof/k dk foLrkj mudsfofHku : i ka eo.ku grqfd; k x; k g\$ ; g I kexh vki ds mRrj grqmi ; q r g\$

**vH; kl izu**

i kB Øekd 6 I s10 rd

fo"k; -----

Nk= dk uke ----- izu i=

i wkkd & 25

Nk= dk iath; u Øekd

dy i k rkd

eW; kudrkZ ds gLrk{kj

uke , oairk -----

**ukv** & bu izuka ds mRrj fy[kdj vkrfjd eW; ka du ds l e; I Ecá/kr I fFk ea i Lr q djA blga e. My dk; ky; ea Hkst us dh vko'; drk ugha g\$

izu Øekd 1 I s3 rd vfry?kqRrhj; izu g\$ budsmRrj vf/kdr 25 'kCnka eafn, x, fjDr LFku esfyf[k, A

izu 1- LFkuh; Lo'kkl u dh vko'; drk D; ka i Mfh g\$ **2 val eW; kudrkZ dh fvli .kh**  
mRrj -----  
-----  
-----

izu 2- gekjnsk dsjk"Vh; y{; dks&dks I sg\$ **2 val**  
mRrj -----  
-----  
-----

izu 3- I a þr jk"V<sup>a</sup> l æk dh LFkki uk dc gpZ Fkh\ 2 vð  
mRrj \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**izu Æekð 4 ,oa5 rhu vðla okys y?mRrjh; izu gþ buds mRrj izula ds  
Bhd ulps fn, tkuk gð vf/kdre 'Kñ l ð; k 50 gð**

izu 4- jk"V<sup>x</sup>ku xkrs l e; fdu ckrka dks /; ku ea j [kuk pkfg, \ 3 vð  
mRrj \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

izu 5- jk"Vh; , dh dj .k dks cuk; s j [kus okys rRo dks & dks l s gð 3 vð  
mRrj \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**izu Æekð 6 ,oa7 pkj vðla okys y?mRrjh; izu gþ buds mRrj fu/kj r  
LFku ea vf/kdre 75 'Kñla ea nift ,A**

izu 6- jk"V<sup>i</sup>fr dh 'kfDr; ka dk l ð(klr ea o.ku dhft, A 4 vð  
mRrj \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

izu 7- I kekftd foKku f'k{k.k ds mís; fyf[k; A 4 vð  
mRrj \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



i = kpkj i kB; Øe  
ek;/fed f'k{k e.My] e/;çnškj Hkiky  
½kjk I ok/kdkj I jf{kr½



fMykek bu ,T;wšku ijh{k

½}rh; o'k½

ižu i= & 11

I kekftd foKku ,oamI dk f'k{k.k  
iB I ;k 6 I s10